

*If You Only  
Knew...*

P R O W L E R ..... 1 9 8 6









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# Prowler 1986



**There is often more** exchange of information in the classroom than meets the eye. How many times have you viewed this scene and wondered? . . . . .

*If You Only Knew . . .*

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~~\_\_\_\_\_~~

Potomac Senior High School  
16706 Jefferson Davis Highway  
Dumfries, Virginia 22026  
Volume 7



74  
**A typically spirited Senior**, Sarah DeLeon cheers on the Panthers from the bleachers in the first pep rally of the year. It will be remembered for Mr. Jenkins' transformation to Super P.



*If You Only Knew...*



**State Softball Champs** are shown clutching their hard earned trophy. Although they played with an injured pitcher, they came away with a victory against Lake Taylor with a score of 3-2.



# Scratching The Surface

Nothing is as it seems- not people, not school, not life. Take Potomac, it's not just as it appears on the surface. Sure it's full of people, events and activities, but what are the circumstances surrounding these events and people?

You know there was an eight day heat wave in September, but did you know what it was like for the athletes to practice in the record-high heat of red-flag days? You know about Gloria, the Hurricane-that wasn't. She was the biggest storm to hit the east coast in 100 years and predicted to do devastating damage. She decided to skip this area, but did you know that Poto-

mac was designated as an emergency shelter, should she hit?

You know that we won the Softball State Championships, but did you know that one of the star players got off the bus on crutches and played with an injured knee? You know that the year started off with a new grading system, but did you know how the people felt about it?

Maybe you knew already, but there is a lot you don't know about Potomac. Although we attend high school for four years, we only begin to scratch the surface.



**Although known as** a class clown, William Waldman has a more serious side devoted to work. He is seen here working the food stand for Vittorio's Pizza in the new Potomac Mills mall.



**School work** takes up the major part of a student's day, but it doesn't have to be limited to just that. Tanya Smythe finds time to be captain of the Pantherettes and work on her Biology too.

**During the Spring Concert,** Treble Choir members Claudia Gibb, Pam Van Staden and Jewell Mitchell perform a 50's dance routine. The theme was "On A Riverboat."





# Student Life

A walk through the halls after regular school hours revealed many important facets of student life. We dodged outstretched arms and high kicking legs of vivacious cheerleaders and pantherettes as we made our way through the main lobby to the academic wing where meetings of club and class officers and sponsors could be seen planning activities and fund raisers for their respective groups. "If a majority number of students only realized how much time is spent in planning for activities, they would be amazed," commented Ms Patricia Droles, Pantherette sponsor.

Weekends, a respite from the toil of classes everyday, found many students working, shopping or just hanging out at Potomac Mills Mall. The skating rink, fast food restaurants and movies also provided variety in our schedules. Weekends also gave us a chance to be with friends that our busy weekly schedules did not allow.



**Potomac's Tracy Hansen** and Tracy Maruschak attack their coach with shaving cream at a summer volleyball camp at James Madison.

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**Ignoring the cold,** Tina Jackson and Nicole Keeley prepare for an all out snowball fight after the first snowfall of the year.



*If You Only Knew...*



**Dancing the night away.** Kevin West and Sherri Burdette share an amusing moment.



**Enjoying one of the moments of prom,** Lori Burchard and Brian Pinkard are seen dancing to the sounds of the band Casper.

**Before the dance begins,** Chris Wolters and her date Jeff Schites take time to talk with friends.





# Almost Paradise

"Almost Paradise", the theme of the Junior-Senior prom, reflected the mood of this memorable occasion. This annual tradition was held at the Springfield Hilton on May 3, 1985. Tuxedos, top hats, long fancy gowns and good music filled the ballroom as the music was played by the band, Casper.

After the male students found the homes of their dates, pinned on the corsages and mothers took pictures, it was off to a candle-light dinner. Many students enjoyed dinner down in Washington D.C., Springfield or some even stayed home for a quiet dinner for two.

Sponsoring the dance, the Junior class worked long and hard to make the evening one to remember. A prom committee was set up to help organize and prepare for the prom in the areas of decorations, the band, the theme, and the food. "Since this was the Seniors' last prom, we wanted the evening to be special," commented Junior class president, Heidi Hinkamp.

Seeing the smiling faces and the memories being shares by those who attended made this night truly "Almost Paradise."



**After being crowned** Prom King and Queen, Mike Berry and Gina Bolk dance to the theme song, "Almost Paradise".



**Looking into the eyes** of her date, Scott Kujawa, Bess Morris seems mesmerized by the eventful evening.



**At the request of the Seniors, Mr. Will Kitchen, a former teacher and coach, returned to present the graduation address.**

**Valedictorian, David Katzoff** has the traditional honor of addressing the graduating class. David earned the honor by making the highest grade point average in his class.



**The administration and honored guests** rise as the symphonic band played "Pomp and Circumstance" and the Seniors marched into the stadium.





# Beyond The Trail

The final moment took place on June 13, 1985, at Potomac Stadium. The Seniors, their friends and relatives entered the stadium with much anticipation. For some the ceremony in which they were about to participate brought about mixed emotions. Many were looking forward to new challenges, yet were sad to be leaving the memories and friends behind them.

After the members of National Honor Society were recognized by Mr. Ferrebee, Mr. Will Kitchen addressed the graduating class, speaking of their future hopes and expected successes.

Diplomas were awarded to the members of the class, and they threw their caps in celebration. There may have been many thoughts of the future, but for some the immediate future meant a trip to Virginia Beach for some summer fun.

**Showing their enthusiasm,** Graduates take the traditional plunge and toss their caps into the air in celebration. This was a very exciting moment for them.

**As the graduates leave the ceremony,** Sandy Griffith pauses for the last look at where she spent the past four years.





# Taking It Off

## He Did **WHAT???**

Setting the stage for our battle with Albemarle, the Pep Band, cheerleaders, Pantherettes took their places moments before the classes filed into the gym for our first pep rally. Acting as MC Mr. John Jenkins, social studies teacher, welcomed students and faculty as the cheerleaders began to promote spirit with "Go Big Blue and White" and "B-E-A-T Albemarle".

The crowds didn't need much enticement to get into the action. Within seconds, the gym was vibrating with an over abundance of spirit that would keep up the winning streak that the first football game set.

Then, coming from the band, "Bump-n-Grind" music filled the crowded gym, and Mr. Jenkins slowly unknotted, removed, and draped his tie around the neck of the excited cheerleader. To the deafening screams of students, he continued flinging the remains of his 3-piece suit toward the crowd. After a split second

of silent suspense, while the crowd waited to see if he would really do it, the rafters began to shake as he removed his trousers to reveal the blue tights of the Super P costume. This "undressing" was the highlight of the first pep rally along with an excellent performance from the Pantherettes, the classes' rival screams, and the usual Friday afternoon excitement.

**After performing** his now famous strip tease, Mr. Jenkins was the emcee for our first pep rally of the year. "Mr. J" helped to bring a much needed spirit lacking in previous years.

**Leading the Seniors** in a cheer, Ann Beamer stands on Susan Vowell to get the crowd up. The cheerleaders played an important part in making the pep rally fun and entertaining.

**The highlight** of the pep rally was Mr. Jenkins' strip tease. Paula Boykin shows her enthusiasm for his attempt to improve school spirit by stuffing money into his belt.

**While holding a Senior** spirit sign, Stacey Gudgel roots for her class. The Seniors made banners for the pep rallies to help get the spirit rolling.



**Mugging for the camera**, this enthusiastic group of Seniors demonstrates their school spirit by showing who's number one — Potomac!







**Marching Band drummers** Mike Foley and Jim Richardson, also members of the pep band, contributed to the success of the pep rally.



**Battling it out** with the underclassmen, these Seniors shout chants and cheers to earn the title of most spirited class. Class competition kept the pep rallies lively and spirit high.



**Katrina Madagan** cuts a dashing strip of fashion in her dad's varstiy letter sweater.

**Jeans are forever!** Sunshine flashes on chic denim in the court. Levi inspired a style so unique it survived to the presint like those great Levis 501 Blues commercials!



**Timeless Jewelry** updated into a myriad of styles and shades adorns the writs of Kelly Le-Page. Modeling a contemporary hair style and Raybans, she far outshines the clock on the wall.

**Rainy weather calls** for drastic measures. Amused friends of Lee Canipe thought he rather resembled a Chicquita banana.





# A Passion For Fashion

**People are wearing:** Patterned tights, board shorts, Mickey Mouse designs, Swatches, large leather belts with overgrown buckles- did all of this look familiar? If so, you experienced trendiness in our hallowed halls.

**Anatomy of a Fashionist:** To be fashionable, You didn't necessarily have to parade rags that were "in" this past season. It meant choosing the clothes that made you look, feel and radiate confidence. But returning to

last season . . .

**On heads:** Berets- knitted, felt or otherwise; bobs; flat-tops; two-toned strands; new - waves; perms and classic fedoras were always nice. "I love hats" I Any kind of hat," said Jill Parish.

**Necks:** The classic heart of vogue-ness shown in long and short pearls with an update of colorful beads. If you looked hard enough, you might even have noticed a set of Walkman headsets!

**Torsos:** "I don't like girls' fashions this year because the loose-fitting style makes girls look fat," said Jeff Sauntry. However, oversized blouses and blazers along with Shaker knits were prevalent. Paislies, florals, tartans and synchronized clashes made it to the top of the heap.

Musically inclined? Concert tee shirts featuring RATT, Motley Crue, U2 and various idols prowled the corridors of fashion.

**Legs:** Wrapped around legs, lengthy skirts in wide or narrow styles made the scene. Jeans forever! checks, pin-striped, jodphurs, cropped, baggy or the Levis 501 Blues. Tartans blared in cottons or wools. A pair of Chinos were spotted here and there. Stirrups worn with tights and flats, sneakers or boots rode the legs of a multitude of our student body.

**Tights:** Laced, printed, colored, striped and plain!

**Shoes:** Low-heeled flats, hightops, boots, decorated sneakers, loafers, docksiders and stilettos paced around classrooms.

**An Updated Look Backwards:** Ornate pieces of jewelery fingered from ancient jewel boxes or bought enhanced everything from hair to blazers. Varsity wraps returned with a vengeance, especially, in cardigans! cardigans!

Sunglasses survived in the two-toned and Raybans mode.

Even a small band of camouflaged jackets boasted art designs! Dear Fashion,

"My cardigan is big, brown, roomy like a car and expensive!" Linda Lee

"I like to wear really big sweaters with long skirts." Katie Ross

"What I wear the most is designer jeans. I never wear anything but jeans, and they have to be expensive !" Rod Emmons

Love,  
Your pal,  
Style



Listening in class is more pleasant if you're decked in an oversized, patterned sweater and stirrups like those of Tracy Comee.



# 'Witch' Way To The Beach?

Although the weather outside did not lend itself well for a beach theme-it was cold and rainy all week-spirit inside was undampened. Class participation was high in spirit link purchases and dressing up for theme days.

Cartoon Day brought out T-shirts from the Pink Panther to Gumby and Mickey Mouse. Several students were serious and came in full costume.

Camouflage was the order of the day on M\*A\*S\*H Tuesday. Students borrowed Dad's togs, clunky boots, and dog tags. Hawkeye, Klinger, and Radar were well represented. "Patient", Wendy Holtzman, came with a "broken" arm and head bandages.

Concert T-shirt Day proved to be the most popular. Shirts ranged from Iron Maiden to Bryan Adams.

Despite chilly weather on Beach-Halloween Day, students arrived in their best

continued



Showing His enthusiasm the Freshmen class, Mike Grace dressed up in camouflage for Mash Day. The Freshmen class participated energetically throughout Spirit Week.



Being served by "Witch" Phyllis Butts, Leslie Wilfong dressed up for Beach/Halloween Day. This turned out to be the day when most of the students dressed up.





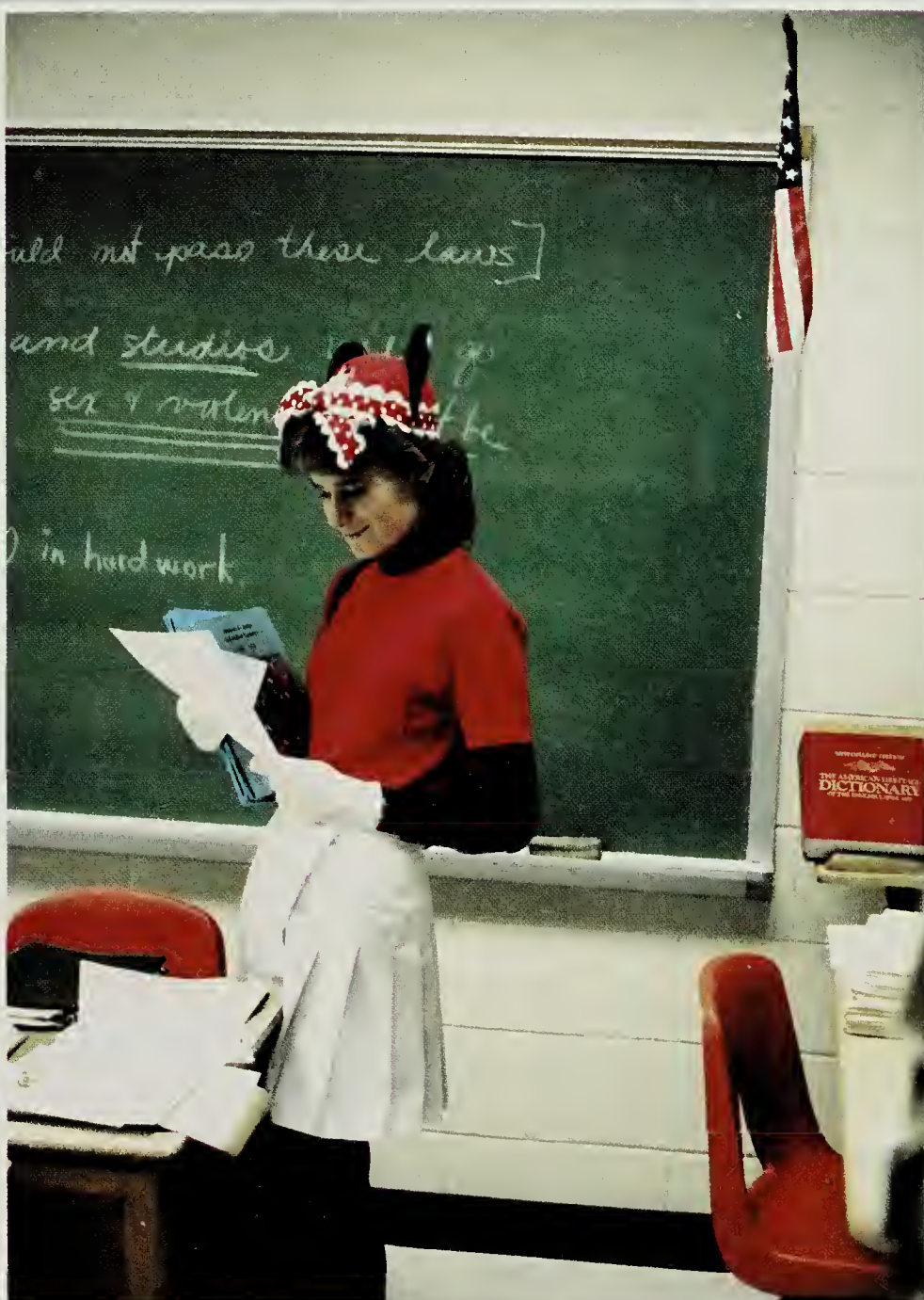
**Stuffing chicken wire with napkins** for their class float are: Kelly March, Mary Lavelle, Nazli Shah, Kim Little and Chris Pilkinton.



**Using his carpentry skills to help build the Junior float,** Jeff Sauntry shows Steve Sheffield how to make framework.



**Preparing for halftime activities** during the North Stafford game, Keith Brown oils the valves of his trumpet.



**Taking Cartoon Day very seriously** Jennifer Michelini becomes Minnie Mouse for a day.





Hustling with the ball, #24 Leonard Williams is doing some quick thinking on how to get to the end of the field to score a big seven points for Potomac. He tried, unsuccessfully.

Belting out another tune, trombone players, Danny Wong and Bill Goober Raines, keep the crowds dancing through the football season.



Full of spirit for the Senior class, Brian Nunes follows along beside the Senior float during the Homecoming parade.

There were many junior participants in the class of '87 Homecoming float. Although they came in second place for the float the junior class won the hall decorating competition.





## Beach Continued

beach wear, but with longjohns underneath. For the Halloween minded an assortment of ghouls, ghosts, vampires, witches, and even a sheik, and a China girl appeared in classes.

Friday was the traditional Blue and White Day. Blue hair, blue paw prints on cheeks, and half-blue, half-white faces all showed up along with the standard blue and white clothing.

Despite the weather on Friday night the football players were all psyched up and ready, but a tough Stafford defense held the team to a field goal and a safety. At halftime the classes showed off their floats, and the band and Pantherettes did an excellent job. The Homecoming Court was introduced and Stacy Crawford was crowned queen. The Class of 86 won the spirit award for the third consecutive year.

Saturday night the Homecoming Dance was well attended. The D.J. provided a wide range of music from Top 40 to 50's classics. Fancy, short dresses that fell to just below the knee for the girls and suits and ties for the guys were the apparel of the evening. The Homecoming Court was announced and a special song, "One More Night" by Phil Collins, was played for their dance. The dance marked the end of the week's activities.



**After receiving her crown,** Queen Stacy Crawford shares the spotlight with her parents.

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**Jamming to the beat,** Maria Mairena and Andrew Jacobson show everyone else how to have a really good time.





# Four Years Without Them . . . Never!!

"A good friend will be there by your side through anything," says Morgan Smith. They are the helpers through those four years of never ending good and bad times in high school. Friends are what every person has and is.

Randy Consla, a senior wrote a poem as an assignment in Mrs. Pearsall's English 12 class. This class was studying Canterbury Tales, by Geoffrey Chaucer. This is an example of a Chaucer style poem describing friends.

There are some friends  
that you meet in school,  
Friends who are friends  
through and through.  
In size they may vary,  
some tall some short,  
Some appear lazy,  
others are more into sport.  
They are all different colors,  
some black some white,  
But because they are friends  
they will never, never fight.  
Friends may be courageous  
friends may know fear,  
Yet when together  
anxieties will not appear.  
Dependable are these friends  
when in need of help it's found,  
They will come to your assistance  
in a leaping bound.  
Some duties of a friend  
are to help and advise,  
To be very truthful  
and never ever tell lies.  
Some dress fancy  
others dress plain,  
But no matter how they look  
they are liked just the same.  
Respectful are they  
to others they see,  
Watchful of their words  
and kind they will be.  
Defaming and boastful  
most friends are not  
With quite opposite values  
are why they are liked a lot.  
Some may call you crazy  
others may call you a fool,  
For liking these people  
these friends in school.  
by: Randy Consla



**Lending a helping hand,** Tina Woolfrey walks Marsha Turner to Biology after lunch. They often go to the movies, meet at the skating rink and talk for hours over the phone.



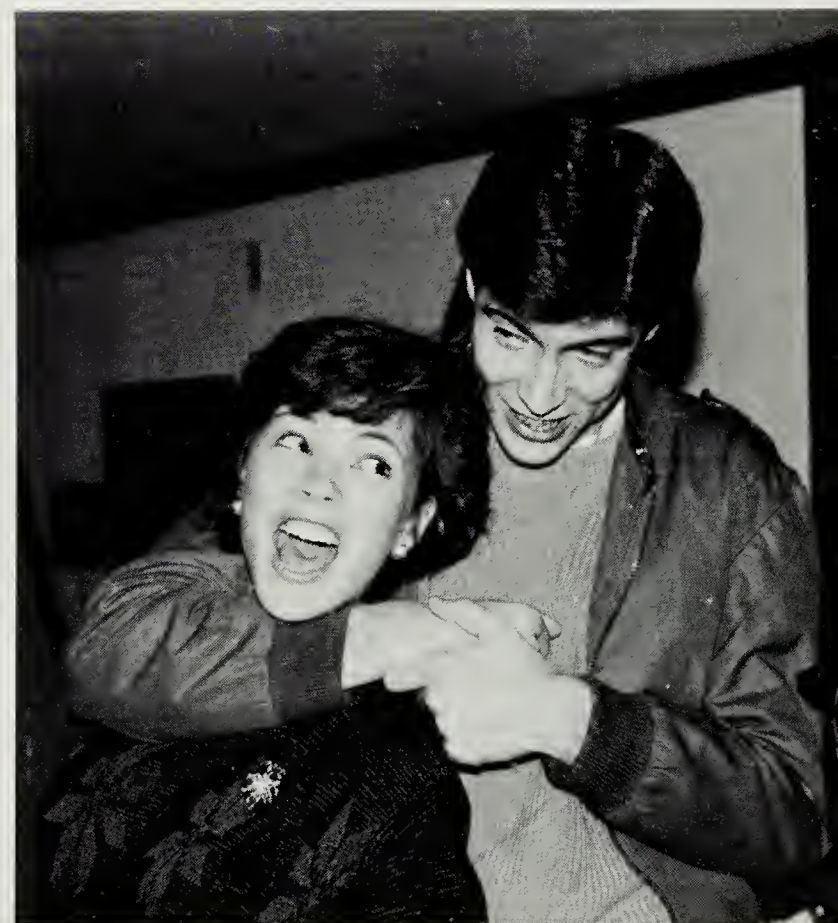
**Always there to be cuddled** and hugged when security is needed, a teddy bear is often a best friend. For six years Linda Lee and Shockermoler, named after Simon le Bon's teddy bear, have been good friends.



**While Donna Uber finishes** her soup, Lisa Anderson reads the comics before they go to the movies. Living in the same neighborhood has made being friends for longer than three years easy.



**Friends are always ready** to help when in need, this saying is exhibited by Cage Forehand and Charles Hudson. Cleaning off the car, after being let out early to go home, is definitely a two friend job.



**Usually kidding around** in Physics class or having a push fight at their lockers, which are next to each other, Mike Flynn strangles Jen Gonzales at a party.





**A Breakfast of doughnuts** and Coke give Debbie Jarvis and Malinda Antonik the energy to come to school at 8:00 on a Saturday morning to work on yearbook.

**After school activities** and sports practice mean that students flock to soda machines in the locker rooms for a bit of fizzy refreshment. Carrie Zehner, Carol Blanton and Aimee Longowitz raid the Coke machine for drinks.







**The tell-tale signs** of a junkfood junkie are the cookie crumbs on his chin. Obviously this junkie, Andy Dearing thoroughly enjoys his chocolate chip cookie lunch.

**Probably the most healthful** of junkfoods, ice cream becomes a tasty addition to lunch that should satisfy Chris Barko's sweet tooth.



## Confessions Of A Junkie

My first piece of candy- It was the beginning of a long battle to rid myself of a nasty habit known as junk food addiction. It all started out innocently enough, a little piece of chocolate here or there, but soon it became too much to handle, and before I knew it I was hooked on twinkies and HoHo's. I became a

### JUNK FOOD JUNKIE

It's a growing problem in schools across America. One wonders how they survive on such food, but apparently high school students thrive on it. Hohos, Twinkies, potato chips and soda pop, these are the staples of American teen's diet.

To understand how kids today can live on such food one must take into account the amount of energy

needed by today's student. These sugar loaded goodies are quick-pick-me-ups for that extra burst of energy needed to crawl out of bed, make it to school on time and appear to be awake during morning classes.

The cafeteria became a refueling station for the hungry herds at lunch time. Here they refueled on ice cream and honey buns for the long haul until 6 th period. Then it's after noon snacks in front of the television topped off with dinner at a fast food restaurant.

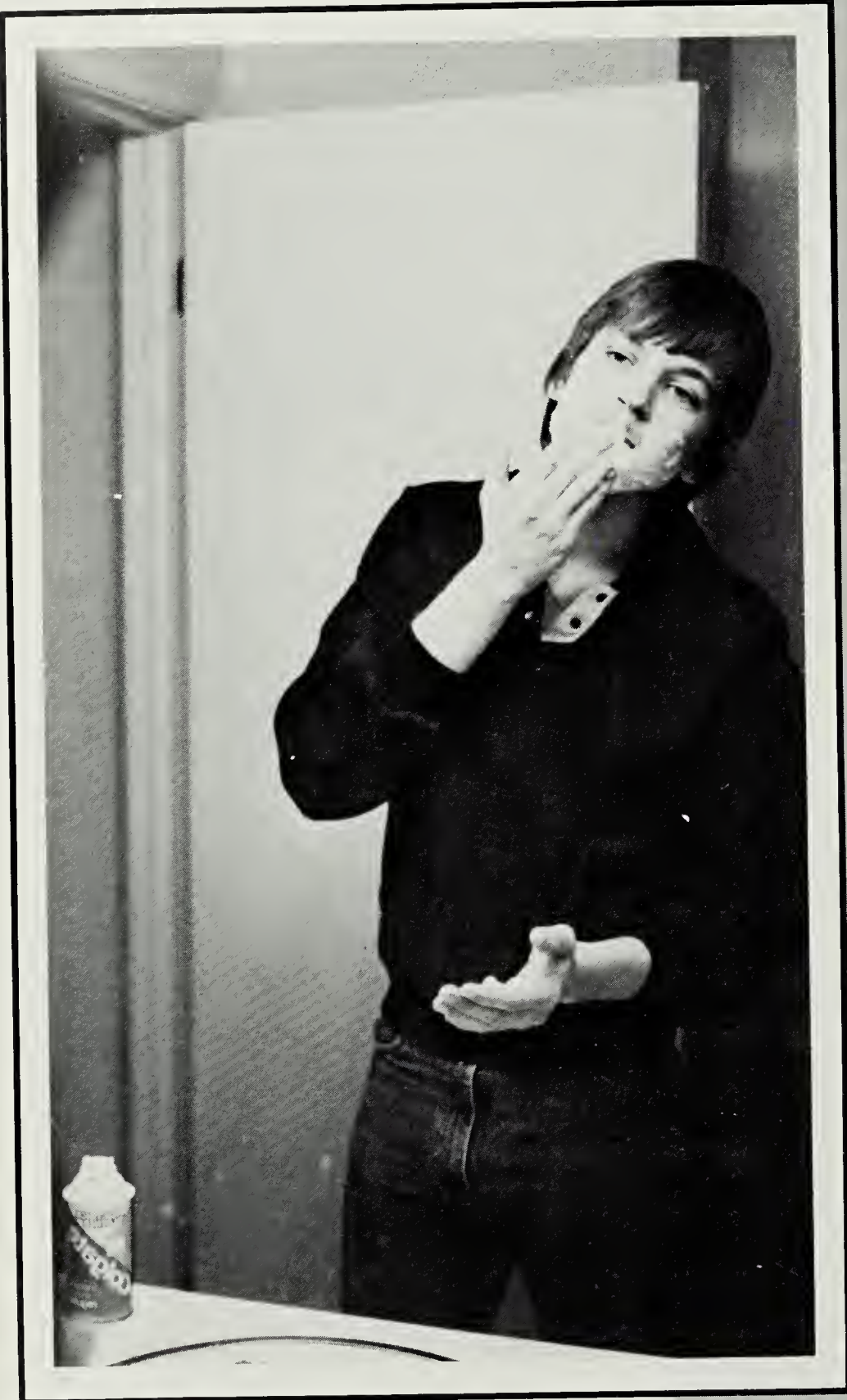
These are the eaters of a new generation. A generation of instant food and junk food junkies.

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**When the afternoon snacks** arrive to keep the munchies at bay, Yearbook staff members Tracy Hansen, Michelle Underwood, Katrina Madaagan, and Denise Uber pounce on the food.

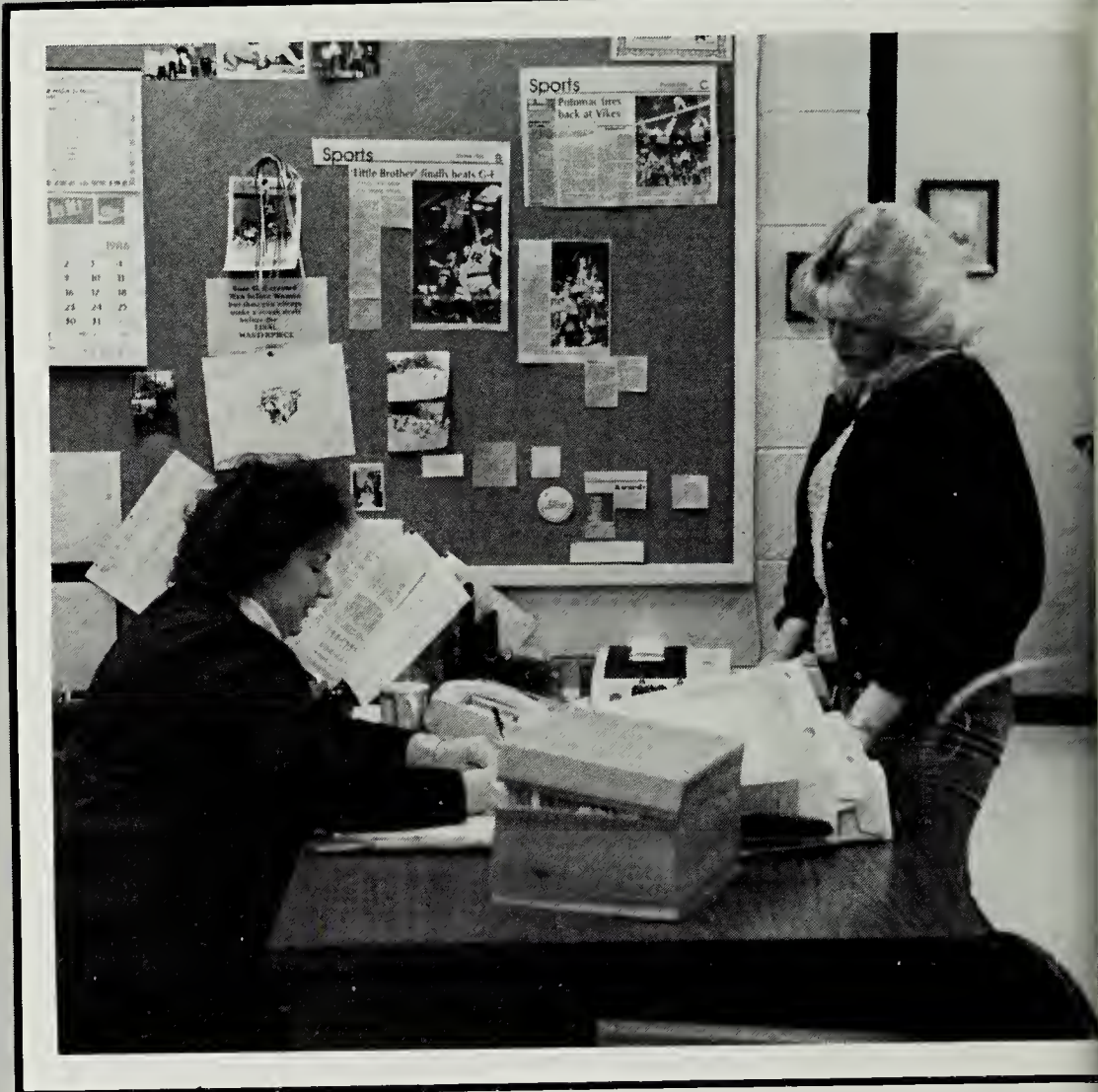


**"Tardy again Amber,"** exclaims Mrs. Fran Thompson as she checks Amber Perry in for the day. Students signed in with their grade level administrator when they arrived late.



**For Mike Burrell,** the morning ritual begins with a slathering of the creamy white stuff.

**The school's bathroom** mirror allows Kyle Jackson to put the finishing touches on his tie. For those who habitually ran late, the bathroom became a place to make last minute adjustments.





# Getting Up Getting Out Getting There

ZZZZZZZZZZZZZZ

Buzz! Buzz!

ZZZZZZZZZZZZZZ

"Susie it's 6:45."

"Huh?"

"It's 6:45!"

"Oh no, I'm going to be late, Mom!  
Where's my blue blouse?"

"In the washer."

"Great, now what am I going to wear? Look at my hair it's a mess. I wanna stay home! Where are my shoes?"

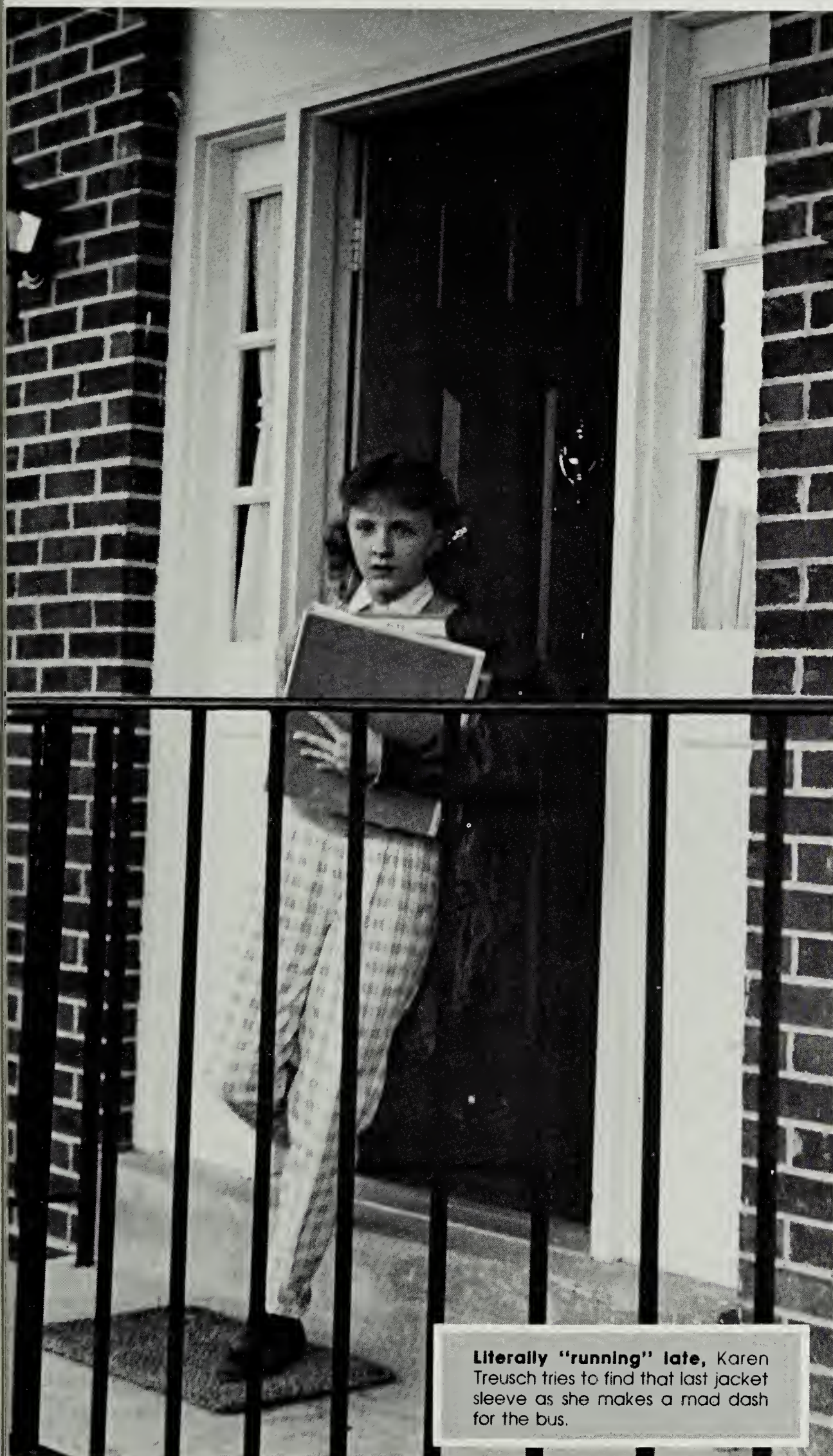
Slam!

"Great! I missed the bus now I have to drive to school. Where did my keys go? I hope they're in the house. Oh, they're right here on the table!"

Blam!

"A flat! That's just what I need. Brrrrr it's cold out here. Now that that's fixed I can get to school."

Whew! I made it to school before the bell. I'd better get to first period and fast!"



**Literally "running" late,** Karen Treusch tries to find that last jacket sleeve as she makes a mad dash for the bus.



**Before getting started** with her morning routine, Shannon O'Connor catches a few last minute Z's. The hardest part of getting ready for school is often dragging yourself out of bed.



# Homework . . . What Homework?

It's 2:15, she strolls into the kitchen, raids the fridge and carries the booty up to her room. Dumping her books on the bed, she pops a cassette into her Walkman and adjusts the headphones. Spreading books and papers all around herself and reaching for a can of Coke and a bag of chips, she gets down to some serious homework.

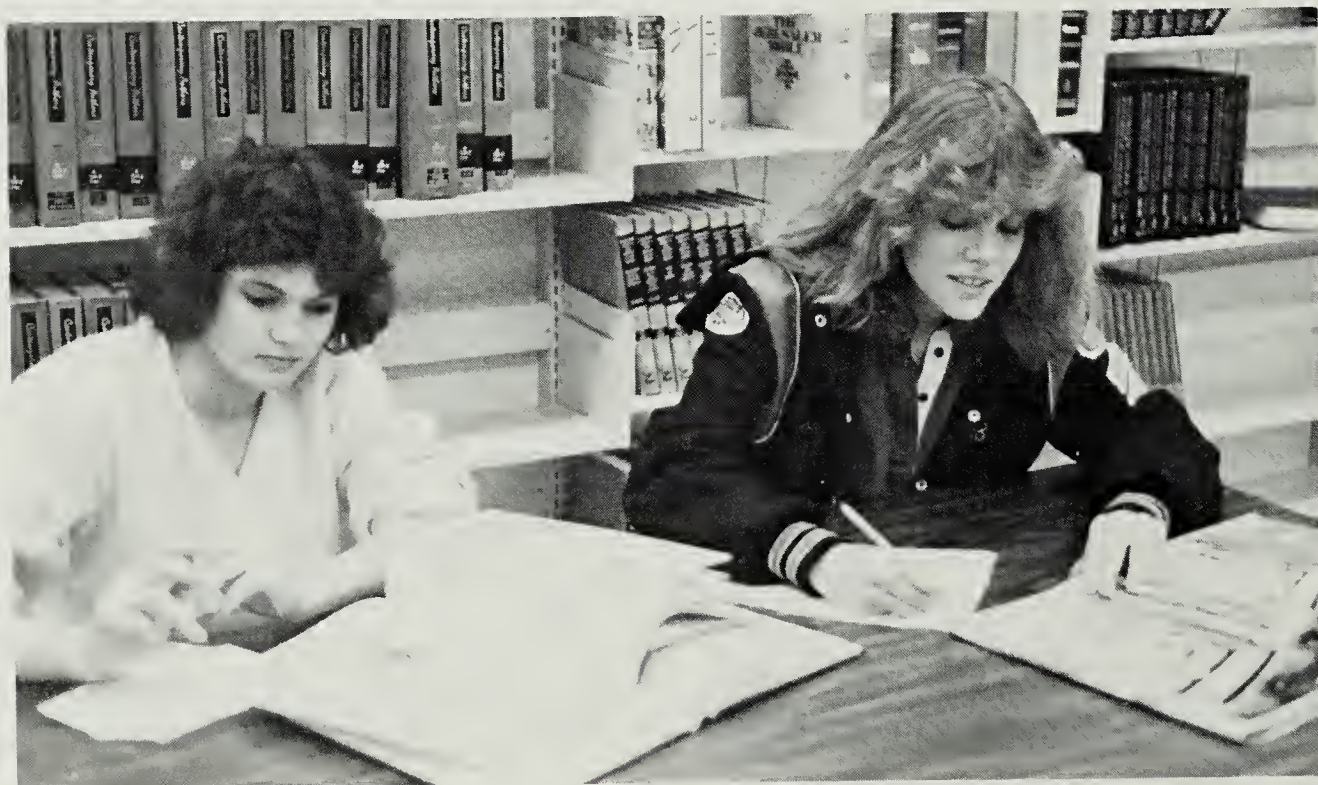
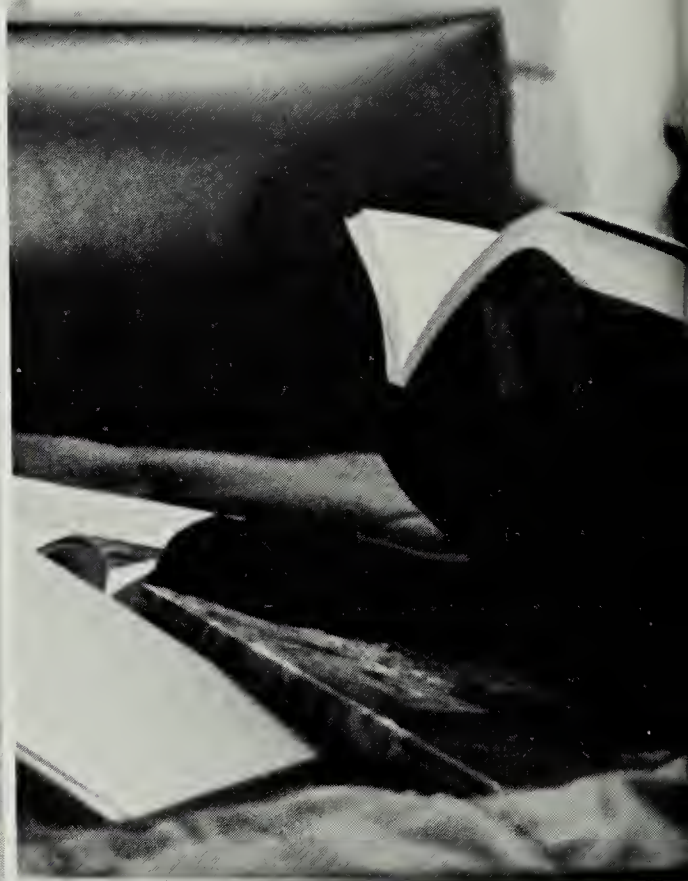
When speaking of study habits or homework, you can't but help to mention a few of the most common species of students. Those who do homework can generally be categorized as an "I'll do it, but I don't wanna" student, a conscientious student, or a procrastinator.

The "I don't wanna" group has the largest membership. The majority of students don't really like to study. They do the work but try to make it as enjoyable as possible by consoling themselves with junk food and loud music.

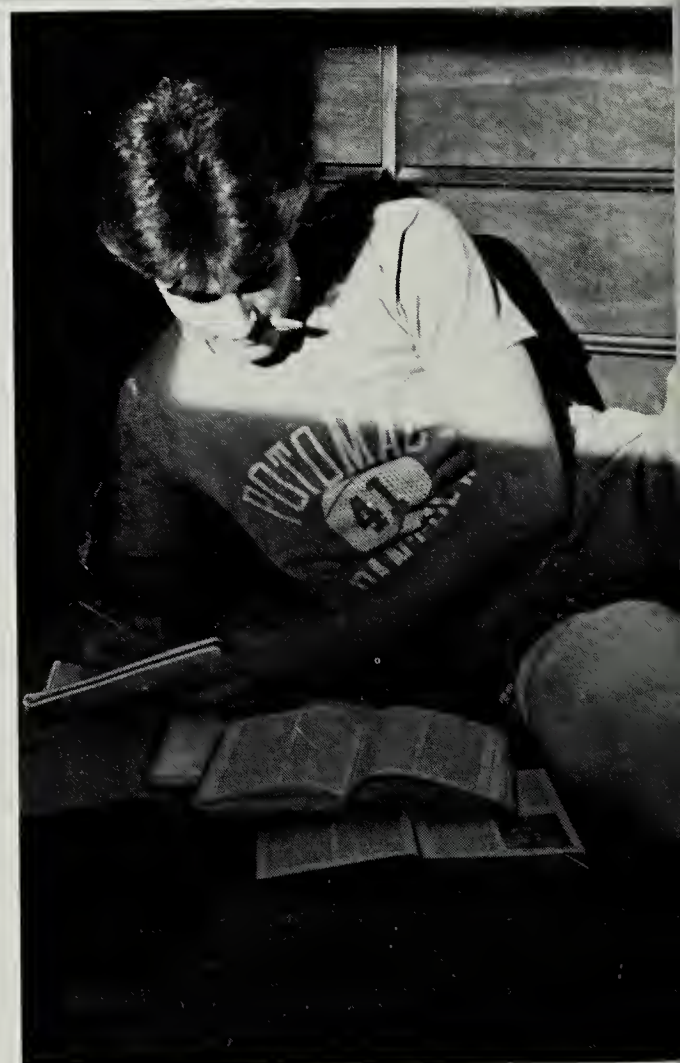
On the other hand, the conscientious one studies in quite a different environment. Beng in quiet, peaceful surroundings, seated at a desk probably produces better results than if lying on the floor in front of the T.V. They get right at it, and finish the job and never put it off.

Those who do put it off, "the great procrastinators" are experts in the field of rush delivery. They wait until the last possible moment to begin, preferably late at night, then end up finishing it the next morning in study hall, lunch or the five minutes between classes.

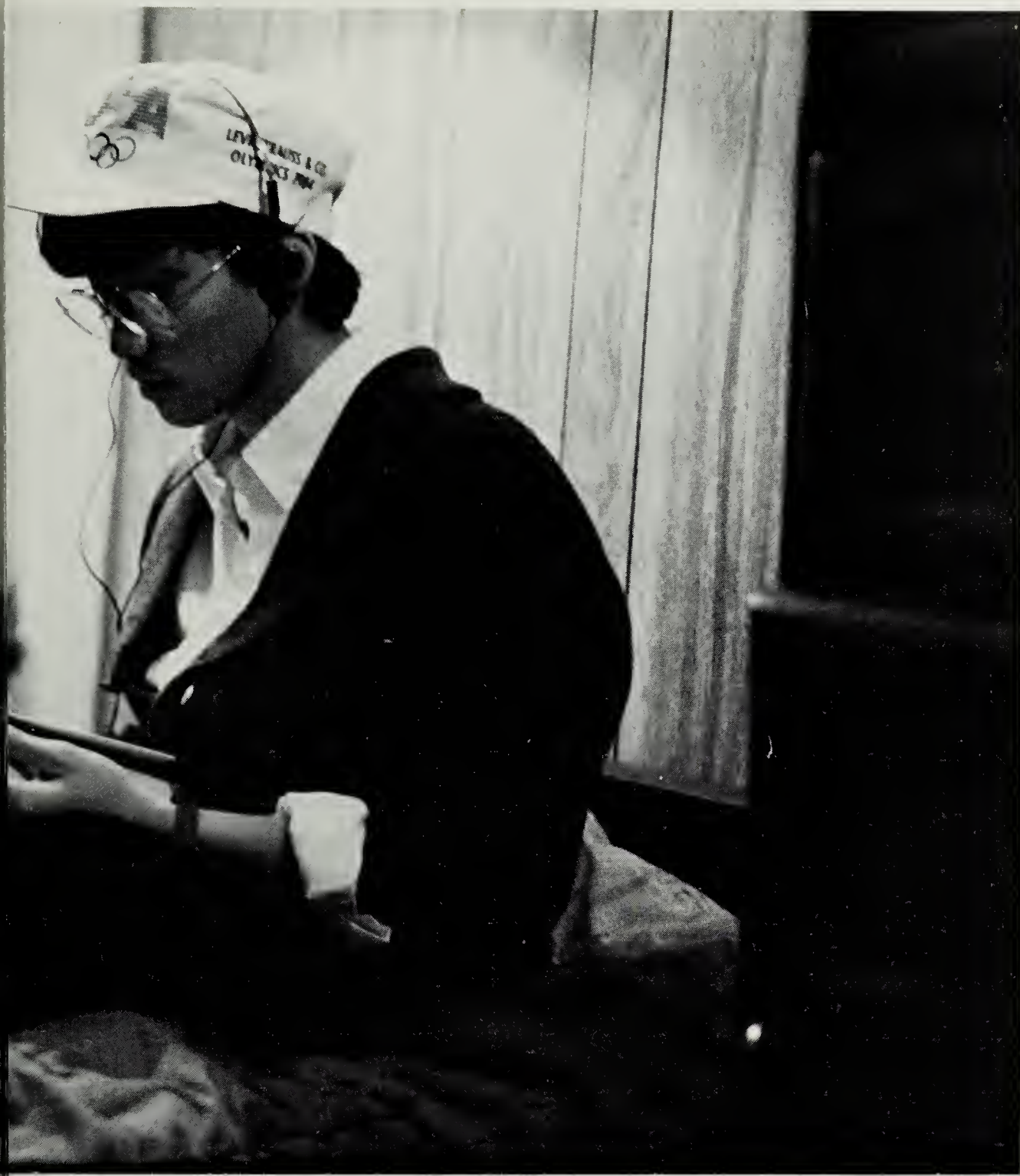
These are only a few of the possibilities for categorizing those who study, but most people fall into one or more of them sometime during the school year. Whether waiting until the last minute or getting it done right away is your style, the important thing to remember is that you got it done. Someone else probably didn't.



**The library provides** a quiet place for study; Laura Thieling and Lisa Knecht take advantage of that quiet to do research for a report.

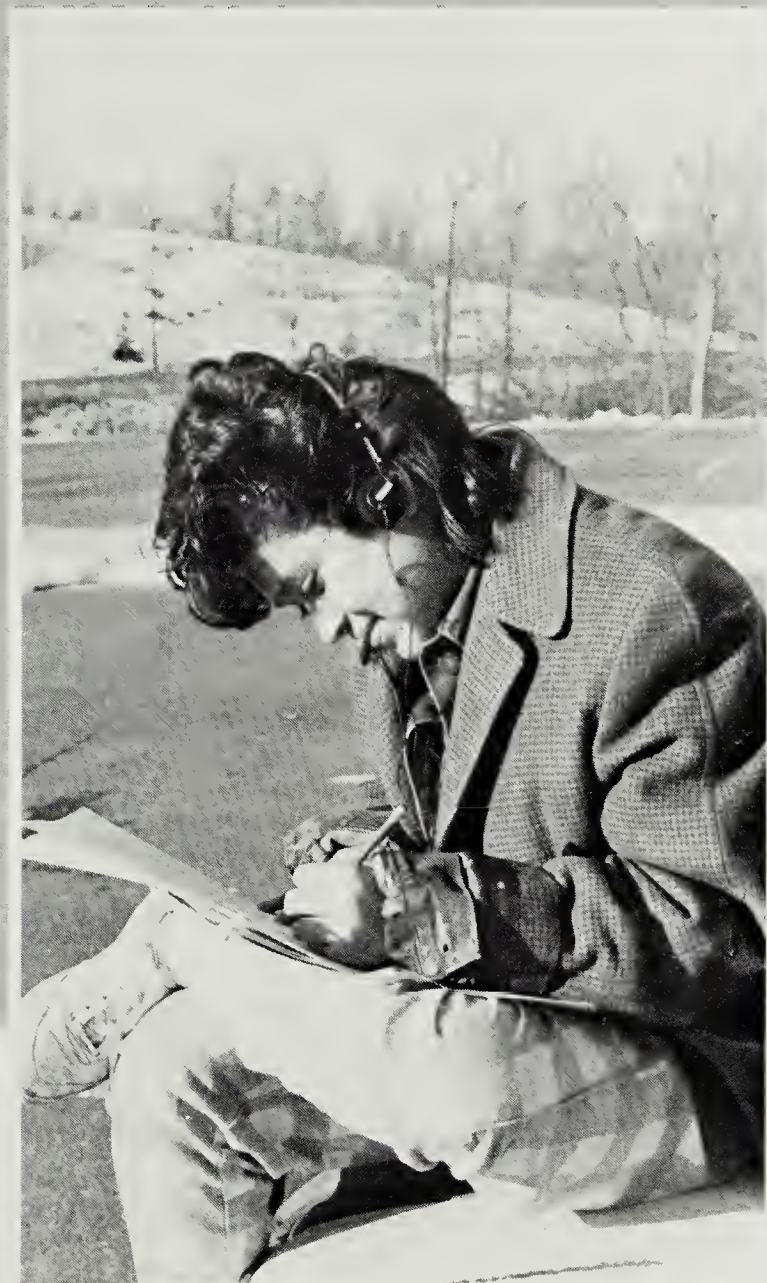






**With his books** scattered all over the bed, Manuel Alfonso listens to his Walkman and studies in preparation for SAT's.

**A cold day** in February finds Patricia Amezcuita in the parking lot, sitting on the hood of her car and doing her homework while plugged into her Walkman.



**For Erica Reid,** the breakfast table doubles as - a desk. In the mad rush to get her homework done, Erica must alternate between bites of food and writing answers.

**Ted Hupka relaxes** on the floor amidst a pile of encyclopedias while taking notes for a report.



# Academics

Students often made the discovery that class activities included more than just bookwork. Classes often took time out for something different. Students delved into the world of science through research and science Fair projects and dissection of pigs and rabbits in Biology, while government classes allowed them to assert their political tendencies in mock elections and debates. Mrs. Polk's and Ms Stulz's classes also experimented in playing the stock market. Foreign Language classes perfected their speaking skills by performing in dramas and skits then celebrated by gorging themselves at fiestas complete with ethnic food and music. P.E. classes took CPR as a required subject and some instruction in the unconventional subjects of bootcamp training and squaredancing.

So students found that schoolwork didn't have to mean "bookwork". Special activities from food fairs to CPR broadened the student's experience in the range of each subject.

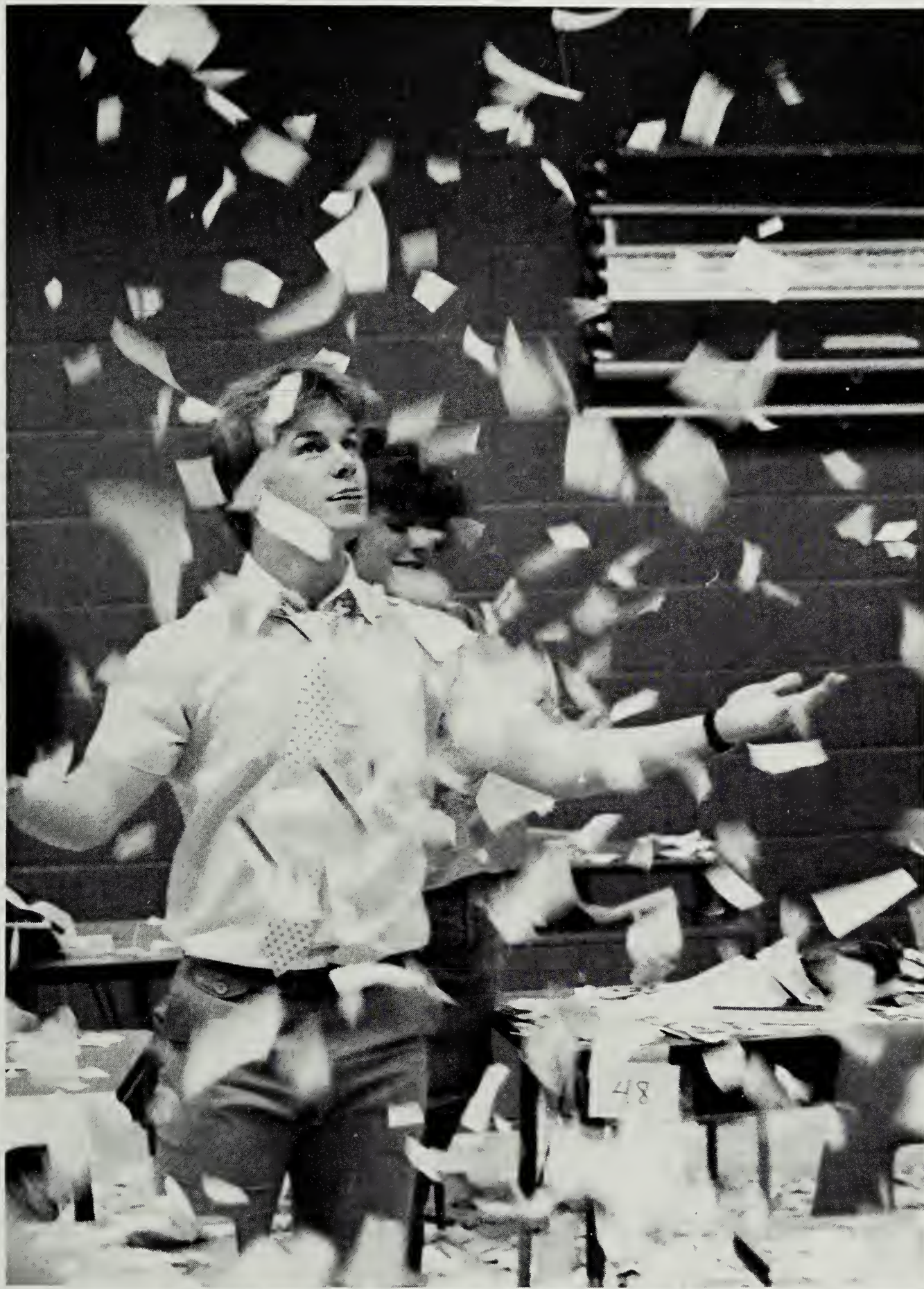


**In preparation for** a new paint job, Tim Abel uses a power sander to strip off the old paint of a car fender in Auto Body.

**A group of Biology** students stand fascinated as a boa constrictor strangles a rat to eat for lunch.



**Snowing in school?** Not quite. After a year of learning Accounting, the class put its skills to use on a project that would last eight weeks. Mrs. Haun told them they could release their frustrations when it was all over, and Andy Dearing does just that by tearing up his project.



*If You Only Knew...*



# Brain Work!

of  $(x) = 13$ ,  $(a-b)(a+b) = a^2 - b^2$ . If you have taken a math course above General Mathematics, then you've seen an equation that looks either like this or something to this effect. Equations like this are also used in many science classes ranging from Chemistry to Physics.

Many math and science teachers require the students to repeat and memorize the fundamentals to aid them in recalling them later when required. "Some things Mr. Bass taught us on the first day of school we still use," commented Denise Uber.

Ask most students and most will say they've taken at least one math and science course. There is a wide diversity of available classes to suit a student of any capability. The memorization might be boring, but the diversity helps interest students in expanding their math knowledge.



**Under the hood,** a crucible of chemicals is heated to produce a reaction as Carol Chase observes.

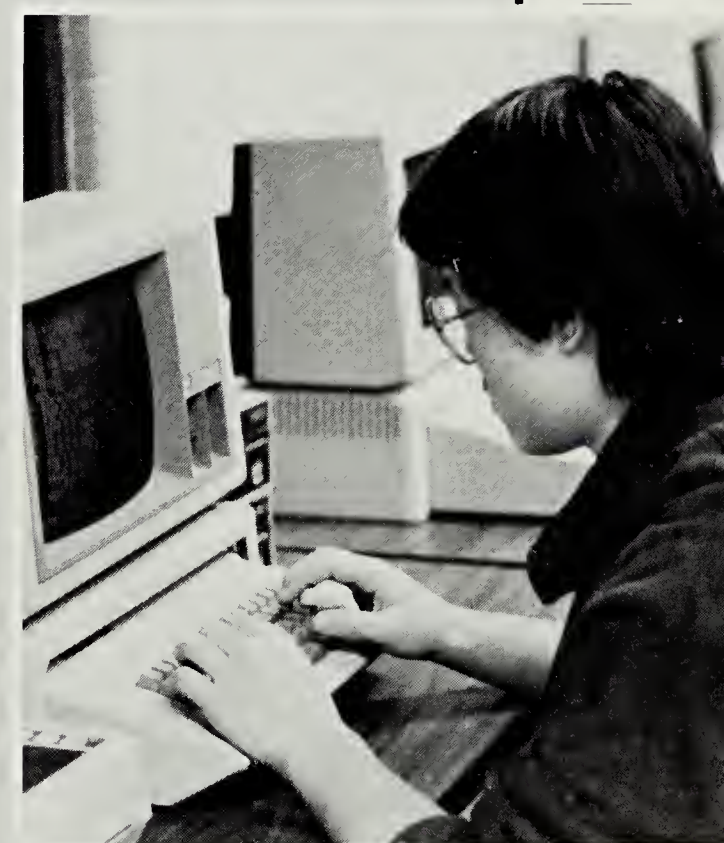


**Jamie Jewett** examines a specimen through a microscope in her Biology class.

**Algebra 1 part 1** student Theresa Stitts keeps her mind on her work and solves equations.

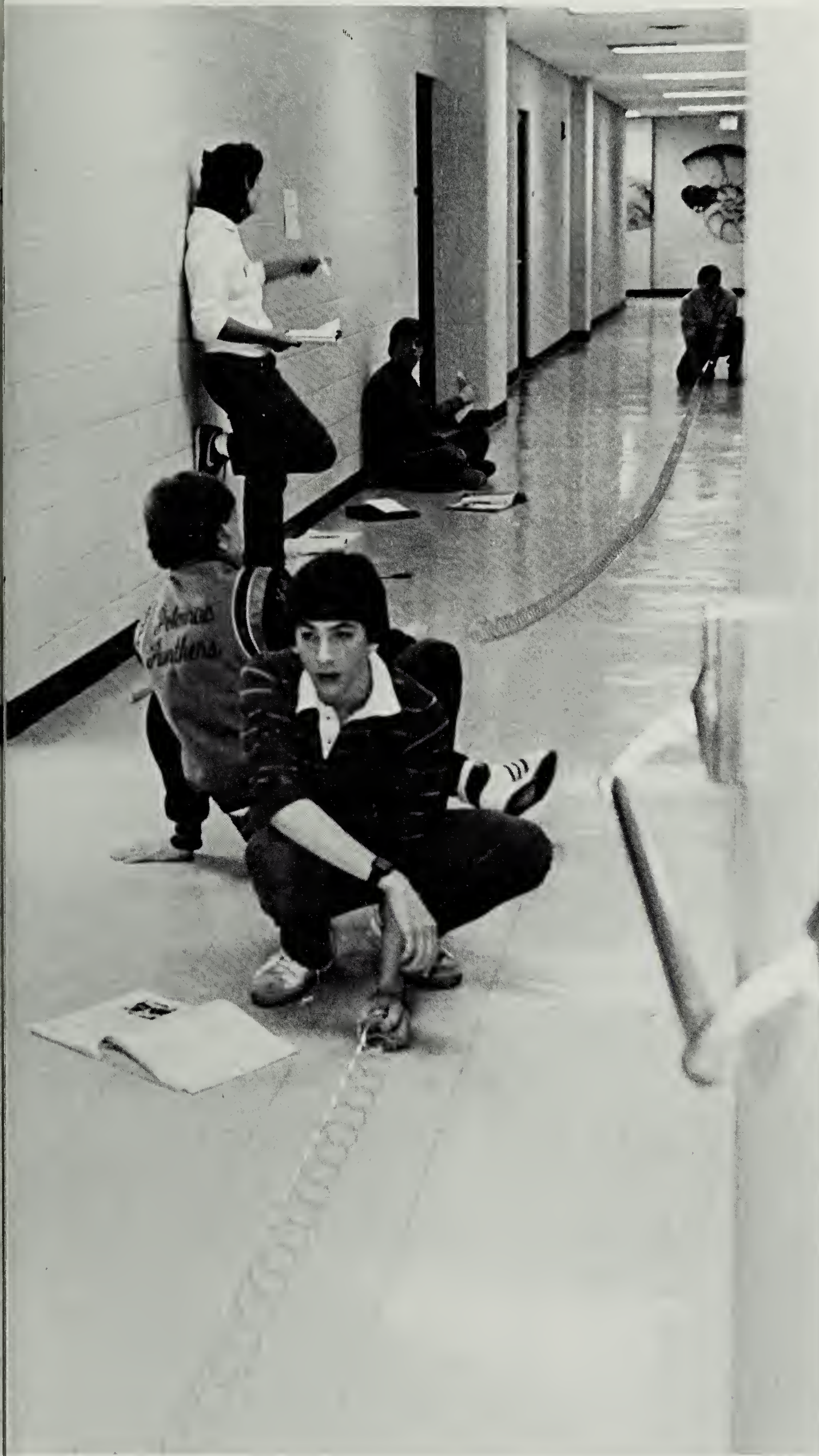


**Application of rules** taught in class is needed to understand Algebra. Michelle Holtzman works to complete her assignment.



**Computer Math students** learn how to write computer programs, as Chol Kong is demonstrating here.

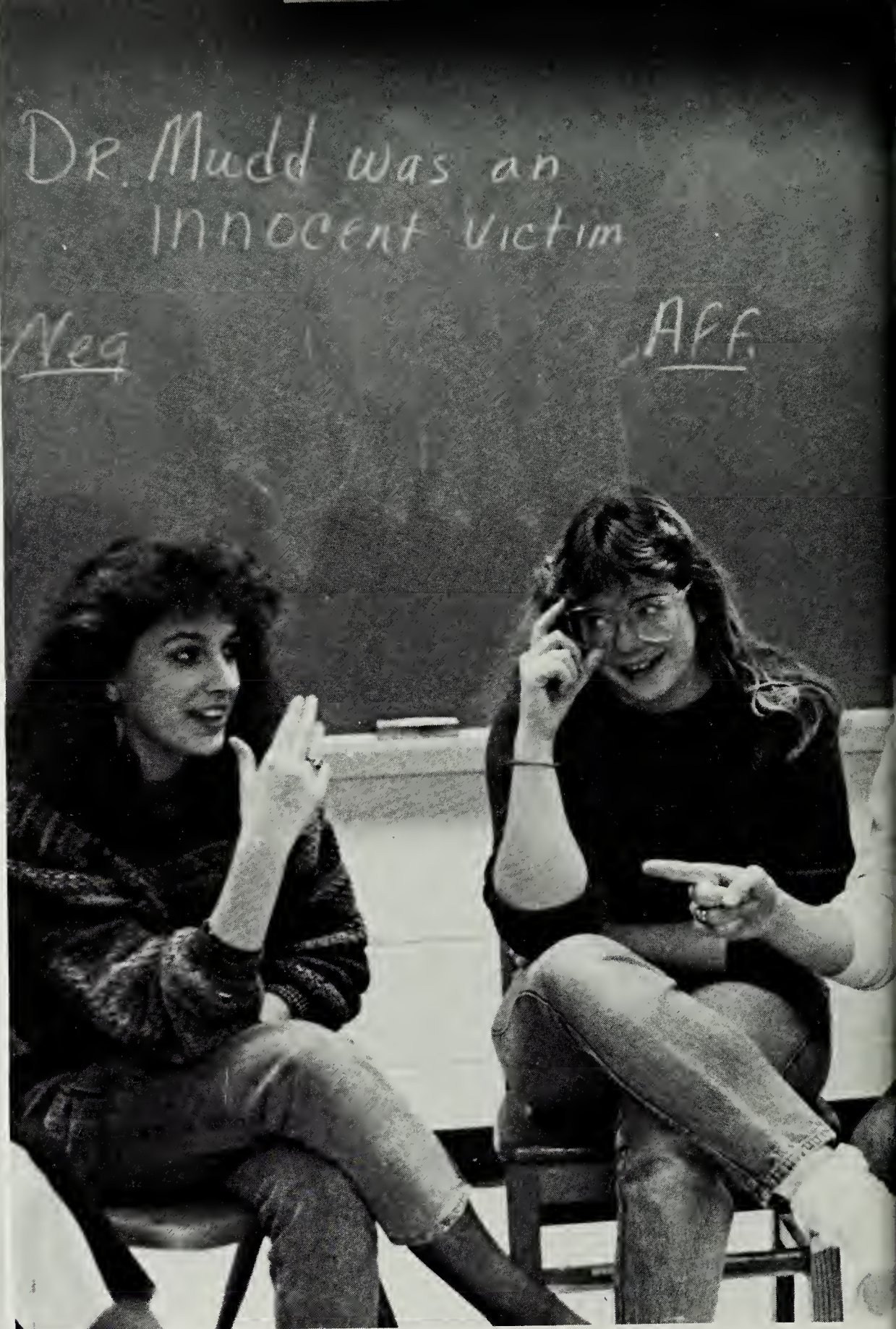
**Patrick Keady** and other Physics students study the behavior of waves with stretched slinkies.





**Wendy Alachnowicz** and Brad Daniels argue in one of Mrs. Emmons famous debates as Amelia Robinette looks on. Debates were a welcome addition to American Studies I.

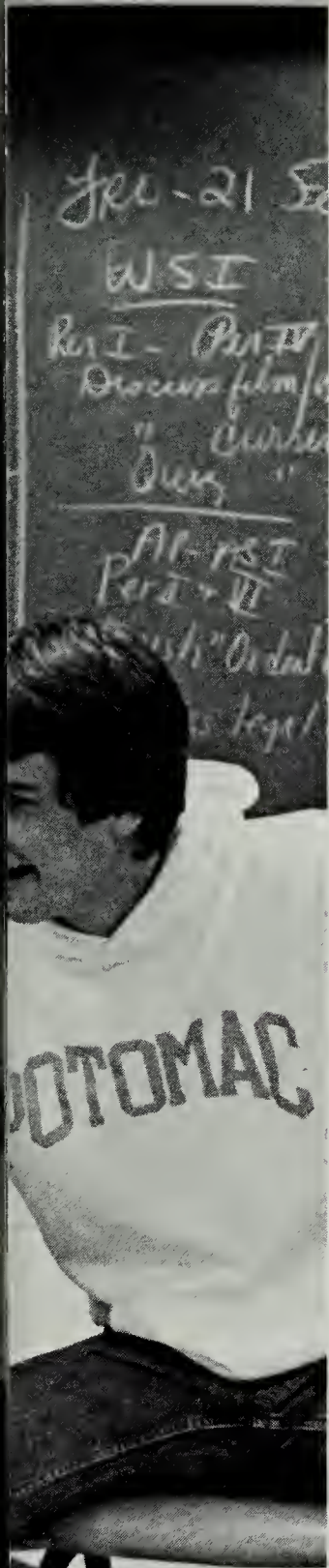
**Taking notes** and listening to lectures are some of the many things students did in social studies class. Senior Kelly Trumpower can't believe all the notes she has left to take.



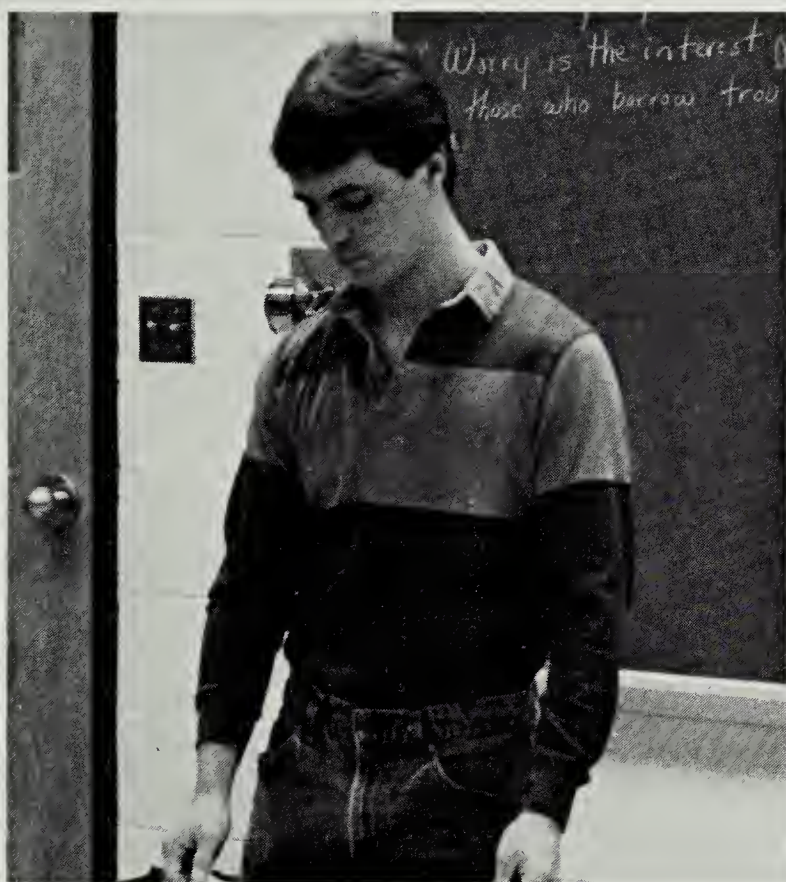
**In government class,** Pat Apperson looks on with anticipation as he awaits the outcome of the civil court trial between Tanya Smythe and Jimmy Currin in Ms. Stulz's form of "The Student's Court".







Oral reports are one of the many activities students participate in for government class. Senior, Scott Heiser gives a report on a landmark case of the Supreme Court.



**David Chapman and Cathy Covington** discuss some of the finer points of their debate as they wait for a chance to take on the other side.

# Past And Present

"Social Studies is an important class because it teaches us about different countries, cultures, and what's going on around the world," commented Junior Kim Little. There were many social studies classes offered at Potomac, World Studies for Freshmen, American Studies I for Juniors, and American Government for Seniors. An optional course for Seniors was Sociology. Sociology was a class that dealt with human relationships and their behavior. "I think Sociology is real interesting because you learn so much about the people that are all around you," said Senior Rob Dulin.

Both students and teachers were very active in the field of Social Studies. Many teachers lectured, showed films, and gave notes and assignments to help keep their class interesting. Students also participated in written and oral reports, and those dreadful tests.

American Government classes held debates, mock elections and a civil court session. They picked a judge, jury, defendant, plaintiff, witnesses, and the case. "I had a lot of fun doing the trials," said Senior Kelly Trumpower, "I felt like I was involved in it for real."



After a short birthday party for Paula Boykin, Stacey Darr, must return to work reading and revising a class writing assignment.

In order to succeed, students must know the rules of good writing, so Cindy Lee and her classmates strive for necessary perfection.



## Speaking Of Which . . .

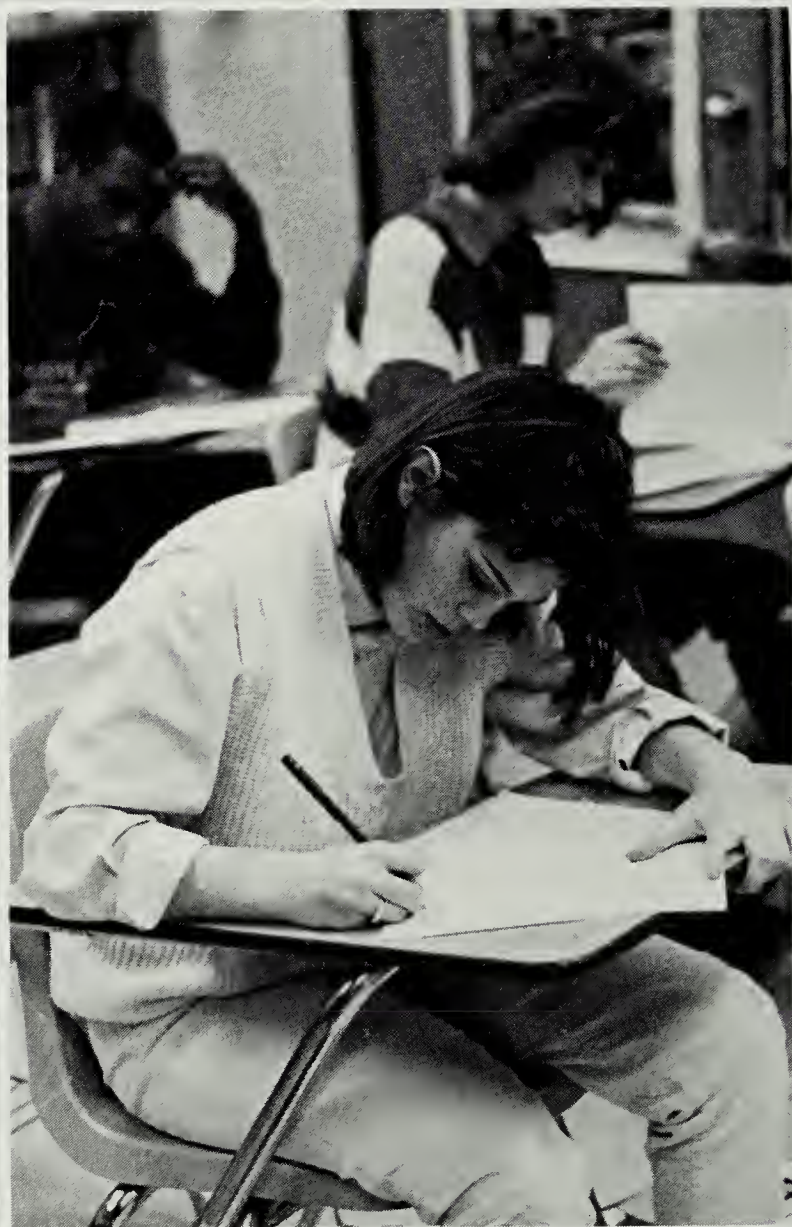
English, that necessary class we all know so well, Grammar, literature, and writing combined into one. Have you ever wondered how you will benefit from English? According to Mrs. Pearsall, English will "increase communication skills, which includes writing skills and speaking skills, increase literary knowledge, and help students understand how literature is relevant to their everyday lives." Then she added, "One very important point we want to stress is that literature can be appreciated and enjoyed by every one with a little effort."

A major part of English was grammar. Punctuation, capitalization, and spelling, no one can learn every rule. But Sophomore Kimberly Whitehurst said that because of grammar she can "communicate without using any misplaced modifiers."

Literature was also emphasized in our English classes. From poetry to the novel, Shakespeare to Dickens, everyone needed to study literature. Freshman Jason Dix felt, "Literature helps you understand the origin of English words and some basic Latin words."

Some students, like Senior Catherine Mattijetz believed English became repetitive after studying it for a few years. But at least she said "English hasn't hurt my grade point average because I'm in a weighted class this year." However, we know English is a helpful class and that without English we couldn't communicate effectively with each other.

Most Students also took a foreign language. Some enjoyed it, some didn't, but it did a lot more than give you the credits to graduate. Miss Cash felt foreign language "will raise SAT scores, allow students to learn more about their own language and helps develop listening and speaking skills." She also said, "The job market is wide



**Rachel Ferris concentrates** on her writing in hopes of receiving an "A". Much emphasis was placed on the writing process this year.

**Kelly Kasper smiles** with pride as he tells his class about the time and effort he put into his homemade *pinata*. Many Spanish classes made *pinatas* this year.





**In a skit** for English class, Rosie Robinette demonstrates one of the many vices of the Friar from Chaucer's *Canterbury Tales*.

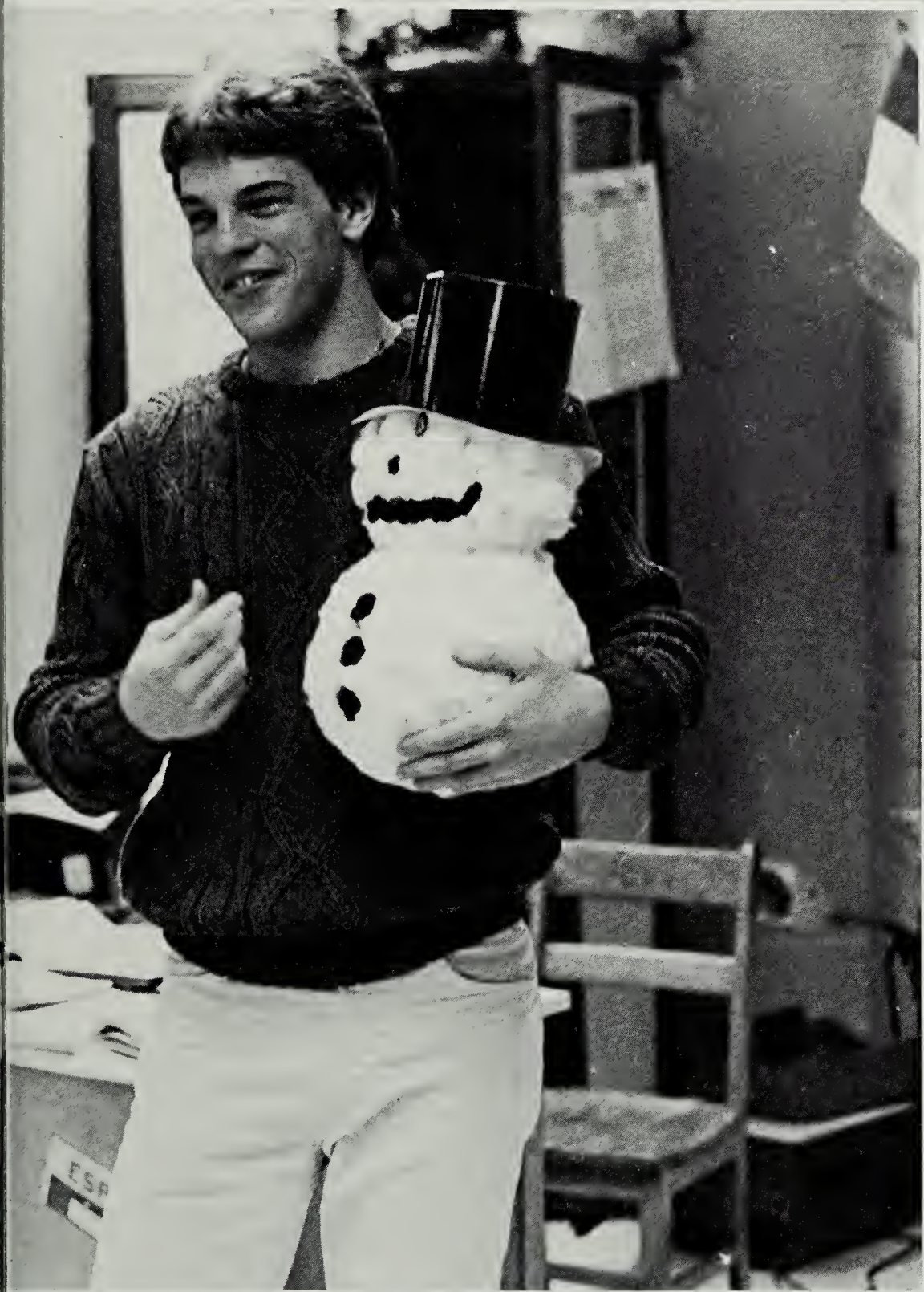


open if students continue with a foreign language and it will also improved world communication."

Students felt the same way. They believed foregin language was a helpful class. Junior Lori Lambert said, "It helps a lot with English because the words are similar and 9 times out of 10 it will help with a future career."

Bruce Herdt, a Freshman, agreed. "I will benefit from foreign language because it will help me get to college, help me in the job field, etc."

Some students felt foreign language would help them in other ways. Katie Martin, Sophomore, said, "You can slip in French words and people will think you're intelligent." So, whether they made *pinatas* in Spanish, had cultural experiences in French, or wore togas in Latin, foreign language was a fun and beneficial class.



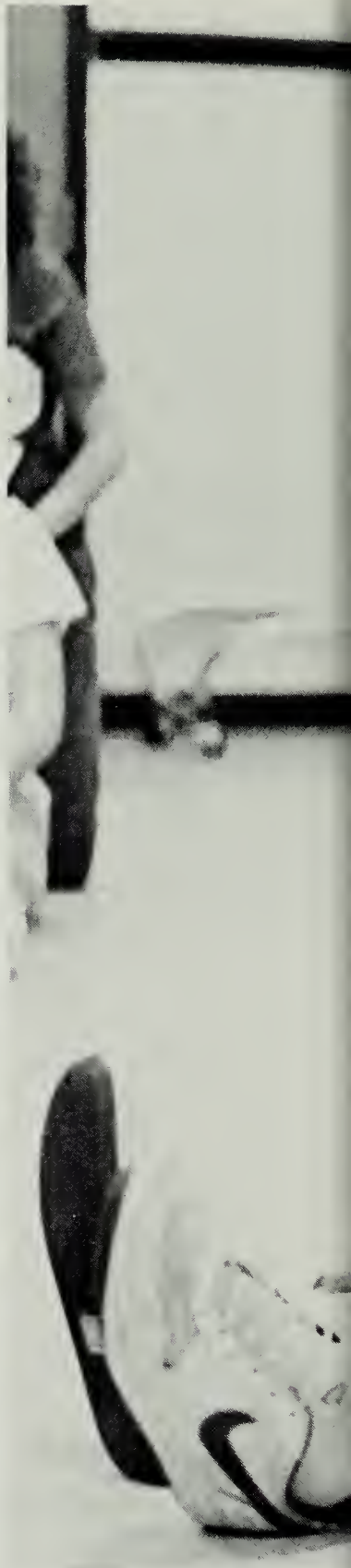
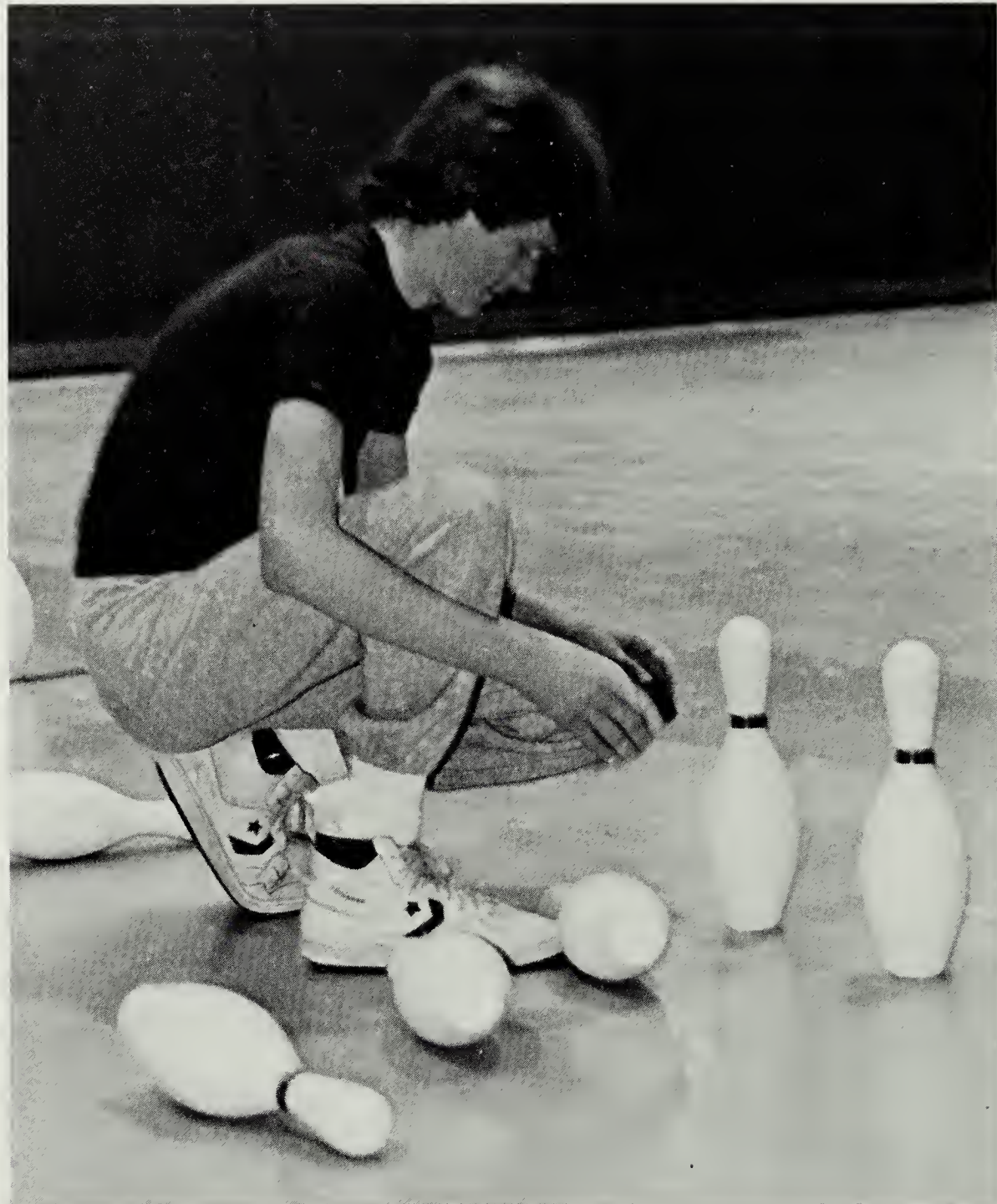
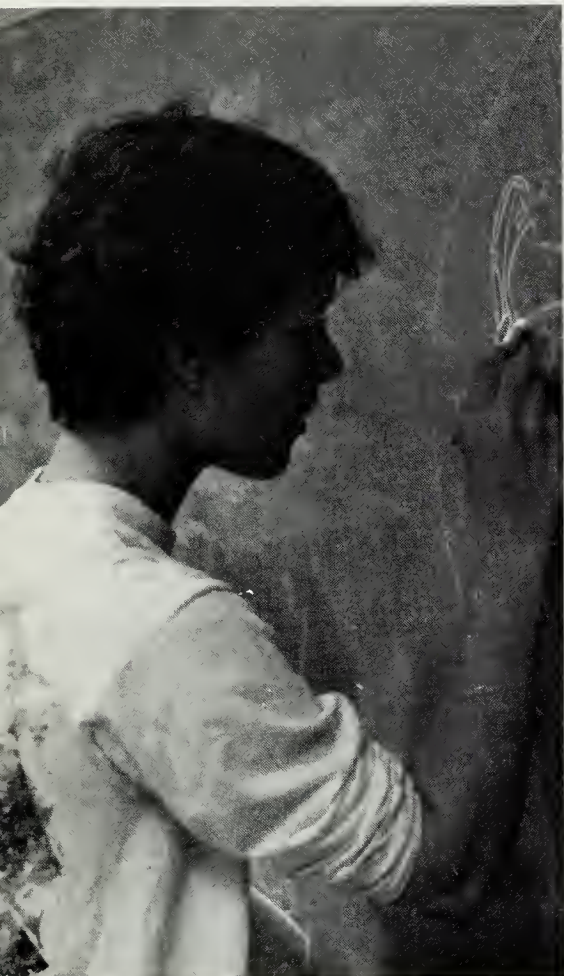
**During Latin class,** Peggy Pasek proves her designing skills by demonstrating how to wrap a toga with Joely Hebert as her model.



Bowling was a sport added to spice up physical education classes. Ronnie Lucas sets up the pins for the next bowler.

Stretching out is essential to keep muscles loose and avoid injury. Paul Kersse helps Milton Thornhill stretch before their first period physical education class.

While drawing the inside of an ear for health class, Billy VanStaden concentrates on making it as realistic as possible.



## A New Twist

"One, two, three, four; two, two three, four," and the beat went on, and on. When most students thought of Health and Physical Education they thought of a fairly simple class. If they dressed out they got an "A", if not, well you figure it out. Although most instructors taught the standard sports, there were some new twists too. Sports such as aerobics, golf and squaredancing spiced up the class.

Physical Education was originally created to promote physical fitness through exercise. But many students felt that it was just another class required for graduation. But to the teachers it was a chance to put students in shape and get them to like, yes, actually like, exercising.

"Help! These people are trying to kill me!," screamed Mr. Brown as the student driver's car

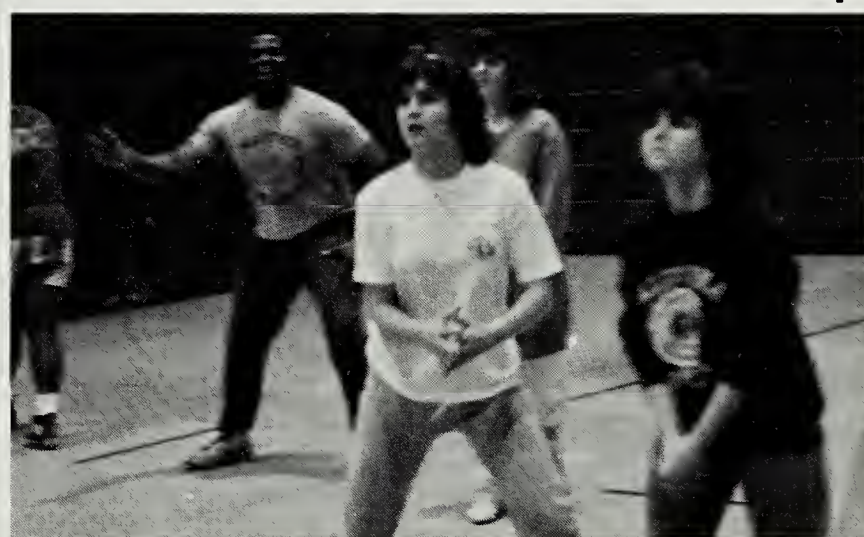
rounded the corner on two wheels. The range and road portion of drivers education was created to teach students the basics of driving a car while the classroom portion was intended to teach them the hazards of driving, such as drunk driving and driving under the influence of drugs. It also taught them about car maintenance and insurance.

Part of physical education was health, where some very important subjects were taught during class. Alcohol and drug awareness and cardiopulmonary resuscitation were among the major topics taught during the year.

Although many people groaned about it, health, physical education and drivers education could be fun and informative.







**Preparing to go** out on the range Rick Edgington and Tom Nix complete all the necessary checks before starting the engine.

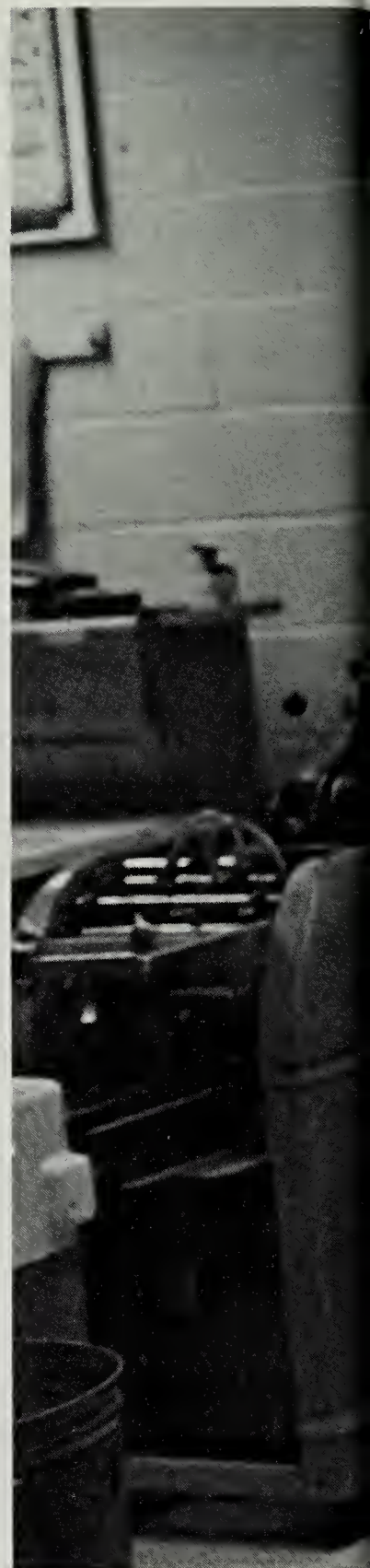
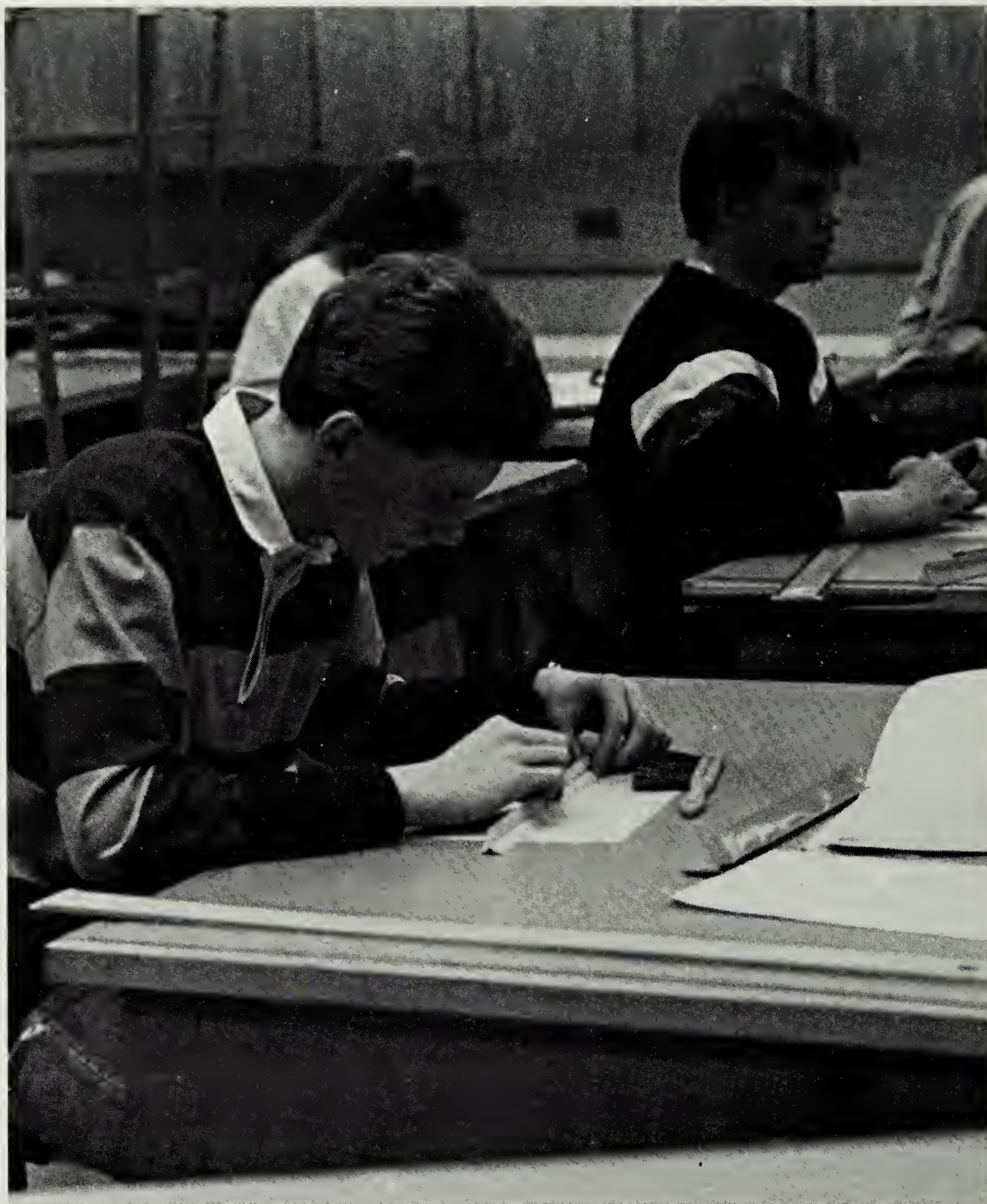
**During a quick game** of volleyball in P.E., Angie Wheeler and Jennifer Seger prepare to return the serve.



**While Andy Jumbercotta** and Trish Purdot work diligently on their drafting assignments, Ralph Rice concentrates on an idea for his drawing.

**The Graphic Arts Department** not only printed for Potomac, but other schools as well. Here, Jamie Jones and James Roen print a recipe book for Rippon Elementary School.

**In Auto Body class,** Frankie Lasch tapes the window of a car before he paints it.



The vocational courses such as Drafting, Graphic Arts, Auto Body, Distributive Education, and Electronics are designed to teach students a certain trade. For instance, the drafting classes prepare students for careers as engineers, architects and professional draftsmen. In class, they design houses, shopping centers, and make machine drawings. "Designing houses are my favorite thing," said Matt Galliot.

The Graphic Arts department contributed greatly to the school by printing the school's newsletter, graduation programs, prom programs, and the daily absentee list. "You name it,

we print it," said Tim Ball, "ID cards, Christmas cards, notebooks, notepads—anything!"

Being creative in printing was the most favorite aspect for most students. "I like to be creative in my printing work because you can print anything you want," said Tracy Maruschak.

The students involved in Distributive Education, often referred to as DE, had the privilege of leaving school early. They earned credits for graduation while also working 540 hours per year.

Anyone who participates in any of these classes will agree that it is fun, educational, and definitely worth the time!







Steve Capolla sets an oscilloscope, which measures volts, amps and resistance. The students in electronics enjoyed building radios and repairing television sets and stereos.

Amid blueprints and drafting tools, "Wonderful" Warren Carter designs another wonderful drawing.



No, it's not Atlantic City. ICT students, Deanna Law, Roger Sturges, and Eddie Taylor are buying and selling used cars in a simulation as a follow up to their unit on buying a used car.



**Removing the engine** of a self propelled lawn mower to grease the gears; is Lee Mountjoy. This assignment was one that students did to learn about the parts of small engines.

**Learning to hang sheet rock** and finishing it are very important cosmetic procedures learned in construction. Mark Wright and Skip Pfiefer carefully inspect what they've built.





# Preparing Our Future Industrialists

What are saws, hammers, nails, wires, screw drivers, drills, bolts and lumber a part of? They are part of the Industrial Arts program, where they are used in a combination of classes. "When students finish from here, they will be able to tune up and rebuild any small engine," said Mr. Prifti. The small engine classes worked on and repaired engines from lawn mowers, tractors, generators, chainsaws, hydraulics and air tool systems. It gave students an opportunity to experience and learn of the different functions of engines and how they work for man.

Another class that gave an overview was the Construction class. The different skills needed in building trades, like plumbing, masonry, framing, drywall and electrical were taught. Mr. Leggett summed it up with, "It's a chance to find out if they like any of the areas of construction so they can continue in building trades."

Included in Manufacturing was instruction in drafting, woodworking, metal working, plastics, sections on how to form your own business and stocks and bonds. Students made a variety of variety of projects, some of which were key-

chains, plastic clip boards and jewelry boxes. Mr. Eaton found that students took the course to gain knowlege, make career choices or just to pursue a hobby.

If the students from these other classes decided to pursue these fields, they could have signed up for ICT. ICT stands for Industrial Co-operative Training, and to be in it one must be at least 16, must have completed the requirements for the grade classification of a Junior and work an average of three hours daily. Businesses provided part time employment and training to the students during school hours. This program, headed by Mr. Wade has given our students the opportunity to receive training in the career fields of industry and auto body.

**Tom Harmon cuts** a corner joint, technically called a rabbet joint, for the construction of his jewelry box. David Broxhill and Keith McCamey wait for their turns at the saw, so they can do

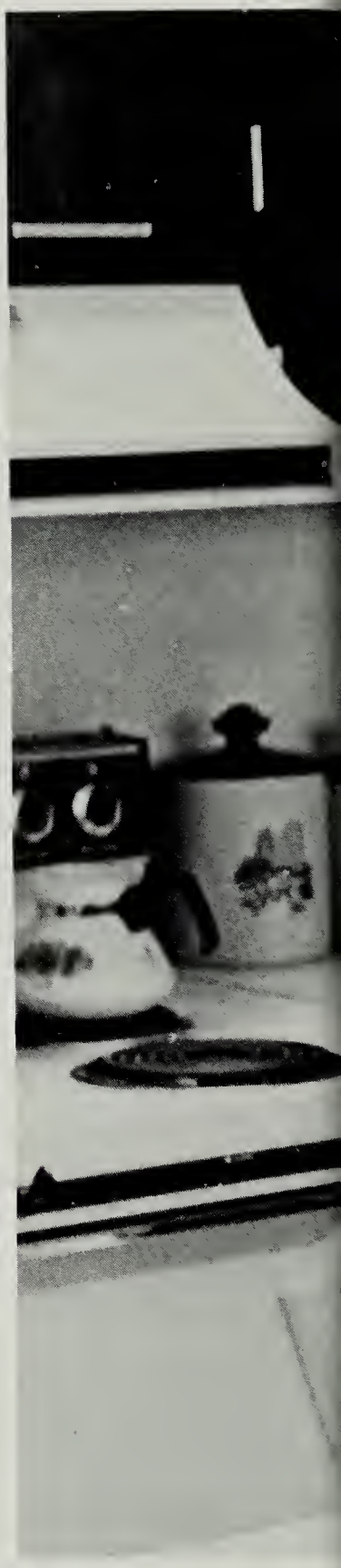
the same thing for their projects.





**Thinking about the future,** Senior Princess Foster learns some tips on hair care in her cosmetology class at Gar-Field High School.

**While mastering the art of** baking, home economics students Melissa Cowan and Angela Shaw learn the fundamentals of chocolate chip cookies.



## Creating Their Futures

High school is a time for development and realization of the special talents you can utilize to help you succeed in the real world. Without outlets and new experiences, these talents may remain hidden. Art, home economics, and cosmetology are outlets for this creativity.

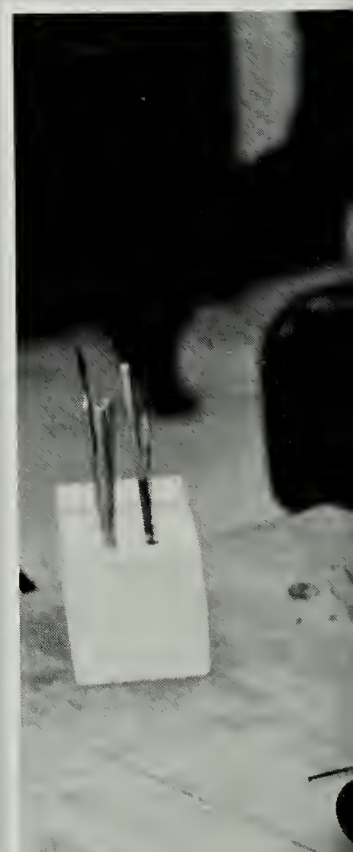
Art, like beauty, lies in the eye of the beholder. Art is a thriving and involved part of Potomac. A variety of art techniques and forms are exposed to interested students. Studies such as sculpture, jewelry, printing, and painting are areas in which a person can express him or herself.

As the women's world is changing, some women are still choosing the important role of homemaker. Skills such as sewing, cooking, and child care are emphasized. In today's society of working mothers, skills dealing with smart and efficient homemaking will be important to maintain happy

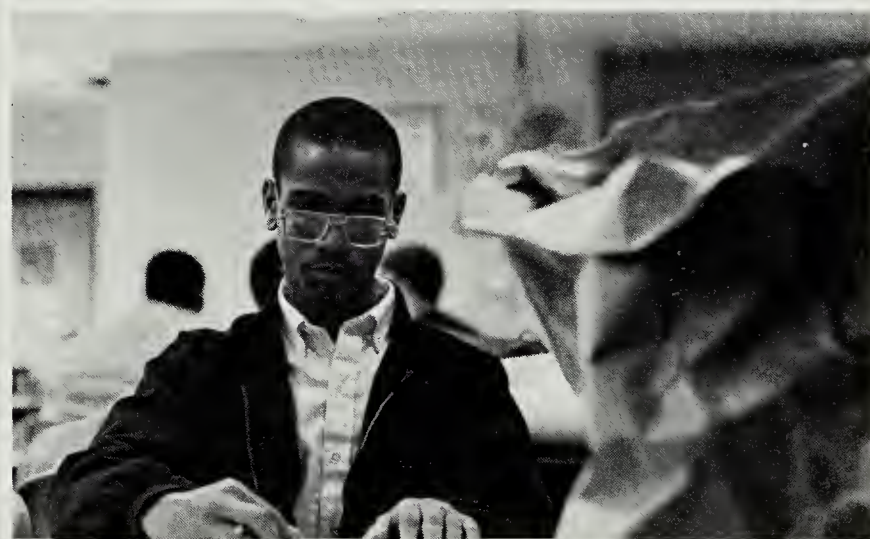
households. Mrs. Fleming, Potomac's home economics teacher hopes her class will help students, "... become better consumers and homemakers, and also to help each student become a well-rounded person."

As well as art, and home economics, cosmetology classes have become an important talent for many young people to develop. In order to attend cosmetology classes, Potomac students have to take a bus to Gar-Field High School during the school day. Cosmetology, like cooking and sculpturing, is an art. Students learn to create, whether it be new hairstyles, haircuts, or make-up tips.

Many students are able to find different ways to express their talents. These students are working hard, and have already begun creating their futures.







**Among the other** interesting facets of art, students such as Nelson Davis enjoy the creation of different pieces of jewelry.

**With improving talent,** Junior Michael Wright concentrates on sketching and shading his own version of a crumpled brown paper bag.



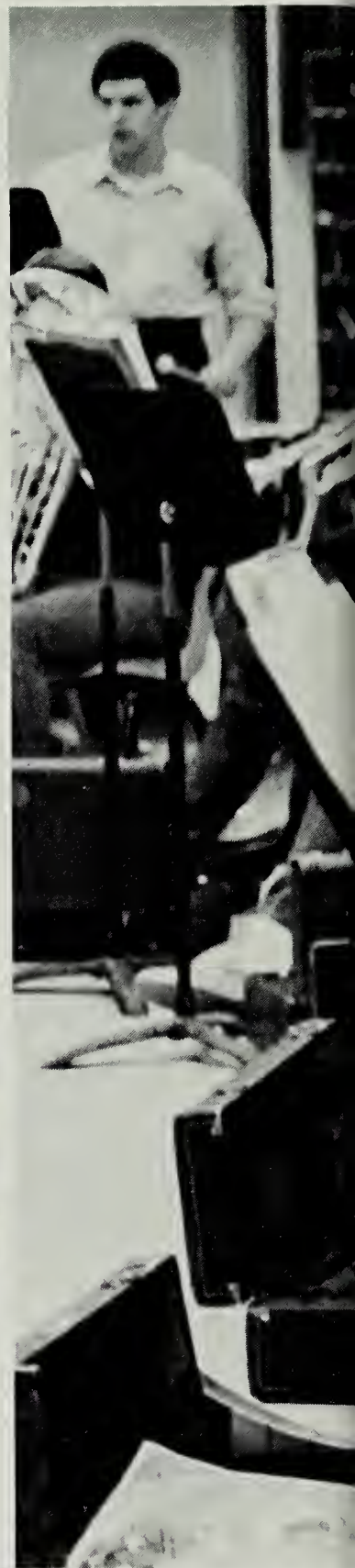
Cindy Saylor, Stephanie Mattijetz, Maria Mairena, Donna Cregger, Angela Stuber, Dorey Searle, Chris Crossley, Kristin Thomas, Chrissy Weston, Robin Moser Rachael Kvenberg. **Back row:** Mr. Goodwyn, Todd Sampson, Brian Wallich Mike Flynn, Mike McCloskey, Donald Tisdale, Craig Basham

**At the Christmas concert,** in which both the band and choral departments performed, Brad Daniels sings a bass vocal solo for the audience while the rest of the choir accompanies him softly in the background.



**Concert Choir: Front row:** Tracey Roye, Stephanie Mattijetz, Diana Davis, Cindy Saylor **Second row:** Mr. Goodwyn, Carol Blanton, Cheri Conrad, Donna Troxel Rachael Farris, Dorey Searle. **Third row:** Sheri Ward,

Mike Dean, Todd Sampson, David Blake, George Bailey, Erin Gahn. **Back row:** Tim Wilson, Jon Walraven, Stan Schiegal Mike McCloskey, Robert Thomas, Richard Brown, Dean Raat



## Paramount Performers

Marching, Symphonic, Concert and Pep bands, all under the direction of Mr. Dill, were an important part of our school life. The Marching Band, led by Drum Majors Peggy Pasek and Tracy Brueggan, delighted the crowd with their football game halftimes. Without the Marching Band at the first Pep Rally, how could Mr. Jenkins have performed his whimsical dance for the crowd to "Breakin' Out the Blues". The Marching Band also provided music to chant and cheer by at the games. The Pep Band, a branch of the Marching Band comprised solely of volunteers, created a spirited atmosphere in which the crowd yelled and clapped at basketball games.

Both the Symphonic and Concert Bands gave people exciting performances to remember. These bands competed in an annual festival against others in the county. Individual competition included auditioning for the all-county, all-regional or all-state bands and full orchestras.

One could also participate in solo and ensemble. The Symphonic Band was invited to perform at a national competition during the first week-end in May in Philadelphia.

Another music program was the Orchestra and Full Orchestra directed by Mr. Casey. Orchestra members were strings players who met during the school day as a class. But the members of Full Orchestra, which included both students in string class and band instrument players, met every Thursday after school. "This year's Orchestra is great because they really concentrate on the music and are hardworking," said Mr. Casey.

Under the direction of Mr. Goodwyn, all the choral groups enchanted audiences with their vocal talent. Camerata, comprised of select members of the Concert Choir, was a Madrigal group consisting







**While concentrating** on perfecting a piece of intricate music for the festival competition in March, the Symphonic Band's trumpet section devotes all of its attention to Mr. Dill during a difficult passage.



**During Mr. Casey's** orchestra class, Alice Kalaskas plays her violin. Alice is also a member of the full orchestra which meets every Thursday after school.



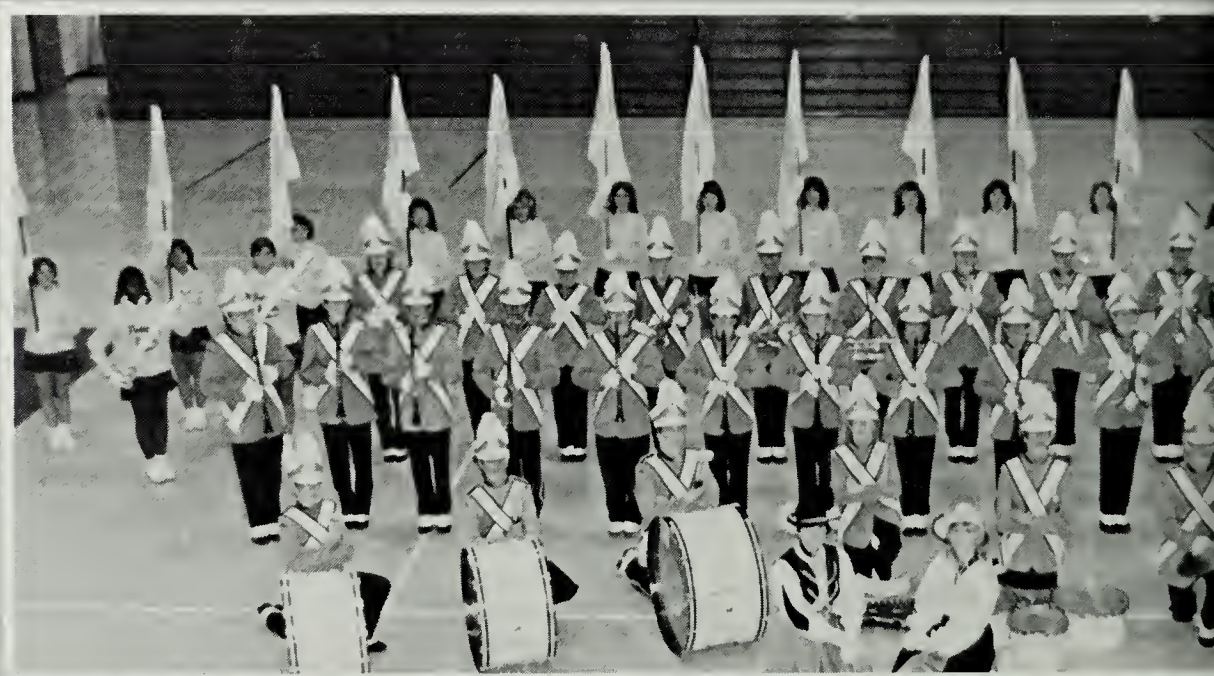
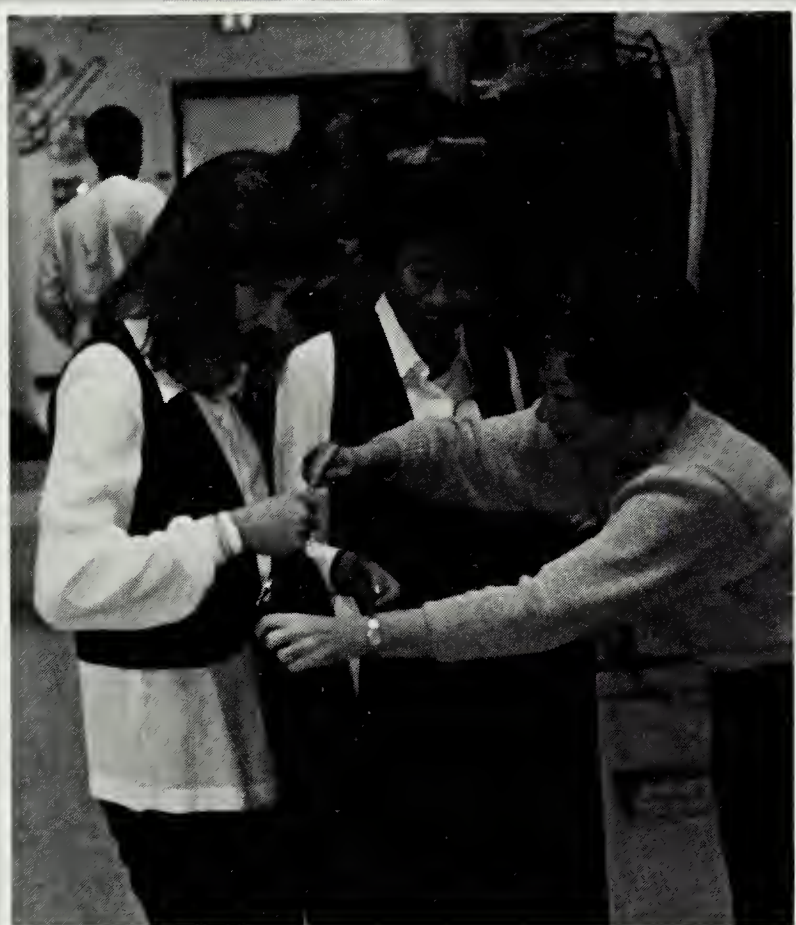
**Mrs. Richard Dill** volunteers her piano playing talents to the choral groups during both classroom rehearsals and concerts.



**Treble Choir: Front Row:** Heather Rinker, Marsha Griggers, Debbie McMiller, Audrey Abell, Becky Anderson, Jessie Hurre, Meredith Peeters, Diana Davis  
**Middle Row:** Mr. Goodwyn, Kim Sanders, Darlene Smith, Michelle Bushey, Laura Collins, Rhonda

James, Charold Youmans, Patricia Hogan, April Schuh  
**Back Row:** Cheryl Potts, Elliot Hull, Kim Creighton, Ali Stirling, Christy Hart, Kelly Freeman, Tammy Hensley, Karmon Primas, Gretchen Garrison







**During the North Stafford** football game, Steve Costello excited the fans by playing his tumpet solo in "Si Senor."

**Deeply involved** in sight-reading her new music, Rachael Kvenberg tries to get correct notes, key signatures and dynamics.



of about twenty people. They went to Philadelphia for a national competition along with the Symphonic Band. All cho-  
ral groups including Treble Choir, Concert Choir, Camerata  
and the Barber Shop Quartet performed for Elementary and  
Middle schools, churches and school concerts.

Some other music programs offered were piano, guitar and  
music theory classes. In the former, students were taught the  
basics of playing these instruments. Learning about harmony,  
how music is put together and how to form a certain music  
style were all taught in music theory. Theory lead to music  
composition, which was taken by students who were serious  
about the field.

**Symphonic Band: Front**

**Row:** Tony Katsarelis, David Martin, Annette Widener, Melissa McCreary, Michelle Klopp, Veronica Barr, Liz Lawlor, Sherry Studer, Chrissy McAllister Mari Voegtly **Sec-  
ond Row:** Michele Pitt, Jeff Powell, Karen Kenny, Amy Brueggen, Christine Bell, Tammy Bruffey, John Hanek-lau, Patty Smith, Ashton Hil-dreth, Michele Holtzman, James Geyer, **Thlrd Row:** David O'Connor, Jamie Reid,

Butch Kenney, Robert Dren-nan, John Driscoll, Paul Pasek, Steve Costello, Kimo Buckon, Tim Palmer, Bill Raines, Danny Wong, Peggy Pasek, Mike Catlett, Scott Callentine **Back Row:** Roger Sommers, John Hambrick, Max Acker, Chris Graham, Steve Zacha-rias, Julie Pierson, John Fol-liard **Not Pictured:** Tracy Brueggen, Alfred Hills, Keith Brown





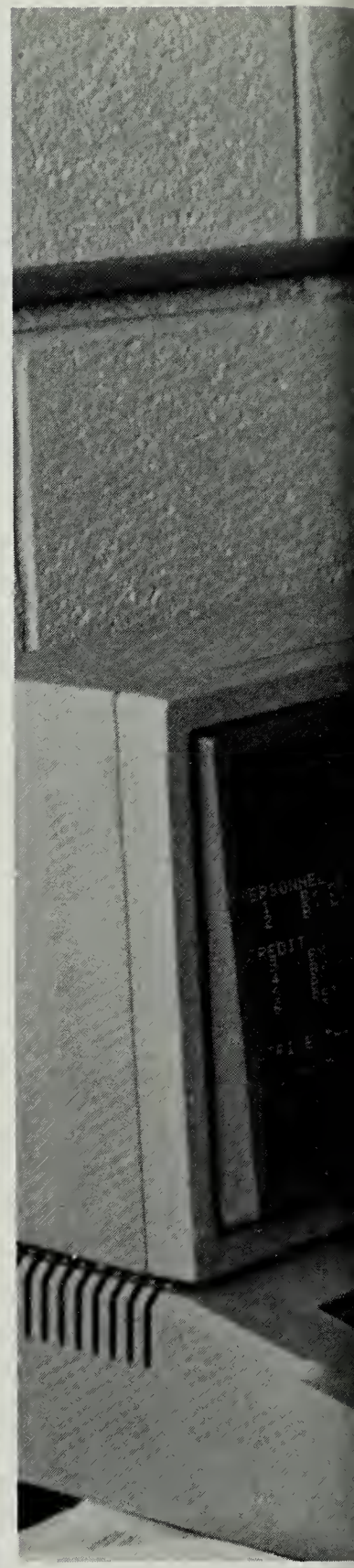
**Fashion Marketing** student Michelle Bailey discusses a Vogue Pattern and shows what the finished dress might look like during her oral report.



**After presenting** a beaming Anne Bartosch with the Diamond Jubilee scholarship to the Katherine Gibbs School for Secretaries, Mrs. Cunningham shakes Anne's hand in congratulations.



**While in Data Processing,** students learn how to use computers to process information. Here, Sharon Zeets studies her program book to find out which step to do next.



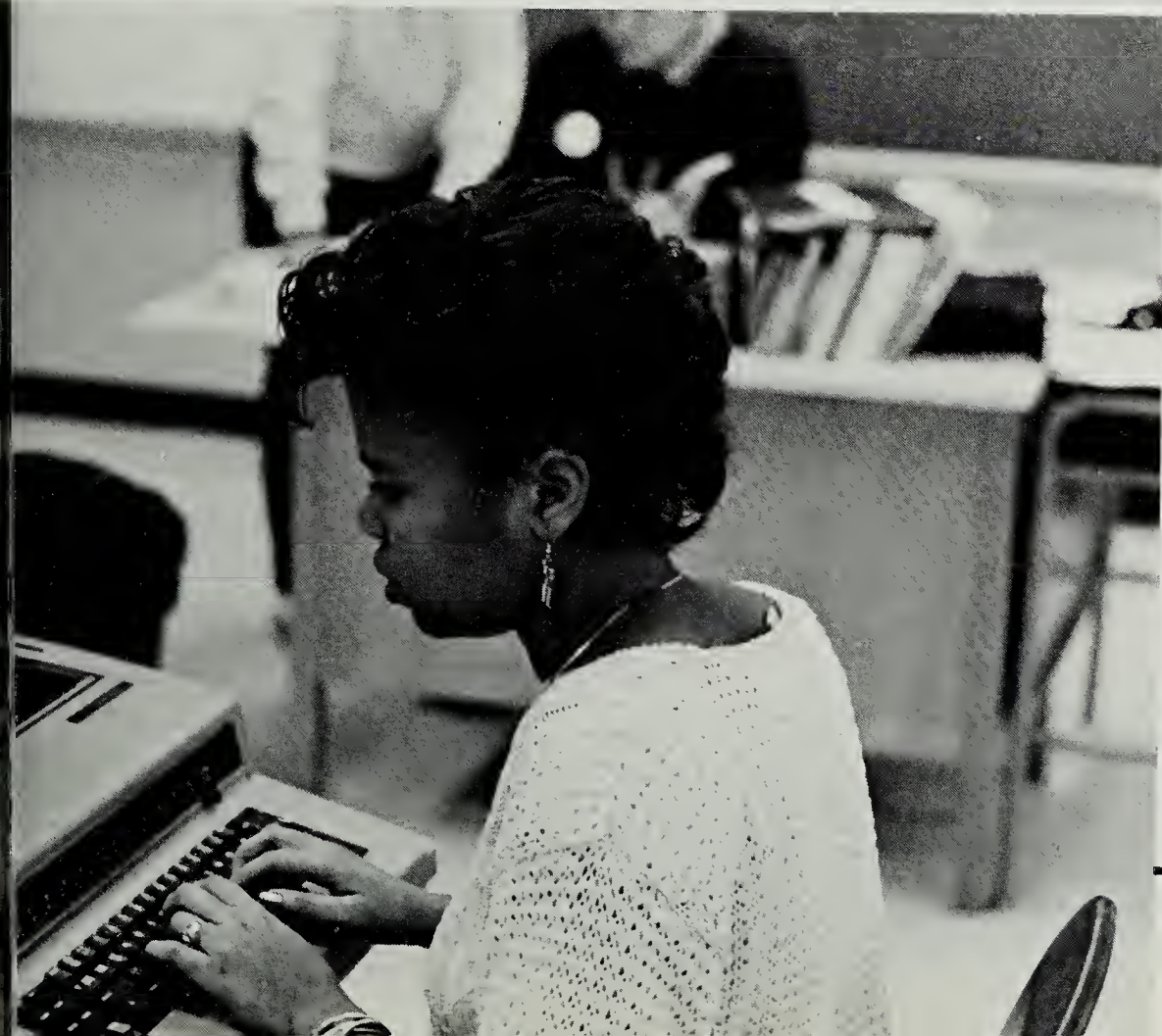
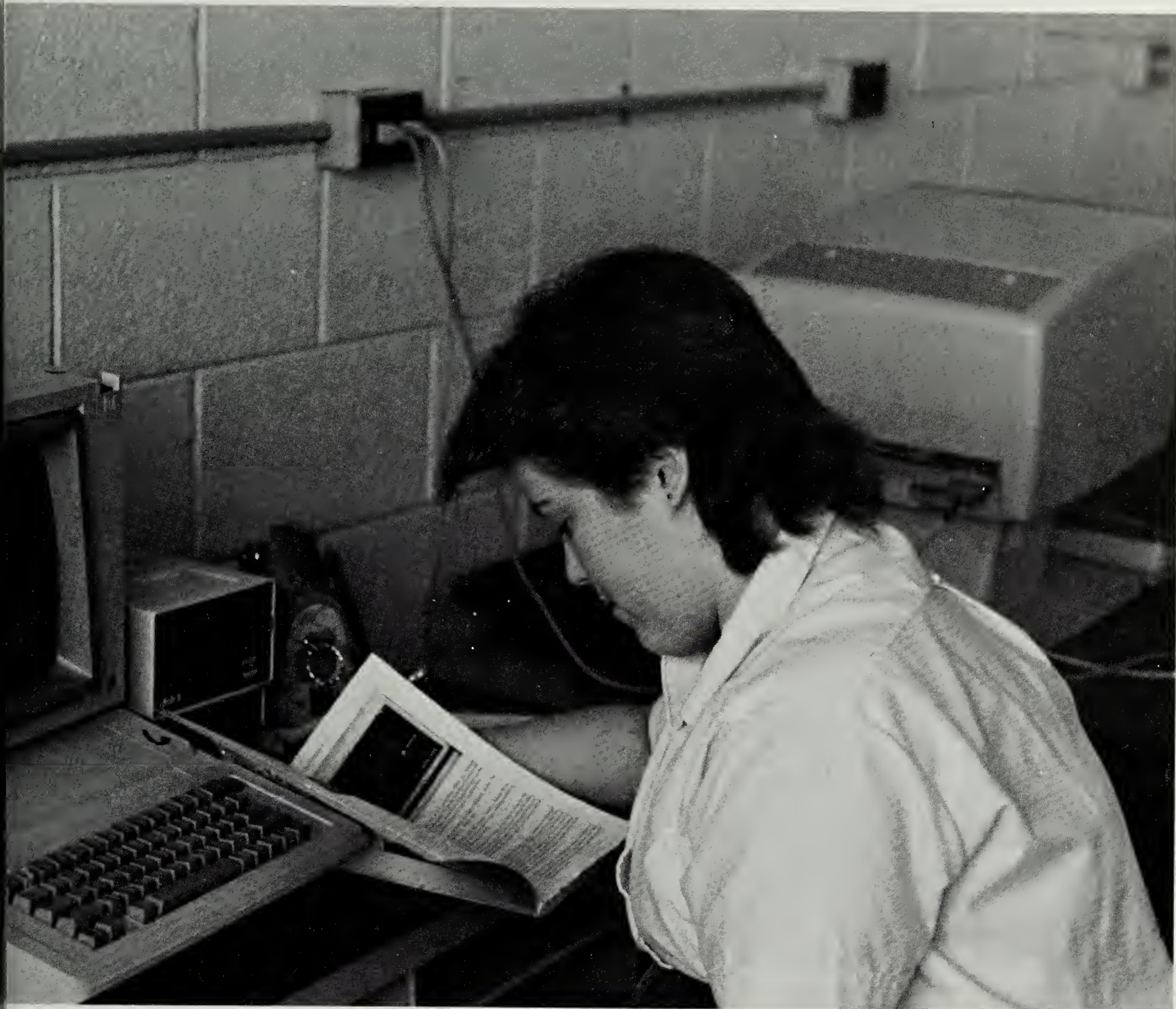
## Building For The Future . . . .

The students who primarily take business courses do it to build skills and learn the principles of office management. The students in the Computer Concepts, Data Processing, and Adv. Data Processing learned how to incorporate the use of a computer into the day-to-day operations of running a business. In Accounting and Adv. Accounting, the students also use computers and calculators in order to learn about different financial systems. Through hands-on use of various office machines, the Office Specialist and Office Technology students developed useful skills that could help them get jobs in the business world. For students who were interested in starting or just working for a business, the Business Adminis-

tration and Business Law courses instructed them in the principles of owning or managing a business and in addition gave them knowledge of the laws that would affect the daily operation of a business. Why take the business classes? Junior, Mark Williams remarked that he was taking Accounting because he "needed something to do, plus it might help in the future." Senior, John Haneklau, who was named Outstanding Student in Business Administration says he is taking nearly all business courses in order to prepare for a major in business administration in college. John commented, "I either want to start my own business or work for a business after I get out of college."







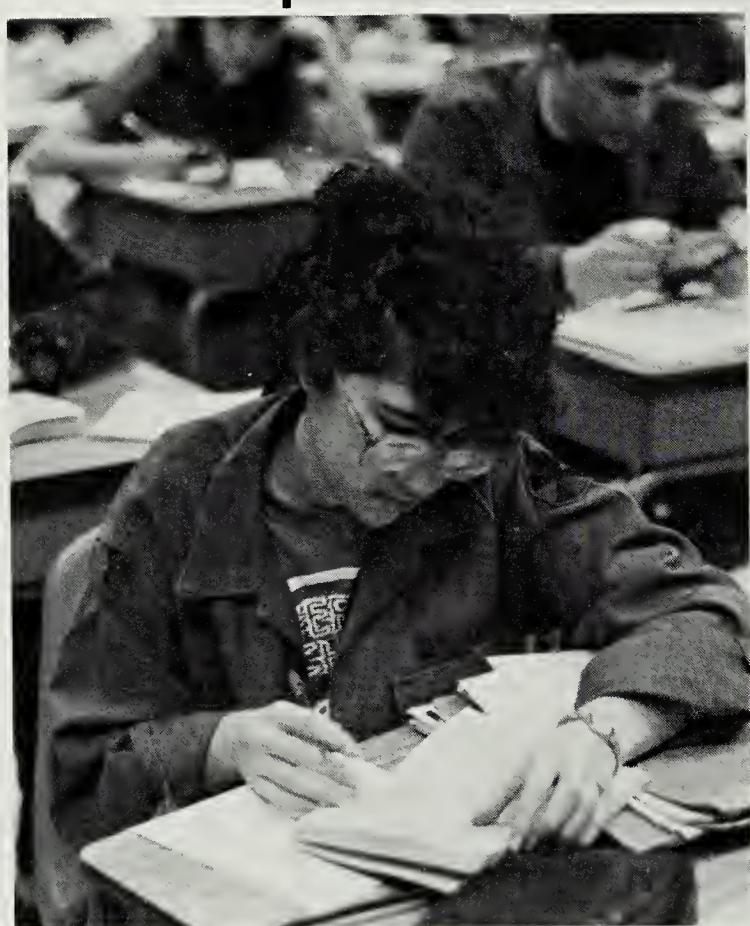
**In her Office Specialist** class, Kim Edwards types out her assignment. In the Office Specialist class, students learn how to use various office machines.

**Typing I students learn** the basics of typing. Here, Junior Mike Peverill practices keeping his eyes on his assignment rather than the keys.



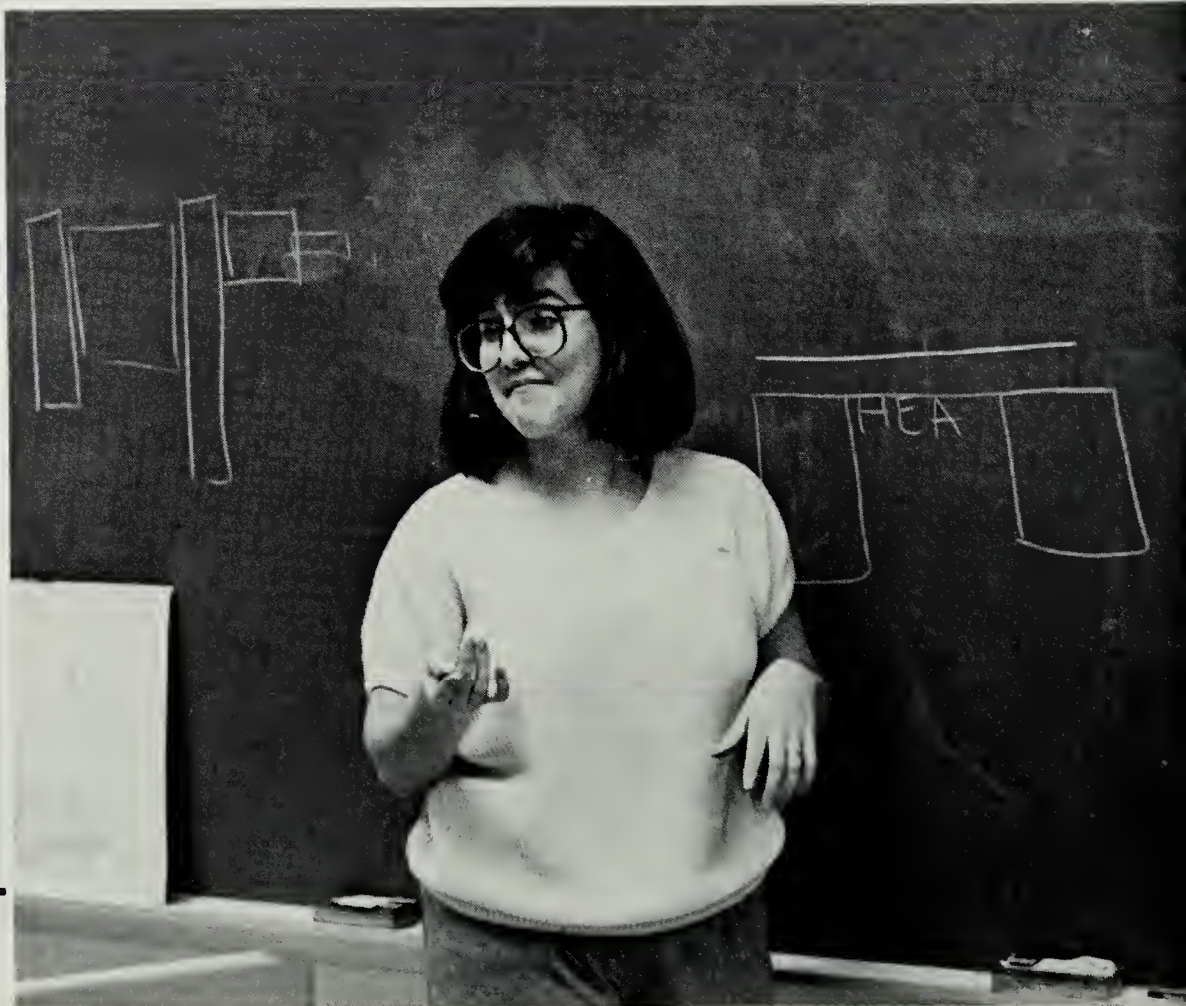
**In the yearbook darkroom,** Sandi Lupo stands on a chair to examine drying negatives with other staff members, Julie Delfox and Kim Snyder.

**Literary Magazine** Art Editor, Nancy Bagato researches written material on a subject before illustrating a student's work for the magazine.



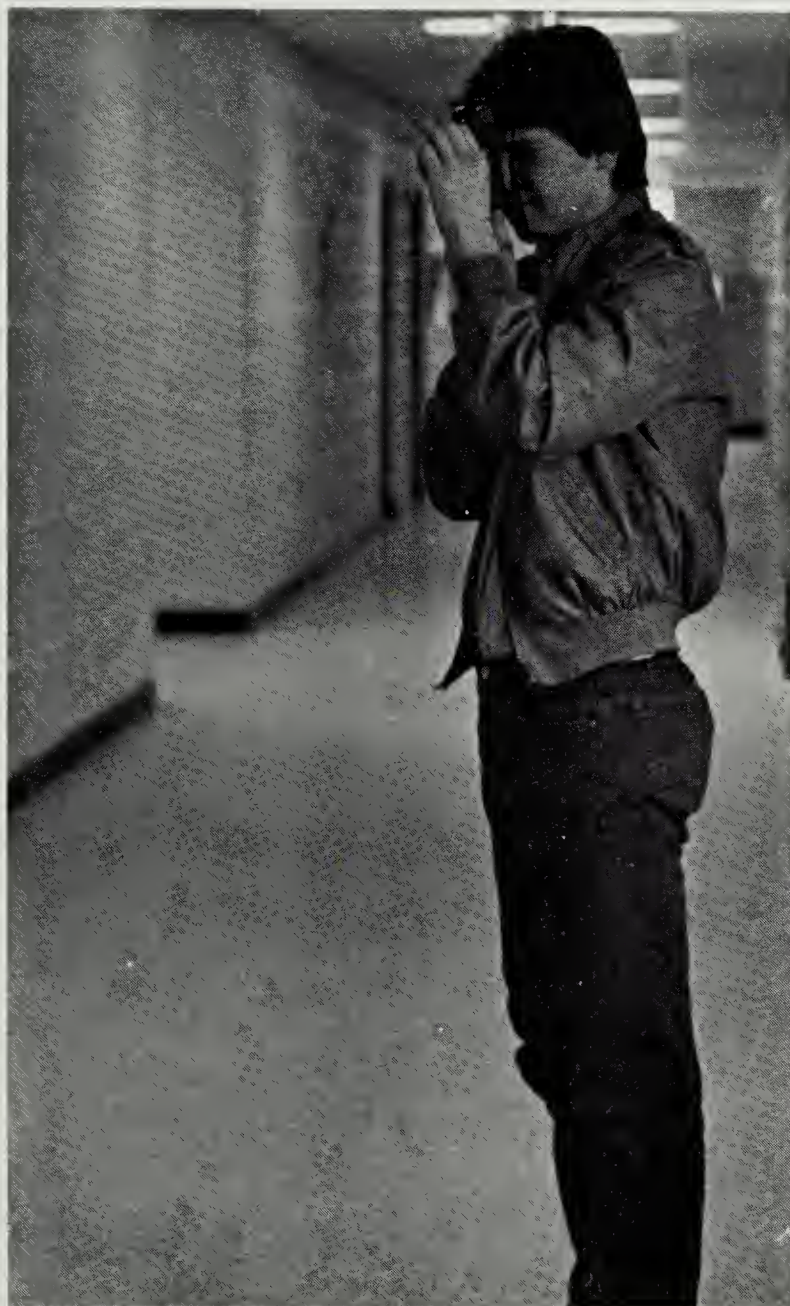
**In a Wednesday meeting** of Literary Magazine Jen Gonzales designs a layout for a page in **Out of the Blue**. Jen also doubled as a yearbook staff member working on the Sophomore and Club sections.

**Stacy Lee Gudgel** discusses the elements involved in designing a layout with the newspaper staff.





**Newspaper writer** and photographer Jeff Sauntry also did double duty as such for the yearbook staff. Here he focuses on a subject for a yearbook candid.



# Stop The Presses

"Stop the presses!", is not commonplace for the three publications put out by Potomac. The newspaper, **The PHS Class**, the yearbook, **Prowler**, and the literary magazine, **Out Of The Blue** are all competition class publications with pressure filled deadlines. For the journalist, sweating bullets and sleepless nights are par for the course when trying to meet deadlines. Cluttered rooms and gray-haired advisors are their trademarks.

The fast paced world we live in demands news and information at a moments notice, and that is the job of the **PHS Class**. Future creative writers need outlets so the **Out of the Blue** magazine serves the purpose of exposure and readership for young authors, playwrights, poets, and essayists. The "glory days" are captured for an eternity by the **Prowler** staff through pictures and stories that reflect the style and events of our day. All these publications provided information and creativity to preserve our high school memories forever.

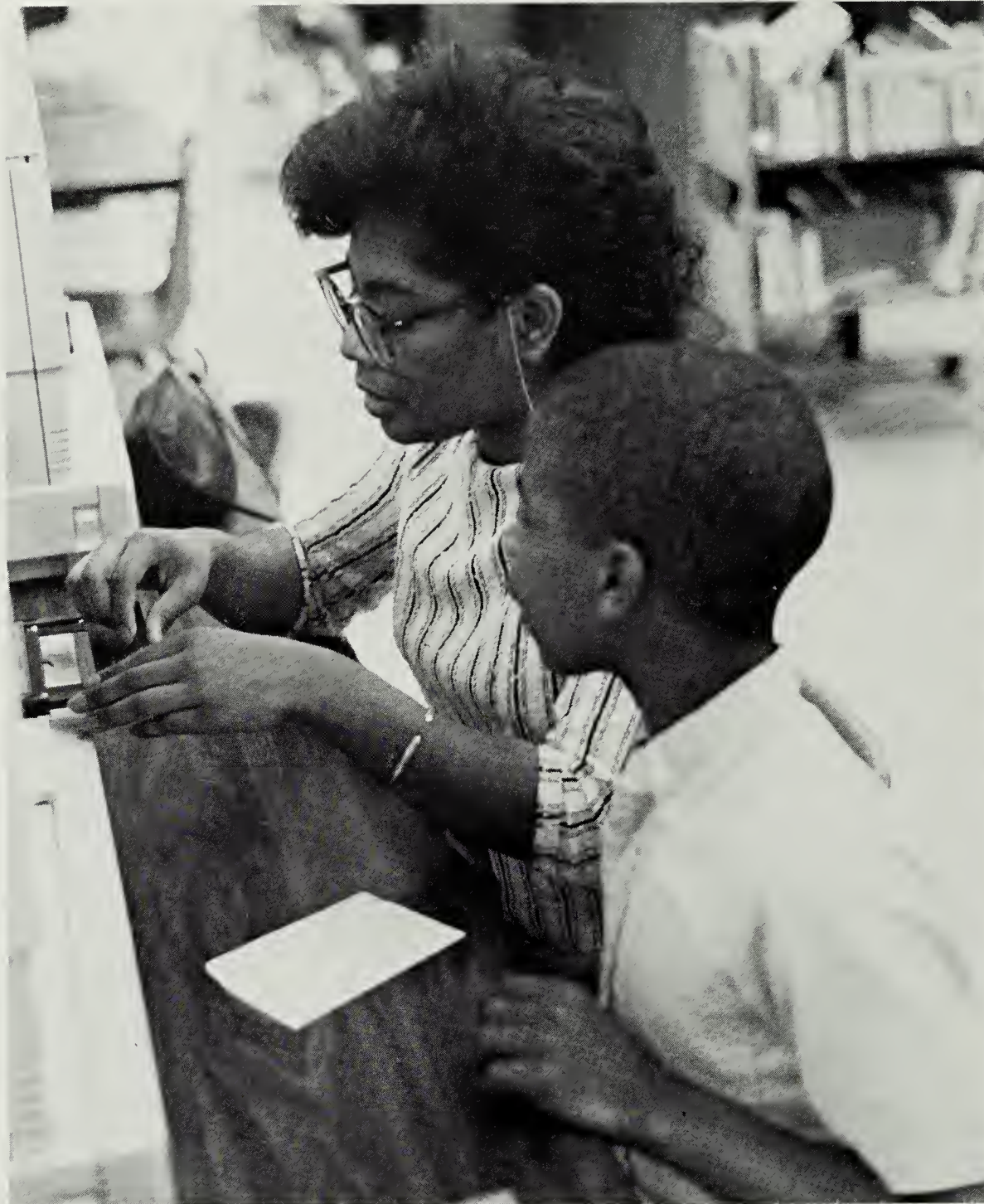


**Yearbook staff** members Annette Widener and Christy Hoyt discuss cropping possibilities of a picture while

Stephanie Bamberger inspects contact sheets for a photo to use on a spread.



During the end of the year every Junior sits in a counselor's office. Vicki Ellis, Julie John, Jason Johnson, Kenny Hargraves and Brad Hall sit in Mrs. Wakefield's office trying to decide which course to take.



**Not everyone knows** how to use the resource machines in the library, that's why library aids are in such demand. Vendella Newson helps Robert Harris, "Peanut", use the microfiche reader/printer.

# Information Booths

When students need answers they turn to the Guidance, Resource and Library Departments.

"How many credits are needed for a college prep diploma?"

"What are the names of the judges of our Supreme Court?"

"How do you stop the the new alarm systems in this library?"

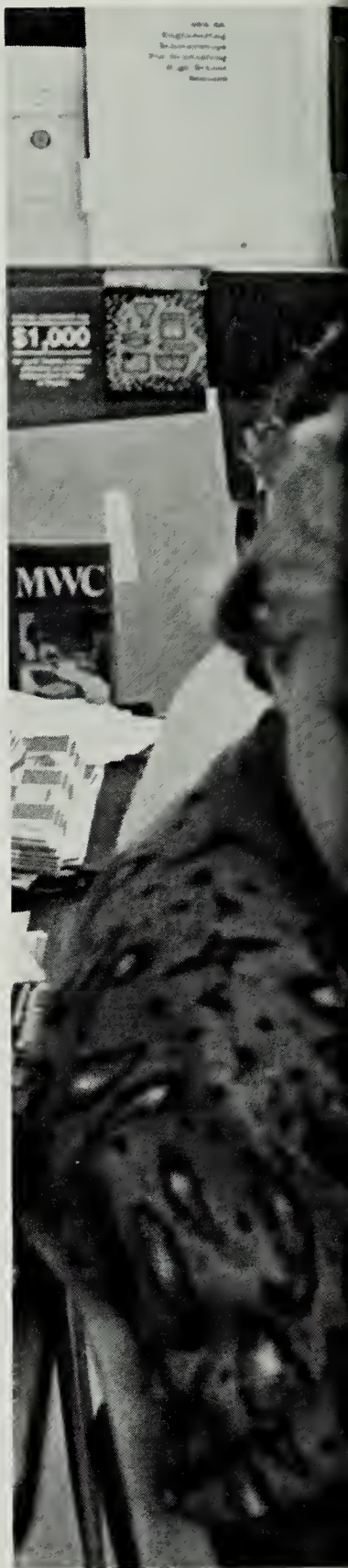
The answer to this last question was easier to find than the first two—"Don't have any overdue books" is what Ms. Gaudet, our librarian would say. But every question has an answer if only you know where to look. The function of these departments was to provide the student with much needed information and assistance.

The Guidance and Resource Departments handled the personal, academic and social con-

cerns of the students. These counselors and teachers were here to help "guide" the students throughout their four years of learning and to develop the skills that were needed later in life. Every one of the counselors tried to take a personal interest in students, and attempted to involve them in school activities.

The library offered students materials for classes and personal pursuits. But it was the librarians that taught students to use the machines, helped them with their reports or projects and suggested good books to read.

By the end of the year, almost every student had, in some way, been helped by these departments.







**Michelle Lawson**, the sixth period library aide, finds Rhonda James card while John Albers patiently waits.

**Vocation Counselor**, Mrs. Kunze, sponsored the Vocational Education week. Elissa Singstock and Tim Burrows look over pamphlets offered.



# Sports

No one but an athlete knows how much blood, sweat and tears go into every game. Dedication and determination to succeed combined with hours of hard practice created a good athlete. Sports became an integral part of the lives of those students who chose to participate.

The blood that is inherent to every sport is the risk of injuries, and Potomac suffered several, from Bobby Larkin in basketball to Mark Milum in football and Stacy Talbott in cheerleading.

The sweat is the long hours put into practice every day in preparation for a competition. "We practiced every day and night for three months to prepare for the National Cheerleading Competition in Florida," said Stacy Talbott.

The tears came after all the practice was over, be it tears of defeat or tears of victory, as when the Varsity Softball team won State Championships, and when Varsity Football won the Sportsmanship Conduct Award of the Year from the Va. High School League.

Though you may watch the game and cheer for your team, only the athlete knows the pain and the triumph of competing in a sport that nothing else can equal.



**J.V. cheerleader** Tami Crawford promotes school spirit at a football game by yelling into a megaphone.

**Coach Maloney gives** the Freshman basketball players a pep talk and instruction in game strategy.



In a home game against Woodbridge, Kirsten Kelly gets a rebound and puts it back in while Norma Bense guards against an opposing player.



*If You Only Knew...*



**Third baseman,** Debra Scott, runs to first base for a finishing score. She earned an honorable mention from the Washington Post for her playing skills.



#### Varsity Softball

North Stafford	12-7
Gar-Field	6-5
Osborn Park	32-11
Fauquier	15-4
Stonewall Jackson	13-1
Woodbridge	10-0
Stafford	19-7
North Stafford	12-6
Gar-Field	13-0
Osborn Park	20-4
Fauquier	8-4

**W-L-T**  
11-0-0



**In the game against Gar-Field,** the girls wait in the dugout hoping to pull out a last minute win. Their one point win earned them criticism from the Potomac News.

**In the state semi-finals against Robinson,** Missy Caddigan injured her leg while sliding into home base. Despite her injury Missy pitched a winning game in the state finals.







# They Brought The Trophy Home

"Ya they did"! The Potomac Varsity Softball team ended the 1985 season by successfully capturing the Virginia AAA Softball title. The team traveled to Virginia Wesleyan College where they defeated Lake Taylor 3-2.

During the long ride down, Mr. Qualls was amused by watching the team JAM in the aisles with the radio blasting while heading down 95.

When the Panthers arrived, they feared that overcast skies were going to bring rain to the college stadium, but, as in regular season play, the rain held off long enough for the team to bring home the win.

The celebration started when the last out was called! The team came out together onto the field shouting in unison "YA WE ARE!" They then received the team trophy and personal medals.

The celebration then moved to a local seafood restaurant where even the roaches appeared and had a good time! Despite the unexpected guests, the team managed to have a memorable time, as always!

The 1985 Potomac Softball Team will go down in Prince William County history as the first team to bring home the Virginia State AAA, Women's Fastpitch and the Championship titles.

**Fulfilling a two year** dream of winning the State Championship, the team celebrates their victory over Lake Taylor. They came close last year, winning 19 out of 21 games.

**Varsity Softball: Front row:** Tess Conway, Brenda Owens, Kim Feltault, Candi Covington, Missy Caddigan. **Middle row:** Nicky Bryan, Beth Haizlip, Wendy Silverstrand, Anne Shelton, Michele Raley. **Last row:** Cindy Morrone, Cathy Hadley, Debra Scott, Tracy McGinnis. Not pictured: Wendy Alachnowicz.





# Striking Up The Laughter

The J V baseball and softball teams probably have the best sense of humor out of all the county's J V teams. From talking with members of the team we came up with such nick-names as "Buffy" Brown, "T-Bone" Tyrone "Tido" Hernandez, Billy "Corker", "Sinbad" Harrison, "Jeffro" Weaver, "Train" Hargraves, "Little-Trim" Harrison, "Tuna Bread" Kasper, "Sugarbear" Martin, "Hot-dog" Comerford, Andy "Lockjaw", "Hit-Me-A-Fly-Ball" Clarkson. Of course we can't forget their coach "Bengi" who was the funniest guy associated with the team.

The most comical day of J V softball was recalled by Tracy Bradley. During one rainy practice, no one felt like practicing because they were down and not feeling well. After Kim Gardziel had complained that she had a headache, Lisa Madaris hit her in the head with the ball. Then she really had a headache creating a comedy of errors.

That story and the nick-names were joked about for the rest of the season. Laughing together brought the teams closer together, and helped make them a stronger unit on the field.

**J.V. Baseball: Front Row** Danny Clarkson, Mike Comerford, Brian Martin, Jeff Weaver, Tyrone Johnson; **Middle Row** Mark Hernandez, Steve Brown, Billy Coker,

Steve Davis, Tommy Harrison, Chris Basinger, **Back Row** George Collins, Andy Yentsch, Kelly Kasper, John Martin, Mike Kenny Hargraves, Coach Bengier.



With adrenalin ripping through his bloodstream, Tyrone Johnson runs with quick strides to first base, hoping to beat the ball.



**J.V. Softball: Front Row** Krista Bouslough, Deanna Natale, Connie Vitek, Kim Gardziel, Lisa McCroskey; **Back Row** Anna Reid, Darlene Bardon, Amie Longwitz, Tracey Bradley, Sherri Patton, Coach Bass **Not pictured:** Shannon Dadson, Lisa Madaris.





#### J.V. Softball

North Stafford	<b>25-0</b>
Gar-field	<b>14-3</b>
Osborne Park	<b>22-15</b>
Stonewall	<b>8-5</b>
Woodbridge	<b>17-16</b>
Stafford	<b>25-0</b>
North Stafford	<b>9-0</b>
Gar-Field	<b>12-0</b>
Stonewall	<b>20-4</b>
Woodbridge	<b>18-17</b>
Stafford	<b>16-6</b>
10-1-0	

#### J.V. Baseball

North Stafford	<b>3-4</b>
Gar-Field	<b>0-13</b>
Osborne Park	<b>4-0</b>
Fauquier	<b>9-5</b>
James Wood	<b>1-7</b>
Stonewall	<b>5-16</b>
Woodbridge	<b>1-10</b>
Stafford	<b>7-9</b>
North Stafford	<b>14-5</b>
Gar-field	<b>6-5</b>
4-6-0	

With deep concentration Tracey Bradley prepares to whip out a perfect pitch. Many say that once the ball leaves her mitt, it's not seen again until it reaches the catcher.



# Swinging Their Way to Victory

The air was so thick with tension you could cut it with a dull knife. It was Potomac 6, Gar-Field 5, at the bottom of the fifth inning with Gar-Field coming to bat in the top of the sixth. The sun kept falling lower in the west.

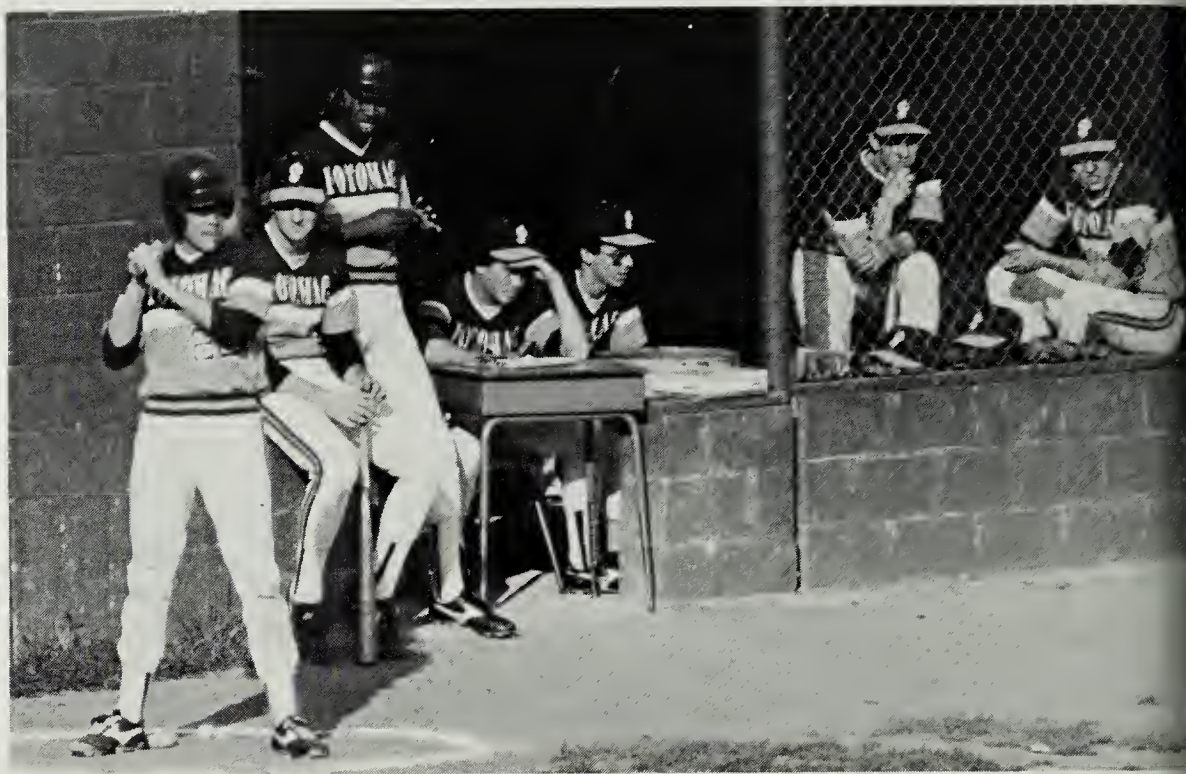
In that long top of the sixth inning the Gar-Field Indians scored seven runs, taking the lead by a wide margin. Then as the sun continued to sink lower and lower behind the hill that overlooks the Potomac baseball field, the Panthers walked off the darkened field to take their turn at bat. And a darkened field it was! The umpire called the game in the interest of safety.

It was difficult to distinguish between the thrilling cries of victory and the agony of defeat as both teams and fans exploded with mixed emotions when the officials ruled that the score reverted back to the last full inning of play giving the victory to the Panthers. When asked to comment on the outcome of the game, Coach Gardziel said, "That's part of baseball in Prince William County and Wrigley Field."



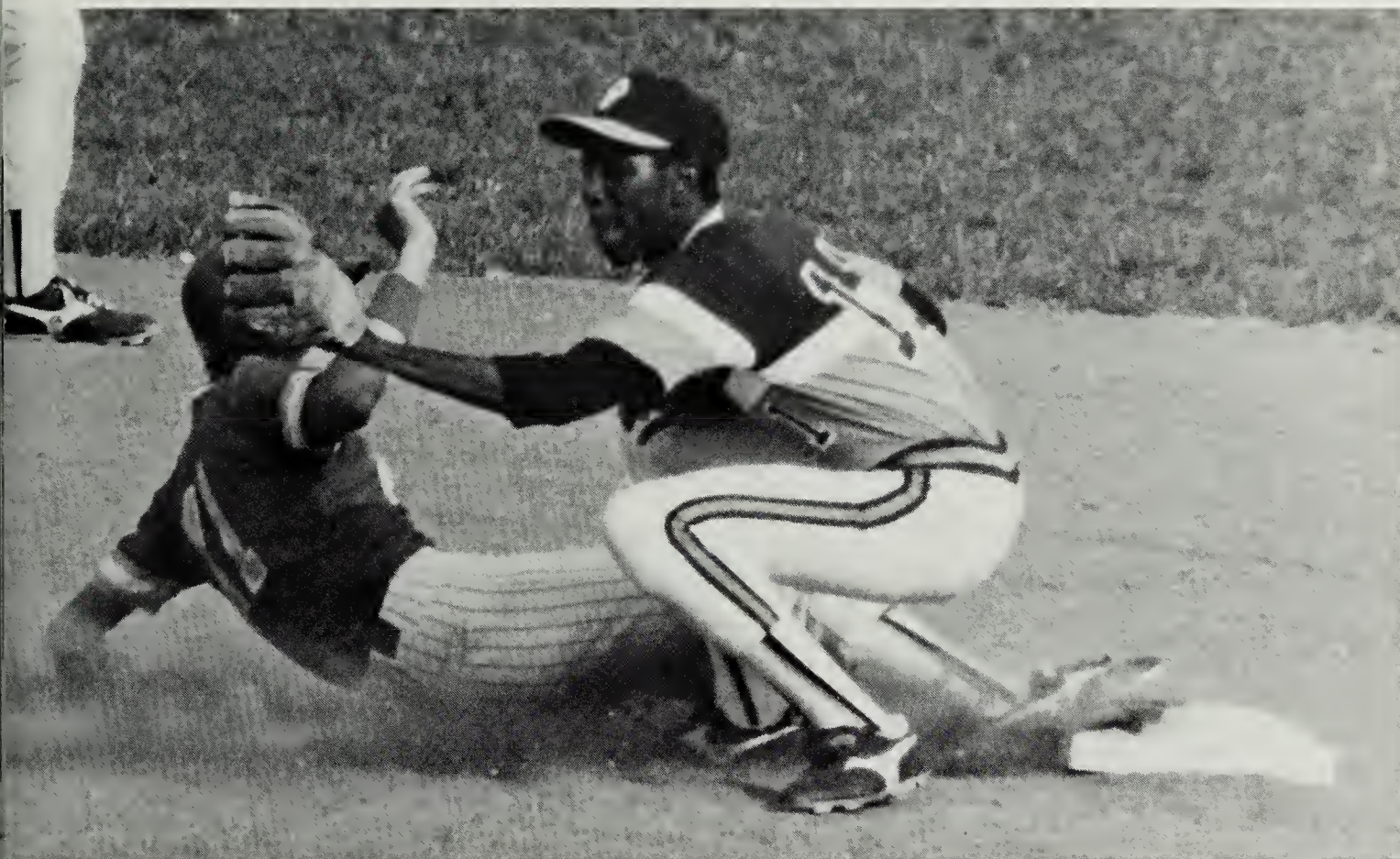
**Varsity Baseball: Front row:** James Lauder, Matt Pope, Robbie Harris, Sam Faz, Chris Dempster, Stuart Gilkison, Mike Porter  
**Middle row:** Frank Chimento, Brian Benczkowski, Ray LePage, Rodney Emmons, Bobby Costa, **Back row:** Kevin Humphries, Mike Hargraves, Mark Kingston, Greg Margheim, Mike Cook, Jeff Porter, Coach Gardziel

Anxiously waiting for their turn to bat, members of the Varsity baseball team watch the game from the dugout. Listening to jokes and socializing in the dugout helped to relax the players before competitive moments of the game.





**With quick reflexes,** Mike Hargraves tags the runner at third base. An important skill in baseball is to be alert and ready for anything.



#### Varsity Baseball

North Stafford	6-1
Gar-Field	6-5
Osborn Park	18-7
Fauquier	2-5
James Wood	0-4
Stonewall	7-5
Woodbridge	8-3
Stafford	9-10
North Stafford	14-6
Gar-Field	5-0
Osborn Park	13-3
Fauquier	3-9
James Wood	6-5
Stonewall	8-1
Woodbridge	4-3
Woodson	9-2
Stafford	8-12

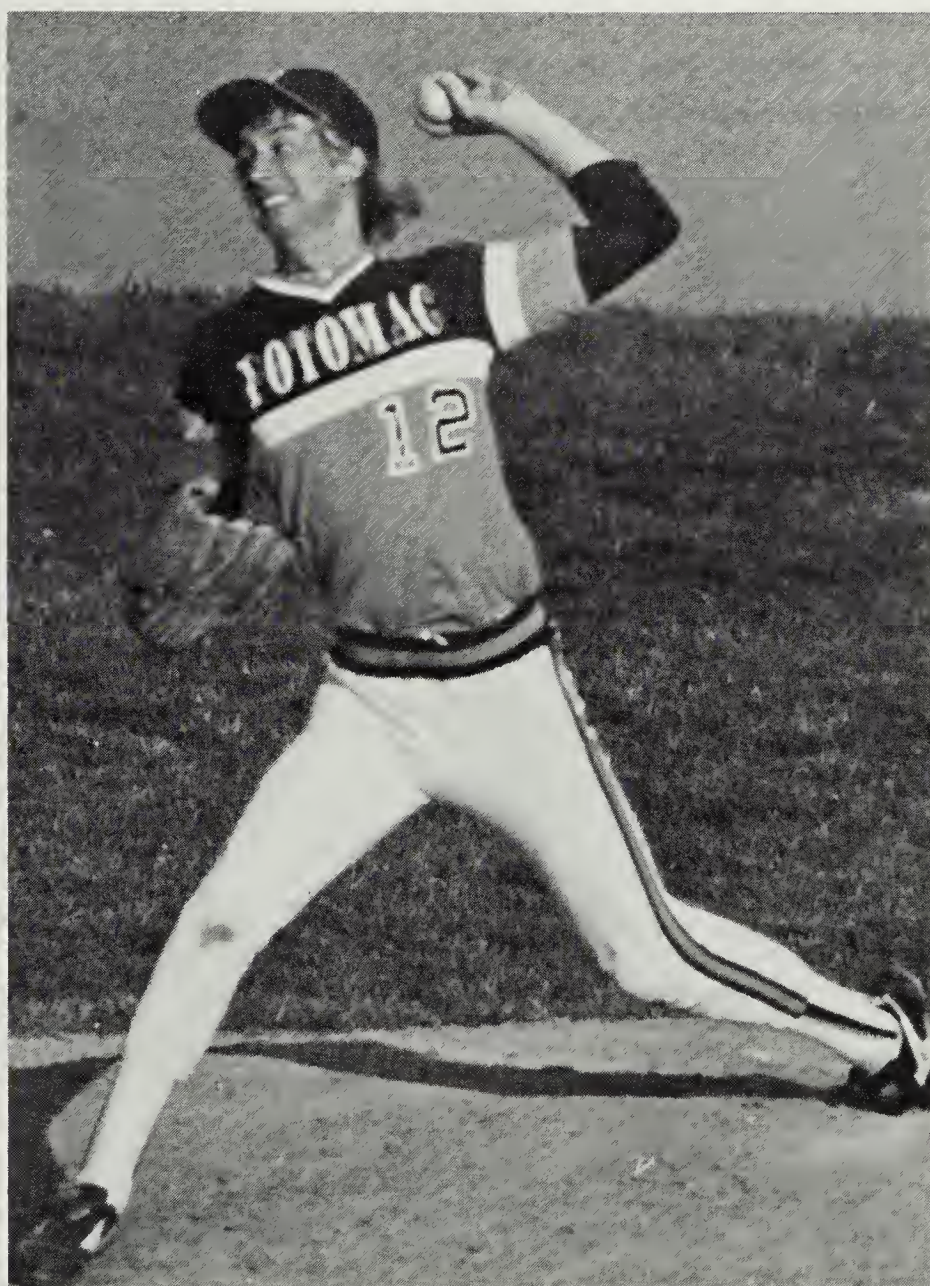
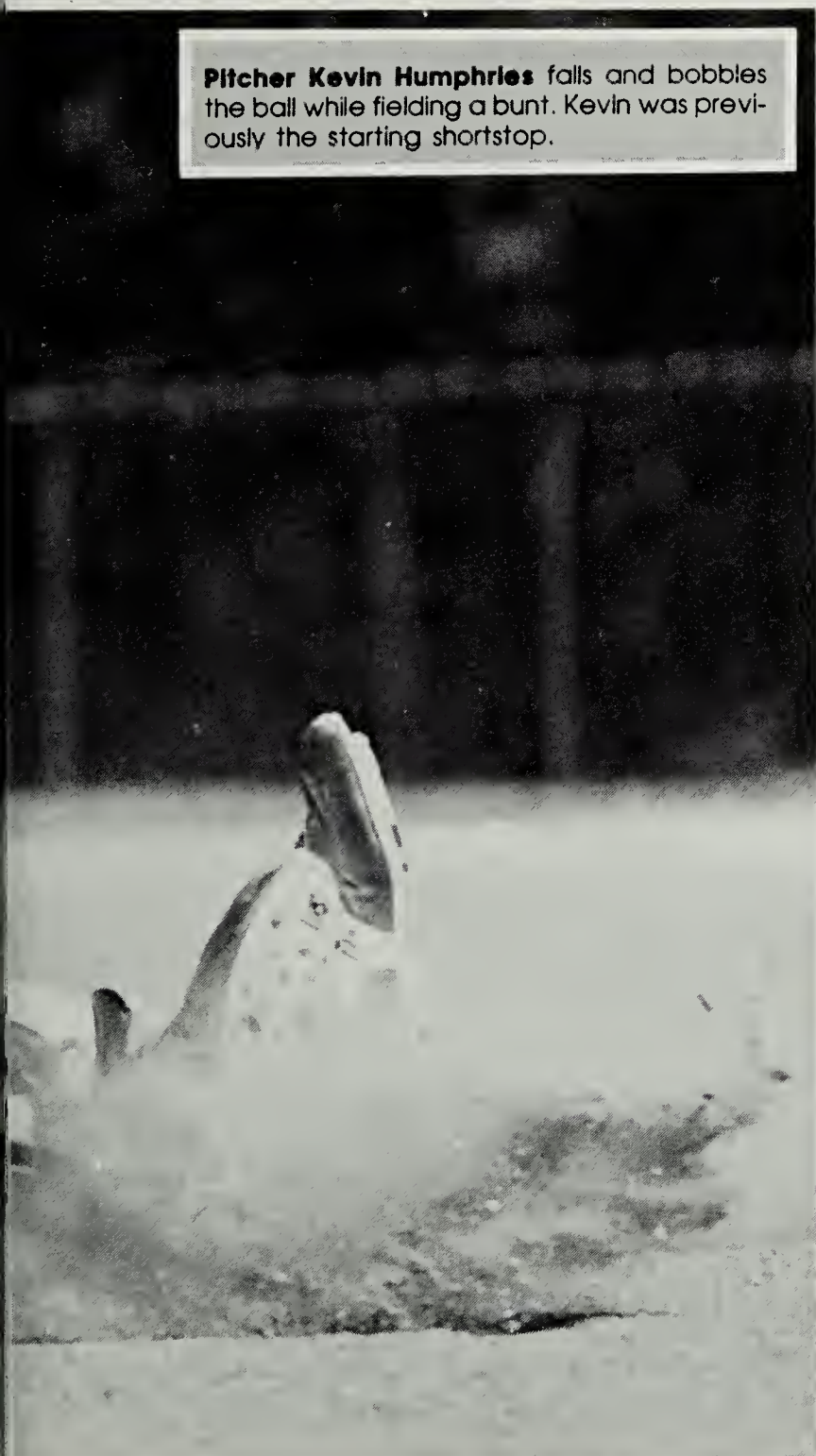
#### Commonwealth Tour

Woodbridge	14-6
Fauquier	7-1
James Wood	6-10

MVP Rodney Emmons  
Most Improved Mike  
Hargraves

**W-L-T**  
**14-6-0**

**Pitcher Kevin Humphries** falls and bobbles the ball while fielding a bunt. Kevin was previously the starting shortstop.



**Concentrating on perfection,** Greg Margheim skillfully pitches a curve ball to the strike zone. Long practices and hard work insured many strike outs.



# One Of The Best And Doughnuts Too!

"On the whole, the team was one of the best in the district but a few bad breaks ended the season early," said Kimo Buckon summing up the season and the feelings of the Boys Varsity Soccer players and fans. After the Panthers defeated reigning state champions Woodbridge, in the first round of the district tournament, spirits and confidence were running high. Then the team was defeated by Stonewall Jackson, their toughest opponent, in the tournament's second round.

The players had a good relationship with Coach Bill Cameron, adding a little fun to the season by betting their coach that they could score goals on him during practice. Whoever lost brought the doughnuts on the next game day.

There is one game that stands out in the minds of the team's seniors-James Wood. This game was designated as the "senior start" game because it would be the last chance for many seniors to start. The Panthers dominated James Wood throughout the game, and defeated them, 6-1.

When the awards banquet was held and varsity letters were given, Robbie Finks was voted the "Most Improved Player," and Scott Wilson received the hard-earned title of "Most Valuable Player". Scott also made first team all-district.

All the players contributed to the team's success. Most important was the comraderie and good times that were shared by all.

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**A combination of good offensive and defensive skills** helped the team make districts. Mike Waniel (#6) guards against an oncoming attack by North Staffords' Peter Kim.

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**Boys Varsity Soccer: Front row:** Ernie Terrazas, Robble Finks, Sidney Williams, Jim Las-cody, Brian Singstock, Mike Larrabee, Mark Vowell, Mike Cobb, Kimo Buckon, Kevin Parker. **Back row:** Dennis Tucker, Heinrich Johannsen, Derek Phillips, Mike Waniel, David Richardson, Adam Britt, John Willis, Brent Phillips, Jim McLean, Scott Wilson, Coach Bill Cameron.







### Boys Varsity Soccer

Edison	3-2
Stafford	3-5
South Lakes	3-0
Garfield	2-1
Woodbridge	3-2
North Stafford	4-3
Gar-Field	2-3
Osborn Park	2-1
Fauquier	6-1
James Wood	6-1
Stonewall	1-3
Stafford	2-1
Woodbridge	1-4

### Districts

Woodbridge	2-1
Stonewall	0-2

**W L T**  
**9-6-0**

**Special skills are an essential part of all sports.** In the all important district game against Woodbridge, Kevin Parker clears the ball in an effort to prevent a Woodbridge goal.



**Showing how he earned the title "Most Valuable Player"**, Scott Wilson fends off players from Woodbridge, while Sid Williams looks on.

**Displaying his shielding techniques**, John Willis protects the ball from a North Stafford player. Special skills like these helped the Panthers advance to the districts.





**Fooling around during practice,** Stacey Barowich wrestles Derek Lazaroff into a headlock. Hard practice and fun moments combined to make the boys' and girls' soccer season interesting.

**Battling for the ball,** Katrina Madagan shows good defensive skills. Coach Hayes stressed that the girls work on their skills through the entire season.

#### Girls J.V. Soccer

Edison	5-0
Stonewall	4-5
Osborn Park	2-3
Woodbridge	0-1
Brentsville	6-1
Gar-field	2-2
Stonewall	3-4
Osborn Park	3-2
Woodbridge	1-1
Brentsville	2-2
Gar-field	3-2

**W-L-T**  
**3-5-3**



#### Boys J.V. Soccer

Stonewall	4-1
Osborn Pak	5-1
Woodbridge	1-1
Gar-field	3-1
North Stafford	2-2
Stonewall	4-3
Osborn Park	0-1
Woodbridge	0-0
Gar-field	1-0

**W-L-T**  
**5-1-3**



**Boys J.V. Soccer: Front row:** Mike Beckman, Allen Britt, Jim Reid, Derek Lazaroff, David Johnson, Will Mercado., **Middle row:** Chris Sztanko, Brian Hughes, Timmy Christian, Andy Warren, Sean Riordan, Eddie Brunner, Brendan O'Donnaughe., **Back row:** Mark Fulton, Steve DeHarde, Chris Beckman, Paul Pasek, David Patterson, Tony Digennaro, Steve Snyder.





# All The Right Moves

The District Champion boys' team, with a record of 5-1-3, and the girls' team, with a record of 4-4-3, made up the J.V. soccer program. Both teams had all the right moves and can boast of successful and exciting seasons.

"The best moment this season was when we defeated Gar-field twice, because they defeated us both times last year.," said Coach George Jett when asked of the season's high point. The boys continued their winning ways and came away with a great season.

The girls' season was a series of down to the wire, action packed, close games. Despite the ties and losses, the team stayed cheerful and had fun as the season progressed. "We're an outstanding team although our record wasn't 10 and 0." said Stacey Barowich.



**In the last game of the season** against Gar-field, Robbie Finks attempts to score a goal. This goal resulted in the team winning the District Championship title.

**Girls' J.V. Soccer: Front row:** Ruthie Pollack, Katrina Madagan, Terri Fitzgerald, Katie Martin, Denise Haggart, **Middle row:** Trisha Prudot, Amber Perry, Kim Little, Stacy Darr, Nicki Peters. **Back row:** M.J. Lavelle, Terry Jones, Heather Moore, Anne Triano, Jennifer Theroux, Andrea Hughes, Coach Hayes. Not pictured: Elissa Singstock.





# Is Anyone Out THERE ... THERE

Although attendance at the games remained sparse, and the 2-8 season was not their best, the Girls' Varsity Soccer team remained optimistic.

The team was self-supporting, shouting encouragements from the sidelines. This spirit got them through all the hard times that plagued the season.

Speaking about winning and losing, Jeanette Mullany remarked, "It feels good to win, you feel like you've accomplished something. You work so hard at practice and you know it's not wasted," and "We learn from our mistakes." Even the team motto reflects this attitude, "To always have fun, otherwise it's not worth playing. Once you stop having fun, stop playing."

Unfortunately, even that attitude can't guarantee victory, particularly against Woodbridge. Woodbridge has been the toughest opponent, the team has faced yet. However, all agreed that even though they lost against Woodbridge 3-0, it was the best game they played. Maria Brown said that what made it their best was "the high concentration". Losing the game was frustrating, as were all the games where they gave their all and lost.

Coach Sandy Munnell has been credited with much of the team's attitude and high hopes, despite all the frustrations. Of Coach Munnell, Jeanette Mullany said, "Mrs. Munnell puts in a lot of time, and no matter what she's been through, we all love her." With an attitude like that how can you lose?



**Front row:** Kelly Newman, Gloriana Malloy, Maria Brown, Lisa Lazar, Stacy DiRisio, Denise Thomas. **Middle row:** Jeanette Mullany, Rachel Eccleston, Katie Trainor, Rosie Robinette, Shannon Barowich, Regina Rollings. **Back row:** Christie Anderson, Blakesline Banhoutan, Christine Sowala, Katie Byrne, Joely Herbert, Lisa Camm.







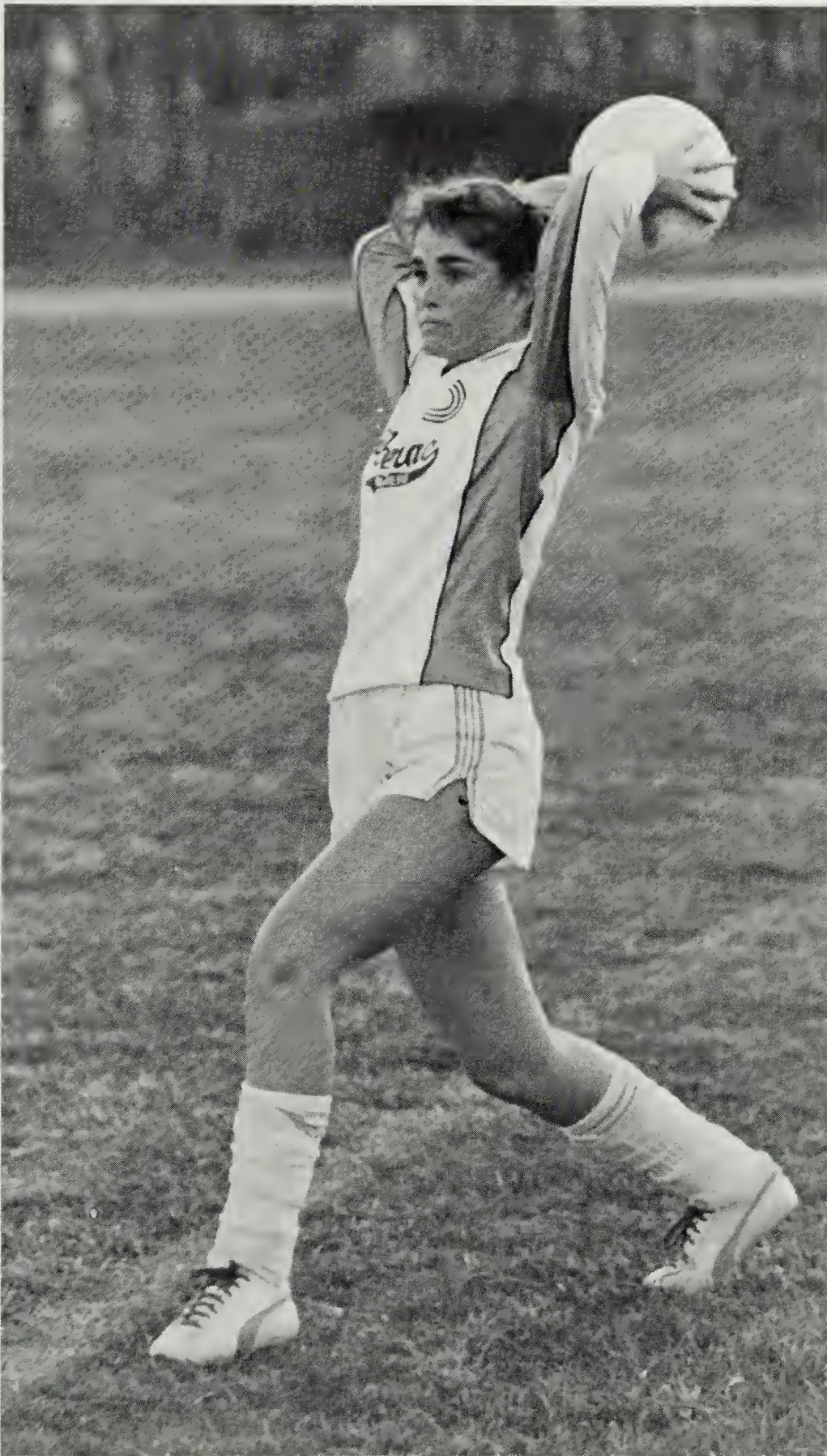
**All the practice makes it worthwhile** when you get the kick that makes the goal. Sophomore Christine Sowala tries to do just that while keeping the ball away from a Woodbridge Viking player. Junior and veteran player Glorianna Malloy brings up the rear.

**After rolling out of bounds,** team newcomer Katie Trainor gets the throw-in. With half the team having left the season before, the veteran players took the job of teaching these newcomers. Said veteran Jeanette Mullany, "We took on a big sister role."

### Girl's Varsity Soccer

Stafford	1-2
Woodbridge	0-3
Gar-Field	1-5
North Stafford	
North Stafford	2-1
Faquier	11-0
Osbourne Park	1-4
Gar-Field	2-3
Woodbridge	0-7
Stonewall Jackson	2-5
Stafford	1-2

**W-L-T**  
**2 8 0**



**With a score of 1-0 in favor of the visitors,** sophomore Kelly Newman battles for control of the ball with N. Stafford's Lee Hoy. Number 5 Katie Trainor comes up from behind to assist.



Dedication and hard work are necessities for success. Willette West demonstrated this by doing an outstanding job for the team. Said Coach Stephens of Willette, "She is a very dedicated, hardworking individual who will add depth to team next year."

Shotput throwing requires a strong arm and concentrated power. Freshman Shannon Malone shows the form needed to launch the shotput over long distances. The discus and shotput are both boys' and girls' field events.



# Mind Over Matter

"Track is a mind game. You can't let yourself be affected mentally by anything. You have to shake it off and override the problem," quoted team member Art Mibert.

Practicing in unpredictable weather was common. Through cold, rain, and heat the Girls' and Boys' Varsity Track team could be seen out on the track putting in mile after weary mile. Where does all the hard work come into play? Constant practice. One team member said that one should practice like one performs, intensely.

Although track is classified as a team sport, it is considered to be a group of individual sports. The team members practice to improve in their own events, but team support and spirit are essential in performing at one's best. Scott Berry said that it was the team support that helped him set a new school record of 13 feet in pole vaulting during a meet against Woodbridge. He said the team's cheering "helped it click" and everything fell into place.

Despite a feeling of frustration experienced by some during the season, most of the team agreed that all the practice was worth it because the sensation of running across the finish line was one of the best in the world.



Gaining height is one of the main factors involved in the triple jump. Endurance showing in his strained expression, Gary Martin flies through the air with the greatest of ease, reaching a season best of 39 feet 7½ inches.





GIRLS' AND BOYS' VARSITY TRACK  
 Front Row: Tracy Royce, Tracy Herbert, Cheyrl Bagot, Leslie Wilfong, Eric Doiron, Kari Zehner, Melinda Antonik, Jennifer Knill, Candice Bouslough, Sabrina Roche, Lani Griffea, Mario Kepus. Second Row: Brian Irving, Larry Alexander, Mike Pevrill, Suzie Paszly, Katie Hernandez, Tiffany Fonte, Angie Burch, Stacia Acker, Melissa Nutton, Robin McBride, Michelle McKellor, Lito Cabining, Wayne Lovelace. Third Row: Willette West, Dirk Lueders, Tricia Dunlap, Brian Watkins, Ken Burrows, Ronald Scott, Bill Fiske, Byron Jones, Tim Burrows, Steve Pagan, Jeff Purdy, David Chapman, Chris Simpleman, Mike Jagoda. Back Row: Mike Rule, Barry Horner, Courty Monney, Karl Mohle, Rick Blanchfield, Art Milbert, Steve Sheffield, Greg Craine, Lee Wilson, David Shive, Ken Yaeger.

Meets  
 North Stafford,  
 Osbourn Park  
 Fauquier  
 Stonewall  
 Woodbridge  
 Stafford  
 Potomac, Gar-Field,  
 Woodbridge  
 District-Fauquier

Correct form and great concentration are needed for successful pole vaulting. Using these two elements, Scott Berry set a new school record of 13 feet. As team captain, he helped to promote team spirit and sportsmanship.



# They're Still At It . . .

"Hardworking guys who could be doing other things but chose to be good at tennis," is how Coach Campbell described the students who made up the Potomac Boys Tennis Team. They rolled to an impressive record over some very respectable opponents. The team had its third undefeated season to make their record 29-0!!

Former team members who returned voluntarily to help the team practice ensured Panther pride in the program, and propelled them farther into regionals each year. The team's only loss was during the third set of regional finals at George Washington University in Danville.

While playing tennis is hard work, the team had fun. Several players had nicknames, such as "McEnroe", "Opie", and "Do-Good". The team enjoyed coming up with names, and fun activities off the court brought them closer together on the court.

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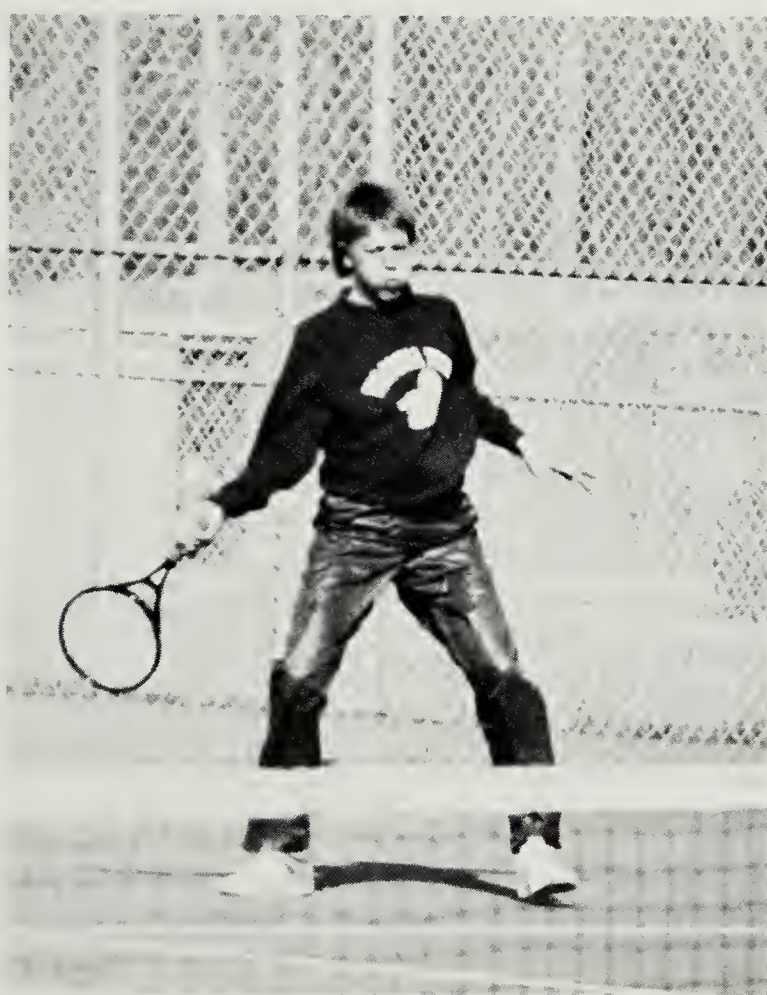
**Demonstrating** the techniques of a perfect serve is Brian Pinckard. Brian's three years on the team have helped him develop and improve his serve.

**Boys' Tennis: Front Row:** Rob Dulin, Brian Pinckard, Jeff Wise, Danny DuBriel, Tony Katsarelis, Richard Adams. **Back Row:** Marc Turner, Stephen Secord, Rick Bruinsma, Mike Ausley, Steven Sheppard, Derek Ohlander, Dan Bruinsma, Coach Edward Campbell.





After winning his own match, Steven Sheppard concentrates on the current one while waiting for the score of another Panther victory.



During a practice match, Stephen Secord exhibits a powerful top spin forehand. Stephen went to win his match.

A tough competitor, Mike Ausley "cranks out" the forehand to win his match. Mike, a senior, added a lot to the team with his skill.

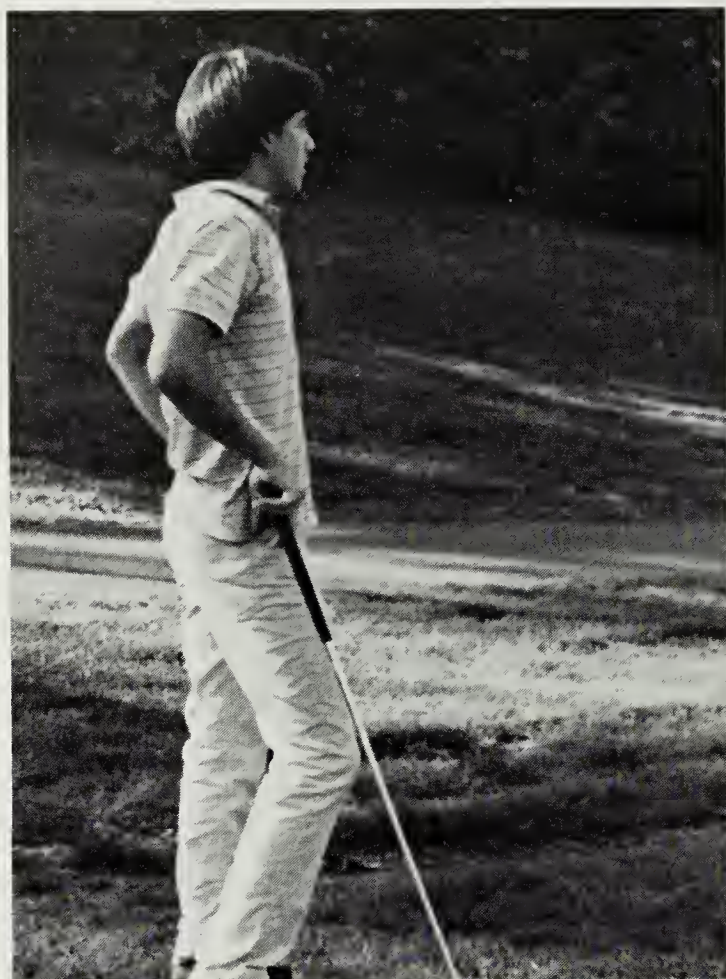
#### Boys' Tennis

Fauquier	9	0
Stafford	9	0
Woodbridge	8	1
James Wood	9	0
Stonewall Jackson	9	0
Gar-Field	8	1
Osborn Park	9	0
Stonewall Jackson	8	1
North Stafford	9	0
DISTRICT TOURNAMENT		
Gar-Field	9	0
Woodbridge	9	0
REGIONAL TOURNAMENT		
Cave Spring	5	3
George		
Washington	4	5

**W-L-T**  
12-1-0



Patiently, Chris Olio waits for the outcome of his hit. In the Commonwealth District Tournament, Chris finished third.



**Golf: Front row:** Dan DuBreuil, John Hurst, Chris Olio, Andy Dearing **Back row:** Mike Flynn, Randy Huggin, Chris Barko, Mike Arnold, Coach Moore

Dan DuBreuil gets prepared as he awaits his turn to compete against Chris Olio and Chris Barko for a position in the district tournament.







Members of the golf team; Mike Arnold, Randy Huggin, John Hurst, and Chris Olio, walk down the fairway of the ninth hole, completing another day of practice.

# Wild, Wild Game Of Golf

"Mr. Moore slow down, I don't want to kiss the windshield," exclaimed Andy Dearing as he was hurled forward in a close call on his way to the Courtland match. The golf team was as zany and unpredictable as their game.

The team shared many high points this season such as when Mike Flynn's tee, which was shot off of Montclair's Country Club 7th hole, hit a 175 tee shot, then hit the pin and rolled a foot back after bouncing off. And, how about the time Chris Olio, an up coming Sophomore, shot a hole in one, during a regional play?

The golf team could never seem to sit still, and a prime example is the night before the Regional match. Most athletes would be mentally preparing themselves, but the golf team chose to engage in violent confrontation using pillows. Chris Barko recalled the event, "It all started when the light 'clicked'". John Hurst caught it in his face, and it was all over."

The antics were balanced out with fine performances from this experienced team. Their performance lead them to their second consecutive district title.



As Randy Huggin takes a swing, John Hurst and Mike Arnold watch closely. Randy later went on to win the District Title.



# Running Like Mad!!

The hard working Cross Country Harriers enjoyed their best season ever. Striving for success at all meets insured many victories, and practicing everyday after school until 4:30 prepared the runners both mentally and physically for upcoming competitive meets. These meets required that everyone run 3.1 miles over hills, through woods and across open fields. Led by their team captain, John Haneklau and the team's Most Valuable Runner, Eric Anderson, the Harriers went to Manassas Battlefield Park for the District Meet. Potomac was ranked fifth, putting us close to the line for Regionals, which took only the top four teams. Three individuals, Eric Anderson, Suzi Paszly and Amy Cassady advanced to the State Meet. Besides Districts, the Harriers attended many Tri-Meets involving three teams, and Invitationals such as that at the University of Virginia including over thirty teams and three hundred runners in one race. To sum up the year, John Haneklau stated that "Even though there was disorganization, a new coach and inexperienced runners, this year was fun because we ran as a team!"



**Cross Country: Front Row:** Coach Paul Szymonski, Chris Simpleman, Kevin King, Jeff Tribe, Mike Wright, Steve Pagan, Eric Anderson, Eric Doiron, Douglas Maxfield, **Back Row:** Suzi Paszly, Lani Griffa, Karrie Zehner, Christian Saavedra, Brian Moore, Scott Callantine, Paul Pasek, Ken Yaeger, Brian Watkins, John Haneklau, Cindy Ruffner, Jenifer Knill, Not Pictured: Amy Cassady, Natalie Pitt, Nelson Davis.

**Leading the Harriers** towards victory, Chris Simpleman keeps his pace in a meet against North Stafford. Cross Country runners must pace themselves carefully in order to finish the exhausting 3.1 mile race.



**After winning a race** against North Stafford, Suzi Paszly comforts her sore ankle. Being surrounded and supported by family and friends, including Jenifer Knill, Mr. Price, and Mrs. Joyce Paszly, makes all the extra effort pay off.



**While stretching out** before an important meet, the team captain John Haneklau puts his fellow teammates at ease with words of confidence and corny jokes.



**With determination** on her face, Amy Cassady, one of the three individuals who made it to State, races towards the finish line. By practicing before competitive races, the runners had time to prepare themselves mentally and physically.



# On Their OWN

Crew is not all rowing and sitting in the shell. Sure, it takes strong shoulders, but what else? Many people think that crew is a sport for wimps because they just sit in the shell, and with four people rowing, you don't have to row very hard. Well, they're wrong! In an average practice the team's members run from one and a half to three miles and row from four to seven miles.

Crew requires many things other than strong shoulders. The ability to work together as a team and a sense of humor are just two of the most important. When it's freezing outside and two people in your boat get in a fight and the boat capsizes, you have to laugh or they might throw you back in. When someone drops the motor in the river, and it's only about 40° outside, and Coach Vince Kcharznack dives in after it, you can't help but laugh! When someone throws your watch in the Occoquan, and you know that you'll never see it again, you have to be able to laugh about it. When the team has their fastest time ever, and still comes in third out of three teams, it is pretty funny.

Crew is an important club at Potomac to all who are involved with it. Just because someone can't run a four minute mile, throw a football, hit a baseball or softball, play soccer or shoot a basket, doesn't mean that he cannot be on the crew team. All sports require hard work, and crew is no exception, but there's a place on the team for anyone who is willing to try. There's no room on any team for someone who is not willing to try.

**Learning to row** on the "barge", crew team hopefuls discover that crew can be fun, as well as hard work. The barge is the first step in learning to row.

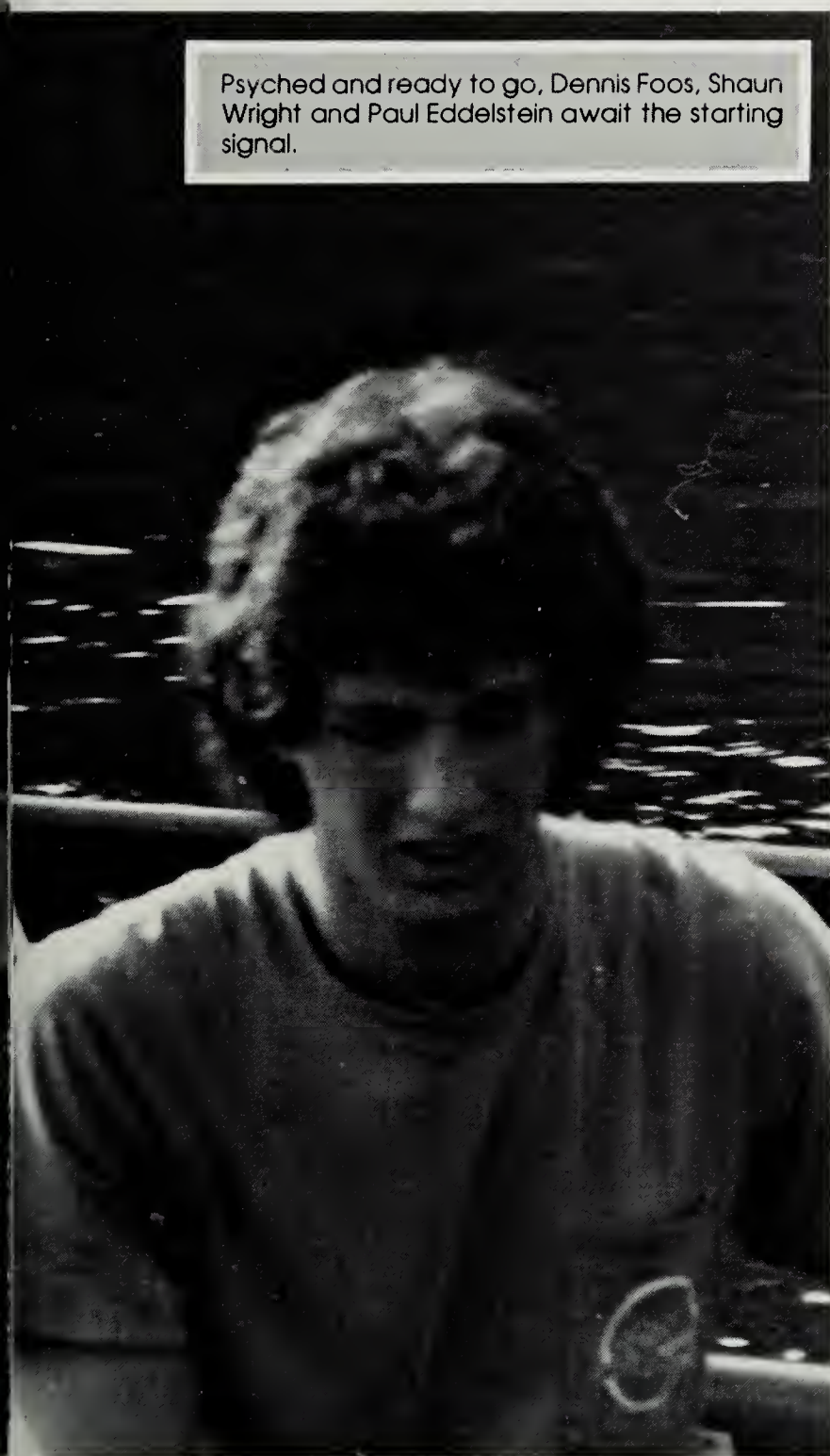




Preparing the shell for an upcoming race, J.B. Price, Todd Rogers, Andrew Jacobson and John Lerner, sand it's bottom. After sanding the shell, it will be varnished, making it glide quickly and smoothly through the water.



Psyched and ready to go, Dennis Foos, Shaun Wright and Paul Eddelstein await the starting signal.



After a hard practice, Debbie Dockendorf, Wendy Bowles, and Beth Adams relax their sore muscles and catch some rays at Sandy Run Regional Park.



# So Near . . . Yet So Far

"Although I do not like the record, I can accept it," says Coach Bill Brown of his Varsity football's 5-5 record.

The football team went from a playoff bound Common-Wealth District runner-up squad last year to a Common-Wealth District also ran this year. Early in the season, the Panthers were 4-0 and ranked fifth in the D.C.-Metropolitan area by *The Washington Post*. A multitude of injuries including that starting QB Mark Milam and bad luck resulted in losing five of the last six games of the season.

In three of those five losses the Panthers had chances to win in the last few minutes of each game but couldn't convert. Although many fans wondered about Potomac's consistent running the ball on the third and long situations, Coach Brown would not have changed any of his decisions. "You cannot second guess, you must learn from your mistakes and base decision on sound judgements."

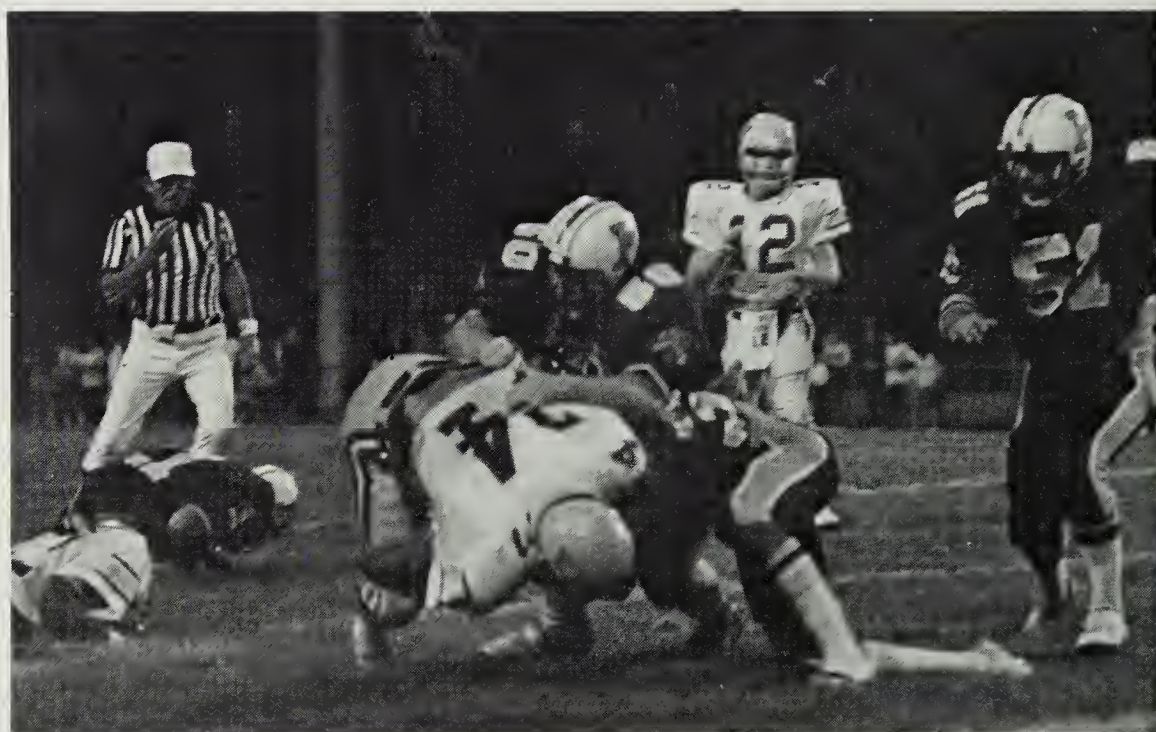
The Panthers will have many chances next year to improve their record with only a few players graduating this year. Most of the district leading defense and the starting quarterback will be returning next year to regain the Commonwealth title. "The most positive thing that came out of the season was the experience for the younger kids," summed up Coach Brown.

Besides the winning and the losing, the team also carried on another important tradition—dragging the coaches through the mud. "It was great fun!" said Junior James Hartnett. "When it got real rainy and muddy, the coaches knew what was going to happen and wore old clothes. When we got up to practice field, we would throw them into the mud and sometimes roll them. It was a tradition, so they didn't really mind, except for Coach Stephens who outran us."

**"Bring him down!"** Senior Teddy Joseph and the rest of the defensive line bring down another Woodbridge player. Potomac's defense was the leading defense in the district.

**Juniors** Leonard Williams and Dion Gore get a word or two from Coach Campbell. Sometimes it took a lot more than just patience in explaining the next plays.

**Coaching Staff: Front Row:** Bill Stephens, Mickey Mulgrew, and Joe Bengier. **Back Row:** Bill Brown, Eddie Campbell, Dave Sullivan and Greg Prifti.







"I got it" yells James Hartnett, as he reaches for the interception pass. James' height was a great asset to the team in situations like these.

**Running another** kick-off return, Milton Thornhill tries to elude a Woodbridge defender. Milton was known for running back the ball and scoring from the kick-off return.



#### Varsity Football

Petersburg	12-6
Albermarle	10-7
James Wood	14-0
North Stafford	14-8
Stonewall Jackson	16-6
Woodbridge	14-0
Osborn Park	21-15
Garfield	14-7
Stafford	7-5
Fauquier	35-6

**W-L-T**  
5-5-0

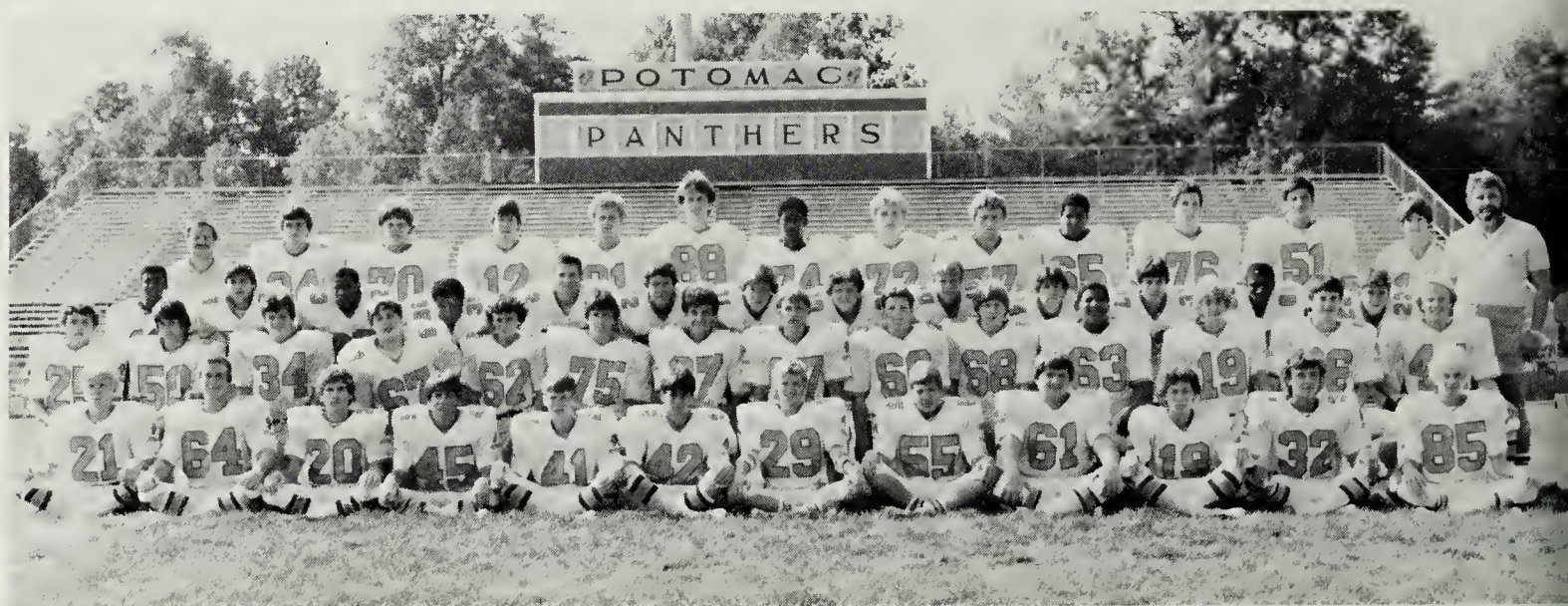
**Varsity Football: Front Row:** C. Forehand, K. McCamey, S. Meade, M. Milam, T. Sweatman, W. Hatfield, D. Lueders, F. Lasch and S. Hudak. **Second Row:** M. Naifeh, P. Stapor, C. Johnson, P. Newman, D. Gore, J. Weaver, T. Qualls, K. Grayson, D. Champman, J. Gholson, and C.

Benavides. **Thlrd Row:** L. Williams, M. Kepus, C. Halliday, B. Martin, G Martin, T. Joseph, S. Kiser, T. Hohnson, R. Harris, S. Holloway and D. Tisdale. **Back Row:** T. DiGenaro, R. Bates, H. Harrison, G. Craine, T. Asbery, W. Carter, J. Beckman, L. Lynott, G. Margheim and J. Harnett.



**J.V. Football: Front Row:** P. Kersse, L. Davis, R. Field, J. Purdy, S. Johnson, R. Kinley, R. Andrews, T. Skillman, T. Jones and J. Merritt. **Second Row:** C. Romagna, C. Baker, A. Khanna, D. Coleman, T. Washington, M. Comerford, W. Kendall, C. Colletti, J. Harris, M. Anderson and M. Thornhill. **Thlrd Row:** D. Close, P. Fox, J. Ingle, A. Ignacio, C. Basham, D. Kline, C. Coonradt, R. Rice, K. Kasper, K. Lynott and J. Covey. **Freshman Football: Front Row:** C. Mc Donald, M. Catlett, D. Conrad, P. Vandelinde, D. Eskridge, A. Vandelinde, J. Taylor, M. Berry J. Applegate,

T. Hadley, C. Smith, C. Smith. **Second Row:** R. Darr, C. LeBrun, W. Stearns, B. Blatt, B. Kile, C. Wickline G. Conner, C. Carriere, V. Fleming, C. Beahm, J. Gordan, M. Milam, B. Dowling, K. Dillinger. **Thlrd Row:** Coach Carr, R. Harris, Mike Holbrook, R. Campbell, G. Bumbray, A. Rendell, M. Charleston, J. Loos, K. Webb, D. Leisten J. Bush, A. Calliendo, J. Hudson, M. Wright. **Fourth Row:** M. Kile, F. Grubb, M. Wagoner, L. Turner, T. Hupka, R. Hardy, B. Smith, K. Randall, G. Harris, M. Grace, C. Novitsky, T. Turner, Coach Colcombe.



#### J.V. Football

Fauquier	8-0
James Wood	21-6
North Stafford	50-6
Stonewall	7-0
Woodbridge	18-10
Osborn Park	20-0
Stafford	7-0

**W-L-T**  
7-0-0

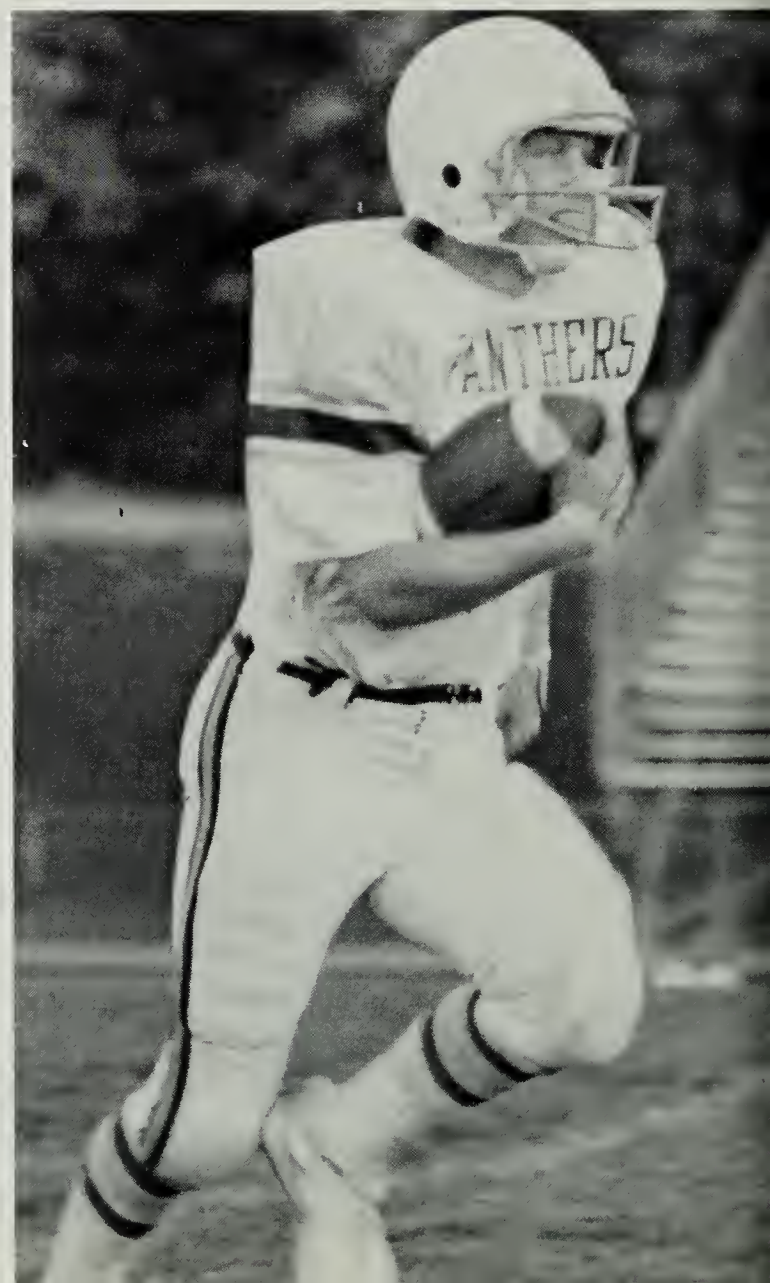
#### Freshman Football

**W-L-T**  
2-3-1



**Preparing to throw** the ball  
Tim Hadley searches for an  
open receiver.

**At an away game,** punt  
returner Kelly Dillinger runs the  
ball back in hopes of a victory.







**The VW bug didn't have a chance.** Mr. Bengier and his boys tore down a car as they did their opponents.



**Left tackle,** Dave Kline holds back players as David Coleman runs for a touchdown.

## CRUSH CREW!!

BENJI'S BOYS ARE DYNAMITE, DON'T MESS WITH DYNAMITE!!!!!!

"CRUSH CREW!! CRUSH CREW!!" The chant was so loud, it could be heard by the other team ten minutes before they arrived. Notorious for their nickname, the J.V. Football team struck fear in the hearts and minds of their opponents.

In this great group of guys, there weren't any stand-outs. Every game was total team effort. Each player gave his maximum effort-150%, all the way!!!!

The season itself began confidently. Benji's Boys went into Panther Stadium with a dream, the perfect season 8-0. After winning over Fauquier with an 8 to 0 score, another challenge was put upon them. It was said that the J.V., in no way, could score 50 points against any opponent. After another victory over James Wood, they did just that. The "Crush Crew" demolished North Stafford Wolverines in an energetic game which gave them their 50-6 victory. Four more teams were beaten to give the boys a 7-0 overall record without getting a chance to play Garfield. The boys outscored every team to end the season with 131 point to 22.

"Coach Cambell and I were trying to develop the 'team of the future' for Potomac. Now the State Title is within reach of the Panthers in '86!!!!" said Coach Bengier.

The Freshmen team was plagued by several unfortunate losses. They managed to fight for a few wins, and gave their best effort throughout the entire season.



# Raising A Racket

With a team of upper and lower classmen, the Girls' Tennis team had a good season. Despite the inexperience of the younger girls, and the older girls having many important things on their minds such as college and jobs, their performances were altogether commendable.

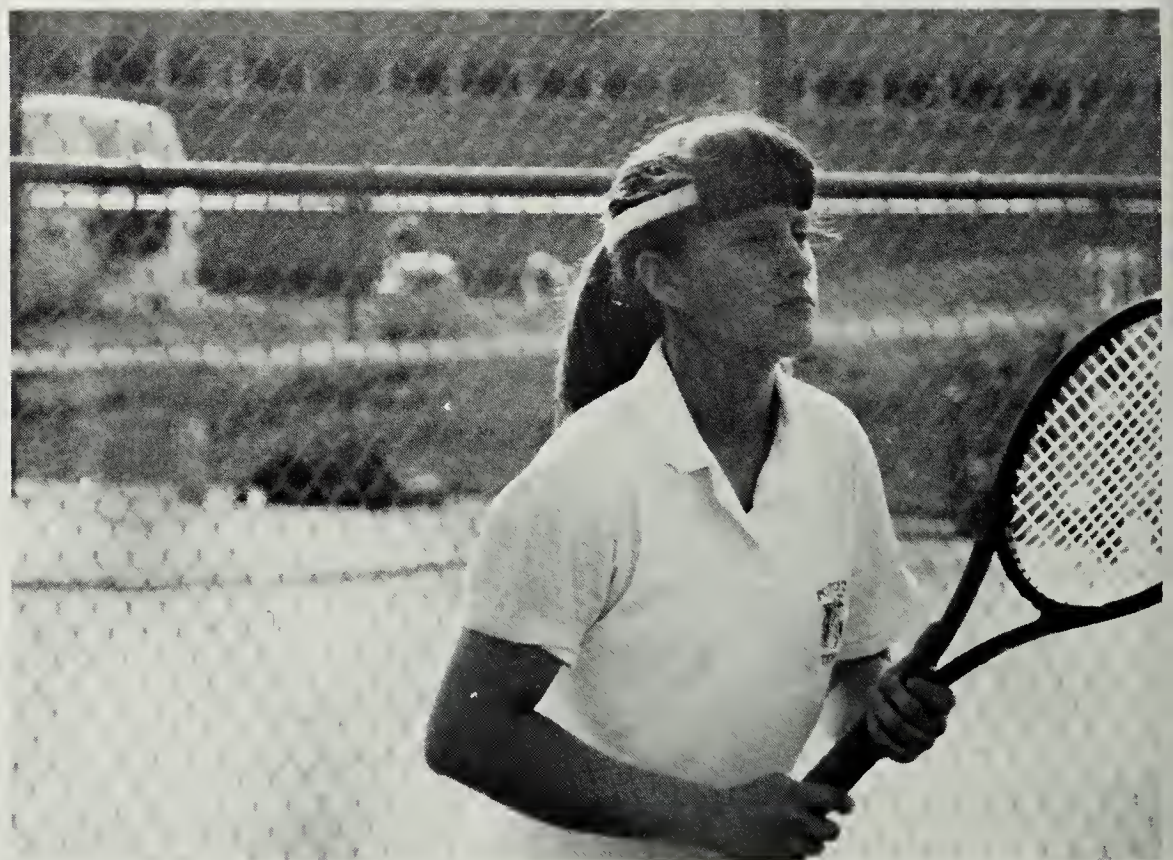
One of the most memorable matches of the season was the second game against Stonewall Jackson. In the first non-district match against Stonewall, Potomac lost, but the second time, they turned around and beat SJ 7-2.

The combined effort of all team members cultivated friendships and good times. Although tennis is an individual sport, the girls worked together and performed well. During practices each day, they worked to improve specific skills and techniques, building strength and stamina.

Throughout the season, the girls had unusual setbacks, which were remedied. They included the loss of Kristen Pinckard's racket in an important match. Luckily, it was returned to her just in time. Another memorable point in the season was when Kathie Hall was sick with a fever over 100°. She was to play Gar-Field's top player, Beth White, but felt very weak. As the match began, Kathie took the lead. Later, after Beth said that Kathie's serve was "out", she found her strength. Because of her determination, Kathie did her best and won the match 6-3.

The season also had its good times and fun. Many of the girls remember when they were expecting a busload of players from Gar-Field, and were fascinated to find the team screaming and cheering from the windows of the bus. Finally, Gar-Field's coach asked them to stop yelling, but this remained a joke among Potomac's Tennis team throughout the entire season.

Coach Jenkins believes, "Our toughest opponent had to be Gar-Field. They have a well-rounded team all the way down to the last spot. We did good this season, and have much hope for the future."

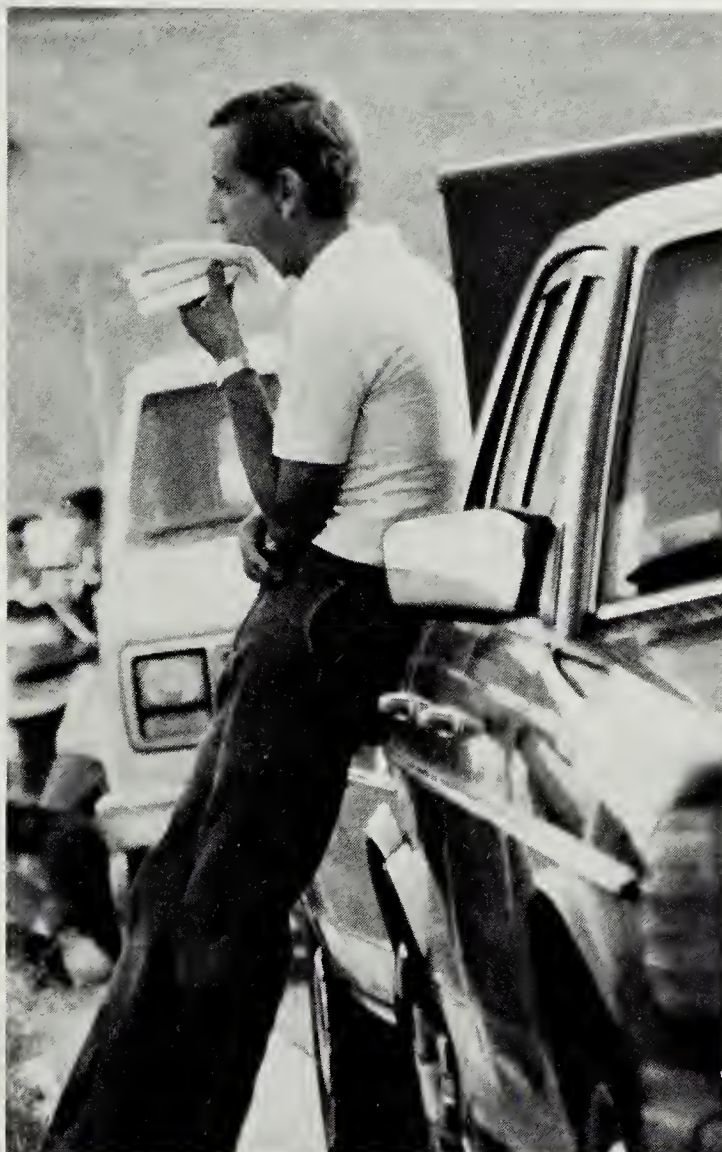


**With obvious determination,** Senior Terry King clearly exhibits her strong desire to win. Her great agility enables her to react quickly, while still using good form.





**Taking a break from it all,** Coach John Jenkins grabs a quick dinner. Not only Coach Jenkins, but also the players had to fit eating into their already busy and demanding schedules.



### Girls' Tennis

Stonewall	L
Gar-Field	L
Woodbridge	W
Stafford	L
Faquier	W
Osborn Park	W
Woodbridge	W
Gar-Field	L
Stonewall	W
James Wood	L
North Stafford	W
Gar-Field	L

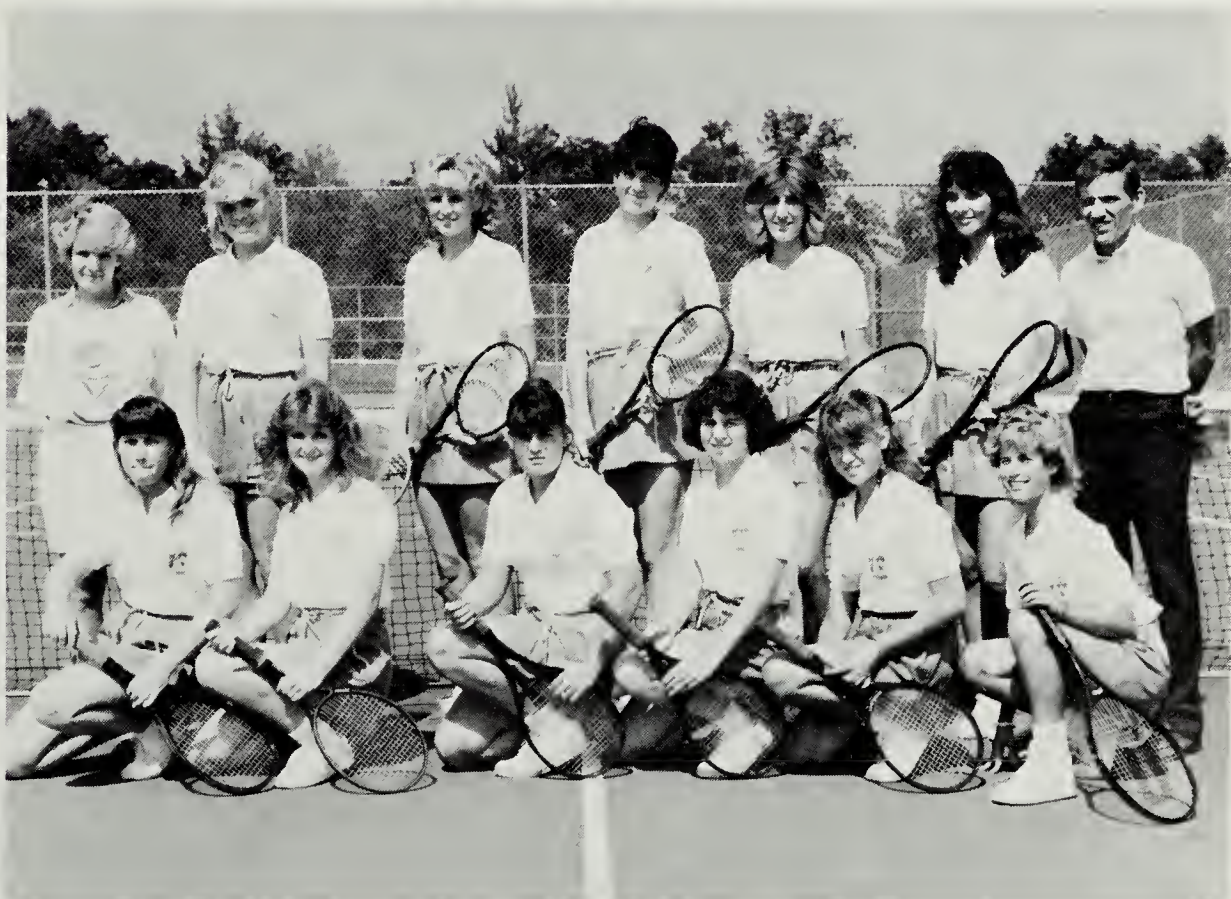
W - L - T  
6 - 6 - 0

**Girl's Tennis - Front Row:** Terry King, Kristen Pinckard, Kathie Hall, Laura Best, Marcia Huggard. **Back Row:** Susan Globle, Gretchen Moss, Elizabeth Tierney, Susan Doyle, Karen Clark, Adina Harrison, Coach Jenkins.

**After an excellent return,** Junior Kathie Hall awaits her opponent's next hit. Throughout the season, Kathie displayed her ability to perform well, and to raise team spirit. Because of her tremendous capabilities as a tennis player, Kathie Hall's matches will long be remembered at Potomac.



**Returning a powerful serve,** Senior Laura Best keeps her concentration throughout the vigorous match.





# A Winning Tradition

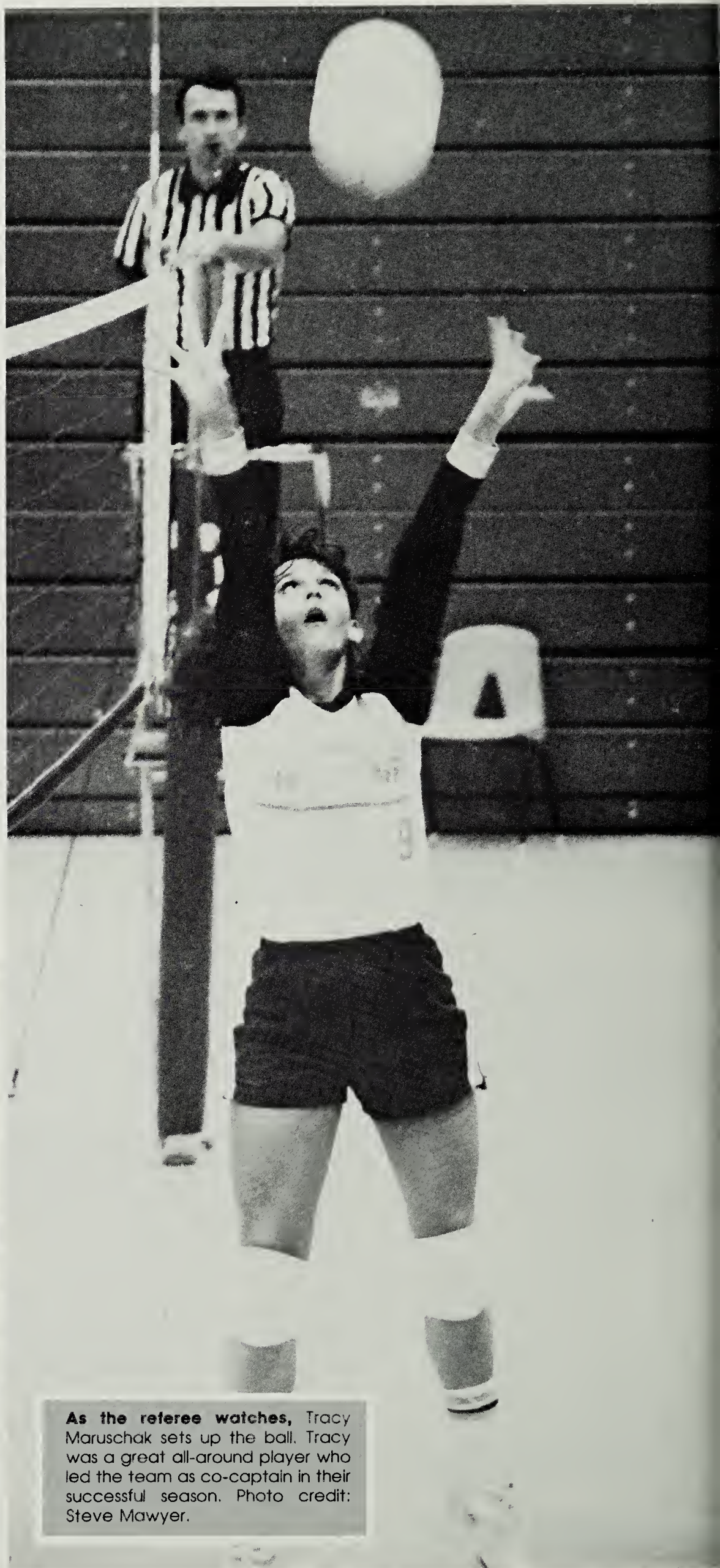
With only four returning players from last year's District and Regional winning volleyball team, the Varsity Volleyball team worked through an exciting winning season. "Everything changed this year," said Tracy Maruschak, "we weren't as specialized, but we still did just as well." The Panther's were a little inexperienced, but improved throughout the season to win the district championship and advance to the Regional Tournament, only to lose to Patrick Henry.

The team featured an excellent defense, with Frances Ward, Sherri Patton, Ann Shelton, and Leslie Wilfong as backline players. Offensively, Dawn Lang, Heather Cooper, and Aimee Longwitz specialized in spiking. Cathy Hadley, Tess Conway, Missy Caddigan, and Tracy Maruschak combined their superb backline skills with powerful hitting and consistent serving throughout the season. Setters Christine Sowala and Tracy Hansen ran the Panther offense, also contributing in spiking and serving.

Many players received recognition for their ability during and after the season. In a tournament at Albermarle High School, Tracy Hansen and Tracy Maruschak made the All-Tournament Team. Tracy Maruschak also made the All District First Team along with Missy Caddigan (who was also elected to the All -Regional Team), followed by Tess Conway and Tracy Hansen who were on the All District Second Team. Tracy Maruschak also received the honor of Player of the Year. When not taping ankles, Mrs. Parker (who had to cope with four players with injuries) used her excellent coaching ability to lead the team through the season. "She's the best coach," said Tracy Hansen, "she knows when to laugh and when to yell!" Mrs. Parker received the "Coach of the Year" award last year, and has coached the volleyball team to win four district championships and three regional championships.



**Close to perfection,** Cathy Hadley serves another ace. Using good form and placement, Cathy was one of the team's most consistent servers.



**As the referee watches,** Tracy Maruschak sets up the ball. Tracy was a great all-around player who led the team as co-captain in their successful season. Photo credit: Steve Mawyer.



**Varsity Volleyball:** The 1985 Commonwealth District Champions: **Front Row:** Leslie Wilfong, Christine Sowala, Ann Shelton, Sherri Patton, Missy Cadigan. **Middle Row:** Heather cooper,

Tess Conway, Tracy Maruschak, Frances Ward. **Back Row:** Cathy Hadley, Tracy Hansen, Dawn Lang, Aimee Longwitz.

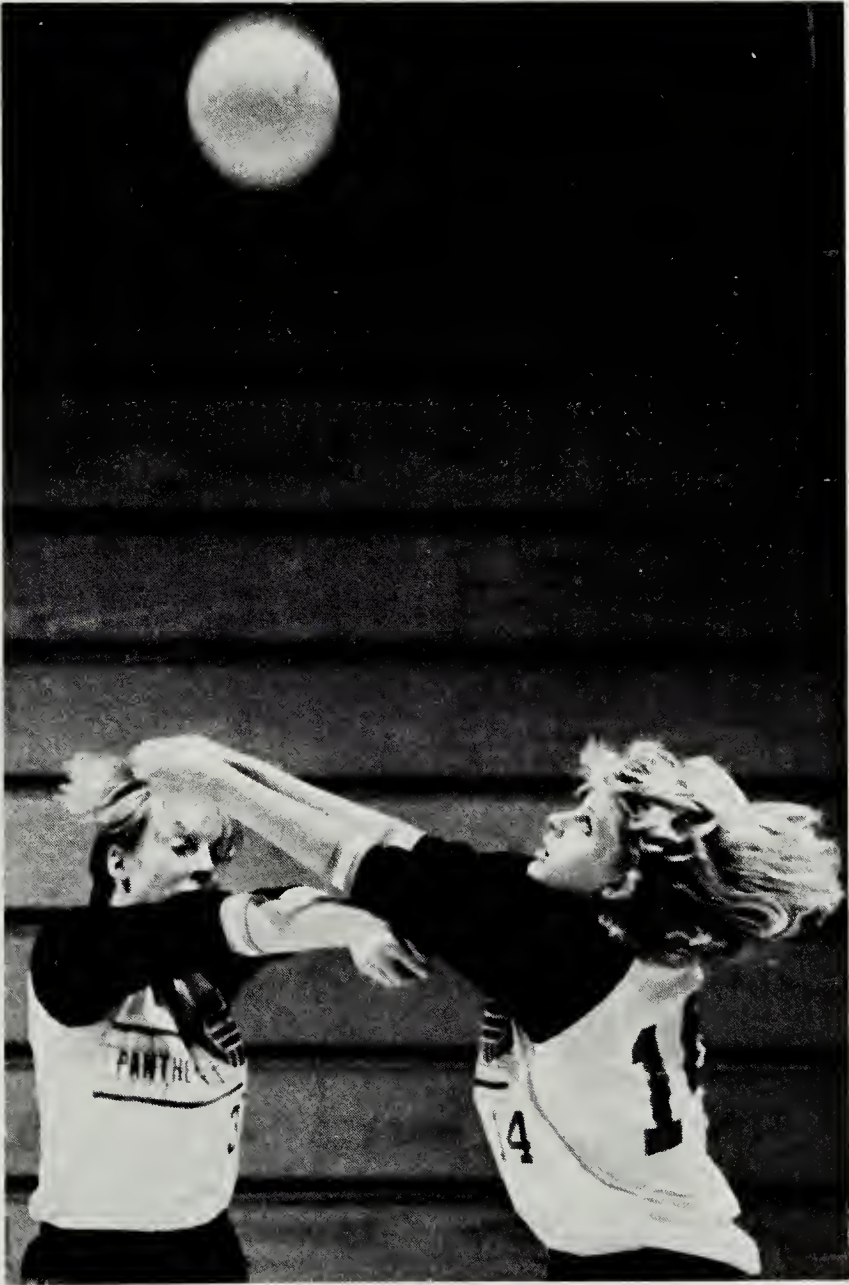


**Varsity Volleyball**

Stonewall	2-0
Osborn Park	2-0
Woodbridge	2-1
Fauquier	0-2
Gar-Field	2-0
Stonewall	2-0
Osborn Park	2-0
Woodbridge	2-0
Fauquier	2-1
Gar-Field	2-0

**W-L-T**  
9 1 0

**Tess Conway and Francis Ward** warm up for a District Tournament match. The Panthers lost the match, but won the rematch to take the District title.



**I GOT IT!!** Heather Cooper and Tracy Hansen go for the ball during a game against Stonewall.



## Up And Coming

Both the Junior Varsity and the Freshman teams had winning seasons this year, carrying on the winning tradition in volleyball. Led by Kristi Anderson and Deana Natale on the J.V., the season ended in a three-way tie. Callie Rohrbacher was voted Most Improved and Tina Summerfield was the Most Valuable Player.

"I was proud of the good hard work of the team the whole season," said Coach Al Eaton, "they never let up."

The girls team, coach by Chris Kadis, was very high-spirited and enthusiastic. "They always played as a team," he said, "and I was glad that we beat every team at least once."

Voted Most Improved was Erica Barowich and Most Valuable was Jenny Aubin.

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One of the most talented players on the J.V. team was Tina Summerfield, who serves during the match with Woodbridge.

**J.V. Volleyball: Front Row:** Jennifer Theroux, Carrie Rohrbacher, Deana Natale, Christi LaValle, Shannon Malone. **Back Row:** Coach Al Eaton, Kristi Anderson, Tina Summerfield, Paula Williams, Callie Rohrbacher,





**Freshman Volleyball: Front Row:** Daren Byer, Jenny Aubin, September Bumbrey **Back Row:** Carolyn Dutton, Chrissy Lang, Erica Barowich, Heather O'Bryan.



**J.V. Volleyball**

Stonewall	2-1
Osborn Park	1-2
Woodbridge	1-2
Fauquier	2-1
Gar-Field	2-0
Stonewall	2-0
Osborn Park	2-0
Woodbridge	0-2
Fauquier	0-2
Gar-Field	2-1

**W-L**  
6-4

**Freshman Volleyball**

Stonewall	2-1
Osborn Park	1-2
Woodbridge	1-2
Gar-Field	2-1
Stonewall	1-2
Osborn Park	2-0
Woodbridge	2-1
Gar-Field	2-1

**W - L**  
5 - 3



**Jenny Aubin returns** a serve in the Woodbridge match.



**Also known as "Rocky",** Kristi Anderson spikes the ball as Woodbridge gets ready to return. Kristi also was the setter for the Panther's J.V. squad, leading them to a successful season.



# A Year Of Firsts

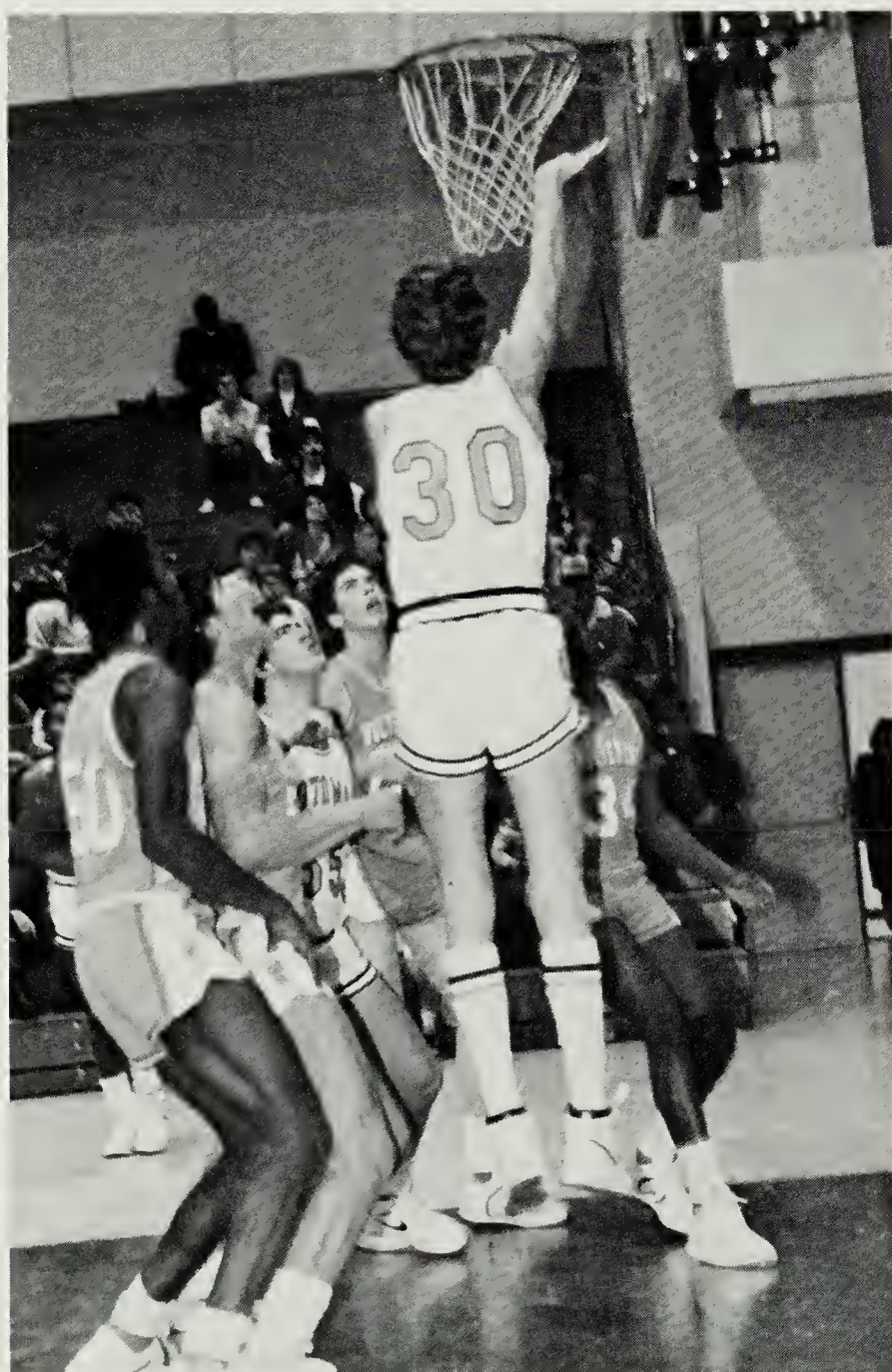
Led by a new coach, the boys varsity basketball team turned over a new leaf. They began to win games and even posed as a district threat. Although their life in districts was short, it was a year of firsts.

On December 13, 1985, the boys varsity basketball team beat big brother Gar-Field for the first time in the history of Potomac Senior High School. Cries of "Beat big brother! Beat big brother!" shook Gar-Field's gymnasium throughout the game. After it was all over, and the gym was quiet, Julie Callantine was overheard saying, "for the first time ever Potomac will get the respect that they deserve."

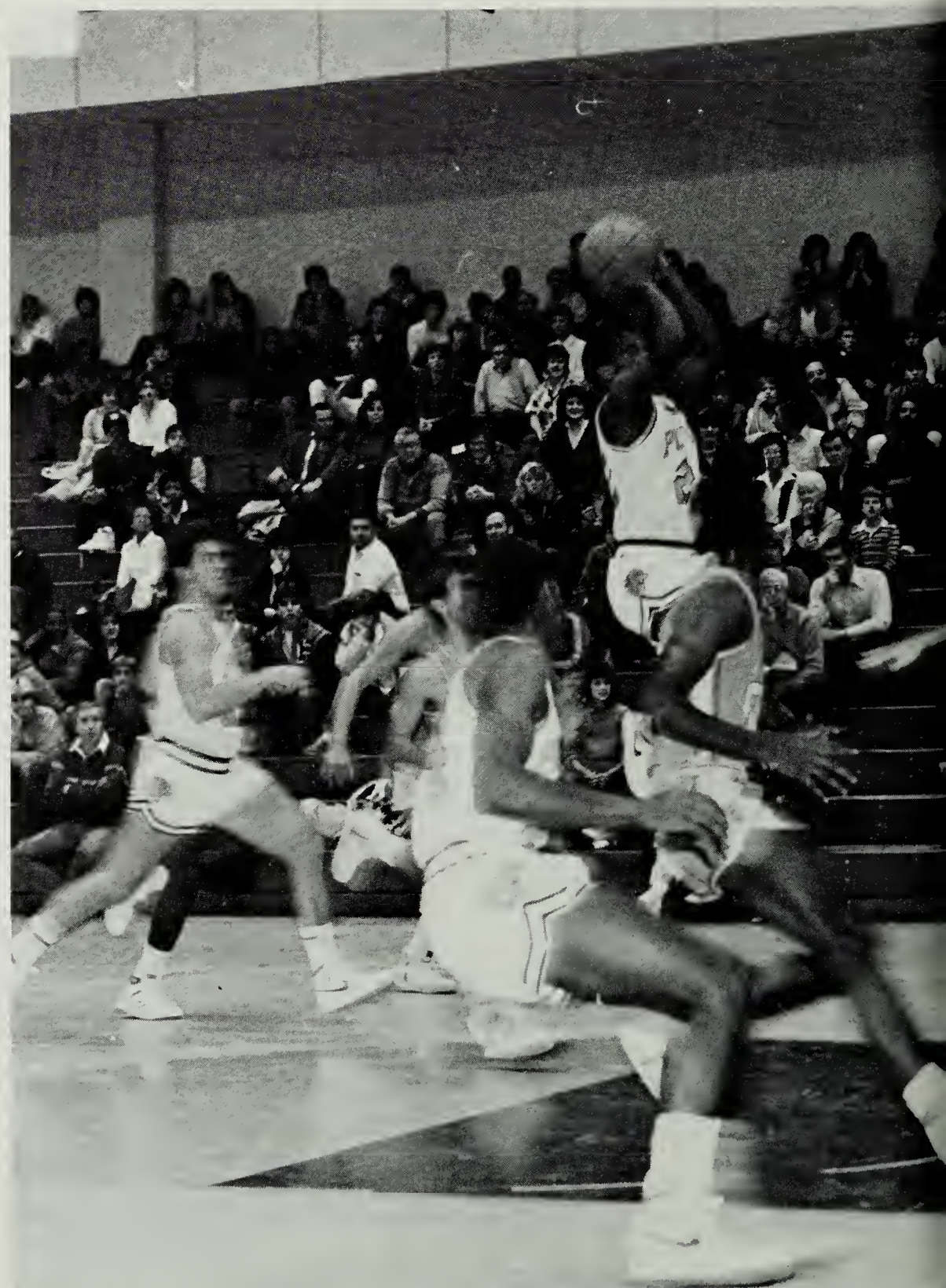
As the season progressed, Potomac continued its winning ways and even won more games than they lost for the first time ever. "It was a team effort. No stars but we knew how to play together.", James Hartnett said. With Kendall Hayes as head coach,

**Boys Varsity Basketball: Front Row:** Coach Brown, Leonard Williams, Mark Kingston, Kevin Grayson, Tyrone Qualls, Robbie Harris, Bobby Larkin. **Back row:** Jeff

Misenko, Larry Lynott, James Hartnett, Corey Rowe, Mark Williams, Ron Keyes, Coach Hayes



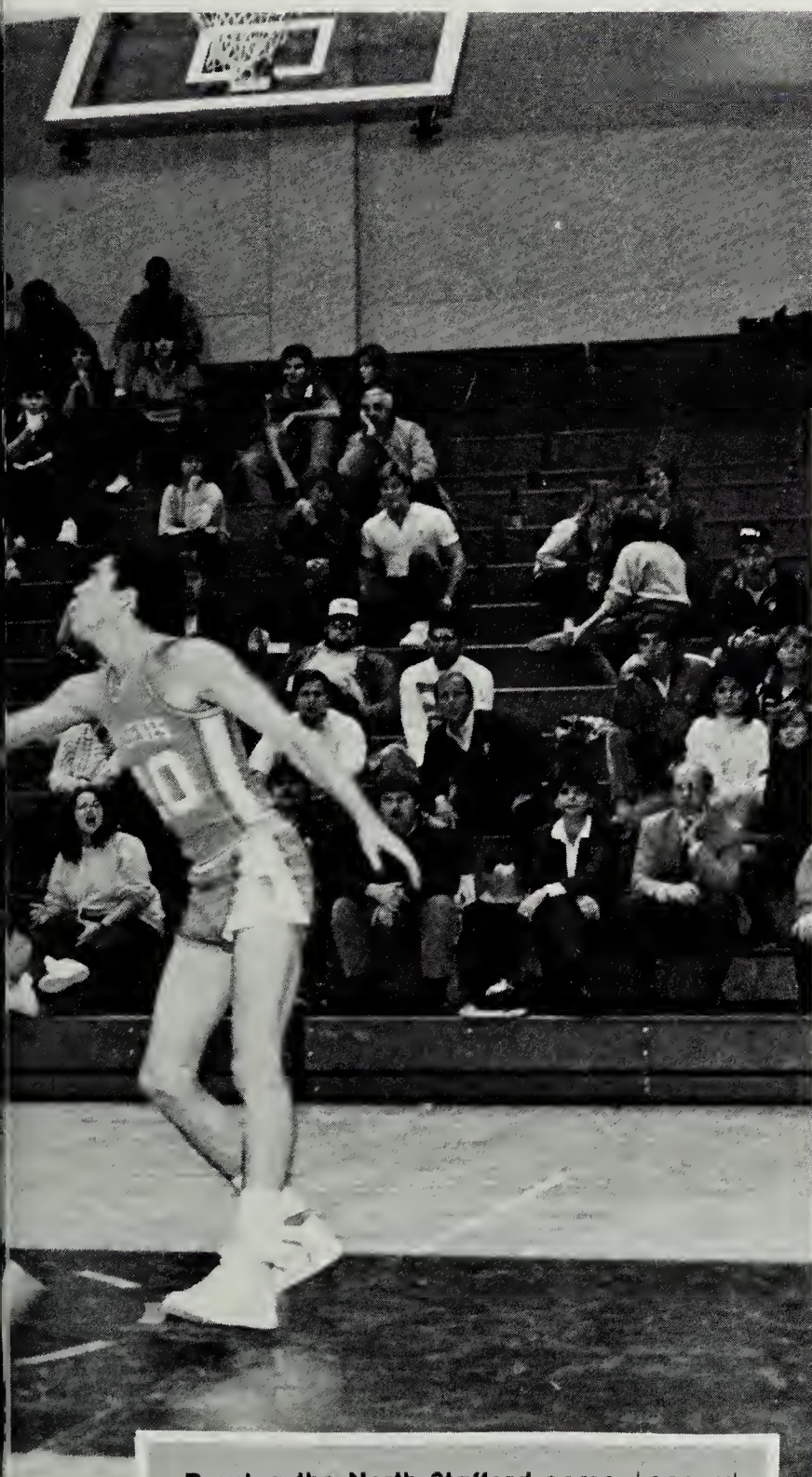
**Jeff Misenko** shoots for two as Larry Lynott and North Stafford defenders wait for a rebound.



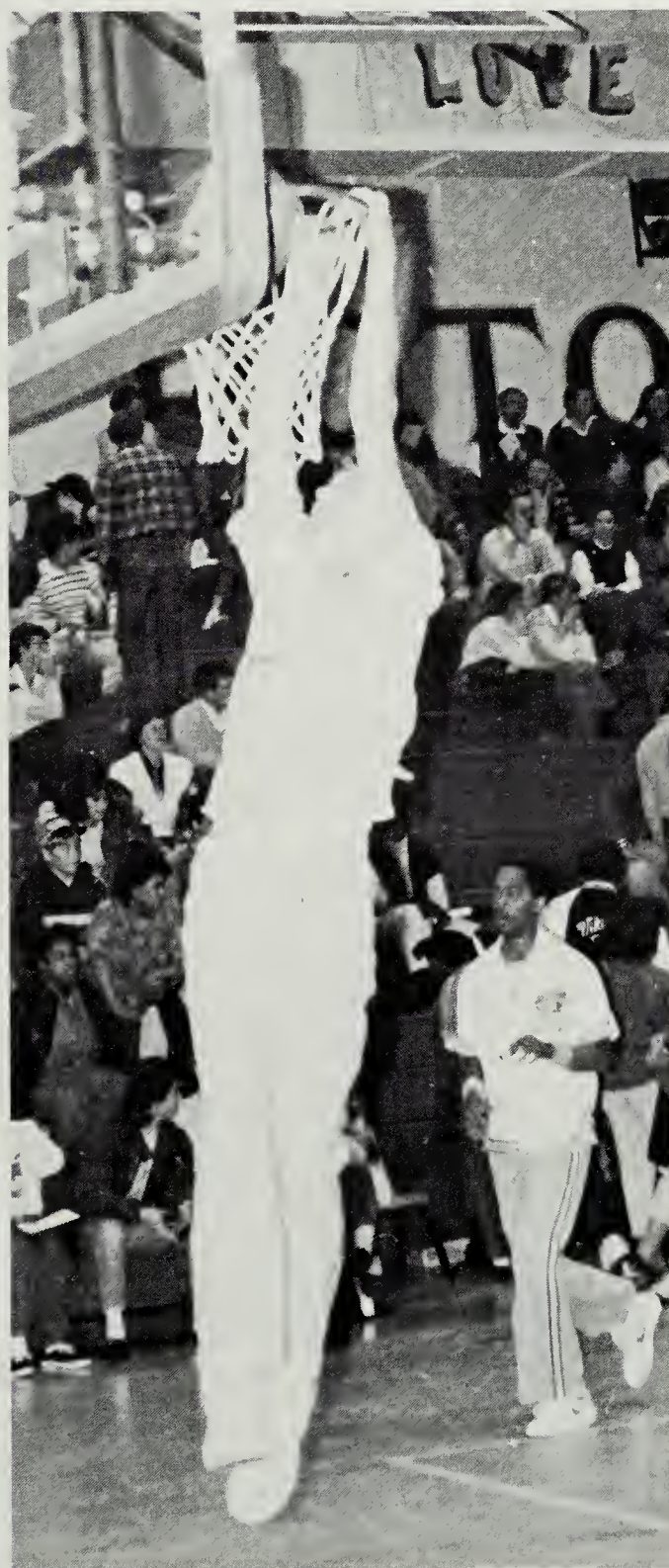




**Concentrating on the basket,** Mark Williams prepares to shoot a foul shot during the final minutes of the game.



**Duyring the North Stafford game,** Leonard Williams, pulls up for a jump shot on a fast break. A tremendous point guard, Leonard has been a team leader since his Freshman year.



#### Boys Varsity Basketball

Bishop O'Connell	<b>46-34</b>
North Stafford	<b>53-51</b>
Gar-field	<b>64-59</b>
Osborn Park	<b>61-53</b>
Fauquier	<b>32-51</b>
Springarn	<b>54-71</b>
Anacostia	<b>53-59</b>
Marshall	<b>62-50</b>
James Wood	<b>62-54</b>
Stonewall	<b>32-57</b>
Woodbridge	<b>64-57</b>
Bishop O'Connell	<b>56-37</b>
Stafford	<b>58-59</b>
North Stafford	<b>48-64</b>
Gar-field	<b>63-69</b>
Osborn Park	<b>64-69</b>
Fauquier	<b>65-54</b>
Stafford	<b>64-70</b>
James Wood	<b>71-62</b>
Stonewall	<b>60-62</b>
Woodbridge	<b>60-53</b>

W-L-T  
11-10-0

Districts  
Stonewall **42-60**

**Giving the crowd** a pregame show, James Hartnett dunks during warmups. Special skills like these helped the team to improve their record.

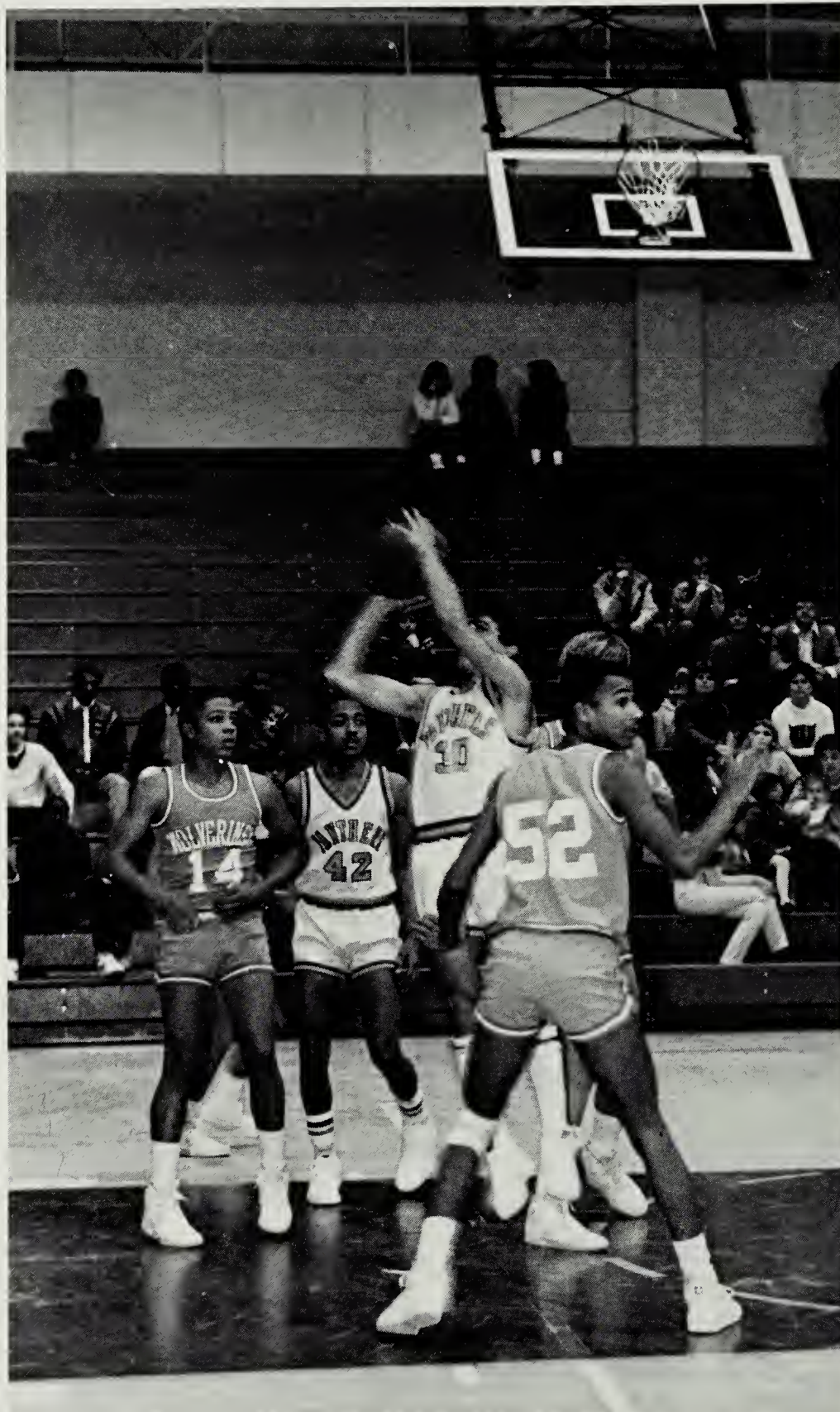


Shooting for a desperately needed two points, Frank Chimento tries for a jump shot.

### Boys Junior Varsity Basketball

Bishop O'Connell	35-51
North Stafford	40-41
Osborn Park	41-59
Fauquier	47-53
James Wood	73-50
Stonewall	73-57
Woodbridge	58-71
Gar-field	73-76
Bishop O'Connell	69-60
Stafford	24-30
North Stafford	45-57
Osborn Park	46-51
Fauquier	50-71
Gar-field	53-68
Woodbridge	58-75
Stafford	51-41
James Wood	54-59
Stonewall	53-54

W-L-T  
3-15-0



### Boys Freshman Basketball

Stonewall	47-39
Stafford	38-30
North Stafford	40-31
Gar-field	46-38
Osborn Park	37-30
Bishop O'Connell	45-36
Stonewall	35-46
Woodbridge	38-35
Bishop O'Connell	45-53
North Stafford	41-46
Gar-field	31-32
Osborn Park	33-21
Woodbridge	24-36

W-L-T  
8-5-0

**Freshman Boys Basketball: Front Row:** Jason Bush, Karl Schwanda, Jeff Martin, Matt Larkin, Allen Browning, Brian Dietze, Shaun Jenkins, Timmy Hadley. **Back row:** Coach Maloney, Mike Wagner, Ted Hupka, Craig Novitsky, Ben Smith, Joe Mather, Lewis Turner.





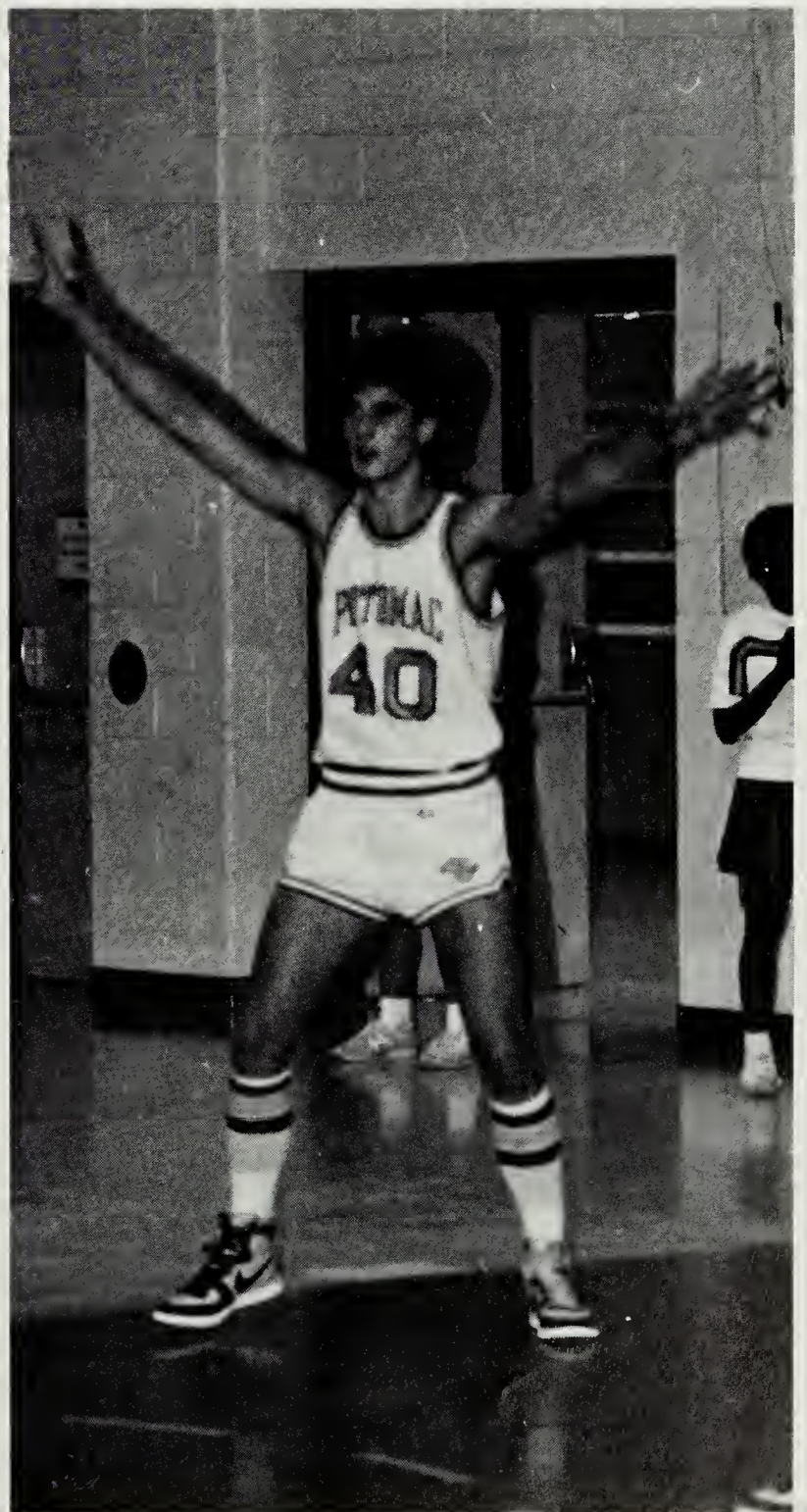


After ripping down an awesome rebound, Ben Smith looks for the outlet pass. Fastbreaking was a major element in the Freshman team's fast paced games.

and Bill Brown as assistant coach the team had it's best season ever has a promising future Despite losing two key starters midway through the season, they still managed to pull off a great season and even posed as a district threat for the very first.

Despite their lackluster performances and their final record, the boys junior varsity basketball team played hard and were contenders in most games. "They played tough teams, but they usually got the short end of the stick," said first year coach Sullivan. However, the boys freshman team was another story. They had strong players who worked hard throughout the season. Although they lost some players to the J.V. team, they remained as strong as ever.

Displaying the skills that got him moved up to the J.V. team, Ted Hupka signals to his teammates that he is open.



Boys J.V. Basketball **Front row:** David Coleman, Frank Chimento, Troy Washington, Todd Skillman, Blair Keeler, James

Meyers. **Back Row:** Coach Sullivan, John Martin, Todd Sentz, Rick Edgington, Steve Snyder Leonard Holmes.



**Tracy Hansen (50) jumps** for the ball to start the Gar-field game as Tess Conway (11), Cathy Hadley (13), and Cindi Morrone (30), get ready to go for the tip.

**In practice,** Cindi Morrone concentrates on a foul shot. The team used breaks for foul shots to rest during hard practices.

### Girls Varsity Basketball

Gar-Field	<b>51-45</b>
Osborn Park	<b>45-40</b>
Fauquier	<b>43-35</b>
Stonewall	<b>56-37</b>
North Stafford	<b>61-68</b>
Stafford	<b>66-56</b>
Woodbridge	<b>50-64</b>
North Stafford	<b>51-40</b>
Gar-Field	<b>67-53</b>
Osborn Park	<b>41-43</b>
Stonewall	<b>51-32</b>
Stafford	<b>62-43</b>

### District Tournament

Stonewall	<b>66-46</b>
Gar-Field	<b>47-48</b>

**W • L**  
9 - 3



**Girls Varsity Basketball: Front Row:** Kirsten Kelly, Darlene Bardon, Christine Sowala, Robin Osler, Leslie Wilfong, Cindy Condrey. **Back Row:** Coach John Jenkins, Tess Conway, Norma Bense, Tracy Hansen, Tina Summerfield, Cindi Morrone, Kathy Hadley, Coach Lorraine Palumbo.





## *Excellent Season*

"We had an EXCELLENT season!" exclaimed Varsity Girls Basketball coach John Jenkins. That is exactly how to describe the varsity team, who finished second in regular season play.

The highlights of the season included beating Gar-Field twice and only losing three district games. In scoring, the team was led by Tracy Hansen, Tess Conway, and Cathy Hadley, and in rebounding by Norma Bense, Tracy Hansen, and Cindi Morrone. Defensively and offensively, Cindi Condrey, Robin Osler, Leslie Wilfong, Christine Sowala, and Darlene Bardon could always be relied on for neverending hustle, determination, and spirit.

The Panthers averaged scoring 51 points a game and held their opponent to 37 points. A little determination, hard work, and fun plus a lot of skill kept the girls varsity on top this year, and with good results. The team finished in the highest place ever. "Our team is like a family," said Lorraine Palumbo, "We always hate to see the season end."



**Tess Conway fast breaks** to another lay-up in the Woodbridge game at home.



# Gaining Experience

The Junior Varsity team featured many promising athletes who should contribute to future Varsity teams. Captains Deana Natale and Robin McBride led the hard-working team, which featured a strong inside game with Michelle Leverstein, Jenny Beyer, Jean Cleary and Kelli McGee. Anna Reid, Peggy Pasek, Kim Edwards and Paula "cool" Williams were the team's high-spirited Guards. Everyone in the group was a high contributor. Their season, like Varsity's was highlighted by a game against Gar-Field which went into double overtime.

The Freshman team, coached by Tim Bass, gained valuable experience and improved throughout the season. Their hard work and improved game should provide an excellent J.V. squad for next year.

**After warming up,** the Junior Varsity squad huddles before the start of the game.

**Girls J.V. Basketball: Front Row:** Deana Natale, Paula Williams, Chelsea Hart, Michelle Klopp, Robin McBride, Peggy Pasek **Back Row:** Kim Edwards, Kelli McGee, Jean Cleary, Michelle Leverstein, Jenny Beyer, Michele Pitt, Anna Reid, **Coach** Martha McFadden.







### Girls J.V. Basketball

North Stafford	30-25
Osbourn Park	35-41
Fauquier	34-37
Stonewall	51-34
Woodbridge	26-34
Gar-Field	47-49
Stafford	47-42
Fauquier	17-41
Gar-Field	28-52
Woodbridge	21-48
Stafford	30-41

**W-L-T**  
3-8-0

**Sophomore Varsity Player,** Tina Summerfield guards a Gar-Field player in the last few seconds of the game despite a knee injury received earlier in the year while playing for the volleyball team.

**Girls Freshman Basketball: Front Row:** Stacy Horowitz, Alisn Tague, Jenny Aubin, Maria Staggers, Adina Horowitz, Theresa Stitts, Michelle Mussomele, Jeanie Edgington, **Back Row:** Mr. Bass, Monet Funn, Tina Jackson, Angie Fitzgerald, Ali Stirling, Cindy Hall, Jennifer Rohen, Tammy Bruffey





# Young Talent

The 1985-86 gymnastics team performed well this season despite losing several meets. The team was led by all-around Maria Natale, the only Junior on the team. With the addition of several promising Freshmen, including all arounds, Kim Ridgely and Marsha Griggers, the team should only improve.

The team had several close losses, losing by two points to Gar-field and Woodbridge, and by less than one point to 1985 State Champs, Os-bourn Park. However, Potomac did come back to beat these teams by placing eleventh in the prestigious Parkview Invitational. The highlight of the season was when the Panthers took second place at the Washington-Lee Invitational.

With no Seniors leaving, and a lot of young talent, the girl's gymnastics team will definitely be one to look at in the future.



**Striking a picture** perfect pose during her floor exercise, Marby Ingle prepares to finish her routine.

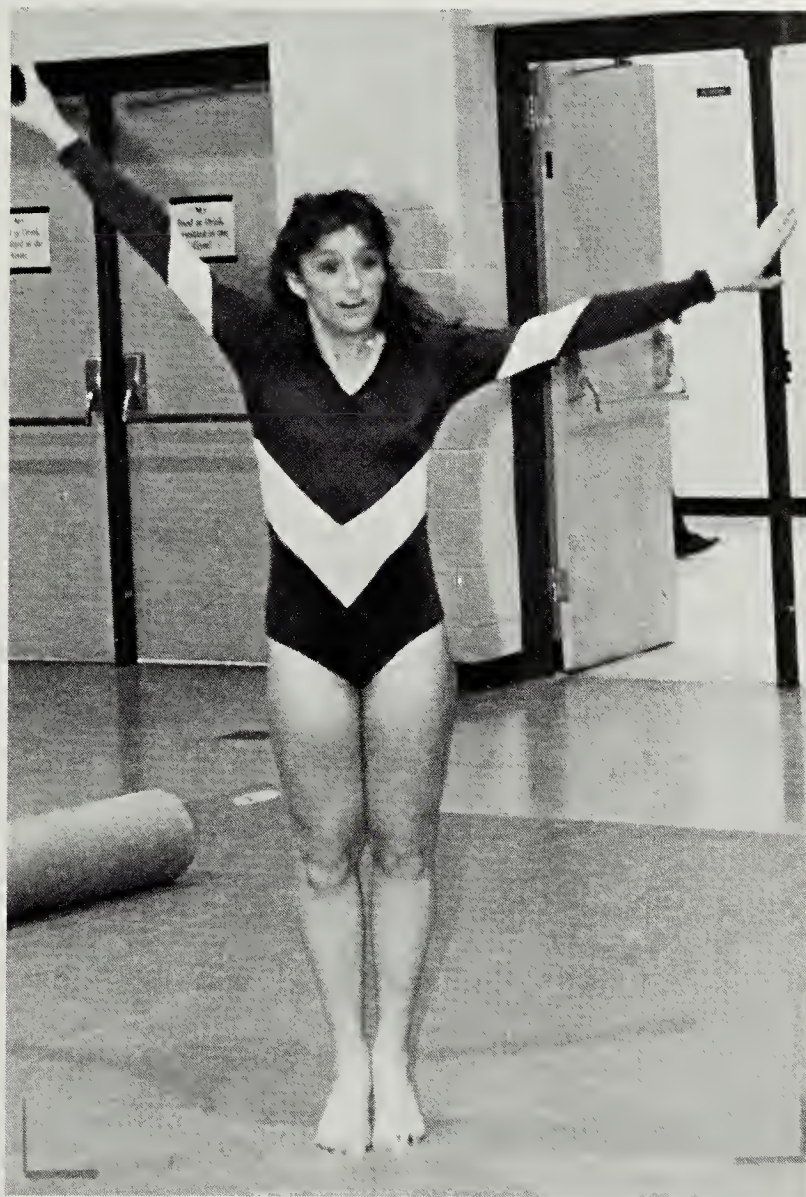
**After completing** her floor routine, Maureen McGovern prepares to leave the floor and receive her score.







During a break at a meet, Miss Eaton, Michele Stone and Tracey Roye discuss the scores and share some quick jokes to ease the tension.



#### Gymnastics

Osbourn Park	<b>79.25-79.5</b>
North Stafford	<b>88.05-97.3</b>
Parkview Invit	<b>11th</b>
Gar-Field	<b>88.05-90.1</b>
Stonewall	<b>89.10-89.75</b>
Woodbridge	<b>88.30-90.5</b>
James Wood	<b>75.1-88.2</b>
Washington Lee Invit	<b>2nd</b>
Fauquier	<b>88.2-93.5</b>
Districts	<b>7th</b>

**W-L-T**  
0-7-0

**Front Row:** Maria Natale.  
**2nd Row:** Michelle Stone, Marsha Griggers Griggers, Kay Shultz, Chrissy Beaman. **3rd Row:** Mary West, Tracey Roye, Kim Ridgely. **4th Row:** Sandy Fox, Maureen McGovern, Marby Ingle, Miss Eaton, Dawn Graham, Carol Shirley, Jennifer Newey. **Not pictured:** Teri Connolly.



**Maria Natale prepares** to begin her final tumbling run. Maria was a valuable asset to the team, placing in nearly every event.



# Staying On Top

the graduation of five Seniors and two wrestlers competing with injuries left the team of 42 facing a year of transition and rebuilding. The squad consisted of just three Seniors and only three others with Varsity experience.

Over three-fourths of the team were Freshmen (19) and/or first or second year wrestlers (13). Still, the team made impressive showings. They took second place at the Richmond Christmas tournament and placed third in the District and fifth in the regionals, sending four wrestlers to State. Bruce Earnhart and Greg Craine won Districts. In addition they had four second place finalists at Districts along with a fourth and two



**Sophomore Jim Thrall** struggles to break the grip of his opponent. With wrestlers like Jim, the Varsity squad did well at their matches.

**Waiting for the referee** to raise his hand at the end of this match, Scott Sonnenberg shakes his opponent's hand.







**Senior Mark Riley** attempts to gain points by getting his opponent into a certain type of body lock. Scott served as Co-Captain and will be missed by the team.

**After winning his match,** Travis Harris has his hand raised by the referee, signaling victory. The Varsity squad had a very good year because of wrestlers like Travis.



#### Varsity Wrestling

North Stafford	<b>56-12</b>
Deep Creek	<b>20-39</b>
Gar-Field	<b>20-49</b>
Richmond Tourn.	<b>2nd</b>
Osborn Park	<b>44-22</b>
Fauquier	<b>45-26</b>
James Wood	<b>31-33</b>
Stonewall	<b>29-33</b>
Woodbridge	<b>23-38</b>
Stafford	<b>62-3</b>
Dist. Tourn.	<b>3rd</b>

**W-L**  
4-5



**Varsity Wrestling: Front Row:** Brian Martin, Scott Sonnenberg, Joe Taylor, Scott Heiser, Mike Comer, Ashton Hildreth, Travis Harris, Scott Ruhren. **Back Row:** Coach

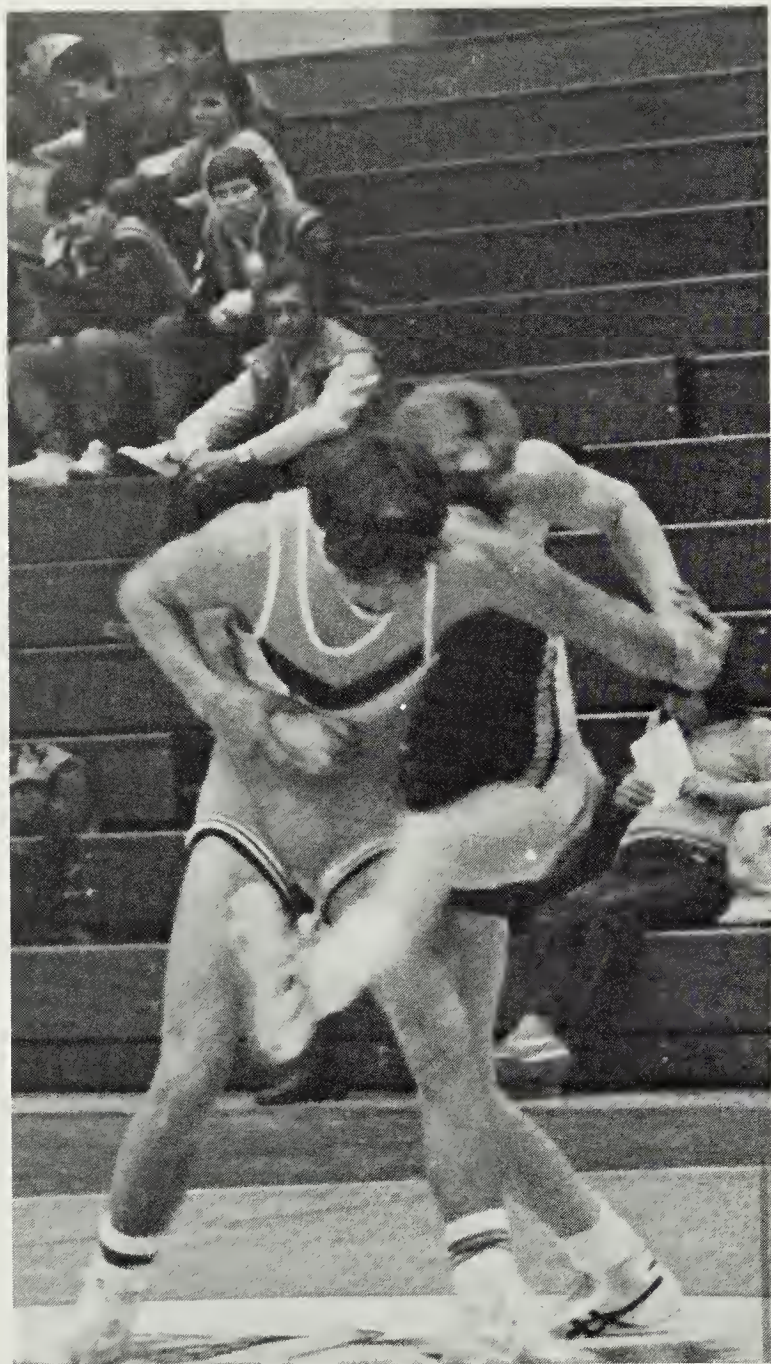
Carr, Bruce Earnhart, Pete Stapor, Cag Forehand, Greg Craine, Warren Carter, Mark Riley, Richie Fields, Craig Halliday, Coach Cambell.



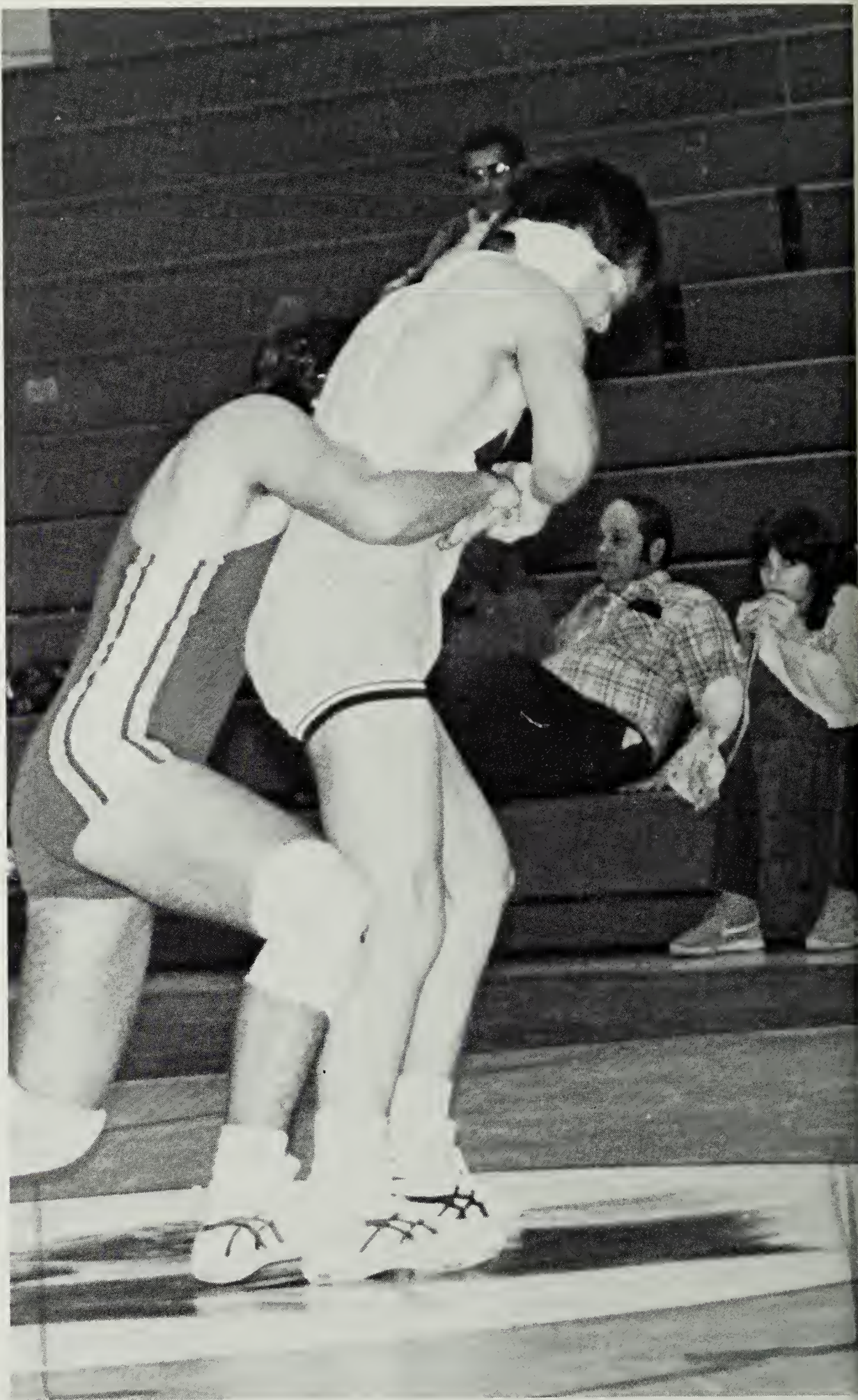
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fifths. At regionals they had three seconds, one third, two fifths, and a sixth.

The dual team record of 6-8 was a little misleading as the team lost two meets by 2 points and the other by only 4.

"The squad gained some valuable experience this year that should help next's year's team to be more competitive, but we will miss Senior Co-Captains Mark Riley, Bruce Earnhart, and steady Scott Heiser." said Coach Carr.



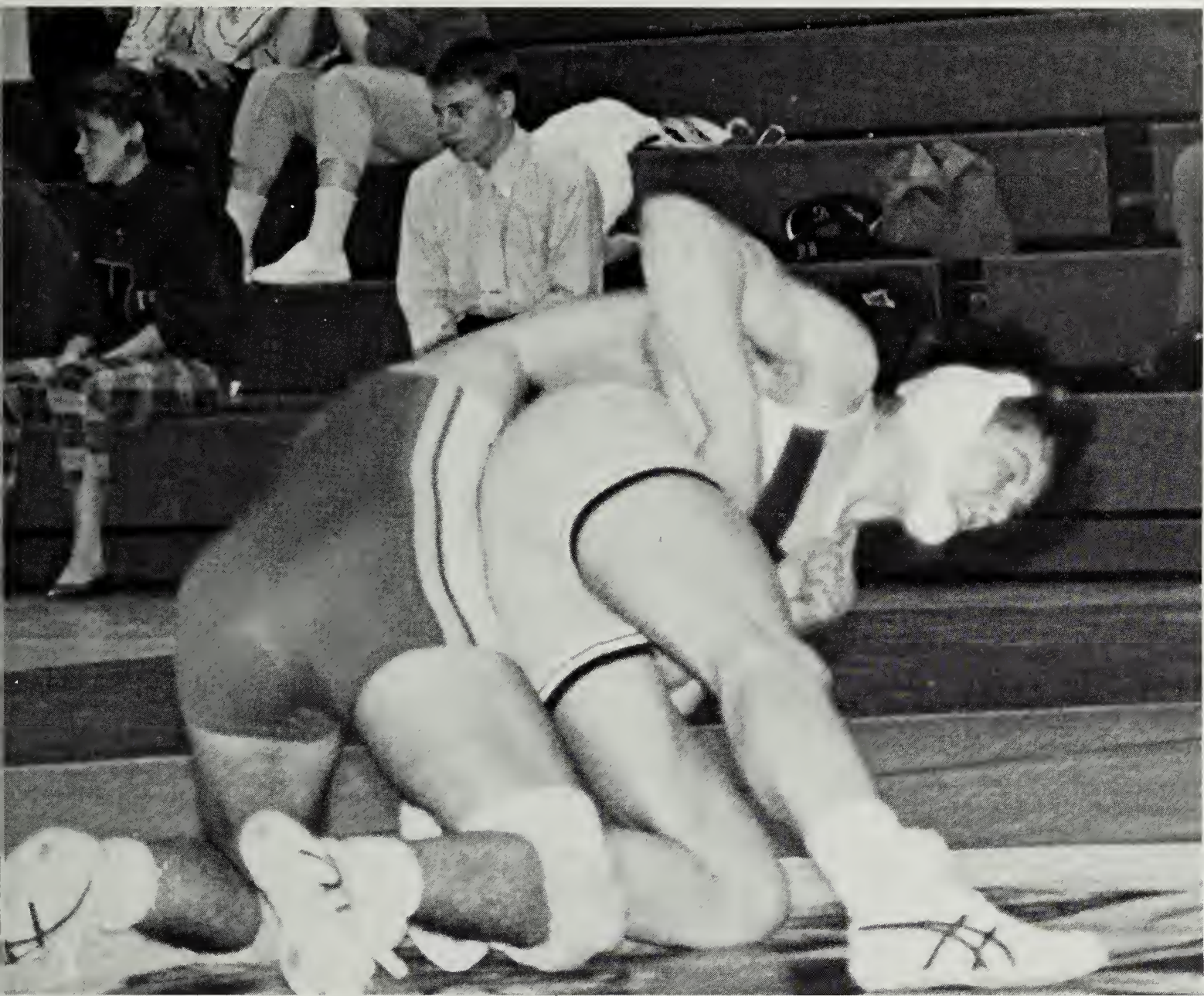
**Getting a good grip** on the Stafford Wrestler, Eddie Brunner attempts a flip to the mat.



**Wrestler Eric Trischuk** fights to get free of Stafford's Stacey Rhoady's grip. Eric was a very promising wrestler on the J.V. squad.



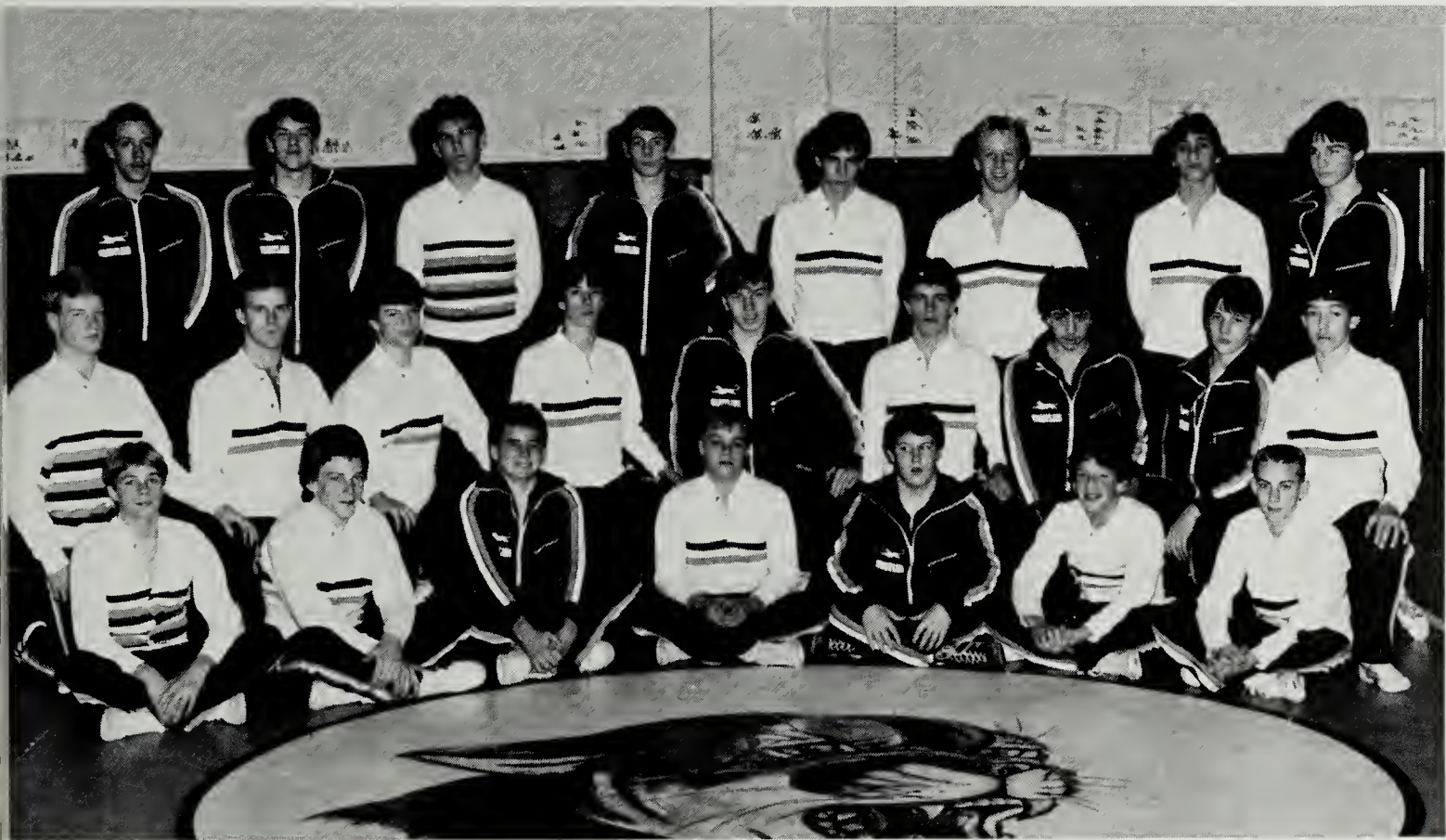
Here, Eric Trischuk tries not to get flipped on his back. His opponent in this match was Stafford's Stacey Rhodey.



J.V. Wrestling

North Stafford	51-6
Gar-Field	30-36
Richmond Tourn.	5th
Osborn Park	60-2
Fauquier	35-41
James Wood	16-29
Stonewall	18-52
Woodbridge	37-34
Stafford	33-39

W-L  
3 5



J.V. Wrestling: Front Row: David Leisten, Jason Loos, Andy Rendall, Chris Szanko, Tony Dearing, David Gardziel, Turner Miles. Middle Row: Brooks Madden, Andy Dearing, Wes Stearns, Tom Jarmen, David Darling, Andy Blenke, Anthony Caliendo, John LeBarier, Matt Charleston. Back Row: Jim Thrall, Eric Trischuk, Greg White, Steve Bonner, Aaron Vandelinde, Kelly Dillinger, Chris Colletti, Pat Vandelinde.



**After warming up** in the main hall, Bryon Ervin puts his sweat-pants on for the team's ritual run of the trails. The workout Mr. Szymonski put them through was in preparation for the track meets.

**Running hard** builds up speed so that Scott Callantine can get up and over the bar. Scott is trying hard to beat his record height of ten feet.



**Everyday after school**, warm up began promptly at 2:15 p.m. Narve Bliendhan, Katy Hernandez, Malinda Antonik and Kari Zehner do deep knee bends while Ralph Griggers prepares to start.



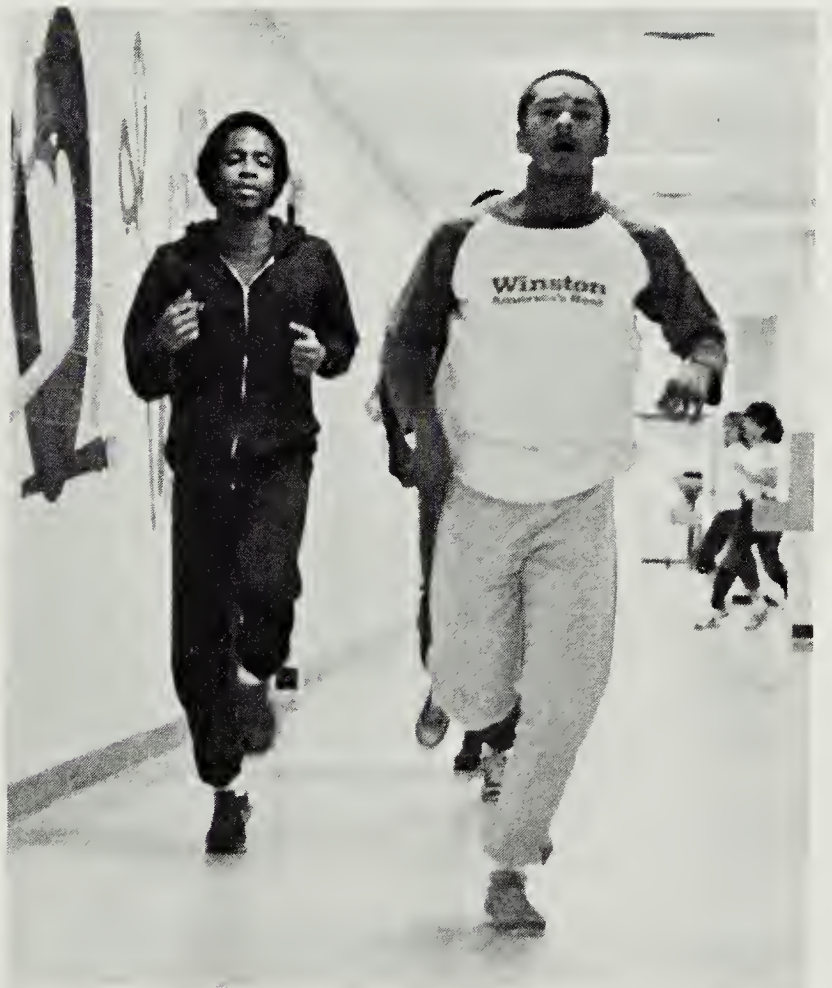


# Inside . . . Outside

Due to the lack of an indoor track facility because of the small size of the school, the indoor track team had to practice outside or on very cold days in the halls. Usually the meets were held at major universities, like George Mason, William and Mary and V.M.I.

The relay team finished first in districts. Individual members of the team also excelled in their particular events. Amy Cassady finished with a second place in the 500 meter relay and led the girls 800 meter/mile relay teams to second and third place. Mike Naifeh finished second in shot put. Fourth place finishers were Gary Martin in triple jump, Narve Bliendhan in the 55 meter run, he also qualified for State and Mike Wright in the 1000 meter run. Bryon Ervin and Mike Peverill finished fourth and fifth consecutively in pole vaulting. And for the long jump, Tiffany Fonte placed fifth.

In the words of Coach Bill Stephens, "It was the best season in three years," which proves that training for Indoor Track outdoors doesn't affect the efforts the team has put into their events.



**Because of the inclement weather,** the team is forced, at times, to practice inside. Team members, Gary Martin and Larry Alexander run laps in the halls around the auditorium.

**Sometimes the track meets** would last the entire day so the team would compensate for the lack of comfort with articles brought from home. Listening to his walkman, Mike Naifeh relaxes on a pillow.



**Erin Fitzgerald** takes a break to smile for the camera. Erin enjoyed being on the other side of the camera for a change.



**Catching some ZZZZ's** on the 16 hour train ride to Nationals, Ann Beamer cuddles up with her radio and cheerleader doll.



**During the first** pep rally, Mr. Jenkins tries to coax Stacy Talbott into joining him in his stiptease.



**Varsity Cheerleaders: Front Row:** Andrea Tardiff, Stacy Talbott, Susan Vowell, Ann Beamer, Terri Fitzgerald and Kim Little. **Back Row:** Tami Crawford, Vicki Ellis, Jodie Agatone, Paula Hollar, Maria Natale, Angelique Wangner and Gina Gombar. Not pictured- Erin Fitzgerald.



**Before the cheerleaders** go out and perform, Andrea Tardiff gets a quick trim from Mrs. Vowell.

"Go Big Blue!" Juniors Gina Gombar, Angelique Wangner and Jodie Agatone raise spirits during a time-out at one of the basketball games.

## NO PAIN . . . NO GAIN!!

"No Pain-No Gain!" These were the words often heard by many students passing by the hallway where the Varsity cheerleaders practiced. This statement was used throughout the year to remind the girls that with out a little pain and effort they'd never make it to the top. And the top was exactly where the Varsity sat all year long.

Back in July the Varsity, J.V., and Freshmen squads attended a NCA cheerleading camp for a week. Despite all the hard work, hot weather and the arguments, all three squads brought home the top awards given. The three squads received 5 blue ribbons and a Spirit Stick each night. Both the Varsity and J.V. were in the run-off for the Award of Excellence, and the Varsity brought home this long awaited award. "It was a great honor to be the only J.V. squad to compete for the Award of Excellence," said Sandi Lupo. On the last day of camp Vicki Ellis was named All-American Cheerleader out of 300 other girls; Chrissy Callahan, Paula Hollar, and Maria Natale were also nominated for this award. With the combination of all three squads, they once again, for the third consecutive year, won the Spirit Megaphone. "I think the Spirit Megaphone is the most important award because all the other squads vote on who they feel is the best all around school, and we won!" said Stacy Talbott.

Since the Varsity won the Award of Excellence, they were qualified to compete in the National High School Cheerleading Championships in Orlando, Fla. Of course the girls were already packing their bags and were ready to go, but two things stood in their way: approval from the school, and money! Once the approval was given, Varsity started right away with trying to raise \$5,000 for the trip. With the help of the J.V. and Freshmen, parents, businesses, bake sales and balloon sales, the money was finally raised. During all the fund raising the Varsity was also busy cheering for wrestling and basketball games, pep rallies, practicing every day and night, tending to bruised knees, sore muscles, and trying to keep up their grades.

Despite all the mishaps and frustration during the couple of days before competition, the Varsity ranked 32 out of a field of 86 squads from all over the U.S. "We may not have won, but it was a great experience and we had a lot of fun-it was definitely worth it!," said Junior, Erin Fitzgerald.

Ms. Dianne Ferree was the sponsor of the Varsity, and her time and patience was a great asset to the squad. With the help of the captains Stacy Talbott and Susan Vowell, the Varsity worked very well together and got many things accomplished.

For the first time in the history of Potomac, the Varsity cheerleaders were reconized for more than just a bunch of girls out there to support the teams. They were truly dedicated atheletes in their field.



# Holding Their Own

With all the attention going towards Varsity and Nationals at Florida, the Junior Varsity and Freshmen Cheerleading squads had to hold their own. Even though most of the time they were lost in the shuffle, J.V. and Frosh didn't let Varsity go it alone.

Every Friday night football game held on home turf had forty-two cheerleaders running around the stadium. While the Varsity cheered to get the crowd's enthusiasm level up, J.V. and Frosh were spotted everywhere. The Freshmen traditionally had the job of selling the Official Program. Money raised from the Programs went towards the Football Fund. In order to help finance the Varsity cheerleader's trip, to national competition Junior Varsity found themselves selling balloons. This was harder than it sounds, the balloons were filled with helium and it seemed impossible to keep a hold of them. "Every time a balloon would get away from us, Miss Ferree could be heard counting out loud 'SEVEN!, EIGHT!'" stated Sophomore Tina de los Santos. "We would always ask the little kids, then they'd go beg their parents!" said Debbie Sheppard. Though selling balloons to Panther fans was rough, selling to the opponent was unlikely. "Once, a guy from the other side came up to me and asked to buy a balloon, then he popped it in my face! But I smiled 'cause I had his money," recalled Sandi Lupo.

Along with selling at home games, J.V. and Frosh had their own games to cheer for on Wednesdays. "The game I remember best was against Stonewall. It started raining on us and we got so drenched," said Freshmen Julie Blanchfield. Both squads had the option to quit but neither thought twice. It takes dedication to jump and yell through rain or to wear those miniature mini-skirts in the middle of winter, and dedication to Potomac is exactly why they did it.

**Freshman Cheerleaders: Kneeling;** Melanie Jackson, Keshia Hinson. **Second row;** Lynn Brockman, Tina Jackson, Gretchen Moss, Lisa Lansing, Christi Hart, Bunkye Chi. **Third row;** Ginny Lazar, Stephanie Bell, Julie Blanchfield.



Pausing before a motion in the Hello cheer is Heather Hynson, Michelle Boyd, and Tiffany Fonte.



Freshman Cheerleaders show who's number ONE. Sideline chants were performed to keep the crowd enthused.





**J.V. Cheerleaders First row;** Lisa Knecht, Lisa Ramey, Willette West. **Second row;** Sandi Lupo, Tina de los Santos, Michelle Boyd, Debbie Sheppard, Susan Stross, Tami Crawford. **Third row;** Renee Brown, Laura Theiling, Heather Hynson. **Top row;** Susan Zovak, Tiffany Fonte, Kim Lear.



**Dedication and careing.** Christi Hart and Julie Blanchfield decorate the lockers for Freshman players. Decorated lockers and goodie bags were some specialties enjoyed by J.V. and Frosh players alike.



**Ready and waiting** for Panther fans to arrive, Tina de los Santos stops to pose for the camera.



# Footloose And Fancy Free

Heads toss, legs fly, and smiles flash in perfect unison. "The award winning Pantherettes", as described by the school announcer, Mr. Kite have had an exciting and fun year. The Pantherettes intrigued and delighted both the football and basketball crowds with their intricate dance routines.

After tryouts in April, the Pantherettes began practicing during the summer for the annual "Superstar Drill Team Camp" held at the university of Richmond. The sponsor Ms. Drowns said at camp, "I knew this year's team would be great because they didn't argue or complain among themselves." At camp they received many awards; a trophy for their home routine, a sweepstakes trophy, the spirit pom and the precision dance award. Superstar girl awards were received by Dawn Swecker, and nominations were received by Carol Blanton and Tanya Smythe.

The Pantherettes ended their season by competing in the Miss Capital City Drill Team Pageant in which they performed three routines.



**While stretching out,** Kelly Phoenix and Carol Blanton go over the routine for their final basketball performance of the year.



**During a half-time** program, Amy Griffin and Annette Widener perform "Bandland Boogie" to music provided by the Marching Band





**Pantherettes: Front Row:** Amy Griffin, Tanya Smythe, Kara Cosgrove, Kristy Hall. **Middle Row:** Dawn Swecker, Unhui Chi, Hymnee Lee, Danielle Decent, Tina Miles, Lisa Alonzo, Penny Lottman, Carol Blanton, Elise Scott. **Back Row:** Christy Hoyt, Lisa Bolk, Candy Covington, Lori Burchard, Deanna Davis, Kelly Phoenix, Annette Widener, Cheryl Beyer, Cara Polk, Chris Crossley.



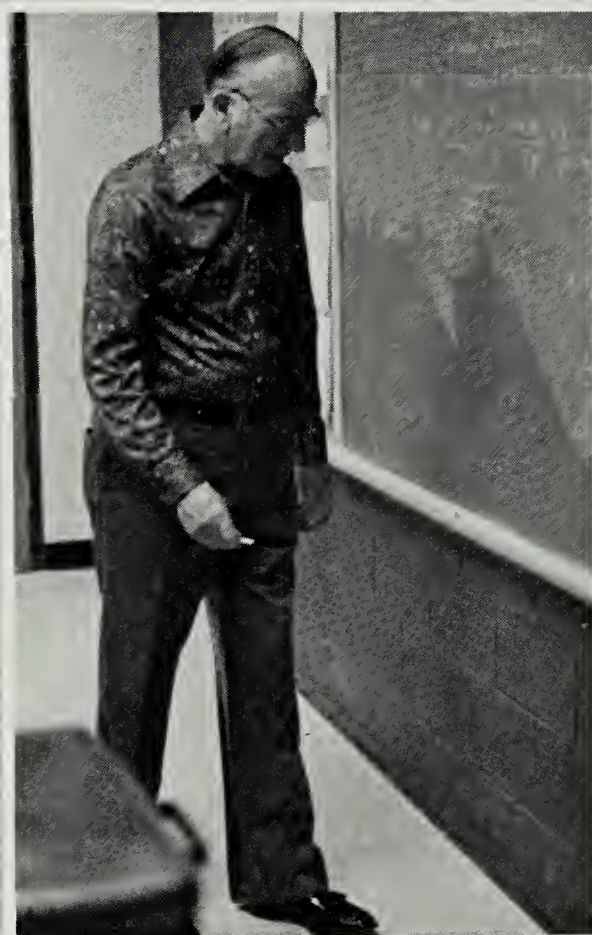
**Performing the traditional** "Rock Around the Clock" routine at the first football game, rookies Tina Miles, Danielle Decent and Kim Ball dazzle the crowd with their precision.

**Enchanting the crowd** with a radiant smile, Elise Scott dances to the beat of the band.



# People

When Clint Eastwood said, "Make my day!", he wasn't talking about how many people are involved in making a day at Potomac an enjoyable one. Students, parents, teachers, counselors, administrators, librarians, secretaries, bus drivers, custodians and cafeteria staffs all worked together to make the calendar a workable one. All of them kept the daily routine running smoothly. This routine ran from dawn until dusk. Sunrise- The bus drivers were on their way to pick up and deliver students. Once there, classmates gathered in the halls and talked to friends until the bell. Noon- The cafeteria staff prepared lunch and fed the hungry hoards. It was the high social hour, for teachers as well as students. Afternoon- The mad dash, as buses reloaded to shuttle chattering friends back home. Teachers attended meetings and assumed the roles of coaches, sponsors and parents. Sunset- The custodians emerged to remove the remains of a productive day's work and to prepare for the next. Midnight Hour- Silence, the school sleeps only to be awakened 180 times a year by the people of Potomac.



**At the beginning** of the second semester, Potomac welcomed Mr. Cummings, a retired Air Force engineer and pilot, as the replacement teacher for Ms Barrett. He now teaches Algebra and Physics.

**A sunny spot** provides respite from the gloom of indoors as Ricky Sullivan takes advantage of a nice day to practice the guitar outside.



**Balanced precariously** on his skateboard, Charlie McDonald threatens to go tumbling headfirst into the snow.



*If You Only Knew...*



# Leading The Senior Class...

Leading the Senior Class was entrusted to Missy Caddigan, Class President.

Missy proved to be a versatile athlete also. During her high school career she participated in basketball, volleyball, and played on the State Championship Softball Team.

Her active leadership began in ninth grade as captain of the Freshmen Girls' Basketball Team and continued into the Sophomore year when she served as captain of the J.V. Volleyball Team. As a Junior Missy served as the Class Treasurer.

With these experiences it was appropriate that Missy was selected Most Athletic, Best All Round, and Most Likely to Succeed.



## Senior Stats

**Dave Agatone** DECA 12, Art Club 12, Band 9-11, Drama 10-12; The day I quit band—the best move ever! Remember Punk Rock rules over Heavy Metal!

**James Alexander** Ninth grade and first day of school—Mr. Sly, Mr. Goodwin, Mr. Kadis P.E. and Dr. Ed. with Mr. Gardziel, History with Mr. K. and Ms P. First varsity football team.

**Lisa Alonzo** Basketball 9, DECA 12, Pantherettes 11, 12, SCA Rep 9-12, Jr. Civ. 10-12 SADD 12; The past two years with Glenn, carpool talks with Cheryl, Amy and Tanya. Prom '84, Homecoming '83, Dec. 27, '84 Ocean City, Longwood, T.S.'s party, All the great times spent with my friends.

**Kathryn Anderson** Tennis 10, 11, Crew 9, 10 Jr. Civ 12, Foreign Lang. 9, 10; F.V.'s party for me. B.C.'s house. Beach Crew! After hours parties at my house. Dale City Generators! Best friends—C., P., J., D., L., & J. Apr. 5, day I met S.D. I'll love you forever!

**Patricia Anderson** FBLA 12, SADD 12, Jr. Civ. 12; To my grandparents, who never got to see this day. To R. and P. for always being there to help me through my ups and downs and to my pals, P.T. & D.L. and especially C.S. who always listened to my problems. Thanks guys!

**Brian Angle** I remember how much work

there was in getting through each day!

**Mark Anglin** VICA 11, 12 ICT 11, 12 Drama 9, 10 I've enjoyed the past four years but I'm glad it's over!

**James Atkins** DECA 11, 12; From Freshmen Paranoia to Senior Insanity. Being a senior aide for Peaches. NEVER stop J.J. you're the best. B.F.'s 200+ people party! B-ball in the midnight hour. Look out VA Beach, here comes the most spirited class. Party forever! May U live 2 See The Dawn! **Nancy Bagato** NHS 11, 12 Art Club 10, 11, 12 (Sec. 10), Drama Club 9, 12; Lit. Mag. Art Editor 12; The Hawthorns: Here's to you for 3 great years! S., do elephants...? Don't forget P. & C. do mix; sightseeing; transcending M's class, and walking meatloaves I have known. I shall probably be an eternal student

**Michelle Bailey** Basketball 9, 10, 11 Softball 9, DECA 12, Class Sec. 12; Thanks J.D.C.D. Belch, P.F.Ita, Oluvmel!

**Jenelle Ballard** Pep Club 9, 10, 12; I leave my younger sister all my good study habits. To my best friend D.C. I leave all my love.

**Michelle Banks** FHA 9, 10; L. don't forget me and all the good times we had at Godfather's. You and T. have been the best part of my life. Good luck guys! Love ya! Don't forget A.N. J.K., V.V., D.R., J.W., R.H., S.C., A.H. K.W., and T.C.

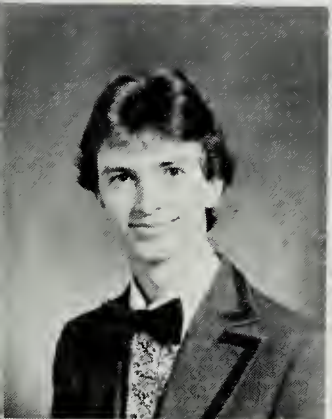
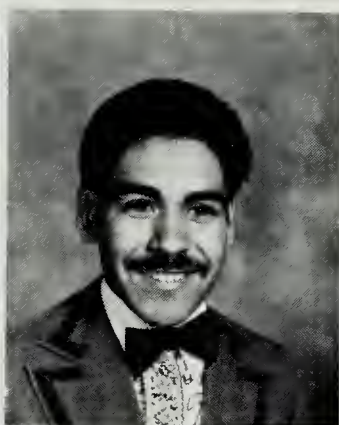




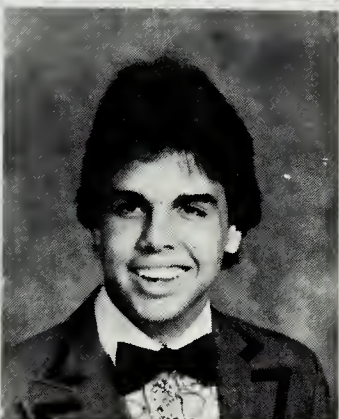
## Senior Stats



David Agatone  
John Albers  
James Alexander  
Lisa Alonzo  
Damon Alavarez



Kathryn Anderson  
Patricia Anderson  
Brian Angle  
Mark Anglin  
James Atkins



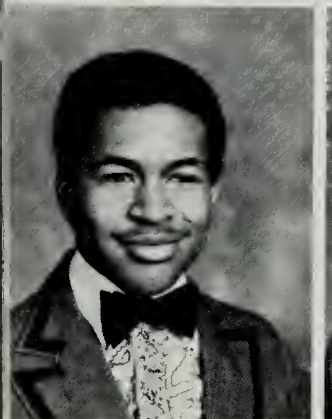
Bradley Aycock  
Nancy Bagato  
Michelle Bailey  
Richard Baima  
Jenelle Ballard



Michelle Banks  
Susan Barger  
Christopher Barko  
Mindi Barrett  
Anne Bartosch



Ann Beamer  
John Beckman  
Michael Belforte  
Kevin Bella  
Caesar Benavides



William Bennett  
Laura Best  
Cheryl Beyer  
Joseph Blade  
Richard Blanchfield



**Susan Barger** SCA Rep 9-12, Jr. Civ. 11, 12 The partying with K.J., E.C., N.B. & M.H. Summer of 84 K. & our hangups A.D. & S.C. Ocean Cty; staying at S's; double dates, spending the 6th at S.T.'s, K. losing my keys, G-town & S.R., S.C. Thanks for the talks.

**Chris Barko** Cross Country 9, 10 Golf 11, 12 Track 9, 10 Sci. Club 12 Computer Club 11 For. Lang. 9, 10; I leave my golf talent to M.A. and all my notebooks to anyone who needs an A.

**Mindi Barrett** Crew 9 Jr. Civ. 10, 11 Key Club 11, 12; My best friend H.H. the wine tasting, window wiper music, never making it to school on time, P. sleeping in Math Analysis, Bubbles, wrestlers, movers, the Airforce, wringing out teddy bears, driving backwards thru Wendy's, waking D. at 9am Fun Day! P.B. who added so much to my Sr. yr.

**Anne Bartosch** Hist Club 11, 12 FBLA 10-12 Sec. 11, Pres. 12 SADD 11, 12 Drama 10, 11 Lit. Mag. 12 Flag Corp 9-12 (Capt. 11, 12 My Jr. year with S.S. Thanks to M.A., J.P., S.P. for being there. Good Luck to future Flags and FBLA- Breeze!

**Ann Beamer** Cheerleading 9-12 Jr. Civ. 9, 11, 12 Teen Counseling 11, 12 Choir 9-11 Cam. Singers 11 Class V.P., 12; Times with S., D., S. K.D. Competition, Camp, S.L. Wdbrdg. guys Lk. Rdg. roads, McDonalds, C<sup>2</sup> & Craig, Widewater, the gang McAllisters, Fergies, NY Eve, get small, wael, uden uden, C.V. "bag that", "coop", C.S., Beckhead, lynote, Hey Guys, I'm not skinny.

**Michael Belforte** Wrestling 9-11 SCA Rep. 10 NHS 11, 12 Jr. Civ. 10-12 Math Club 11, 12 Computer Club 11, 12 SADD 11, 12 Some seriously awesome dudes. S.C., Mr. Flap, S., M., The real Mr. Wilson (P.R.) Mr. Trim, Fat Boy, Rabbi, A.J., J.E., Slamming, stage driving at 9:30 club. Our toga party . . . Del Lords, Slickee Boys . . . Those wild & crazy hotel parties.

**Caesar Benavides** Football 9-12; Soccer 9, 10 Jr. Civ. 11; Going to school trying not to laugh so much. Partying with T.Q., C.F., T.A. T.B., Colt. M.B. getting chased by the cops. C.H., M.S., T.S., T., B., & me busting T. out. Pushing his car all night. Going to the library. Don't forget Lou, Don, & Coach.

**Tammy Bennett** DECA 11, 12



### Lending A Helping Hand

Working with the senior class President are the other senior class officers. Ron Dulin was Missy's right-hand helper as Vice-President, Cindy Ruffner as class Secretary, and Stacey Darr as class Treasurer. Advising the class officers were the sponsors, Mr. Jenkins and Ms. Palumbo. These seniors along with the sponsors worked very well together in getting

more projects and activities lined up for the Class of 86'.

Their hard work and concern paid off in many areas. One was, of course, the Spirit Award won by the Class of '86 for the third consecutive year.

Thanks to the officers and sponsors for their dedication in making the class of 86' the BEST EVER!



# Senior Stats

**Narve Blinheim** Track 12, German Club 12, This year at Potomac has been a very interesting yr. I have a lot of good memories and have made a lot of friends. (Foreign Exchange Student)

**Theresa Boulden** To Deb McElveen, Here is a salute to all our good times. "Over the lips and past the gums, watch out stomach here it comes."

**Paula Boykin** SCA Rep. 9-12, Jr. Civ. 9-12, Teen Coun. 11-12, Hist. Clb. 11, Foreign Lang. Club 11-12, Lit. Mag. 12, Newspsper 11-12, (Editor 12, Feature Editor 11); Va. Beach 85 Richmond, UVA 84-85, Off. Tyron in the commuter pkng. lot, "The Bun Truck", "narf-narf", the DOLLAR Comfort Inn and Econolodge, Social gatherings at Mo's and my houses, planning with B., Ms Palumbo and Ms Polk; Dianne and Bill; Ms Emmons' class; Jo's house; All my friends M.G., S.D., S.K., D.D., T.E., K.D., M.B., M.C., T.H., C.B., P.E., S.W., Mk. Fl. in Math Anal. and most importantly — the traffic lady.

**Nina Bradshaw** SCA Rep. 11, FBLA 12, COE 12; My two best friends, S. D. and A. M., The best of times.

**Cheryl Brady** FHA 10, 12; Drama Club 9; T. falling on floors, M. being afraid of pictures and T.C.'s friendship, chalk and erasers.

**Michele Brady** FHA 10, 12, Drama Club 9; To C.B. for the good times we had and the bad times we went through - we stuck together through it all. No other sister could mean more than you.

**Johanna Branham** Volleyball 9, 10, Capt. 10; Softball 9; Sharing my 4 years with Sean. My 2 years in volleyball.

**Keith Brown** Orchestra 11-12, Band 9-12, Lit. Mag. 12, Parties! Judas Priest concert, Fire, explosion in Lab; holes in floor, 4 accidents in 2 weeks. Fast, Later on . . .

**Maria Brown** Soccer 9-12 Capt. 12; B.L. I'll never forget you. Mr. Clarke it really was a blast! R.J. and Eng. 11 and study hall with Crispy and Mr. Hayes. A.T. it was great while it lasted. Prince is my dream. Four years of soccer- Coach Munnel, you're the greatest! You're like a mother to me-I'll never forget you! Hey Arj turn to page 98! T.B. & C. in Petersen's class. MARIO!!

**Tracy Bruggen** Marching Band 9, 11, 12 Symphonic Band 9-12, Drum Major 12, The great times and hard work in marching band, S.Y. lunch bunch, sick of school parties in May, crowded halls Symphonic I's, transcendentalism, Mr. Bass' class, the mall at Christmas with C. and T. Finale from Shostakovich 5th, paper clips, P. and T.'s antics.

**Renee Brunson** Track 10, Foreign Language 10, DECA 12, FHA 9, 10, Art Club 12, Choir 9, 10; Thanks to all my teachers, coaches and friends; to my neighbor Amy, good luck at everything.

**Nickie Bryan** Volleyball 9-11, Softball 9-12, SCA Rep. 10-11, Jr. Civ. 10-12 SAAD 12. Thanks for being a great coach and friend, Mr. E.

## Go Big Blue!

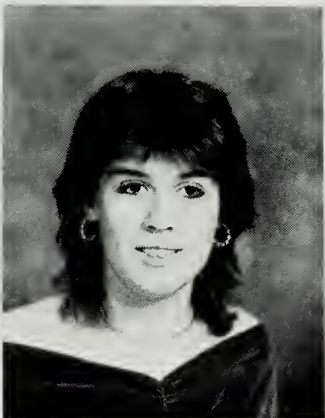
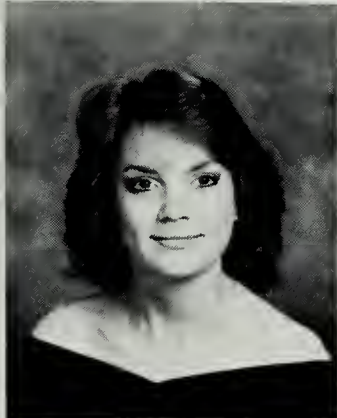
"Go Big Blue and White" was often the chant heard throughout the crowd at any Potomac sporting event, where cheering the teams on were Andy Dearing and Ann Beamer. Andy and Ann were voted **Most School Spirit-ed**. They were always pulling for Potomac.

Andy was involved in the Student Government for 4 years. His Junior year he served as Vice-President and President his Senior year. Andy was also involved in football and wrestling.

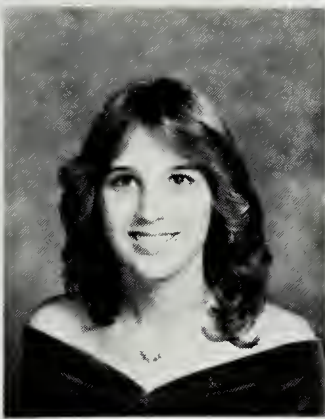
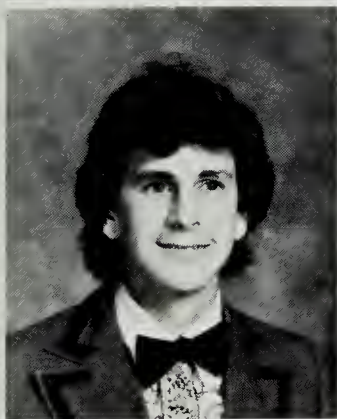
Ann was a cheerleader for 4 years and involved in Jr. Civitans and Teen Counseling. During her Senior year she served as Vice-President of the student body.







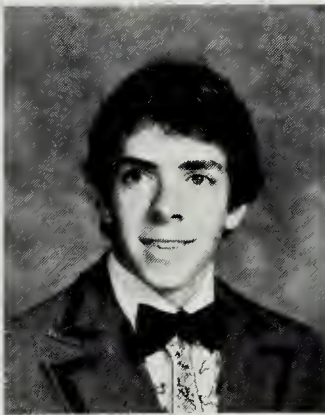
Narve Blindheim  
Theresa Boulden  
Paula Boykin  
Nina Bradshaw  
Cheryl Brady



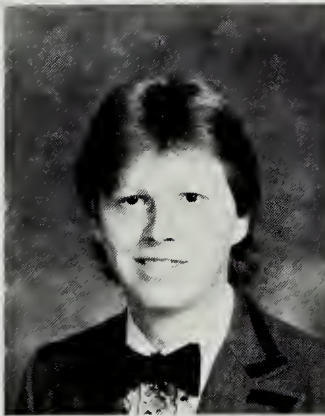
Michele Brady  
Tamara Brandt  
Johnna Branham  
Keith Brown  
Maria Brown



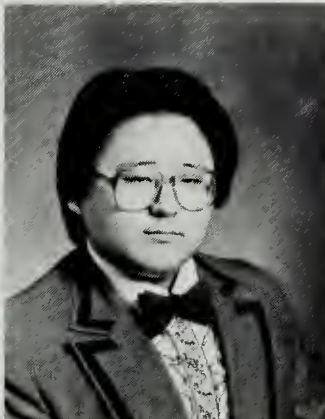
Tracy Bruegen  
Renee Brunson  
Nickie Bryan  
Kimo Buckon  
Garnetta Bumbrey



Lori Burchard  
Jesse Burgess  
Melissa Burke  
Erika Burkey  
Timothy Burrows



Winnie Butler  
Lito Cabading  
Michelle Caddigan  
Chritine Callahan  
Steven Cappola



Amy Cassady  
Patrick Chaffin  
Unhui Chi  
Amy Chilson  
Tom Cho



## All Smiles

Whenever you have a need to talk or someone or just need some friendly advice; a friend is the person you turn to. Always willing to listen and lend a helping hand are Potomac's **Friendliest**- Kevin Humpfries and Susan Vowell. It isn't very often that the two of them are seen without smiles on their faces.

Kevin has been actively involved in baseball for Poto-

mac for four years. He also participated in football his Sophomore year.

Susan has been an member of the Drill Team and a Cheerleader. She's also in the S.C.A., Jr. Civitans, and a member of the National Honor Society.

Both Susan and Kevin and easy to get along with and liked by many students.

## Senior Stats

Special times with S.R. May 11; The great times with my bestest frenz! GT Fri. 13th, Fun times with C. at the beach. All my bad experiences with cars in ditches and out of gas—Right? JL, and NR? Late night walks and talks with L. C.C. is it sportin?

**Kimo Buckon** Soccer 9-12, Capt. 11, 12, SCA Rep. 9-11; NHS 11, 12, Teen Coun. 11, 12, Band 9-12, SCA Treas. 12, Hump, Coke, Brean, Brent, Curd, road trips, power-hitter, whole lotta love.

**Garnetta Bumbrey** SCA Rep. 9, DECA 10-11, FBLA 12, To sister Sept. and Brother G. I leave my ability to get along with others.

**Lori Burchard** Pantherettes 9-12, SCA Rep. 11, 12, Key Club 12, Teen Counseling 11-12, History Club 11, SADD 10-12, Finally graduating from the Lollipop Crew. B. and her idea of wild parties. UN. thanks for always being there for me, who knows, maybe someday I'll meet a non soccer player! Har!!

**Melissa Burke** VICA 11-12, ICT 11-12. This is it! My time here has been fun but now that we are out it will all be a precious memory, so lit's get out in the BIG world, live our lives to the fullest extent, make it successful and party on!!!

**Tim Burrows** Cross Country 11, Track 11, 12. Bungalow Bill, Camptown girls, Swing-low, Smackem Jackem, Melonhead, mak-

ing a tape with DF, JH, RH, JC, and TR. Concerts, Ski trips, fish, my favorite key, Yellow fire hydrant paint on my moped, All the laughs, Howie and Bob.

**Winnie Butler** FHA 9-10, SADD 12, Pep Club 9, All The rockin' times with my very bestest buddy Trish, hangin' out the sun roof, Winker Blinkers, The Chicago concert, Whip-it good, BH, HT, SH, CF. All the terrific times with my main squeez ROB! **Lito Cabading** Football 9, Track 10-12, Science Club 12, Foreign Lang. Club 11, 12 V.P. 12, SaDD 11-12, Drama Club 11-12, Newspaper 11-12, Sports Editor 12, Watching Mr. A eat chicken, going to the mall with MT and KJ. Journalism UVA trips with Train, Skip, Thor and the Point. The groans and pains of track practice, U2 was a blast. KS "wanna buy a paper" Thanx for being a friend. MW I'm never paying you back. Just a little note from the 'Big Toe'

**Michelle P. Caddigan** Volleyball 9-12, Capt. 10 Basketball 9-10, Capt. 9, Softball 9-12, SCA Rep. 9-10, NHS 11, 12 Jr. Civ. 11-12, Key Club 10-12, Teen Counseling 12, Class President 12, Treasurer 11, All the special times spent with great friends Capturing AAA State Softball Title-Ya We R, Reg. Champs in Volleyball, Wanda Woman's History class,



# Talk It Up

"Hey did you hear that he dumped her on Fri. night because of his old girlfriend?" This was one of the many statements heard after a week-end through the halls at Potomac. Right in between all of the action you'd probably find Donna Dorton and Jay Gholson. This year the Senior class voted them as being **Most Talkative**.

Donna was a cheerleader for two years and a member of the Tennis team, She was also involved in the SCA, DECA and SADD.

Jay has been a member of the Track and Football teams for four years. He also was in Jr. Civitans and the SCA.



## Senior

## Stats

A O's wedding in Michigan, Big Bad Bob, Watching our class work together and knowing that we were the BEST. All the laughs with L.P. and July 16, 1984. A special thanks to A.L. who helped make my high school years fun, exciting, and very special. Thanks Marvin.

**Chrissy A. Callahan** Volleyball 9, Basketball 9, Cheerleading 10-11 Co-captain 10, NHS 11-12 Jr. Civ. 12, Teen Coun. 12, DECA 10, SADD 12, Coker jamming to Panama, All the summertime fun with KH, Curdy, NB, BP, RR, KT, JC and the rest of the gang, G-town, Fri. 13, Myrtle Beach with N. Queens Rd. partying. Good times with SV, Fun old frenz JL, NB, DN, MH AND NR. Spending 4 years with the greatest guy I know-KEVIN HUMPHRIES!!

**Amy L. Cassady** Cross Country 9-12, Track 9-12 Foreign Language Club 12, SADD 12, To all the fun times in CC with Barnie, the Ruf, Spaz, Knill-girl, and Lani—Hang in there K.Z! the Texan's at Kinneys, Yes Sir Capitano, Do you know where you're going JK?

**Pat Chaffin** Science Club 10-11, History Club 12, Circling the track during home football games, talking to friends, Waiting to go to the beach in Spring. Finally not having to take a final exam in history in 11th grade.

**Unhui Chi** Soccer 9-11, Cheerleading 9-10 Pantherettes 12, NHS 11-12, SADD 12, Choir 9, Class Secretary 10, Bd. Directors

12. My Sophomore year when Rob and I got together. The times L. and I snuck around to get to JP's and RD's; Summer of '84; KG, CP, BP, PP, CH, SH, and BS., No more Oe-knee Oe-knee!

**Amy E. Chilson** Track 10, SCA Rep. 12, Jr. Civ. 11-12, Foreign Language Club 9-11, DECA 12, SADD 11-12, Pep Club 9, Drama Club 10-12, My best friends C, YO, and K. Going to Va. Beach with K and S. All the parties at Scott's. To Scotty D for making me extremely happy ALWAYS being there and giving me the best times of my life!

**Taiwoong Cho** The times I had to push myself to the limits of my ability.

**Mike Cook** Baseball 10-12, Jr. Civ. 11-12 VICA 11, DECA 12, The good times with S.P., The AC/DC concert, coming home with U2 Weekends and Coker, Hump, Brent, Brian, Jimmy, and up at the station looking down with Jimmy and Brent. Don't look down! Nicki, you party animal!

**Toni Cope** DECA 10 FBLA 11-12, SADD 11, Pep Club 10-11, Ninth and tenth grade lunch shifts with C. and B. and M.B. All the fun in the summer of '84 with B.F. and D.A.

**Kara Cosgrove** Pantherettes 10-12-co-captain, SCA Rep. 9, Jr. Civ. 12, Brent Thanks for giving me someone to love. Lu Lu, look it's snowing in July, Tell me I'm not dreaming!

**James Crawford** Cruising around with





## Senior

## Stats

David Christman  
Eddie Coaly  
Judy Coffenberry  
Alice Coffman  
James Coker

Paul Connaughton  
Connie O'Conner  
Brigid Connolly  
Harry Consla  
Randy Consla

David Cook  
Mike Cook  
Toni Cope  
Kara Cosgrove  
Melissa Cowan

James Crawford  
Staci Crawford  
Donna Cregger  
Charles Cunningham  
Lisa Cunningham

James Currin  
Stacey Darr  
Diana Davis  
Linda Davis  
Mary Davis

Nelson Davis  
Paul Deahl  
Andy Dearing  
James Deemer  
Sarah DeLeon

Andrew and Paul over the summer, Playing my bass, drafting class with Mr. Prifti, stomping ice in the court.

**Staci Crawford** Cheerleading 9-11, SCA Rep. 9-12, DECA 12f, SADD 10-11, Prom, Homecoming, Cheerleading, Christmas parties at Jennifer W's, my concussion, her broken toe. The eve we never quite made it home! All the fun times with S.L., and J.M. and the M.A.S.H. unit. Special memories with B.L.

**Donna Cregger** NHS 11-12, Math Club 11, History Club 11, Foreign Lang. Club 10, Choir 9-12, Camerate Singers 10-12, Drama Club 10, Camerata-the festivals and concerts. The special friendships-the benches, the quartet-Chol, Angie, and Brian. **Stacie Darr** Soccer 10-12, NHS 11-12, Jr. Civ. 11-12, Teen Counseling 11, 12, SADD 11-12, Orchestra 9-12, Treas. 11, Pres. 12 Flags, 9-12, Officer 12, Great times with my best friend Jules, we're not cousins. Va. Beach '85, 25¢ anyone? Flag camp. Lots of good times with K.N. and P.B.

**Ellen Davis** DECA 12, SADD 9-10, Drama 9-11, Yearbook, 10-11, Meeting at Denny's for a final rendezvous.

**Diana Davis** Choir 9-12, Concert Choir 10-12, Treble Choir 11-12, District Festival

10-12, All County Chorus 12 Regional Chorus 12. I owe my success in choir to Mr. Goodwyn and his confidence in me. The friends I've made in choir. Keep Singing!

**Linda Davis** NHS 11-12, FBLA 11-12, Vice Pres. 11-12, "Have a cow" D.N., M.W., J.M., T.H., D.R., D.C., M.H., R.H., J.R., Jelly-beans, Shawn's party, Godfather's, B., poker, quarters, Chicago concert.

**Mary Davis** DECA 10-12, Graduation last year!

**Nelson Davis** Football 9, Cross Country 1-12, SCA Rep. 12, Art Club 12, Partying on the dock in the middle of the beach. The Bryan Adams Concert New Year's Eve parties Running and watching 'Shlep Rock' run to his potential. Paul Deahl, Rock Concerts, Mach I, Moose, closing at McDonalds, car doors, purple operator, it is to laugh, if we were in Ill.

**Andy Dearing** Football 9-11, Wrestling 11-12, Baseball 12, Golf 9-12, SCA Pres 12 SCA Rep. 9-12, V.P. 11, Jr. Civ. 12, Debate 12, Foreign Lang. 9, SADD 10-12, Drama Club 9-12, Best memory being elected Student Body President. The time I spent with Marcia. Class of '86 Rules!



## Most Academic

Creative, serious, quiet, and studious describe the Most Academic students of the Senior Class.

Nancy Bagato who enjoys learning for learning's sake took time from her studies to be the Art Editor of the Literary Magazine, *Out of the Blue*, work actively in Drama,

the Art Club, and National Honor Society. She was also voted one of the quietest members of the class.

Brian Singstock served as President of the Math Club, worked as a Teen Counselor, and was Sergeant of Arms of the National Honor Society.



## Senior Stats

**Jamie Deemer** Basketball 9-10, Jr. Civ. 12, Key Club 9-10, The best times with Bill at D.C. (dancing girls) Our friendship and the time spent with no. 16, One day I'm going to pick you up in my Corvette.

**Sheila Dent** VICA 11-12, ICT 11-12, Pep Club 9, The fun times in Mr. Wade's class. The good times with my best friends, Patty, Paula and Debbie, who made school fun. Keith Depersia Perry's yellow tank, Magnum's red face, Playing pool at P.S.'s and watching R.S. loose his money.

**James Dibble** ICT 11-12, Meeting Arlene McGann in art class.

**Jeri Dickinson** Tennis 11, Jr. Civ. 9-10, All the wild times with Tam. The best times with John, New Years Eve, Kings Dominion, the park and the beach. Hey have you found the oar yet? Where's the chair?

**Tony Degennaro** Football 11-12, Coming to school and talking about he weekend with my friends, T.Q., C.B., T.A., C.F., T.B., M.T., C.H.

**Stacy DeRisio** Soccer 9-12, Jr. Civ. 12, SADD 12, Soccer parties, the four stooges in chemistry. Thanks for the late night talks and always being there Bev and T.S. M.B., N.Y. and Krokus-Mulamula. The soap opera starring G.M., B.W., and J.B. Nights spent at E.M.'s Arguments! Good luck D.R.

**Diane Dodson** FBLA 12, My friends who took the time to care. Thank you Miss Jones for being there.

**Kevin Dohse** Football 9-11, Crew 12, Mickey D's, King D's, Hole in the wall, Flounder's car. T.B., D.F., T.S., R.H., J.H., B.M., J.C. Dock parties, Mrs. Hall's class, Flip, Crue AC/DC, RATT, Maiden, T.S., G.H., and H.H. for making Spanish II a blast.

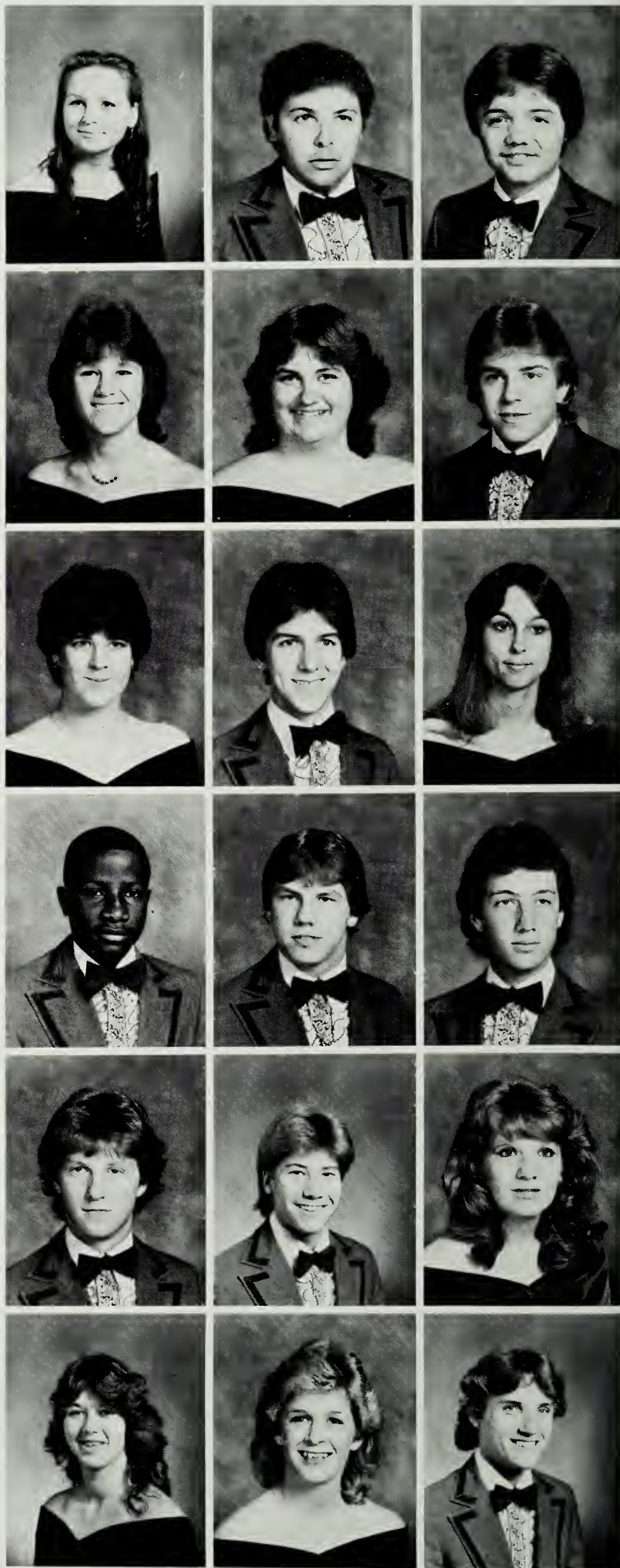
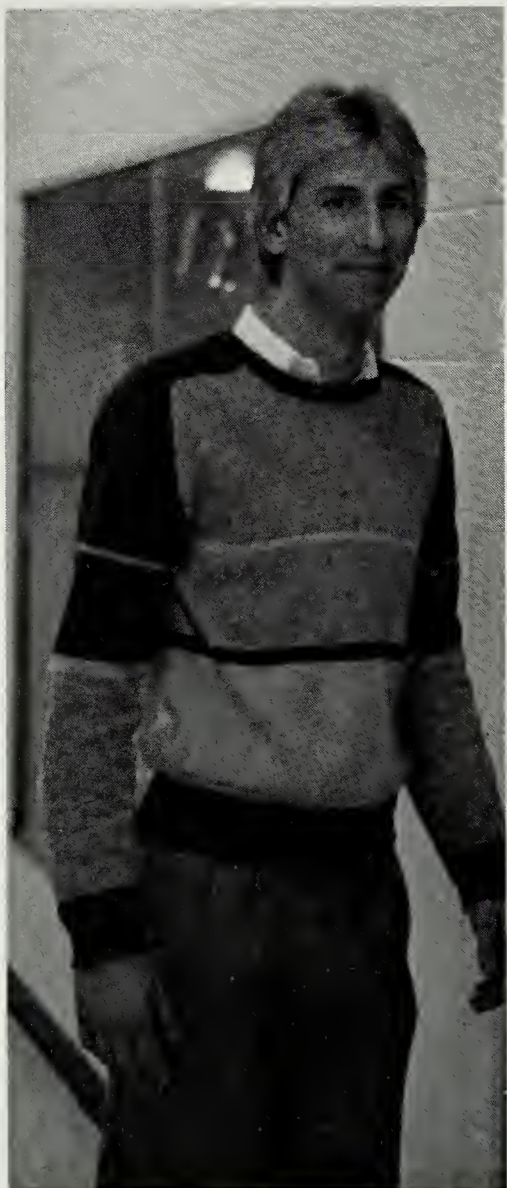
**Donna Dorton** Cross Country 9, Track 9, Tennis 10-11, SCA Rep. 9-11, History Club 12, Foreign Language 9-11 DECA 12, SADD 11-12 Cheering with RO, Glo-The rrio. M.C., and all the fun times we had together. To T.M. and T.E. remember Blackie and Canadians. To the gangsters Booga Wooga Wooga-Raspberry Beret and watch out Akron U. T.E., "You aren't looking for your sleeping bags here are you?" M.G. and L.P. don't forget all the fun times at JC Penny. Henrich, the times we had were great, I wish we could turn back the clock.

**Kim Dowd** Pantherettes 9-11, SCA Rep. 9, Key Club 9-12, Sec. 10, V P 12, Just sitting, thinking, and looking with J.D. C.C., C.B., and M.B., Hit and Runs, 4 wheelin', combating trees in Tracy's blue ocean-lines, trying to get K.M. to go out with me. 3 and a half years with J.C.

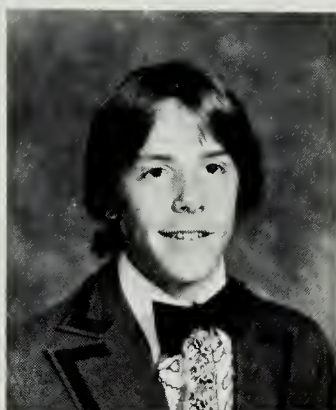
## What a Sport

The Senior Class voted Greg Margheim "**Most Athletic**". Playing Varsity Baseball since he was a freshman, Greg started as pitcher for the last two years. He was the quarterback of the freshman and Junior Varsity football teams, playing back-up for the varsity in the twelfth grade. He also played basketball for three years on the Junior Varsity and Varsity teams.

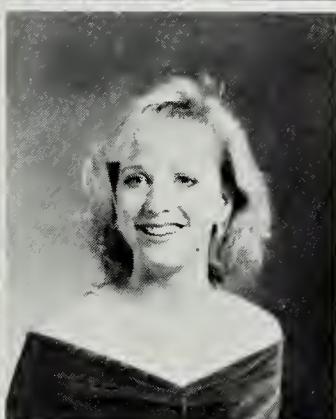
Greg applied to several Universities and tentatively plans to major in Engineering. Looking toward a baseball scholarship, Greg is undoubtedly one of Potomac's most outstanding athletes.



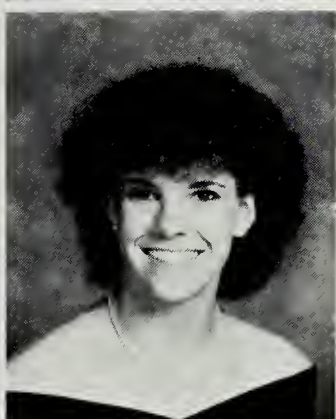
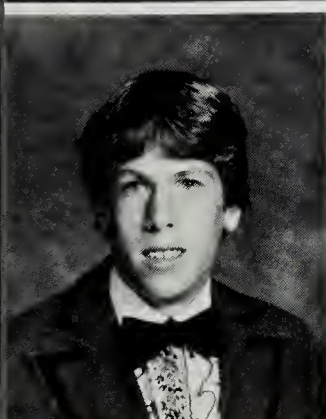




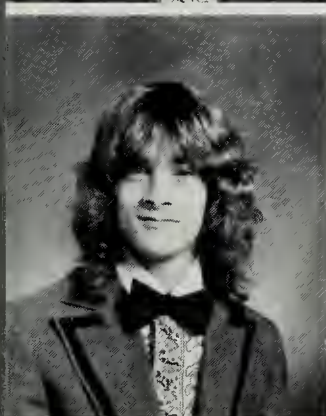
Sheila Dent  
Keith Depersia  
James Dibble  
Jeri Dickinson  
Anthony Digennaro



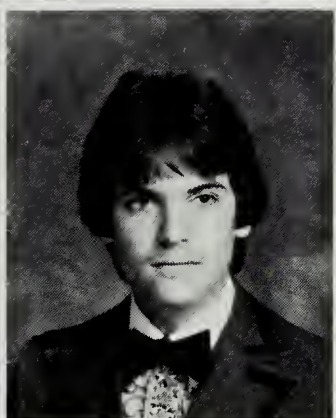
Stacy Dirisio  
Diane Dodson  
Kevin Dohse  
Donna Dorton  
Kim Joan Dowd



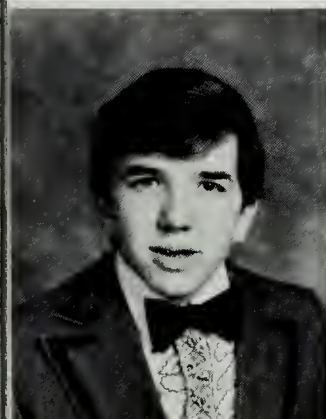
Susan Doyle  
Rob Drennan  
Michelle Drolet  
Robert Dulin  
Patricia Dunlap



Richard During  
Bruce Earnhart  
Paul Edelstein  
Jeff Eden  
Cheryl Elliott



Clifford Emerson  
Rodney Emmons  
Theresa Ervin  
Jennifer Evans  
Eric Fink



Alene Fitts  
Theresa Fitzgerald  
Guinn Fleming  
Anthony Flippo  
Karen Flynn



## Party On!!!!

On Friday and Saturday nights, the most favorite things for Seniors to do is PARTY! And without a doubt, parties were always more fun with Paula Boykin and Joe Shearer, who were voted **Life of the Party**. Their great humor and laid-back attitude provided lots of fun.

Joe was a member of Junior Civitans, livening up the club for two years. No question, a party is not complete without Joe Shearer!

Paula was also voted as

**Class Clown**. She is always the one who is acting up and telling her "famous" jokes. With Paula in your class it makes the atmosphere a little more relaxed. Paula was a teen counselor for two years, a member of Junior Civitans and also involved in S.C.A. She was actively involved in the PHS Class, and was Editor-in-chief this year.

It was no doubt that with Joe & Paula around it was never hard to start a party.

## Senior Stats

Cheryl, thanks for all the memories and for trying to keep me out of trouble! Ike, Addley and Mom live! Swimming and quarters at K.F.'s BBUURPPP!! Playing poker with P., C., J., and D.F. Hey pretty kitty!! **Susan Doyle** Tennis 9-12, NHS 11-12, Key Club 11-12, Computer Club 11, Foreign Language Club 10-11, SADD 11, Lit. Mag. 12, Doubles with L. and K. 360's My first A in physics. Debates with S. Cliff notes, Mr. Jenkins.

**Robert Dulin** All the great times with UC, going to regionals in '85 and coming so close. All the friends I have made at the best school in Va.

**Tricia Dunlap** Indoor Track 11-12, SCA Rep 9, Jr. Civ. 10-12, Debate 12, Foreign Lang. Club 9, SADD 11-12, Lit. Mag. Bus. Ed. 12, Winker Blinkers! Generous George's with Duce, SJD II, and the gang. Guarding at Vetarans. P. K., No horseplay on decks! My best buddy W.B. sorry no Va. Beach. Shirts off to Wendy's! V-Dubs!

**Richard During** I leave my AI's to David C., I also leave my love to Regina Delaney, Tab, and Penny. The VA Crew. To my brother I leave my good looks and clean socks.

**Paul Edelstein** Crew 9-12, Math Club 11, Computer Club 12, History Club 11, Drama Club 12, All my great friends, Bryan, Flap, Trim, Magnum, Saki, Fish, (no more riding on the right side) Jeffery Baby "trippin man" Tyler, Chuck, Finkus, "toasty" John, Jimbo, Will, Shaun, Kerry, Ginger, Alana, Lisa, Tim, International Liverorst Because Topsoil, Thanks for being there A. and M. and most of all S.

**Jeffery Eden** Somewhere in space there is a small blue piece of matter occupied by an even smaller group of beings-remember guys we're elite, we're all going to HARVARD in the depths of SHERDWOOD forest riding BADMAX. ROBIN HOOD and MAGNUM are FISHing for TRIM, the RABI, FISH and FINKUS are eating a COOKIE and FLAP is gone in HO-JOE what along strange TRIP its been. Oh, watchout fer SAKI!

**Clifford Emerson** SCA 11-12, FBLA 11-12, SAAD 11-12; Receiving the name "Magnum" from my friends and all of my pals: Brent, Trim, Kasey, Fish, Harvard, John and Brian (the high-5 crew), Edelstein, Scott,

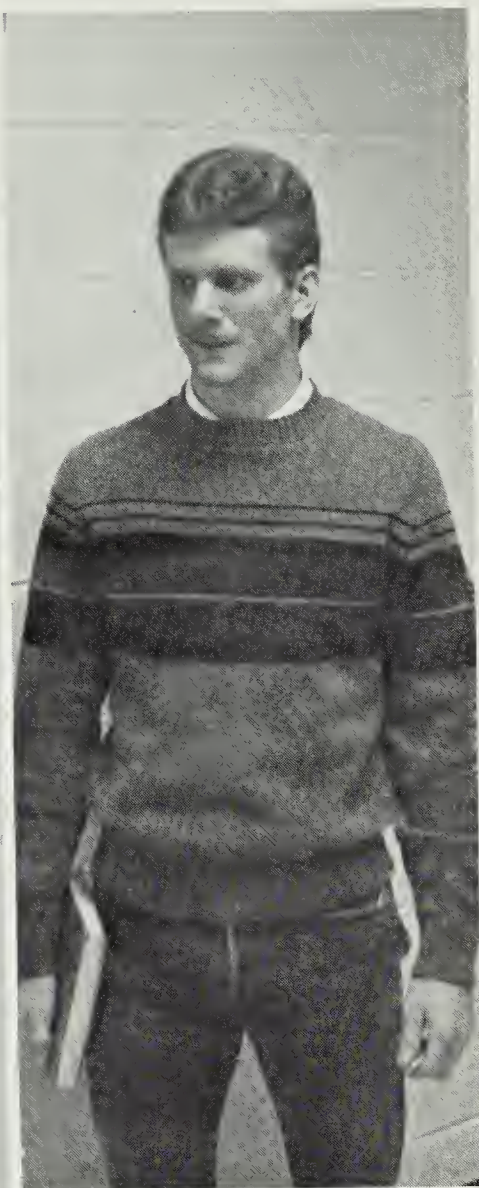


# What A Guy

Always striving for excellence in everything he does, Kimo Buckon was easily voted **Best All Around**. Whether it be in a soccer game or in the classroom, you always know Kimo gives it his all.

Kimo has participated in soccer for four years at Potomac. He has been a member of the National Honor Society and a Teen Counselor for two years. This year Kimo was elected SCA-Treasurer of the Student body.

Having your peers think of you as Best All Around is an honor not many of us will ever know.



## Senior Stats

**Theresa Fitzgerald** Soccer 9-11, Cheerleading 9-12, Jr. Civ. 11-12, Teen Coun. 11-12, Choir, Cheerleading 84-85"; Camp "summer of 85 (69)"-Nationals here we come!-Standing in the freezing cold with S.D., at every soccer game for many reasons. All the unsafe rides to school with S.Z. and K.C. (Sorry guys!). My best friend L.L. and all the fights we haven't had. My 16th B-Day/everyone and most of all 8/16/85! I'll never forget ya!!!

**Karen Flynn** Crew 9-10, Photography Club 11-12; My best wishes to my best friends M.H., E.McC.; L.L.: C.P. Thanks for all the good times we have had together and all the parties we went too. And all my love to J.L.

**Michael Flynn** Golf 11-12, Key Club 9-10, Teen Cou. 11, Math Club 11, German Club 11-12, Choir 9, 11, Camerata Singers 12, Mr. Bass's dumb jokes, M. G. in my locker, Ms. Hall's "flip", J.H. my Hero, G-F line-eacker Ruff and hip, Hiking with H, Ms. Emmons and the flexible deadlines, A. T. and Study Hall; Paula Boykin's hotel, Powder Puff Cheerleading and the Purple Boops.

**John Folliard** ICT 12, Band 9-12.

**Dennis Foos** Crew 11-12, Foreign Lang. Bungalo Buddies, J.H., R.H. (melonhead)

T.B., Magilla, J.C., (That's ok). Skin Man, Batman, Stan, Shannon, Michele, Jeff, wreckless taxi cab drivers, and anyone else that kinda wandered in. How about the Atomic Fish?!!!

**Rod Emmons** R.E. and M.H. and the rest of the gang with no lights. Playing all 4 yrs. of baseball w/my friends and Coach G, doing all he can 4 me. And all my friends that I've had in high school. Easter vacation R.E., B.S., and B.P. at Bryan's house!

**Thersa Ervin** V-ball 9-11, His. C. 11-12, ICT 12, SADD 12, Photo C. 11; VA BEACH-Donna and Lisa-Booga-Wooga Wooga, Raspberry Beret, Akron V! B.P.- Quacka Quacka! Jenny, Seager, Bryan, Ervin and M.G. Colorado! M.G.- Don't Kackle! Puff Puff I'm not dressed!, J.L. and K.L., Quantico, Snap Snap-Smile! Glo, K., T. and D.D.- T is for trouble! T.M. and D.D.-All the great times together. D.D.-We've been through a lot of great times together, you will always be my *Best Friend*.

**Eric Fink** Crew 12; Art Club 12. Metal Rules. Paul E., Jeff E., Magnum, Commando, Thanx dudes. Down Massive M.B.! To all my women -Amy G., Suzi C., Sherry C., Kim R., Joan D.- Thank God its my last year





## Senior Stats

Michael Flynn "Mike"  
John Folliard  
Dennis Foos  
Mary Forsythe  
Danielle Fortis

Ann-Marie Fortuna  
Princess Foster  
Betty Francis  
Benjamin Francois  
Clifford Furman,  
"Dean"

Margaret Gahn  
Daniel Garbett  
Luann Garcia  
Michael Gardner  
Gary Garrison

Marc Gendron  
James Geyer  
Howard Gholson, "Jay"  
Teresa Gibson  
Stuart Gilkison

Joanna Giordano  
Grete Godtlibsen  
Jen Gonzales  
Marie Grandy  
Paul Grasso

Jennifer Graves  
Kevin Grayson  
Tonia Greck  
Lani Griffa  
Amy Griffin

head in J. H., Basement. Slug Wrestling Metallica. The gang at McD, Jamie you hosehead! Animal mopes at 3:00 in the morning. Camp town girls. Burning Lab papers in Plumpsky's. Ski trips, **Danielle Fortis** Track 9, Science Club 12 History Club 12, Foreign Club 11-12, German Club 11-12, Giving up lunch to do Computer Math- Ms. Polumbo's History Class- Activity Period-The Prom.

**Betty Francis** HOSA 12; Photography 10. We Began: Don-n-Boo/ Vani-n-Mike. i luv u all 2 much 2 tell! GD LCK Benchies! Remember-Suprised stacele, KD, PINICS, TRIP to VA BEACH, XMAS DANCE, and ALL PARTY'S Don't let it end with Grad! Potomac #2.

**Princess Foster** I'll never forget all those wild times with my best friend D.S., also Dee-Dee, and "Big Ron" in Government. This is it Danielle!

**Dean Furman** NHS 11, 12; Debate 12; Teen Coun 12; History Club 11; For. Lang. 10-12, President of For. Lang. 11-12; German Club 9-12; Orchestra 9-12; Literary Mag. 12; Newspaper 11-12, Managing Editor 12; Yearbook 12. I'll always remember all the great times in and especially out of school; playing raquetball, going out with

my friends or a special person, all the headaches and fun with the newspaper, Jan. 24, and of course all the good times in Music and the FLC.

**Erin Gahn** Tennis 10-12, SCA Rep. 9. H. C. 11-12, F. L. 9-11; To all my friends A. (The B.), L., Y., R., K., and Mo-gun. Remember all of the ladies in the world you have to do this . . . , People, H., P., P., M., T., B., J., going home party-Quantico Park after dark. Drinking Pizza and Eating Coke Donuts 3 a.m. at Mo-guns'. Never again. **Michael Gardner** M.C. 10-12, C.C. 10-12, F.L 9-12, Literary Magazine 12; I want to remember all the good times especially Spain with H.T. . Also don't forget the good time and good laughs at Wendy's. S.H, B.S., and W.W.

**Gary Garrison** Powder Puff Cheerleading 12, crew 9-10 C.C. 9-10, F.L. 912, G.C. 10-12, SADD 10; I will remember most the good times I had. With best friends J.Y., P.R., J.A., M.S., AND B.W., THERE was never a dull moment.

**Marc Gendron** F.B. 9-10, Track 9, DECA 12. Playing football my Senior year, thanks Mr. Brown. Partying at VA Beach with the class



## All Dressed Up

Keeping up with the latest fashions and trends is not always an easy job. For Johnna Branham and Jamie Deemer this seems to be a way of life. The Senior class voted the two of them as the **Best Dressed**. They were seen dressed in the nicest clothes almost every day of the year.

Johnna was a member of the volleyball team as well as playing softball for Potomac.

She was very active in many business classes through the years.

Jamie was involved in basketball his first two years. He was also a member of the Key Club and Jr. Civitans.

You can tell that both Johnna and Jamie put a great deal of effort into always looking the best they can. Being well-dressed and looking their best is a feature they display very well.



# Senior Stats

of '85.' A summer trip to summer school. And to remember all the good times we have had. Thanks to A.T., B.V., J.S., J.T., B.S.,

**James Geyer** German Club 11-12, Orchestra 10-12, Band 9-12. Spirits, Rock & Roll, Blind Voyages to Infinity.

**Teresa Gibson** Crew 10, FBLA 11-12, SADD 11. My high school years meant a lot to me. I learned a lot from my mistakes. But the best memory I have of those years is meeting Brian, falling in love and getting engaged.

**Joanna Giordano** FBLA 10, FHA 12, Pep Club 10 Choir 9-10, Drama Club 9-12. My memory will be of the week trip with outdoors club to Burchess garden I think I learned a lot about people and survival in that week. I will always have the memories of the people and staff.

**Jay Gholson** Football 9-12, Track 9-10, 12 SCA Rep 9, Junior Civitans 12, SADD 11-12. Partying with Keven Dechristor and Tony Jones. I still can't believe we remember the fun times I had at Exxon.

**Jennifer Gonzales** F.L. 9-10, Drama Club 11-12, L.M. 12, Yearbook 12, Weekends in Melbourne, Soda Sisters, B.R.D., W.R.'s end of the year, cricket and memories of M.W., C.J., M.H., R.W., R.R., A. and B. Luv always College astor.

**Marie Grandy** Pantherettes 9-11, NHS 11-12, J.C. 12, Key Club 10, Pep Club 9, L.M. 12. D.D., L.P., T.E. Who's driving? D.D. I'm broke! L.P. So what are you trying to say? JCP Gang. Andi photos sessions, J.T., N.R. bathrooms in the court, SHUT-UP! Record Word, Hambone Bros. Tee, K.L., J.L., JCP parties, V & R, Stafford ditches, Embassy dudes, PUNK OUT! P.B., VA Beach, Rich., Springfield, concerts, Comfort Inn, Econo-lodge, Jo's, Erol's "your fearless leader has determined" Mo. the green machine, small social gatherings Rick Springfield Feliz THE NOTEBOOK,, T.S. Raisin Man K.S., L.B., friends again. Jeff-thanks for becoming part of my senior year. Everyone-It's been a great 4 years. Party on!

**Paul Grasso** Cross Country 9-11, Baseball 11 Track 9-10, J.C. 11. Rooster beach, The garage, going 3 wheeling w/Jimmy and getting soaked. King's B-Cruise. The crusher, summer love. Lynn and Lisa, World History w/Mrs. Emmons and Missy C. Mr. Kite's hearing aid (turn it up). Good times w/my best friend, T.L.S., Poker at Joe's w/ no little sister. Doing a 360 in front of 7-11 w/Todd, Mike H. Rolling Hooters, Skinny dipping, late night trips. w/C.D., D.D Sarah K you were right.

## Clowning Around

"I will say without reservation that William Waldmam deserves the distinction of being Class Clown," said Mr. Kite. "He reminds me of one of those people who stays awake at night thinking up humorous thing to do."

The Seniors showed their agreement as they elected William as their Class Clown.

Chris Barko, a man of few words, was elected the quietest boy. He was on the Golf Team, Cross Country Team, and a member of the Science Club.



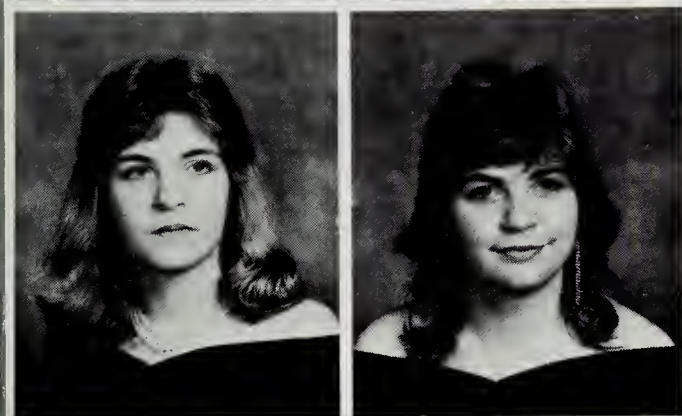




Chris Grindstaff  
Stacy Gudgel  
Beth Haislip  
Becky Hale  
Kristy Hall



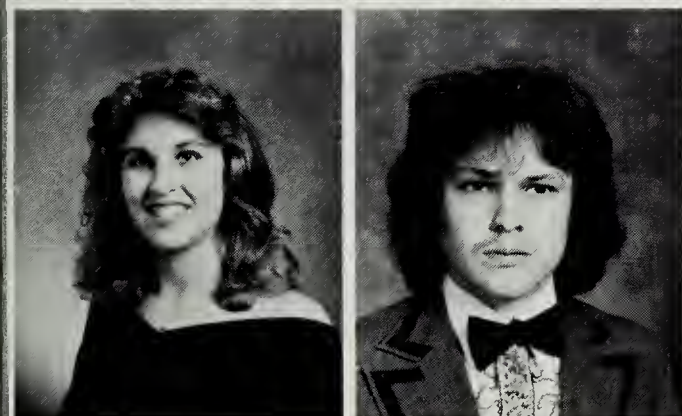
David Haller  
John Haneklau  
Robin Hanifan  
Tracy Hansen  
Edward Hansohn



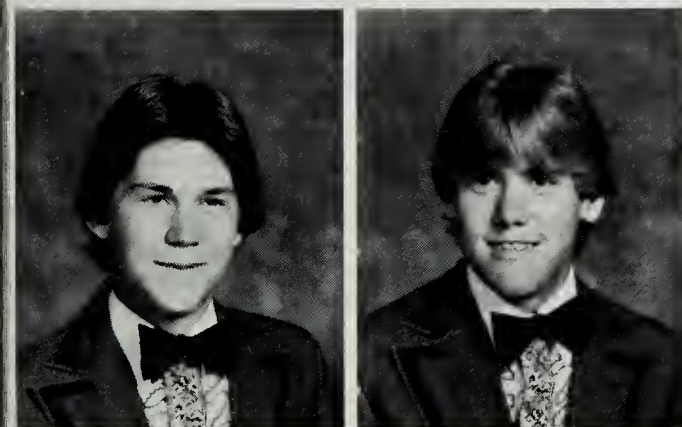
Michele Hansohn  
Mike Harrison  
William Hatfield  
Heather Haworth  
Shannon Haworth



Scott Heiser  
Yolanda Herd  
Melanie Hernandez  
Bryan Hillegass  
Alfred Hills



Heidi Hinkamp  
James Hocmuth  
Ernest Holbrook  
Carolyn Holtzhauer  
James Huber



Randy Huggin  
Bill Hughes  
Greg Hughes  
William Hughes  
Kevin Humphries



## Senior Royalty

Homecoming is one of the major events during the school year. The week before Homecoming, Spirit Week, was a fun and crazy time for the student body to show their spirit by portraying the Homecoming theme-The Beach! During this week the Senior Princesses were named. This year Chrissy Galahan and Stacy Talbott were voted by the Senior class as Homecoming Princesses.

Chrissy was a cheerleader

for three years at which one year she was co-capt. She also was a member of the National Honor Society, Teen Counseling, and Jr. Civitans.

Stacy was a cheerleader for four years at which three of those years she was captain. She was involved in the SCA, Jr. Civitans, and SADD.

It was a great honor for both Chrissy and Stacy to be chosen out of the entire Senior class-one they'll always remember.

## Senior Stats

**Jennifer Graves** Volleyball 9-11. Volleyball with Mr. Eaton; June 11, 1983; the special years spent with Eric, who kept me going and made my senior year worthwhile.

**Tonia Greck** Pep club 9, Drama Club 10-11 DECA 12. All the laughter, tears and secrets shared with my two "sisters" Cheryl and Michele! To everyone else that helped me along the way, I give my love and wish them best.

**Tanya Griffee** Cross Country 11-12, Track 9-12, Junior Civitans 11-12, Literary Magazine. I'll always remember Mr. Stephens yelling and working us to death (thanks), trying to keep food away from Mario and all the great times with Ken.

**Amy Griffin** Pantherettes 9-12, Junior Civ. 11, F.L. Club 9-10, FBLA 12. T.T. 6/14/85 Yours Forever! Froggy! Quimbly J.E. card-reception! C.T. Joes parties! The gang Whip it good! Its so smooth! Chris Toney strawberries, chocolate, your parties, and Reindeer! Thanks for the talks- The Party-where's Kim? Congrats Mrs. Whitten! I just don't remember! Hey-Doug's car and Goldfish! Eric-Grow some hair! David-Chemistry!

**Beth Haizlip** Softball, 9-12, Band 9; Winning State, Mary Anne & Chris remember E.M.A and last of all K.D. How about SLS. BJABH forever, and last of skating and Dave.

**Becky Hale** Science Club 11-treasurer, 12-president; I remember of course Kelly and Jeff, the Benchies, and secret friends.

**Kristy Hall** Pantherettes 9-12 officer 12, SCA rep 11 & 12 Board of Directors 12, NHS 11 & 12, Jr. Civ. 11 & 12, Teen Counseling 11 & 12, SADD 10 & 12.

**John Haneklau** Basketball 9, Cross Country 9-12 captain 12, Track 9-12, SADD 10-12, Band 9-12; Beating up on E.A. and B.W. when I had a bad day at Cross Country, T.B. repulsive jokes "Hit the right note and you get a surprise", Worst of all listening to S.C.'s girl problems, Starting out the day by saying Hi with the "High Five Crew" starring C.E. and B.W. Life's a darate show, Cliff, I'ss never foget 2-16-85 or staying at VA Beach 5-24-85 with Jeri trying to stay out of trouble, I Love you Jeri!!



## Senior Stats

**Tracy Hansen** Volleyball 10-12 captain 12, Basketball 9-12 captain 12, Jr. Civ. 11-12, SADD 10-12, Photography Club 9-12, Yearbook 12, Powder-puff 12: Just sittin', talkin', partyin' and drivin' with KM, Joan, MB, ES, Tess, P.B., and TM (Remember all the things we did alike, and your corruption), Last year with KF, RH, CC, BW, A and K, The luvboat, KIX, G&P, the Prifti's, Safety Pup, weekends, b-ball, v-ball, all the good times and great friends.

**Michele Hansohn** Basketball 9, Gymnastics 9, Jr. Civ. 12, Photography Club 12; My best partying buds: Claudine, Elaine, Daren & Lisa; Claud's house, DP in the closet, sour cream! VA Beach with EM and KF, "Toronto", "Explore nature", April 4, thanks Nutmeg! Labor day at KF's, NY House with JC, locked in bathroom with TG, All the good times with KAT.

**Michael Harrison** Baseball 10-12; All the road trips CH, MS, BS took to all the football games, and all the weekends we partied, WH and the born to be wild trips.

**William D. Hatfield** Football 9-12, Baseball 9-11; All the wild weekends & nights MS, MH, and CH had.

**Heather Haworth** NHS 11 & 12, Math Club 12; To NB, SB and Shannon; Thanks for everything! Remember air vents, missing our exit, Simon's careless memories, 20 feet from a gas station, and Tom's shorts! BC Spanish for Fun!

**Shannon Haworth** NHS 11 & 12, Math Club 11 & 12, Band 10, Literary Magazine 11 & 12; Nancy and Heather; remeber red motorcycles, Archabald and Oink in Biology, S.W. touched my pencil, P.R. smelled good, my locker never worked, and liking a Viking (from Potomac).

**Scott Heiser** Wrestling 9-12, Teen Counseling 12; "Sucking Weight", sales, trash-bags, saunas, Wrestling Camp with MO, Late Night Walks, Maryland, State Wrestling '84, Nagshead 'the 6 mile walk', Emmons Am. History Class 2nd pd, popcorn, Coke, and shooting pool in Sean's basement with him and Lauer, campouts in the Shenadoah Mts. with the "Gang"-BS, PP, DR, RD, and BP, working with MG at Wendy's etc . . . , thanx to all my friends for making my memories the BEST!

**Volanda Herd** NHS 11 & 12, History Club 9-12, German Club 10-12, DECA 12; All of my good friends, the fun Robin, Datie, Erin and I had in a certain class, people . . .

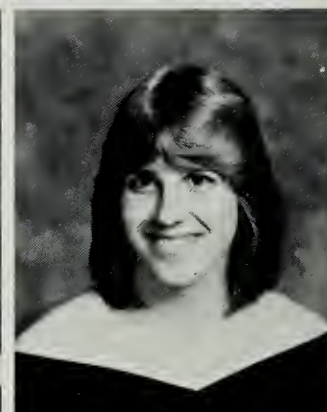
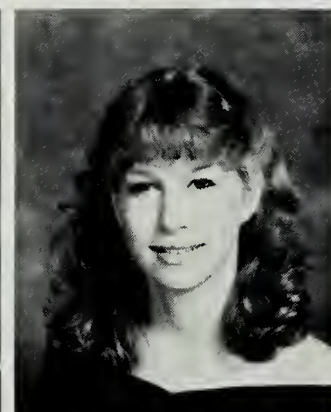
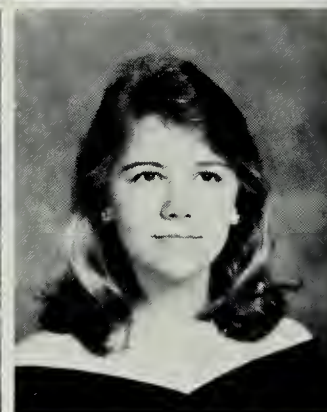
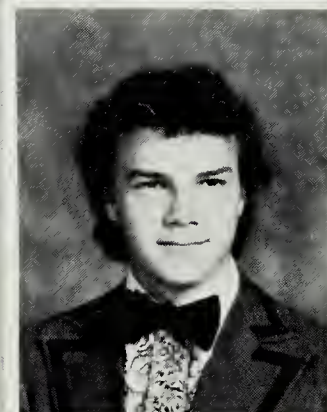
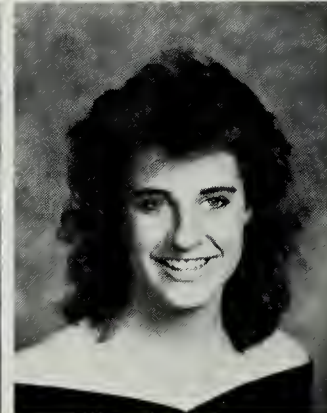
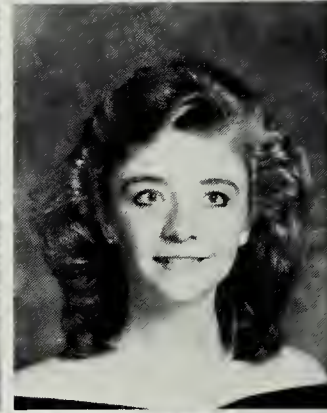
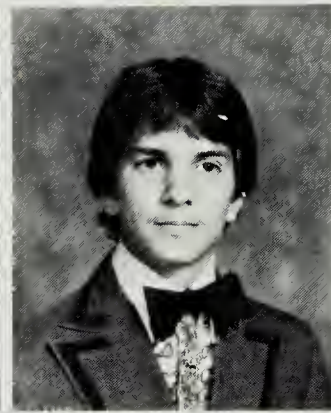
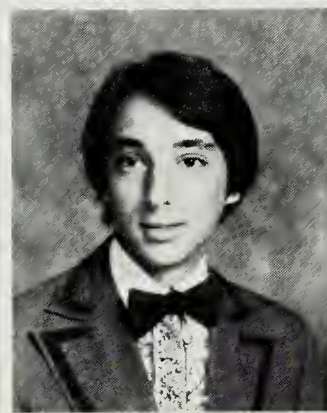
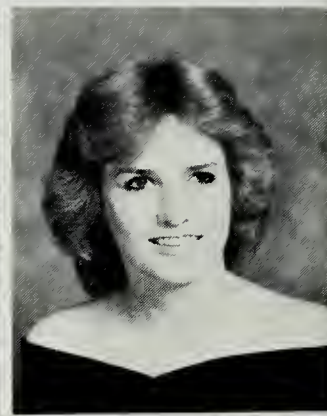
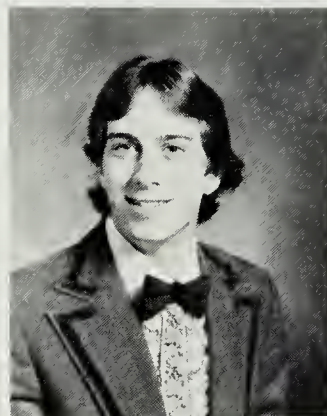
**Melanie K. Hernandez** Soccer 9-10, Jr. Civ. 11 - 12; DECA 12, SADD 11 - 12; JL and that hot blue camaro at the gym-RED LIPS, Georgetown with the girls-CC out in the car alone! AT, MG, JB, NR, DN, NB, JL, and me up in my room-on a clear night you can see forever! NOT OUT MY WINDOWS! "floating police", WHERE! Living with Nicole, the "six" best frenz I could have! SC, Senior year, ME, NR & Elvis! KH, CC, me, RE, BS, RL-no lights-some kind of trouble! NB Trippin'! Me, DN, NB,-three on a moped doesn't get it! JC get your head out of the way!

**Brian Hillegass** VICA 12, ICT 12, Band 9-10; All the parties, Diggin', The great times spent with all my close friends, The Minnieville Dukers, Friday Nights at the races, cruzin' the comode, TS & SH, being a W.P., talking about cars, causing trouble, missing school.

**Alfred Hills** Gymnastics 10-12, Baseball 12, Powderpuff cheerleading 12, Band 9-12; School is long, time is brief, time to push aside the things we leave, the time has come for us to go, because life has come for us to grow, now I must leave, but I wish to stay, but maybe sometime there will be another day.

**Heidi Hinkamp** Pantherettes 10-11, SCA rep. 9-10, NHS 11-12, J.C. 9, K.C. 10, SADD 10-12, Band 9-10, Class Pres. 10-11, Pres. of Board Directors 12; homework, test, football, games, Pantherettes, camp, Practice trip to France was Kicken, Pres. floats, spirit links, homecoming, a special thanks to Mindi Barrett and Jennifer Michelini (Meche) for being the best friends ever, Paul Pasek-"Don't run, you will trip and fall!" Ha-Ha, see everyone in '96 at the reunion.

**James Hochmuth** Soccer 9, Crew 11, Science Club 11; Dennis and dirty unicorns, "Bob and Doug", Tim and Bunggalw, "The Tape" but that's O.K., all those Um-Um-goods with David and Mike, 8:50!, mopes and the trails, December 17, 1984 the closet, the dam, Stacia's and the girl who made all my dreams come true . . I love you Carol, with all due respect.





## Senior Stats

Laura Hupka  
Suzanne Hyre  
Rita Jack  
Reggie Jackson  
Sean Jackson

Andrew Jacobson  
Jewell Jennings  
Krista Johnson  
Vivian Johnson  
Michael Jones

Tony Katsarelis  
Mario Kepus  
Sarah Kearn  
Teresa King  
Melanie Kline

Nancy Knecht  
Jennifer Knill  
Debbie Kondash  
Pyong Kong  
Edward Kroman

John Kulik  
Rachael Kvenberg  
Laura Lansing  
LeAnn Larson  
Frankie Lasch

Lisa Lascody  
Liz Lawlor  
Michele Lawson  
Lisa Lazar  
Wen Lee

**Carolyn Holtzhauer** Cheerleading 9-11 Sec. 11. NHS 11 - 12 Pres.-12, Key Club 10-12 Sec 12, Teen Counseling 11 - 12, Powder Puff 11 - 12, Girl's State 1985, Board of Directors 12; LP and the Army Convoy, SK-whiplash!!, April 19, 1985-Thanks Everyone!, BP's stories at Chi Chi's, "The Spider" in Woodbridge with BP, LB, and UC, MC and dirty new shoes, The Homecoming '85 group, AT and the summer of '85 (Ocean City), PB and the bun trick, TK ("Spaz"), Thanks for everything you've done, PP ("Crash")-How about those Chevettles!?, Scott-What's your opinion? TK-that was TOO close!

**James Alan Huber** School is a social event, so my memory goes to all my friends who made it a blast, Party on RW, B.J.B., MB, PT, MH, EDC, and to all my other head-bangin friends party

**Randy Huggin** Golf 10-12, Tennis 9 - 10, Jr. Civ. 11, Key Club 9; garage Days with T. P., M.A., G.H. and M.B. may the tradition continue! Iceholes!" HA HA!! To J.H., D.F. and T.B. may it continue through college, Later daze J.C. it's been real, Long live Thrash Metal, E C H O E S in my brrraaaa! iinnnn . . . . . Get away Ralph!!

**Gregg Hughes** ICT 10, Photography Club 9; To the people who made my years of school all right and made me come to school for all these years.

**Kevin Humphries** Football 10, Baseball 9-12, DECA 10; Gettin' down at Queens, Lovin' in D.C., Me, JC, BP, KB, TH, and JC cruisin' in the Humpmobile, definitely being with Chrissy, Dark night in Mel's house, extreme pain.

**Laura Alma Hupka** Debate 12, FBLA 11, SADD 10-12, Drama Club 9-12 Secretary 11; Here's to all good times gone by with B.W, S.L, M.K, R.O, R.K, J.G, W.M, A.N, K.L-and all her MISFIT FRIENDS. All the skipping school, sweating it out in rehearsals, costume parties, people falling asleep in my room, and everything else that went along with my four years here have been a lot of fun. Good luck Ted, have fun and make the best of it!

**Suzanne Lynne Hyre** Softball 9, FBLA 12; May 3, 1985 with T.L, Chi-Chi's with M.M, and J.J. The good and bad times shared with A.M, Chemistry 6th period 11th grade, D.T and Her laugh The accident with D.F. Data Processing I & II, Mr. Maloney, football games with S.V.

**Rita Jack** I want to thank all the people who have given me fond memories: M.C. D.D. G.B. I.B. K.E. L.S. D.S. Good Luck! **Andrew Jacobson** Crew 9-12, J.C. 10-12; Michele I Love You, my motorcycle, Paul for 7 yrs., crew good luck gang! Mr. Flap keep on playin Jim, remember the courtyard, Rock-n-Roll and Deep Purple "85", Thanks for the memories gang you're all great! Stay cool try to stay straight, be careful be happy!

**Reggie Jackson** DECA 10-12, PEP C. 9-10, Art C. 9; I leave to L.B. all of my love and wishes for a happy future. To my cousin Gina I leave my ability to dress good, and to my teachers I leave better days now that I'm gone.

**Sean Jackson** closing at McDonald Drafting class, crawford classics, Hey mike you missed a spot, homewreckers of America club, #85-warm that bench, all those girls-in a heartbeat, What? What??

**Jean Jefferson** DECA 10-12, FBLA 10-12, Band 9; Thanks for all the good times, I've had. Be good J.J. and M.D.

**Jewell Jennings** Football 10, FBLA 9-11, My memories are the fun times with M.M. and S.H., My 11th grade consumer math class with M.B. and all my love to S.S. **Krista Johnson** NHS 11-12, Key C. 10-12, Teen C. 12; March 16, 1985-you're really special, Chuck I Love You! All the great times with M.B., L.B., H.H., S.K., J.M., K.M., W.W., L.W., and especially B.C., (whop)-the best friend anyone could ask for all the parties and times we "forgot" to go to school. Prom 1985. J.F.-thanks for being a big brother! Mindi has soggy shoulders!

**Regina Johnson** VICA 12, DECA 10, Pep C. 9-11; I leave my lockers from 9th and 12th grade to my brother and sister. I leave my name for those who didn't know me. I leave my shoes to R.M. I leave my P.E. locker smell to I.B. and G.D.

**Robert Joseph** Football 9-12, Wrestling 9-12; I leave behind nothing.

**Matthew Kampf** Cross Country 9; Track 9; ICT 12. I remember most spring of '83 and Aug.'85. Will there be more?

**Anthony Katsarelis** Tennis 9-12; SADD 12; Band 9-12; Marching Band 9-12. Paul. Summer of '85, the ice cream shop, our easy jobs, the Bluesmobile and Rawhide, the movies. Car-surfing! The best years



## Senior Stats

of my life. When things get rough, WING IT. The trip to Paris with Jules. The "Bell" wave.

**Mario Kepus** Football 9-12; Track 11, 12. **Sarah Kern** Volleyball 9; Crew 9-11; Jr. Civitans; History Club 11, 12; German Club 12. My greatest friends- B.McP., K.D., T.E., P.B., L.P., M.S., K.J., C.W., D.D. New Years '84- Remember??? VA. Beach with M.S. Bartending at Sea W. Partying at P's and M's One way streets in Fredericksburg, my skateboard buddies, my Penn. love, F. and C's Camaro, orals with T., my French class," Hotels, Motels, Holiday Inns"- Dixie's and Georgetown, Frat party with Greaseman and D., C.H. and R.- see ya at the beach- party on !!!

**Melvin Kile II** DECA 11, 12. Missing a lot of school, hating this place, Nagshead, Ocean City, N.J., Summer of '85, Party Poopers. L., R., D., B., N. made me sick. FREEDOM, Hawaiian Party, J's house, Atlantic City, N.J. casinos, P.S., W.P.- always boring, M.- nighttime swimming party, Thanks-L., T., D., K., S.-love you mom and everybody else.

**Teri King** Tennis 9-12; NHS 11, V.P. 12; Key Club board of directors 9-11, 12 Math Club 11, 12; Computer club 11; SADD 11; Literary Magazine 12. Being on the '82 tennis team, winning with S. in doubles against J.W. for the match in '84, Deutschland, bun trucks, physical and mental abuse by R.D. and P.P. in APAS I (SPAZI!), LU E- how close was that?, my special friends and listeners M.G., C.H., C.R., L.B., S.D., P.D., J.J., and being a part of the greatest class PSHS has ever had!

**Melanie Kline** Volleyball 9; Jr. Civitans 9; DECA 10-12. Skipping on Valentine's Day, smokin in the bathroom, Duck Duck Goose in the smoking court, the good and bad times shared with my friends, and to S. for always being there- I'll always love you.

**Nancy Knecht** DECA 10.

**Jennifer Knill** Powder Puff 12; Cross Country 11, 12; Track 9-12; Jr. Civitans 11, 12; Key Club 12; Math Club 12; Computer Club 11; Foreign Language 10-12; German Club 10-12; Art Club 9. South! not North. But I was only following the people in front of me! No pain no Gain. State '84. Thanks Cross country for some fun memories. Moose, thanks for 'making Deutsch III "Wunderbar" and for listening when I needed to complain. Without S.S., Computer Math and L.L. would have been

UNBEARABLE. Auf Wiedersehen Mr. Szymonski, Frau Cakora and all my other friends at Potomac. I'll miss ya!

**Debbie Kondash** Volleyball 10; Cheerleading 9, 11; SCA Rep. 9-11; Jr. Civitans 9, 10; DECA 10. All the parties, 10th grade Volleyball with Mr. E., Cheerleading competition at King's Dominion '85, L.'s 11th grade A.S. class, H.'s accounting class, All the great times with S.T, S.V.A.B & K.T the Wdbrdg gang C<sup>2</sup>, JoeES, Garry, Aaron, Sticks etc. . . SKI Liberty, all the wasted time and gas spent in Lakeridge, "That was yesterday", "Jungle Love", Widewater, J's grad party, all the baseball games, the week at L's house and S.B. pushing H's car up Old Bridge Road & the day it blew up, partying with J. and the gang (ODU), summer school with Mr. R.! Jo Wonka & Bel "the hellion" B.A. concert, For, concert with M. & all the other good times with her, C. and S. I missed ya this year! Graduating and VA Beach!!!

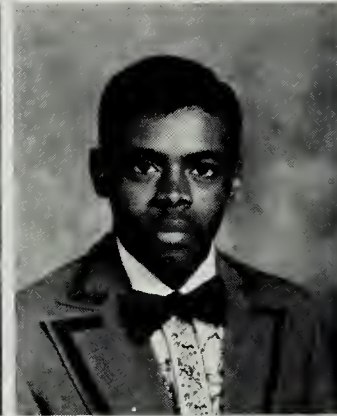
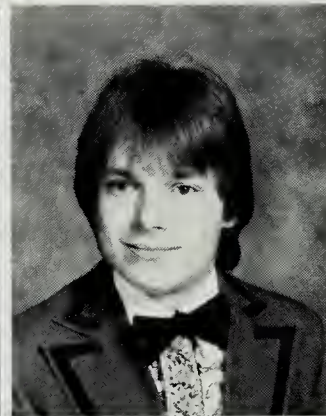
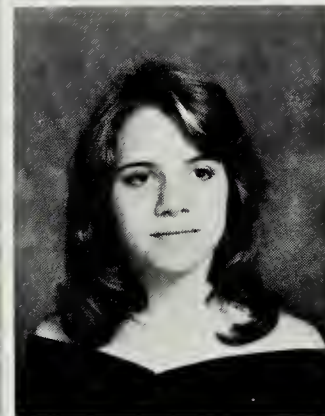
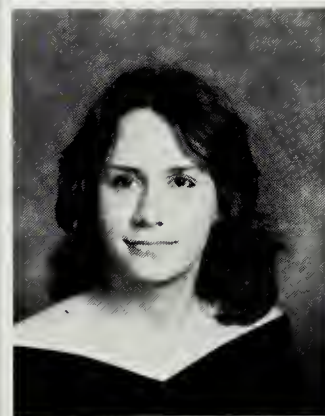
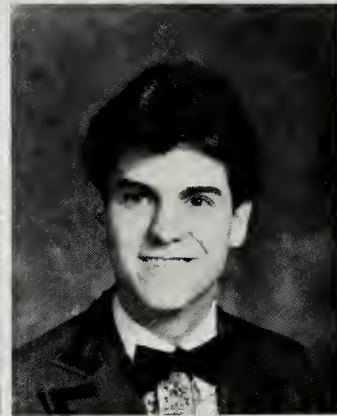
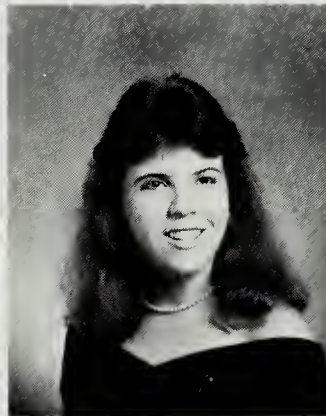
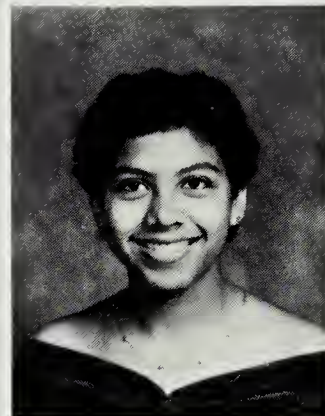
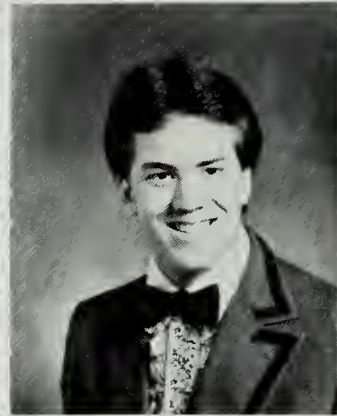
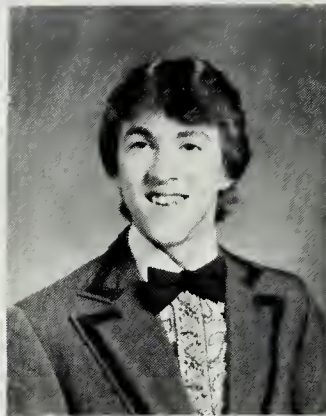
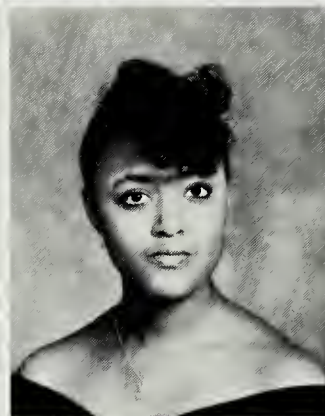
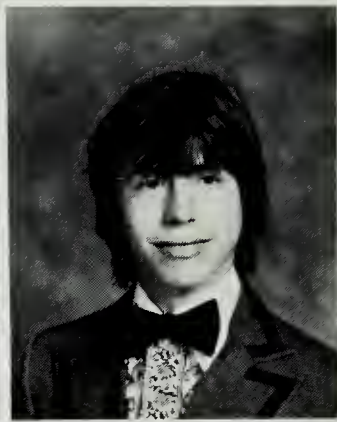
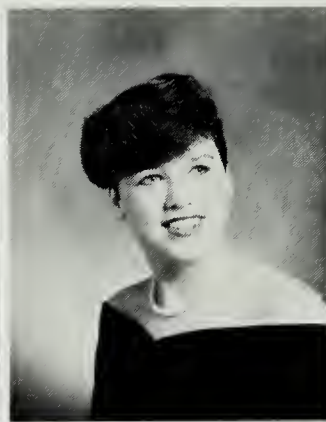
**Chol Kong** Football 10; Soccer 12; NHS 11, 12; Teen Counseling 12; Computer Club 12; SADD 10, 11; Choir 9-12; Camerata Singers 10-12; Drama Club 9-12; Literary Magazine 12. I'll remember the football games and the dances afterwards, the choir I have been in for the last 4 years, the plays I have been in, and the drama club.

**Edward Kroman** All of my memories of stankey years, stankey teachers, and stankey books. All of the nights I worked until 1 AM on my car, all of the great excursions. The cold winter mornings in the cold little bug.

**John Kulik** DECA 12 photographer 12, Well it's '86 and all of you who enjoy to party, let it rock until dawn. The heavy metal maniacs shall overcome all mankind. A., T. is still waiting, give it up now. AMF A.L.

**Rachael Kvenberg** Debate 12; Forensics 12; Teen Counseling History Club 11; SADD 11, 12; Orchestra 9-12; Camerata Singers 11, 12; Drama Club Sec. & Pres. My fondest memories of high school are the times I have spent with S.R. Thanks to all my friends for always being there. I love you all.

**Laura Lansing** To my best friend Terri. All those stupid fights we had, I hope you and T.B. go on forever. And C.V. remember the boat? Whooo! I felt that thing. And D.T. you crazy slammer! All those times I liked you and you never liked me, Too bad! And Vic my after school and phone call buddy





## Senior Stats

Janine Leonard  
Kelly LePage  
Paul Lerner  
Debbie Lesko  
Jack Leverstein

Nashay Lewis  
Todd Lohman  
Larry Lynott  
Bill MacPherson  
Katrina Madagan

Maria Mairena  
Gorianna Malloy  
Steve March  
Greg Margheim  
James Marsden

Kathryn Marshall  
Erika Martin  
Shelly Martin  
Tracy Maruschak  
Brenda Mason

Catherine Mattijetz  
Melvin Mauk  
Nicholas McBride  
Keith McCamey  
Elaine McCarty

Shari McDonald  
Arlene McGann  
Christine McKnight  
Utrina McMichael  
Bryan McMillen

**LeAnn Larson** Cheerleading 9, Foreign Language 10-11; As my first year here. I want to thank everyone who has made it great. Especially K.L.

**Frank Lasch** Football 9-12, Wrestling 9, VICA 11-12; Well Dudes it's been a great yr. Andrea, have fun in Japan. "I will miss you" Let's party! I had one big touchdown in my life (ya) We did in Seniors!

**Lisa Lascody** Track 10, SCA Rep 9-12, Jr. Civ. 10, Debate 11, Sci. Club 9, Math Club 12, Hist. Club 12, Foreign Lang. 9-12, DECA 12, SADD 11-12, Pep Club 11; Parting at Flem's pool, getting hit with the that juice listening to Joan Dowd and Joan Bailey belch Watching M.H. trying to take her wet jeans off, hotel parties with E.B., C. F. and M., staying the night at the gas station, strip quarters, scamming and parties with the band

**Liz Lawler** Volleyball 9-12, SCA Rep 9, Jr. Civ. 10, Choir 9-12, Yearbook 11-12; remembering my two best friends, A.S. & W.S. and all the trouble we got into together, wrecking A. Porsche; all the town-house parting, Florida! W. and our double date, A. remember our commercial? you roll, ok! Sher-Buzz Skiing with the superstars & canoeing on the Occoquan. Sal, get that tent fixed yet? Matt, love ya, Gimp, good luck in the years to come. The best of friends- CS, TC, CH, SP, AS, WS, & SS. Mr B's class for some giving speeches when not prepared & all the Lake Rdg. buddies. Most of all D.L. ILY now & always. Thanks for coming into my life.

**Michelle Lawson** I'd like to thank Jamie R. for being a special friend to me! The class of "86" is great!

**Lisa Lazar** Soccer 10-11, Track 9, SCA Rep 11-12, NHS 11-12, Teen Coun. 11-12, Comput. Club 11, SADD 10-12, Lit. Magazine 12; Are you blasted M.L.F? How about a tequila sunrise? C.P. the original Material girl and computer math frenzy . .

"It must be me" B's pink badge of course. C, I hope you learn to smile, I know you will. R.D. (Rambo) should I be a nun? (sister Madonna)

**Wen-Hsien Lee** Compt. Club 10-11, Foreign Lng. 11-12, German Club 11-12; Ending up at VA beach on the way home from B.G., throwing paper at Mrs. P, German skits, and K.D with the McD gang.

**Janine Leonard** Softball 12; Jr. Civ. 11-12, Teen Coun. 12, DECA 12, SADD 12; The 6 of us, Best of more to come. Soon I will teach the art of skiing. M.H. flying police alert. N.R. let's dance down G. Town C.C.

we start and end together, Senior guys we're still looking, B.P. is mom & dad around M & J I miss you! PSHS I'm glad I came back

**Kelly LePage** FBLA 9, 11-12, SADD 10; We are always were, and always will be the best! M S, S, L, Mr. HO ho, my husband, J, J, long lost M, and the other unacceptable but elite Between skateboards, concerts, toasted cookies, and F's we made it. To P.O I leave T.G, and to the rest of the squares, all the cool clothes in the thrift shops. Don't forget me, I won't forget you!! *NEVER!*

**Jack Leverstein** Soccer 10, 12; Choir 9-10; Long live all surf and skaterats. Surf-side surf team conquers all East Coast beaches. T.I., S.H., S.M., R.H., rip all sand bridge swells.

**Nashay Lewis** Foreign Lang. 9, DECA 12, FBLA 11-12, Pep Club 9-12; I've had alot of fun with my best of friends, P., T, and D through these years. I also want to thank a very special teacher, Mrs. S. thanks for all the care and friendship you've given to me. May God be with you always.

**Todd Lohman** Jr. Civ. 11-12, FBLA 11, Band 9-12; Roosting session with my best friend P.G. all the great times in Mr. Kites class. Those great parties and poker games with J.T J.S, A.T. and P.G. Having alot of fun in the car and other places with L.A.

**Larry Lynott** Football 9-12; Basketball 9-12; Soccer 9; SCA Rep. 9, 10; All the great times with Susan, Stacy & Beckaput in Mr. Fulp's Adv. Bio. class in 11th grade. "Buggs" Than Playing on the #1 basketball team in the District this year. "Bumpin' like a champ" Thanks Susan for always being there. "Secret Lovers"

**Bill MacPherson** SCA Rep 12, Jr. Civ. 9-12. Carpooling with J.D. Skipping with K.D. Getting Roasted for the first time with J.D. and K.D. Georgetown, Bojangels and King Arthurs. Parents going away. Accounting with D.D., K.J., S.K., and K.D. Working at McD's with all my friends T.B., K.D., Cheesebread, Rosebud, D.F., J.C., and T.S., Going 4 wheelin in "The MudRyder"

**Maria Mairena** Crew 9-12, NHS 11-12, Debate 9, Forensics 9, Foreign Lang. 12, SADD 12, Choir 11, 12, Camerata Singers 12. I'll remember the most Mrs. Emmons' "jokes", Stacy Lee dancing at the bench, and all the Benchies with our goodmorning hugs. But, I'll always remember the munchkin, his class (2nd pd.), and especially Jan 5th, when I crashed his wedding.



## Senior Stats

**Katrina Madagan** Soccer 9, 11, Jr. Civ., 11, 12, SADD 11, 12, Miss Potomac Pag. 10-12, Art Club 11, 12, Choir 9, Lit. Mag. 12, Newspaper 11, 12, Yearbook 12. Being late, missing the bus, bumming rides, Finally passing Alg. I, 1st article printed in "the PHS Class", 1st poem in "Out of The Blue", UVA Trips, Soccer-joys of a cast! Practicing with my learner's permit, fun with innocent flirting, 1st part-time job-(PH), Close friends and special times shared with- D.U. "Beset Friend," Kar "1, 2, 3", Micki "Garlic Pizza", K.H. "Let's Cruise", C.C. "Party", A.M.F. "Grocery Talks", M.P. "My Romeo", R.M., "Big Bro", Bunnagan, Will-Wal, J.G. D.C. Trips, Concerts, "Quiet Moods" Thanks to my family for all lectures and advice.

**Glorianna Malloy** Soccer 9-12, Cheerleading 9-11, History Club 11, For. Lang. 9-10, SADD 12, SCA Secretary 12. All the good times with all my friends. Parties, Fergusons (A.D. & G.O.) the mall, weekends, and G-town with LuLu, Rosie & Kara- next time bring ID'S. 4th of July with D.D. & T.E.-"Scope them guys". Jammin in the wagon, coolers, C.T. (OW!), summers, Gas Stations, Fun with my soccer pals. Embarrassing introductions with Mike Cook. Thanks Stacy. T.A.-McGregors,. All the great times with my bro's friends, April-'85 & Rosie the best friend I could ever have.

**Shelley Martin** Bas. Ball 9-10, Soccer 12, DECA 9-10 & 12, FBLA 11-12, SADD 11-12, Pep Club 9,. Potomac has been the best year of my life, Because of people like Mr. Jordan, Mr. Benjier, Mrs. Munnell and Mrs. Ghiloni. I would like to say thankyou and say after my four years here I can over come anything and do my best.

**Tracy Maruschak** Volleyball 9-12 (capt.12) Basketball 9-11; Softball 9; Powder Puff 11, 12; Photography Club 12. Regional volleyball teams-Rocky Mount & Albemarle, KNA all the way! All the great times with Big Trace: AAU in Missouri, v-ball, b-ball, parties, BIG BOB in the Bahamas & everything we do alike, also the great times with TE, MC, MG. Pep Rallies, f-ball & b-ball games Spirit Week, the Paula Boykin TM Senior Dance and everything that made the class of '86 the greatest class ever!! But who can forget the greatest thing in my life- Gerald Dugger . . . . .

**Catherine Mattijetz** SCA Rep. 11-12, NHS 11-12, For. Lang. 12 Treasurer, SADD 11-12. Things I remember . . . Mr. Jordan fixing my locker 3 days before the end of the year, Andrew told me B. G. was shot and I believed him, the time a sewed-off, no good, creepy vandal destroyed the D.D. pictures in my locker, making great new friends

**Len Mauck** VICA 11, ICT 11, SADD 10. Forget tomorrow, live today, remember yesterday.

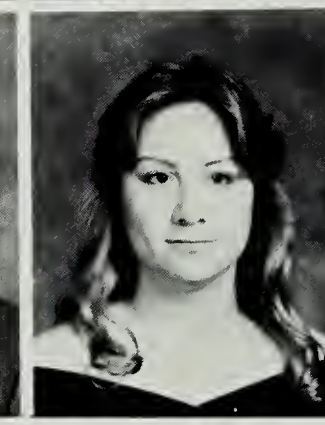
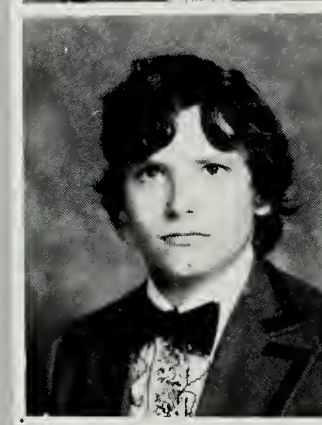
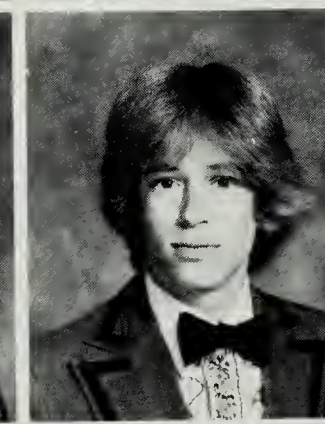
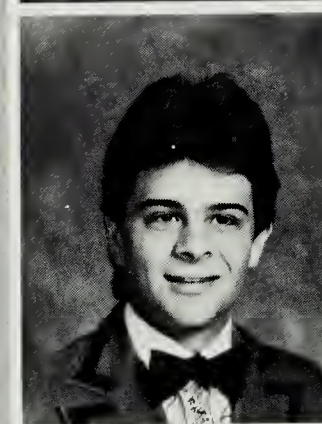
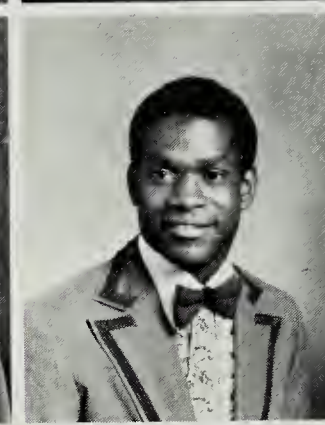
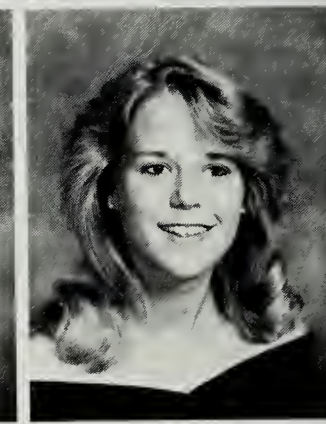
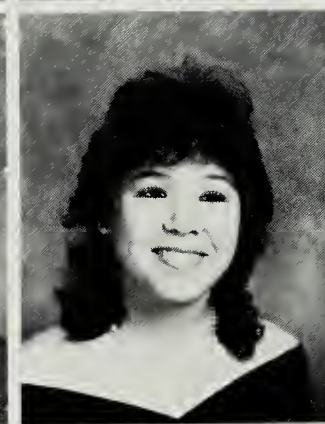
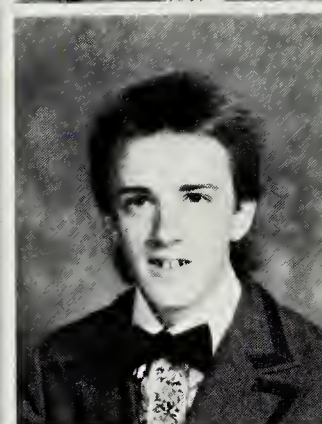
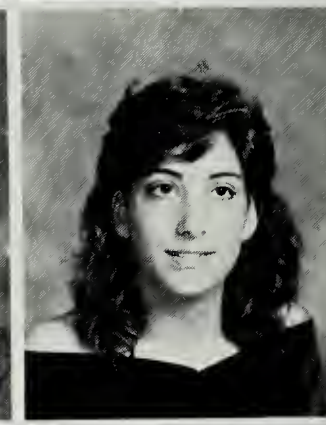
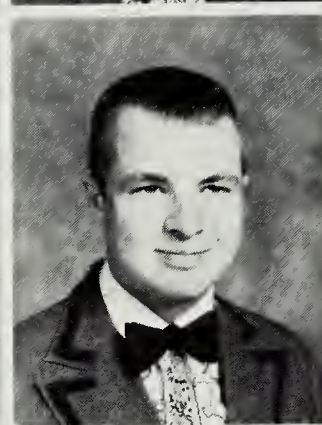
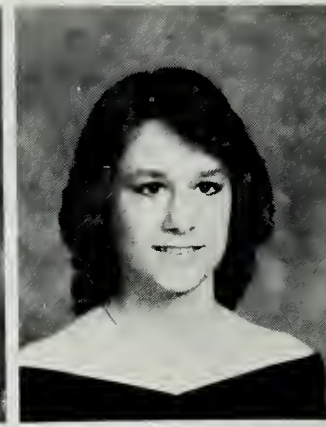
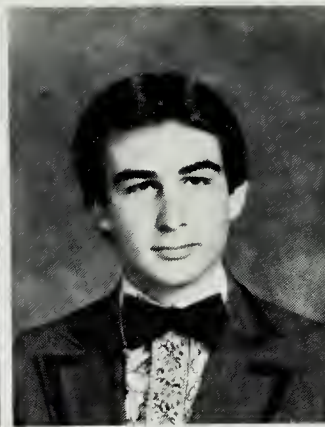
**Greg Margheim** Football 9-12, Basketball 9-11, Baseball 9-12, Jr. Civic. 11, Key Club 9-12 Sergeant at Arms 11, Teen Coun. 11-12. Winning the state baseball championship, the "Party Beast" gang of last yr, my best friend J.P., Tobal, ain't nothing but bad, and most of all Sherri, who my love continues to grow for more and more each day. I love you.

**James Masden** Memory-The day I finally got my drivers license, lunch, English class, J.Y. big mouth, the three hour term paper, brown paper bags, Mr Kadis, (although I'd like to forget him!)

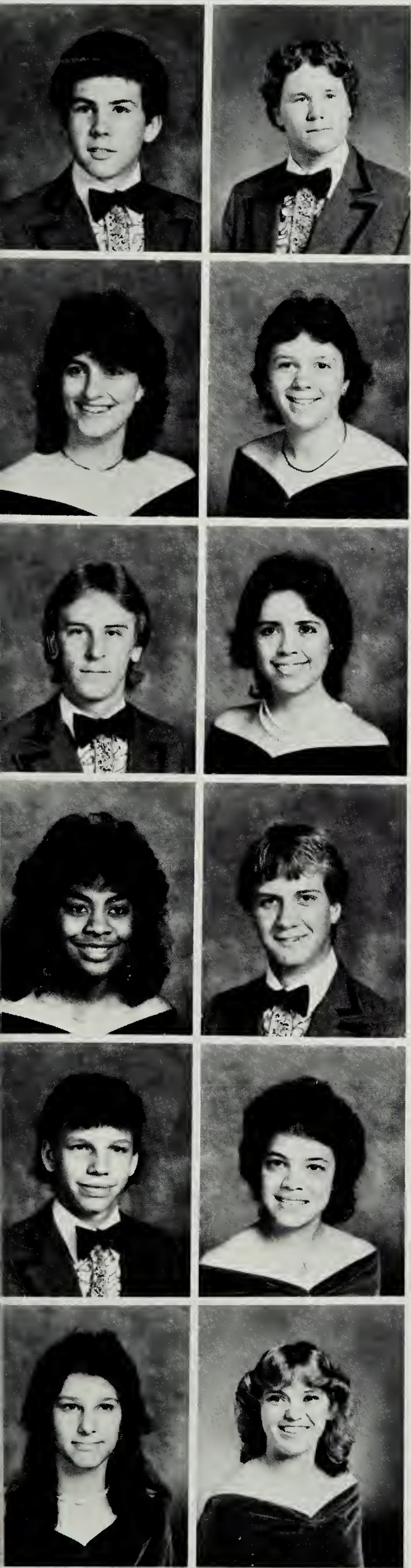
**Kathryn Marshall** NHS 11-12, Math Club 12, History Club 12, For. Lang. 9-11, SADD 11, Lit. Mag. 12. I don't think I can forget that 13 mile hike, S.V. . . . but I'll try! Remember the date, September 17! **Erika Martin** Jr. Civ. 9-12, FBLA 11-12, Powder Puff 11,. The summer of '83 with B.P., J.M., J.W., and everyone else. All the great times with J.M., B.W., H.H., S.D. R.R., and everyone else, Day trip to Tech, great weekends at my house, night before Richmond, most of all spending time with the one that means the most, Robbie. March 30, 1984.

**Keith McCamey** Football 11-12, Wrestling 9, 10 & 12, Crew 9, DECA 9, Pep Club 9-12, Camerata Sing. 9-10,. I leave all my Books to all the lower class. In my memory I don't want to come back to school.

**Elaine McCarty** To all my party buddies, esp C.P., M.H., K.F., and L.L. Thanks for all the great partying times and the best 3 yrs. of my life. Remember Tarento, the cantalope, the sessions in K.F. room, the parties at Melvin's, the road trips, the big trips, our party at VA beach, and all the other allnighters. I'll never forget the good times or you guys. Thanks M.H. for all the special talks and T.S. for making my Sr. year the most special. Shane Mellott.







Shane Mellot  
Michael Mestrovich  
Jennifer Michelini  
David Millsaps  
Richard Monk

Wayne Moore  
John Morgenstern  
Cynthia Morrone  
Robin Moser  
Mechelle Munn

Walter Munn  
April Murray  
Kelly Myers  
Gregory Neilson  
Sarah Nevarez

Dawn Newman  
Earl Newman  
Paul Newman  
Vandella Newson  
Timothy Norman

Bryan Nunes  
Matt Oakes  
David Osborne  
Sean Owen  
Emily Pagan

Matthew Palmer  
Jill Parrish  
James Paskek  
Suzanne Paszly  
Kim Paxton

## Senior Stats

**Shari McDonald** DECA 10-12. I leave all my skipping days to J.H. And all my love to Kevin Garza. I love you forever babe!!

**Arlene McGann** FBLA 12; COE 12. I will always remember Art class, meeting Jimmy Dibble. Apr. 24, 84, CUV-810, Jim 46, your house and mine, 7-25-85. I'll love you always!! Best friends Nina and Sue. Year 1984 thanx to NB, SH, BS, and Mrs. Diane Stevens for all their help through the yrs. Class of '86!

**Christine McKnight** NHS 11-12, Math Club 11-12, History Club 11, Art Club 11-12. Thank you Mom for all your love and support. About the car, make it a red Fiero!! HA HA! Thanks to the entire senior class for making this a great year. The class of '86" is #1!!!!!!

**Trina McMichael** In my memory I would like to remember all the times me and Brenda had in American Studies I. And all the good times me and Dee-Dee and Danielle, Princes, Ron had in Government tripping the teacher Art and Clarmate too.

**Bryan McMillen** Wrestling 11, Thanks for the good times at lunch M.S., L.S., & M.M. It was great even though I only had about two weeks of lunch with ya all.

**Michael Mestrovich** Cross Coun. 11-12, Track 10-12, NHS 11-12, Jr. Civ. 10-12, Math Club 11-12, Com. Club 12, History Club 11-12, For. Lang. 11, Lit. Mag. 12, My fondest memories are of those pre-meet parties with J.H., T.S., and K.Y. during track season. How we were ever able to run I'll never know. How about those long runs in the woods that ended up as long walks. Let me thank S.V., R.D., P.B., and L.B., and Miss F for making Latin my best class ever.

**Jennifer Michelini** Crew 11, NHS 11-12, Jr. Civ. 10-12, Key Club 10, Teen Coun. 11-12. All the fun times I've had with E.M., K.J., H.H., and M.B., weekends when "Ricki's" parents went away, New Years Eve of '84 and many good times with J.L.

**David Millsaps** NHS 11-12, Math Club 11-12, Computer Club 11-12. Mrs. Emmons AP History, Miss Levy's Pascal class, and all the help from my friends.

**Janet Modrowski** Pantherettes 11; Jr. Civ. 11, 12; FBLA 12. Summer of '83 and all the unforgettable people I met. Goldfish

Forever, Victory Garden, BP, JW, AG, CT, the gang- Thanks for all the great memories, best of luck w/everything. 3/27/85 KT-the best thing that ever happened to me. Congrats Mrs. Whitten, Jimmy & Jamie

**Ricky Monk** ICT 11-12. I will never forget all the nice teachers, and the school.

**John Morgenstern** Blasting the stereo going down the road. Partying at T.B. when his parents leave. T.A, J.M. T.B.

**Cindy Morrone** Basketball 9-12; Softball 9-12; Winning State Softball title, souvenir hunting, and roaches. Leslie W. rmmember toilet paper, b-ball, Wdbge. TC, CH, and Bill C's runaway VW Bug. Tess GT, Champions, and LT ice T. The best teachers ever, Mr. J., Dumbo, and Al; P.S. Conway, BC, and BB, if not now, maybe in a few years. Softball team Yeh we are. B-ball and backwards shorts. Amy C. Manassas, URG. Tess, Gimpski, Cathy, SO of T. Best friends always with JR and TB.

**Robin Moser** History Club 11-12, Choir 9-10, Camerata Sing, 11-12, Lit Mag. 12. Chemistry workshops during lunch-"Those bad boys weren't so tough now were they hon? All in the world you have to do is . . ."

**Mechelle Munn** DECA 10-12, DECA President 11th and Vice President 12th. Going to Chi Chi with Susan and Jewell. The great time at the lunch table. Going to State and National last year with DECA. Going to the beach with K.D., and S.M., S.R., Going to Kings Dominion

**Kelly Myers** Crew 9, SCA Rep. 11-12, Jr. Civ. 10-12, Teen Coun. 11, For. Lang. 9, SADD 10-12. I will always remember all of the fun I had. The luv boat, the truck, dumb freshmen, belching contests and all of the Dale City parties. T.H., the Joans and L.L. sense of humor.

**Gregory Neilson** Soccer 9-12 Jr. Civ; Being in Barry's class w/all the gang. Taking a road trip to D.C. during school w/the boys  
**Sarah Nevarez** History Club 11, 12 For. Lang. 12 SADD 10-12 Orchestra 9-12; My best memory of all was meeting M.S, the most IMPORTANT person in my life! I'll never forget all the wild parties, the FLASH at Stac's



## Senior Stats

party (you owe me one Stace!) The K.P'S and the school. Girls never forget CHIP-PENDALES!! And P.S. sniff, sniff and Safeway.

**Dawn Newman** Volleyball 9, 10 Jr. Civ. 10-12 Foreign Lang. 10 FBLA 12 SADD 12; Getting lost in Georgetown w'Chrissy while Nicole, Melanie, Janine, and Nickie were sleeping in the back seat. Partying w/Nicole, Meg, Paige Sher, Michelle, Nick, Mel, Chris, and Janine. Thanks guys I Luv ya! Watching Mel run from the floating police-they're gonna get ya! The Prince Concert, Nicole do you remember? Nicole, watch out for the ditches! Graduation and most of all Virginia Beach- it's never going to be the same after the class of '86".

**Earl Newman** Football 11 Wrestling 9-11 I wish things could be changed like the way I did things when I was young. I remember all the good times I have had at wild parties. But all these things are behind me when I enter the real world.

**Paul Newman** Football 12; D.K, P.D, S.J, P.D and C.H slaving away at McDees w/you stooges. CRUISING down Blackburn after closing. All the MAIDEN-DIO concerts; "NEMISIS"; and all the girls I met. Thanks for the good times guys!!

**Vendella Newson** Basketball 9-11 Track 10-12 FBLA 10, 11 Pep Club 9, 10 Camerata Singers 9 Newspaper 11, 12; The time in lunch I pulled the chair from under someone. The time every body was looking for me at the Mt. Vernon

**Emily Pagan** Track 10, 12, FBLA 11-12; I will always remember B.M. I will remember what he means to me. I will remember my best and closet friend D.W. You will always be my sister and my best friend. I will always remember Mrs. Steven. She was there for me when I needed her. Guys I Love You all always.

**Matthew Palmer** Debate 12, Teen C. 12; All the friends especially D.C., S.J. and B.A. **Jill Parish** NHS 11-12, Yearbook 11-Editor 12; My best buddy C.R.-Hey toe nail! Mrs. Leggett's cat; late nights when locks turn to licks, people only wear aprons and the baskets just won't "Shoot"; "Independent Study", D.U. forgetting my name, the homesick Aussie.

**James Pasek** Cross C. 11, Soccer 11-12, Track 10, NHS 11-12, Key C. 10-12, Band 9-12; Hot Tub, VA Beach crash, Bri 1 and Il crab feast w/ D.H., camping w/electric jello, Batman and Batmobile, Physics class.

**Suzanne Paszly** Cross C. 10-12, Track 9-12, Foreign C. 12, SADD 11-12; To the

Ruff, Amos, Spaz, and B.G.; The Kinney's race and the Texas guys; How I got my nickname Spaz; finally winning a race and becoming a current event. Where's J.K.?. When B.B. gave me fleas; wearing my shorts backwards.

**Amber Perry** Softball 10-12, SCA 9, 11-12, Jun. C. 11-12, His. C. 9, Pep C. 9, 10, Art C. 9; "Patrick-Always" Mexican at Sean's, Jennifer drink, skipping school and being caught, my friends Jennifer, Monique, Myk, Barry, Pat, Tricia thanks for the kick times, July 30, 1985, my *sophomore* luv M.T., Mr. Clarke's class, Jen and I.S.S., Soccer, 360's in Dale City, mushrooms, would you? Camping in the rain with Rick and Randy did you?

**MaryAnne Piccoli** Football 11-12; All the fun times I've had with B.H., C.Z., L.H., A.D., and J.P. Remember all the good times and foret the bad. Always and forever friends. Do you have any vaseline?

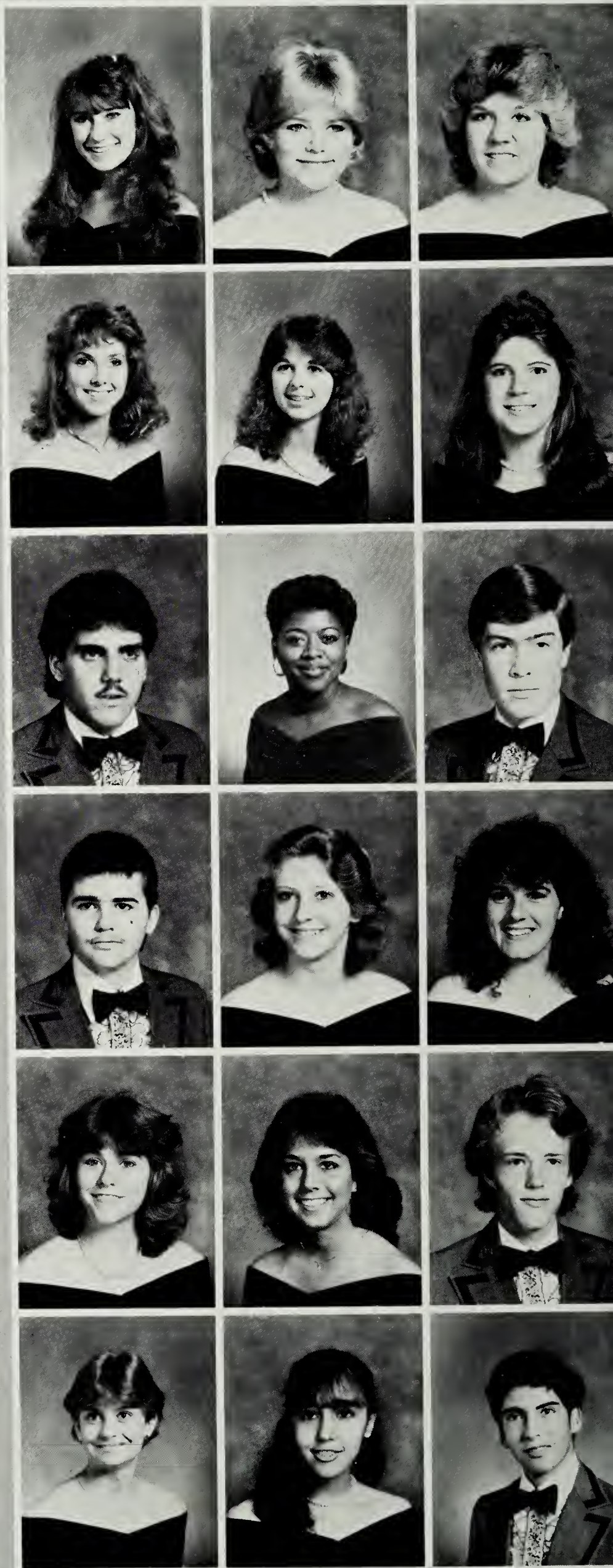
**Julie Pierson** FBLA 11-12, SADD 12, Marching B. 9, Band 9-12, Drama C. 9-10, Flags 10-12; Great times with my best friend S.D. Yrs. spent with Matt, VA Oh and wrestling w/ D.T at Washington and Lee. HEY!! Give me my QUARTER!!

**Timothy Norman** Football 9-11 German Club 12 FBLA 12 SADD 12; Dec. 4, 83, The Iron Maiden Concert with C.H and T.J. The beach with C.H Data Proc. 1 with A.G S.H and C.C. Ms. P. Petersen's History Class ABSOLUTE DEVISTATION 11 and 12 grade.

**Bryan Nunes** Basketball 10 Tennis 12 Jr. Civ. 12 Foreign Lang. 12 Newspaper 11, 12; SHVEN "Hello" Oh that P.G. who's helped me get out of so, much trouble. S.H who owes me a shirt and his life! Ms. P, P.B. and K.M. who helped me with all my problems. I'd especially like to remember my DAD who has been through so much with me. "I love You Dad, you're ALL I've got."

**David Osborne** VICA 11,12; All the great times with A.G. W.C. K.B. M.J. D.M., and all the rest of them lovely little ladies. All them crazy rides to school in "OLD BLUE". I think the biggest memory I have was sitting around for 4 years waiting for June 5, 1986!! Chevrolet-1. Dragracing #1.

**Sean Owen** Crew 9, Jr. Civ. 11 VICA 12 UH-HUH! David you ONIONHEAD. Friday nights at Old Dominion Dragway, going to K-Mart w/Ashley and Dee-Dee, working w/Amy and the rest of them at R.R. Lunchtime my senior year, going 4 wheelin on little blue. Sitting in Study Hall listening to PAPA SMURF tell us to shutup.

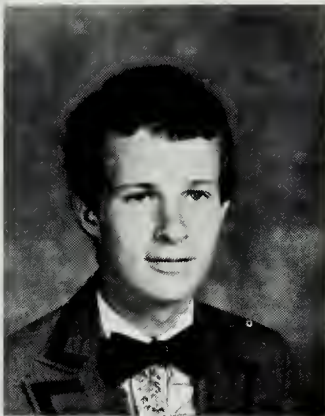




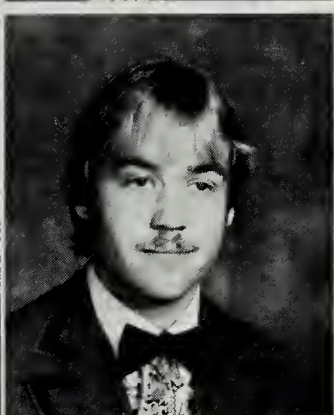
## Senior Stats



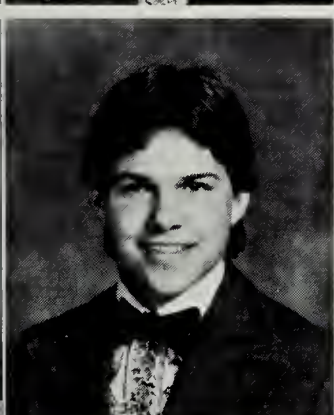
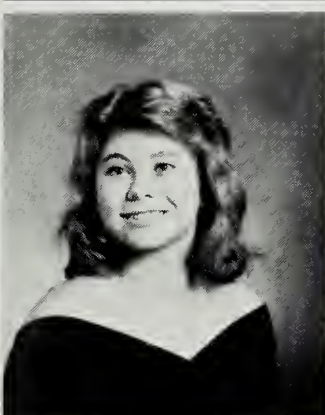
Claudine Pelletier  
Amber Perry  
Mary Piccoli  
Julie Pierson  
Brian Pinkcard



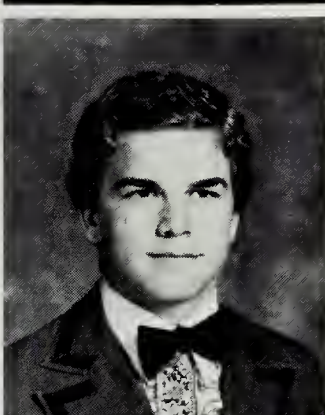
Susan Pisanchin  
Cara Polk  
Lisa Potvin  
Eric Prevatte  
Sandra Proffitt



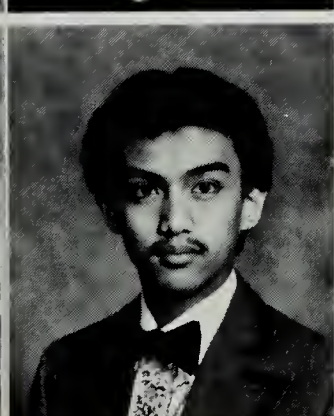
Cory Puckett  
Dee Dee Purvis  
Michael Raat  
William Raines  
Christine Ramsey



Peter Rasmussen  
Jamie Ray  
Carole Rice  
David Richardson  
Mark Riley



Rosemary Robinette  
Nicole Romano  
George Rooks  
Vicky Ross  
Katherine Ross



Diana Rubenstein  
Cindy Ruffner  
Christian Saavedra  
Ronald Sagudan  
Valarie Santo



Beach summer '85", drink up pooh-bear, trip to Paris with T.K., bus trip to Pulaski with Matt, Marching band (flags) pre-game bump with Bill, Mr. Dills's help.

**Brian Pinckard** Tennis 9-12, Key C. 9-12, Teen C. 12, Science C. 11, For. Lang. 11, German C. 9-11; Tennis team and Eddie Bear Campbell, especially Eddie Bear Johnson. Ski trip, Regional trip, and hopefully state Wayne Manor, Camping Buddies, and The Duck Lady, Special Thanks to Rob, Unhui, Lori, Carolyn, and to my family for making this a terrific 4 yrs.

**Susan Pisanchin** Softball 10-12, SCA Rep. 9-12, Key C. 9-12, Teen C. 12, Foreign C. 11-12, SADD 10-12, Lit. Mag. 12; S.W. and all the special times we spent together. The long talks with E.M. and the great time we had—tennis anyone? B.G. and hijacked trains—well . . . . almost hijacked! But, more than anything else, I'll never forget the person who turned my life around . . . . Thank you Brian.

**Cara Polk** Pantherettes 11-12, SCA Rep. 12, Jr. C. 11-12, Teen C. 11-12, Foreign C. 10, SADD 12, Class Off. 12; All the good times with K.H. (my best friend) Becoming friends with U.C. and L.B. Watching K.H. sing on the stereo being a bartender at Nan's reception (Burp!) Pantherettes! (at camp—discussing certain people) T.B.—long long *best friend* to J.M. and A.G.—taking care of business.

**Lisa Potvin** Softball 9-10, NHS 11-12, Junior C. 11 Orchestra 9, Band 9-11; VA Beach "85", T.E.—This is true like the ring. Booga Wooga Wooga, D.D.—let's play putt-putt golf, late night football S.K.—We are going the wrong way. M.G.—so what are you trying to say, should I sit on the floor. M.G. and D.D.—loved those trips to J.P. So who's driving tomorrow? C.H.—No more sins or cosins. T.E., D.D., M.G., —More great times to come!

**Sandy Proffitt** Jun. C. 11-12, Foreign C. 11-12, Germ. C. 10-12, SADD 12; All the special moments spend with Mike! All my friends!

**Dee-Dee Purvis** My memories are left to LA LA (L.S.) and the good times we had throughout the yrs. and the worrying about the mens. "Squeeze" (Dee-Dee)

**Michael Raat** Basketball 11 & 12, Wrestling 10, Soccer 12, Track 12, Foreign Language 12, German Club 11 & 12, Choir 12, Drama Club 9-12; What has been left in my mind most are the lessons I had in

my "Cool Classes", but they weren't really necessary, The abrupt change of my name to "Smelven", Mr. Fulp's "Ah", the late Music Man, and my CO Mr. Clarke, I'd like to thank all my friends and the Academy, The Legacy Lives On.

**Pete Rasmussen** History Club 12; German Club 11; Band 9, 10; Drama Club 9. My memories include the Saki Treatment, and my friend Sherwood, Cookie, Flap, and maybe Mr. Wilson. Going to all the shows in D.C. PUNX NOT DEAD!

**Jamie Ray** Volleyball 9; Foreign Language Club 9, 10; FBLA 12; Band 9-11. All the good times with ML. The great summer of '84.

**Paul Renzo** Football 9; Crew 10; NHS 11, 12; Foreign Language Club 9; When I said something bad, after being inducted into the NHS and everyone in the auditorium heard me.

**Carole Rice** Volleyball 10, 11; Foreign Language Club 12; Powder Puff 11, 12. High school was fun, but college will be better! All of the attempted nights out with Marianne and all of the times I talked her ear off. T and T's wedding, Mr. J.C. Penny, having Bridge around, "Chip and Dales European Vacation"

**David Richardson** Wrestling 9-11; Soccer 9-11. Thanks for the great memories friends, when we went to Va. Beach for my ski tournament, and the times went went camping. The electric jello was great!!

**Mark Riley** Football 9; Wrestling 9-12; Baseball 9; NHS 11, 12; Debate 11, 12; Science Club 12; History Club 12. Being inducted into the National Honor Society. A total surprise!!

**Rosemary Robinette "Rosie"** Gymnastics 10; Cheerleading 9-11; Soccer 9-12; Jr. Civitans 12; Key Club 9, 10; History Club 11; SADD 12; Powder Puff 11, 12. All the fun times I had in High School such as "jamming in the wagon" with Maruca and Glo; playing soccer; the summer of '85 with KT, LT, JL, DP, & BP: parties at Fergie's; powder puff; Oct. roadtrips; Mt. Trashmore; When does it hurt Bev? Indoor soccer "Bugs". Most of all I remember the best friends anyone could ever have—BW, GM, LT, & KT.

**Nicole Romano** Jr. Civitans 10-11 (Tres. 11, Pres. 12); DECA 12; SADD 12. The good times



## Senior Stats

and the parties with Megan, Sherrie, Paige, Michelle, Karen, Melanie, Dawn, Janine, Nickie, Chrissy and the boys, Fergy's parties, Queen's Road, Georgetown, living with Mel. Montclair Days, J.C. trips, Mel-flying police? Nick- Grin and ignore it. Hey girls let's Party!

**George Rooks** German Club 10-12. I remember the day to day routine, go to school, then to work, then doing homework for 4 stright hrs. a night. Then there is cramming for exams, learning a years worth of work in a day. And the list goes on for the monotonous at high school. . But the thing I remember the most is all the bright smiling faces.

**Vicky Ross** FBLA 11; SADD 11. I had a great time at Potomac. Thanks to Laura Lansing, Rachel Sommers, and Office Spec. class & Shorthand. Later on dudes-Party all night!!!!

**Diana Rubenstein** Volleyball 9, Gymnastics 9, 10; Track 9, 10; SCA Rep. 12; FBLA 9-12 (Treas. 12); FHA 9; Choir 9. The best year of my life was when I met my one and only sweetheart Dennis Haught. He has made my life wonderful. I'll love him forever!! I LOVE YOU DENNIS! Also to my brother, may your 12 years of school be as fun as mine were!

**Cindy Ruffner** Cross Country 10-12 (MVP 10,11, Capt. 12); Track 9, 10, 12 (MVP 10); NHS 11, 12 (Sec. 12); Teen Counseling 12; Math Club 11, 12; SADD 10-12; Pep Club 9; Orchestra 9-12; Class Secretary 11, 12. Cross Country (Amos-long talks) District in 10th grade-hip: physical therapy: Judges Classic (beating Angie): Districts 11th grade-on to State (Cross Country team) WOW!! Trip to Michigan with Spaz, Amos, Kelly and Barnhart. A.P. AM. Studies I students (all the headaches) Ocean City-Feliz remember Baltimore, ragus attack, scales, "what time is it?" Ha! Fool-in' everyone! Counting seirolac: Dr. Sybler- nosey teachers: my lasting friendships with special friends and coaches. TK- sorry I put you through it. Thanks friends for being there!!!

**Ron Sagudan** Thanks to all my friends who I have met in my four years at Potomac. Good Luck!

**Valarie Santo** DECA 10-12, Band 9-10. My most favorite teacher of all my years Ms. Cahall. Thank you for all your guidance and long talks. To the rest of my fellow seniors Let's Party the rest of the year and live for graduation.

**Cynthia Saylor** History Club 12, Foriegn Language 9, SADD 12, Pep Club 11, Band 9-10, Choir 10-11 (All County 11, Regionals-11), Camerata Singers 12. The times I

spent with the "benchies" has been really great! Hey Christine and Sarah, odd or even? Good luck with next year's Camerata Singers, Mr. G.! Special thanks to Angela, Chris, and Darlene for putting up with me and listening to my problems. I love you guys and I'll miss you all!!!!

**Perry Schwab** Wrestling 9-12. All the good Pool parties in my house and taking R.S.'s and K.D.'s money. And all the good times in the old man's classes (Mr. K) with T.L. and M.R. in Sociology.

**Melissa Scites** DECA 10-12, SADD 12. My years at Potomac were great! Thanks to the morning and Lunch crew! Thanks Lisa and Sandy for being there. TY you're the best friend that any one could ask for. John C. I'm not a low life!! Thanks for all the memories. I'm going to miss all my friends!!!!

**Ronald Scott** Track 9. In memory of my gov't class with Princess Foster (goodie) and Danielle Smith the loudest girl in the class & Utrina McMichael size 38 along with Princes.

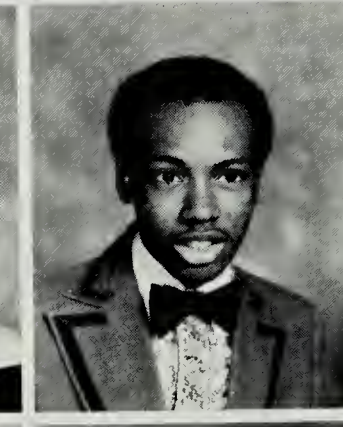
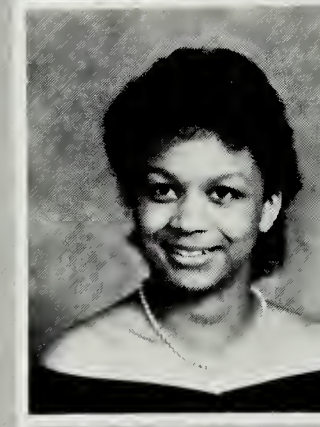
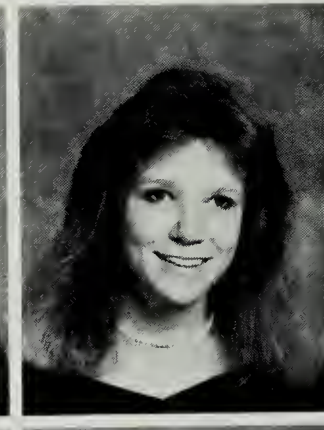
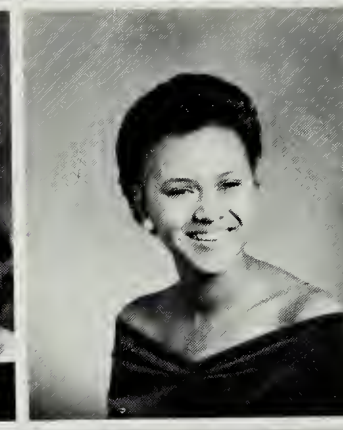
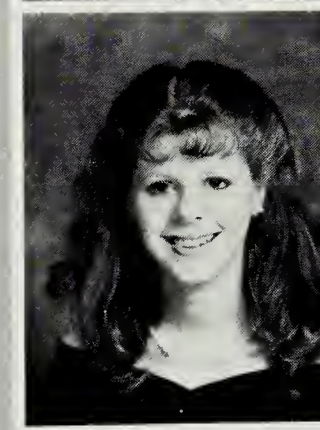
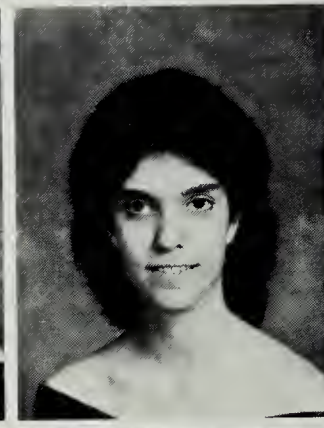
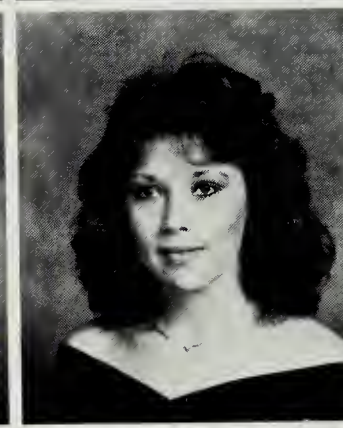
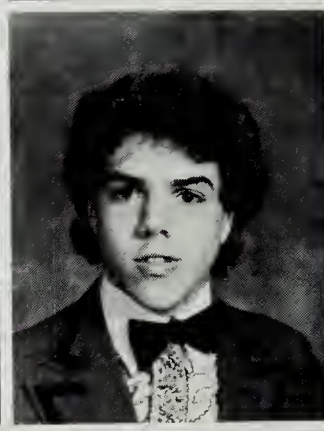
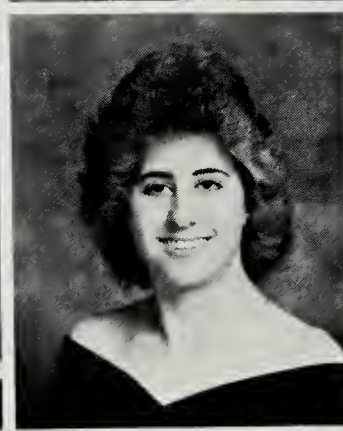
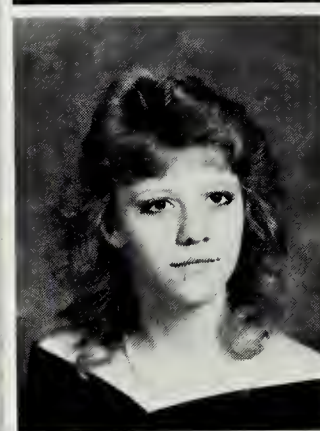
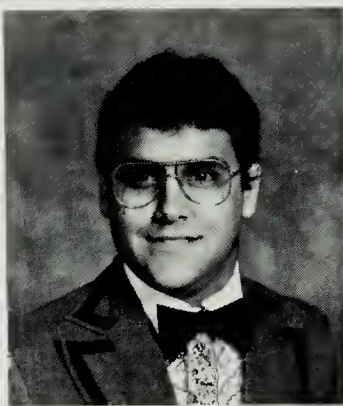
**Dorey Searle** Cheerleading 9, SCA Rep 9, Debate 11-12, SADD 10, Choir 10-12, Camerata Singers 12, Drama Club 10-12. I'll always remember: "The Superior Squadron," the Benchies, Papa Smurf, "Acting Exercizes", Senoma & 7 eleven, the Lunch Group! Kitchen raids at Jenny Boyd's. Children's Theatre (both years) and the crazy casts! R.K., R.O'N. B.W., C.W., T.B., J.B, A.S., I love ya! And Tweedle Dee and Tweedle Dum, I'll always care! And that's not a shallow observation!

**Shawn Sebren** NHS 11-12, Key Club 11-12, Teen Counseling 11-12, Math Club 11-12, Computer Club, Foriegn Language 9-12. Yearbook 10. I'll always remember being a "Bag" lady for K.M. for Key Club initiation The 1986 Junior Girls crushing the 1985 Sr. girls in Powder Puff. And the class of 1986 winning Spirit Week our Soph., Jr., and Sr. years!

**Michael Shaw** Foreign Language 11-12, German Club 11, Art Club 10, Band 9. I remember all of the good times and bad times over the past 4 years.

**Joe Shearer Jr.** Civitans 12. All the killer times with the rooster gang. Duck, Swamp, Poo, & B.A. . . The partyin' we did says it all.

**Timothy Sheets** Wrestling 10, 11; Cross Country 9; Soccer 9; Track 9, 10; Crew 10, 12; Computer Club 12; History Club 11; All the good ones with the best; B.C., M.S., & the rest: oops J., S., P., W. . . . Senior class of '86 L. -I think you'r great! Lunch the parking lot, HOJO's, prom '85 and always Hi Mom!! Sincerely, TRIM





## Senior Stats

Cynthia Saylor  
Perry Schwab  
Melissa Scites  
William Scites  
Ronald Scott

Dorey Searle  
Shawn Sebrn  
Scott Senyz  
Michael Shaw  
Joseph Shearer

Timothy Sheets  
Catherine Sheridan  
Sandra Siligato  
Brian Singstock  
Elissa Singstock

Kimberly Sivells  
Lisa Skinner  
Rebecca Sloan  
Brian Smith  
Bryan Smith

Danielle Smith  
Irvin Smith  
Michael Smith  
Morgan Smith  
Regina Smith

Tanya Smith  
Tanya Smythe  
Rachel Sommers  
Lisa Sprouse  
Timothy Stalcuip

**Catherine Sheridan** DECA 9-11, FBLA 12, COE 12. Mom & Charlie you two are the best! Ronnie I want to thank you for everything you have done for me and always being there. I will always love you! I will never forget: P.A., D.L. and P.T. for all the great times.

**Brian Singstock** Football 9; Wrestling 9-11; Soccer 9-12; SCA Rep. 9-12; NHS 11-12 Teen Counseling 11-12; Math Club 11-12. Va. Beach, 360 on ice, camping, P., D., S.V. - crabfeast, electric jello, batman, physics class and all the guys.

**Elissa Singstock** Cross Country 11; Soccer 10-12; Crew 9; SCA Rep. 9-12, Jr. Civitans 9-12; Teen Counseling 11-12; History Club 11; SADD 9-12; Drama Club 11-12; Te Amo A.D., siempre and I'm coming' back, July 20, Aug 30 Oct. 1, Feb 8 Norman's wading pool-lawn chairs, Frank's bathroom, the park (bench), fishnet & leopard skin, built on towel rack, A.D. version thigh -high-cut, white dress, carmella papaya, Feliz-eliz, Bryan Adams KIX, the band-my pals; A.D. Rickman, L.L pretty kitty, E.Mc., C.P., B.P., M & D., N.K.M., all-nighters, rinestones, lay-it-down, too hot to handle, alone again, Blondie & Dagwood, the firealarm at Bobs Gibson guitars, R. home grown, electric jello, off to Europe E.!!

**Kimberly Sivells** SCA Rep. 11-12; NHS 11-12; Key Club 11-12; Teen Counselor 11-12 (team leader 12) SADD 11-12; Drama Club 9-12; Newspaper 11-12 (copy editor 12) All the great times I've had & all the special friends I've made at Potomac. France in '83-oui c'est ca exactement n'est-ce pas? -football games-prom '85-most of all, meeting Steve, who changed my life.

**Glenna Sixkiller** FBLA 12; Drama Club 10.  
**Rebecca Sloan** Tennis 10-11; Band 9-10; Mar. 2, 82-Kara's house, slyness of Lulu & I wondering if the tennis court lights were on, & ending up partying with S.J. & A., kicking Kevin off Melainie's couch causing him a bit of a pain, playing "flip the hair combs", & "toss the beans" with Lulu at 3:00 in the morning, going up to Skyline with the gang, Sept. 1, '85, riding with L. in "pogo", kidnapping K., all the long talks with L. & K listening to J. talk about 715 in his sleep, & most of all having the chance to love J.C.

**Brian Smith** Jr. Civitans 11; Art Club 12 The 1st day, 1st period, 1st person I talked to was Rick Biama. So are you experienced?

**Bryan Smith** Wrestling 11-12, Soccer 9-12, SCA 9-12, Jr. Civ. 10-11, Debate 10-

12, DECA 12. The summer of 84. Homecoming w/ Katie, Easter Sunday, Early Dismissals, Roosting & all of my friends who put up w/ the wierd things I've thrown at them in the past. (K.T., K.H., C.C., J.C., J.C., B.P., A.T., M.G., B.V., S.T., E.T., C.C., D.P., B.W., T.L., M.H., M.C., K.J.D., and most of all, Katie Trainor!

**Danielle Smith** Track 9-11, Jr. Civ. 12, FBLA 11, Pep Club 9. I'll never forget the best times w/ Princess Foster (Goodie), Trina, and Dee-Dee in 6th pd. Thanks to these people I had the best 4 years ever: S.T., U.M., T.S., and D.T.

**Morgan Smith** Tennis 11, NHS 11-12, Jr. Civ. 9-11, Key Club 11-12, Math Club 11-12, SADD 10-12, Literary Magazine 10-12 (editor 10,12) 2 yrs. w/ Tamaras: the keys, make-believe, Camaro, Riggo & Steve, I love Joan Dowd! A season w/ the girls! Gracias! Peebs, Sarkins and Marie, wanna have a small social gathering of just a few close friends and relatives Paula & Marie-his nose is seldom wrong. Is it S.K. story-hour yhet? Always scam w/ C, the 3 m's, A and always J. Debeo siempre D. F., Duc, J., D., S.A., my mentor, Milibus et Latinae Linguae.

**Regina Smith** Jr. Civ. 12. The time I lost all sense of reality and went w/ E.G.

**Tonya Smith** FBLA 11-12, Pep Club 9-10. I leave to my cousin Y.J. all the memories of S.L. (b.k.a. A.J.) that we have shared through the years, and to all the people that made my Senior year the best it could be also thanks R.S. for being there for me. Luv ya!

**Tanya Smythe** Soccer 9-10, Pantherettes 10-12, SCA Rep. 9-11, Jr. Clv. 11-12, Teen Counseling 11-12, Foreign Language 9-11, SADD 12, Camarata Singers 12, Homecoming Float 9-12. All the great times with Amy, Lisa & Cheryl in the Car Pool. I learned alot. I'm gonna miss you guys. The party, Chocolate Doodles, talks before the Football games w/ Amos, Cheryl-the trip to Marshalls, The Machine, ice cream on the ceiling, acting stupid and obnoxious at parties, and the special talks w/ my buddy Cheryl. Wait till the beach. Dad, thanks for everything! D.W. & J.W. in one short night. And the Pantherettes-Good Luck- your the best!!

**Rachel Sommers** DECA 11, FBLA 11, SADD 11. All of my bestest friends, all the partying, October 26, 1983. And the best times a person could ever have! The band playing, parents in N. Carolina, smoker's build up. Mr. D. & Mrs. P. I ruv u! I really do.



## Senior Stats

**Lisa Sprouse** DECA 10,12. To Missy S. for making my Senior year the best. Thanks for being there when I needed you. And to Sandy S. for helping me with my problems. To Mike A. for being the best cousin around. Thanks to all the morning crew for making my Jr. & Sr. years the best two years of high school. Mike, thanks for understanding. Class of '86" Forever. Thanks to Cathy S. for making my English class fun.

**Tim Stalcup** Football 9-11, Track 9-11, Crew 12, Foreign Language 9, FBLA 12. Carlota & Carmella!! Looks like a job for Wonder Joan! Hey pretty kitty! Hey tiger, Blondie loves ya!

**Angela Stuber** NHS 11-12, Jr. Civ. 10, Teen Counseling 11-12, Math Club 11, Foreign Lang. 12, German Club 12, SADD 10-12, Choir 10, Camerata Singers 11-12, Drama Club 9, 11-12. I'll always remember the great fun with the "Benchies", quarters at Claflee's part 5, Camerata field trips, Chol, Donna, and Brian with our Renaissance quartet, and the care and love and lust between us all. I'll never forget my special boyfriends, Art and Brian.

**Timothy Sweatman** Football 9-12 (Captain 9, 11, 12) Jr. Civ. 11-12 (Sgt of Arms) Foreign Lang. 10-11, German Club 11. Four years of little or no sleep.

**Stacy Talbott** Cheerleading 9-12 (Capt. 9, 10, 12) SCA Rep 9-11; Jr. Civitans 11, 12; SADD 11, 12; DECA 12; Yearbook Staff 12; Powder Puff 11, 12; Homecoming Princess 11, 12. All the wild -n- crazy times with the L.R. girls (AB,SV,DK) C<sup>2</sup> & his gang, Ski Liberty, Widewater, spying on certain people, cruisin' in the Cam. partyin' here & there, Wdbge. squeezes, "OLD BRIDGE ROAD" Cheerleading - NATIONALS!! Ed-head, "No pain - no gain" About that . . . . Great times with good friends: AT, KT, TF, DS, MC, CP, GN(my pal). "Tainted Love", "That Was Yesterday" "What time is it? Yeh they sing this song" Apr. 14, 1984 & meeting M.S. and all the memories - "You're a hard habit to break" Summer of '85 w/ B.D. Thanks for making my Senior yr. the best - "I'm crazy 4 u!!" Thanks mom & dad for all the advice, good times & sometimes tears. SENIORS - It's been great - PARTY ON . . . . . VA. BEACH!!

**Andrea Tardiff** Cheerleading 9-12, Key Club 10, SADD 12; I'll never forget S.T., A.B., T.F., S.V. The shame boys thanks for everything, I love you guys! S.T., and T.F., don't party to hard, 7-11, 2:00 a.m., M.G., bathrooms in courts, Duran-2. Thanks Varsity Cheerleaders I love all of you. Remem-

ber, Florida. Jimbo, I love you forever, Rememer July 13, '85. I will always be with you. The Rap and New Years Eve '85. Just Remember nothing will ever get in our way.

**Thomas Taylor**; To my Little Brother, I leave all the teachers, and to "Cookie" I leave all the Best times ahead for her.

**David Thomas** Football 10, 11; Slamming to Government Issue at wust with the rest of the punks. Sean Shakin in the grass while I meet officer Felbush. Fun with L.L. My best friends W.C., K.B., and V.B. And all the memories I share with Sonia Naylor. Punx Not Dead.

**Denise Thomas** Basketball 9, 10, Softball 9-12 Junior Civitans 11, Foreign Language 11, SADD 12; Mr. Brown's BB team; Mrs. Haun's 4 pd. Accounting in 11th; M.C. and Eeeeeerrrrrr!!!! Sandy's soccer skills; Rodger and . . Ahh . . . Well . . . Ahh . . . ; Playing Franc with C.D. and M.S. on the streets of Paris; Thanks go to Mr. Jenkins for ending my BB career; Soo Poo: Don't forget Captain-thuhtie!! Best of all, January 4, 1985 with Chris, you know!!! And being a ween!! It's great, I love it!!!

**Donald Thomas** Key Club 12, German 10-12, Pep Club 12

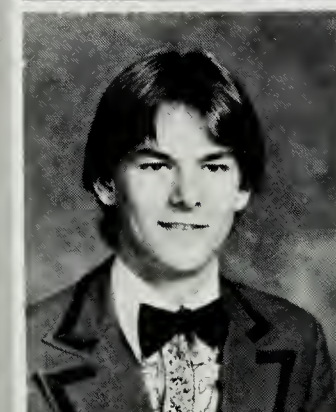
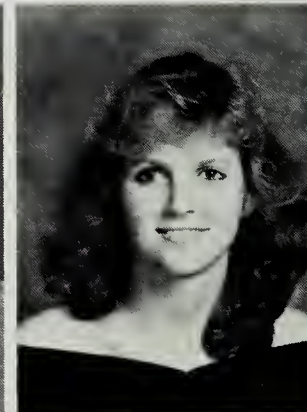
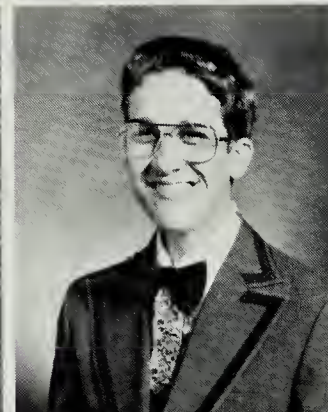
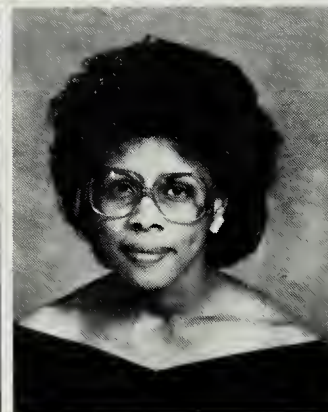
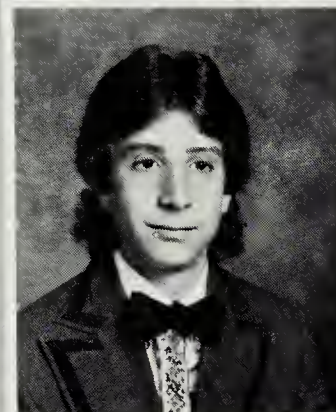
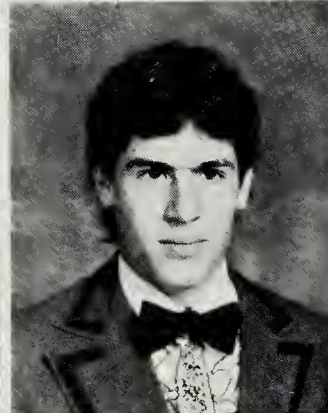
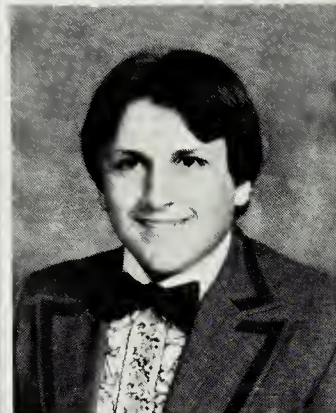
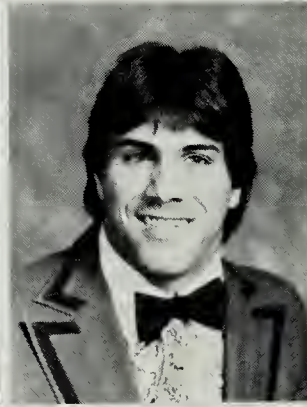
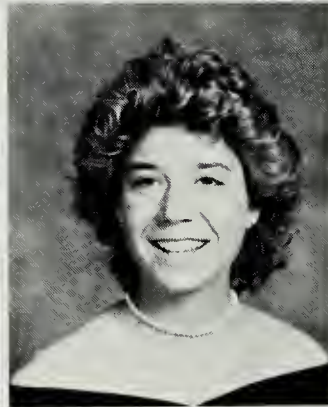
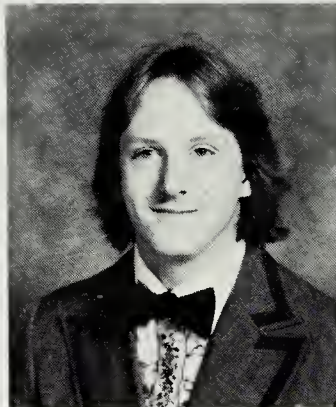
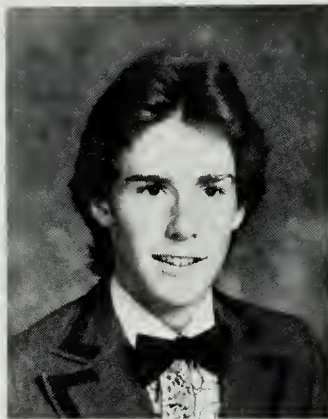
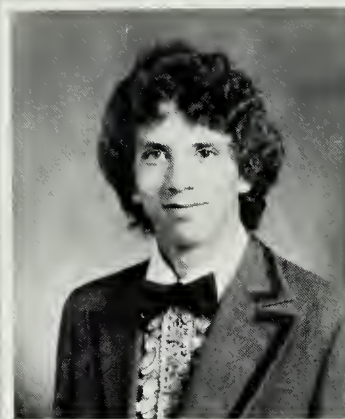
**Helen Thomas** Crew 9-12, Junior Civitans 12, Foreign Language 10, 12, SADD 11, 12, Pep Club 9, 10, Signet 9-12; I'll remember all the great times in Spain with N.S., Bazooka, M.G., and Mrs. and Mrs. W. The great nights at Costa Del Sol and Plaza Mayor. Uno Mas Tiempo! All My senior friends - Winnie, L.C., J.E., N.L., D.S., B.M., Tim, V.N., and R.J. we made it! Kristal - No more Signet 4 us!!

**Michelle Marie Thomas** DECA 10-12, FBLA 11, Pep 9; To D.M. - Remember all those outrageous times we had taking trips to Fantasy Island with Cannonball and Paradise.

**Pattie A. Thomas** ICT 11-12; Thanks to all my friends - D.L., C.D., P.F., C.S., S.D., P.A., M.B., J.H., M.C., everybody at the corner and especially R.W., four-wheelin', ridin with Cheryl and my new car-thanks Mom and Dad. And everything else I can't remember.

**Timothy Joseph Thompson** Football 9, DECA 10-12, To everyone!! For all you do, this is for you!

**Elizabeth (LuLu) J. Tierney** Track 9, Tennis 9-12, Key Club 9-12, Teen Counseling 12, SADD 12; R.R., J.L., D.P., K.T., B.P. - Summer of '85. Glo-roll up the window! We'll bring ID's nexttime. K.C. - Snow in July, your party house, Roxanne, the Cars, skiing, wiki-wiki, walk with your boyfriend. R.R. - Dancing, .46,





## Senior Stats

Preston Stanley  
Brent Steighner  
Sandra Sturbutzel  
Tracy Stetson  
Angelea Stuber

Joseph Strugell  
Victoria Summerfield  
Timothy Sweatman  
Stacy Talbott  
Andrea Tardiff

Thomas Taylor  
Raymond Terczak  
Theresa Testa  
David Thomas  
Denise Thomas

Donald Thomas  
Helen Thomas  
Michelle Thomas  
Patricia Thomas  
Timothy Thompson

Jeanette Thornton  
Andy Thurston  
Elizabeth Tierney  
Laura Tiplady  
Donald Tisdale

Andrew Trent  
Donna Troxel  
Kelly Trumpower  
Michelle Trumpower  
Mark Turner

the "spots", Radford, October road trips, ropeswing, Mount trashmore, Prince William Park, stealing crates, Will you meet me in Montana? K.T. - St. Elmo's Fire, Brektist, Giant food rendezvous, Anderson and Myrtle Beach, Scorpions, Just call me Billy, K.S. and T.F., August 16, 1985, May 22, 1993.

**Kelly Trumpower** Cheerleading 9-11; Crew 10; SCA Rep.; DECA 12; SADD 12. JL's smile that lit up my Fresh. yr.; My friends, cheering with Andrea, Debbie, Stacy, and Ann (shaving cream fights, "Footloose", Vics) "It's Wayning" Herp with the hockey stick, Prom and Homecoming with Todd; The great times with TL, MM, SH, and MM; Harry Vredenburg (I'm saving all my love for you) Talking to Mr. Graham, My best friend Bryan Smith. Thank you for everything - I love you all!!

**Mark Turner** Football 9-11; Basketball 9, 10; Track 9; Tennis 10-12; SCA Rep 12; NHS 11, 12; Key Club 10-12; Math Club 11, 12; German Club 9-11; Class Treasurer 10. When Rob Dulin and I pinned the BIG GUY!!

**Robert Tyler** Crew 9-12 (Capt. 11, 12)

**Denise Uber** Jr. Civ. 11-12, T.C. 12, SADD 11-12, Art Club 11-V.P., 12-Pres.; I'll remember Jr. Civ. meetings, P.H., carpooling, honking, being late, late partying, George accidents, quiet moods, VA. Beach, all the guys, Art Club meetings and all the shopping sprees, Dic, back of a pick up, playing footsies, yearbook. Thanks to C.C., A.F., G.F., K.R., M.B., C.B., J.G., A.W., J.D., P.R., S.K., and Mrs. L. and Mr. B. who have kept pushing and helping me. Kat thanks for being through everything with me like a sis. To mom & Dad thanks for loving me and helping me grow.

**William Waldman** Crew 9-12, T.C. 12, G.C. 11 12, Band 9-10; All the slamming at the gov't I. Also the night Ferrebee got you for under the influence. Good luck to Sherwood, Mr. G Mr. W., M., B., and the skinhead, Punx not dead.

**Cherish Wagner** F.L. 9-10 FBLA 12; Freezing at football games. Maguire's 5th pd. Eng. class. Palumbo's 1st pd. Am. St. Class. Driving to school with my back seat driver. Fri. and Sat. nights at Rustler Steak House. All the good times with all my friends.

**Frank Ward** DECA 11-12 V.P. 12

**Carol Watkins** B-Ball 9-11, Soccer 10, Crew 9-10, SCA Rep. 9, NHS 10-12, Newspaper 12; Fellbush at KinderKare with S.K. The big 18 Hotel Parties with P.B. Graduating. Mr. P. and his football, study hall. "Sexy," S.H. in Alg. II. S.K. and J. stuck in a mud hole

**Mark Weaver** Leave all my partying times, and teachers to R. V. class of "86".

**Wendy Weaver** SCA Rep. 11, NHS 11-12, SADD 11-12; BeingWendell to good friend A.C., Fun Trip to Maryland with D.T. and Bill C. Party weekends with S.W., and receiving the rose.

**Lisa West** SCA Rep 9-10, Jr. Civ. 12, NHS 11-12, G.C. 12, Lit. Mag. 12; Hallways in 10th grade D.P. and J.D., "Hey Girl," Basement parties, 8/4/84, M.W., J. remember riding the boat at Chuck E. Cheese's, Wasted Homecoming, W.S., F., Queens, Georgetown w/ G.O., "the Family?", Tehn ChiChis with Jeff and Spoonie "which part is fried?", Larsons Pizza Express-Charlie and R, "Maybe her name is Mary," 7/4/84-V. Beach, "hotel Parties" - thanks Morgan, S.C. at the hos. 85'. S.P. your mom has got to go.

**Beverly Williams** B-Ball 9-11, Soccer 9-10, Jr. Civ. 10, NHS 11-12, H. Club 11, Powder Puff 11-12; All the great times spent with R.R., S.D., M.B., A.T., G.M., L.T., E.M. & everyone else, "Soap Opera", "McDonalds", & full length mirror, I have a weak back, Farmer Roe, Powder Puff, and special thanks to A.B. for the special memories.

**Brian Wallich** SADD 10-11, Band 9, C. S. 10-12, D. Club 9-11; My works of literary strangeness (the squadron superior) espec. Akira, Psycho, and Dragon. Mutant paper clips at prices joo can afford, Mang. M.V! Down on yo' FACE! C., B., and Buffy the Baby Blue Beetle. I never forget, A. and I never regret. Remember, Benchies, wherever we go, There We Are, Kiss, Kiss!

**Annett Widener** Pantherettes 11-12, SCA Rep 9-12, Jr. Civ. 11-12, T.C. 11-12, W.WI AHSS 11-12, Choir 9-12, Yearbook 12; My best friend D.H., Lunch w/ M.S., Mall Adv. w/ C.W., Pantherettes, P.G. party, Camero rides w/ C.C., and Vince, kicked out w/ J.C. 2:00 meetings and 27 at UVA.

**Marianne Wilburn** Crew 9, F.L. 9-10, SADD 10 11, Art Club 9-10; The many condescending analytical discussions shared w/ class mate of all the multiple wanna-be's who think they have something everyone else wants, my fresh & soph. year when this place meant something, the company was really more tolerable. G.C-ure 1 in a mil (Pam-Pam forever!)

**John Wright** Football 9-10, Crew 10-12, H.C. 12, Drama Club 12; To some good buddies? Squill, sticky, M. W., F., F., R., J., My cookout, nice, huh. Panties S., Why are so



## Senior Stats

white Jeff. WilsonsSaki Treatment "I can walk my Abc's". School Dances, sorry Mr. F. I'm no PBC. W, "I think I'm gonna spill my cooookiees!!

**Susan Vowell** Gymnastics 9-11 Cheerleading 11 12 capt. Pantherettes 9, 10 NHS 11 12 Jr. Civ. 10, 11 Key Club 11 Teen Counseling 11, 12 capt. Foreign Lang. 9, 10; SADD 11, 12; Class Officer Vice Pres. 9, 10, 11; Remember Beam Stac, and Deb, What's the loc? Get small-Uden-Uden and Woodbridge Guys, McDonalds, and Road Trips, Ski-Liberty, Widewater, Deb's D, Wael, Kings Dominion '85, New Years Eve, You can't see anything, S.V. Driving School, Sad Songs, Beckhead and lyso-some, Deb-the donut shoppe and where's the rosary? and to Victor the founding member of my fan club.

**Bryan Vause** DECA 12; Best of luck to all the Roosters M. (ex-pro-f. Ball player) G, J. (party Pal), S, J. (swamp-belly) T, A., ("Poo) T., and to make the Va. Beach trip the most awesome, non-sleeping, best time ever.

**Susan Volk** NHS 11-12, Math club 12, H. club 12, F. Lang. 9-10, SADD 11, Choir 9, Lit. Mag. 12; Mr. P. 6th period Chem class, Mrs. Haun's 4th pd. Accounting class, K-mart blue light special! Being lost for 4 hours at P.W. Park and all of the weird people at Springfield Mall-"Hey Baby!"

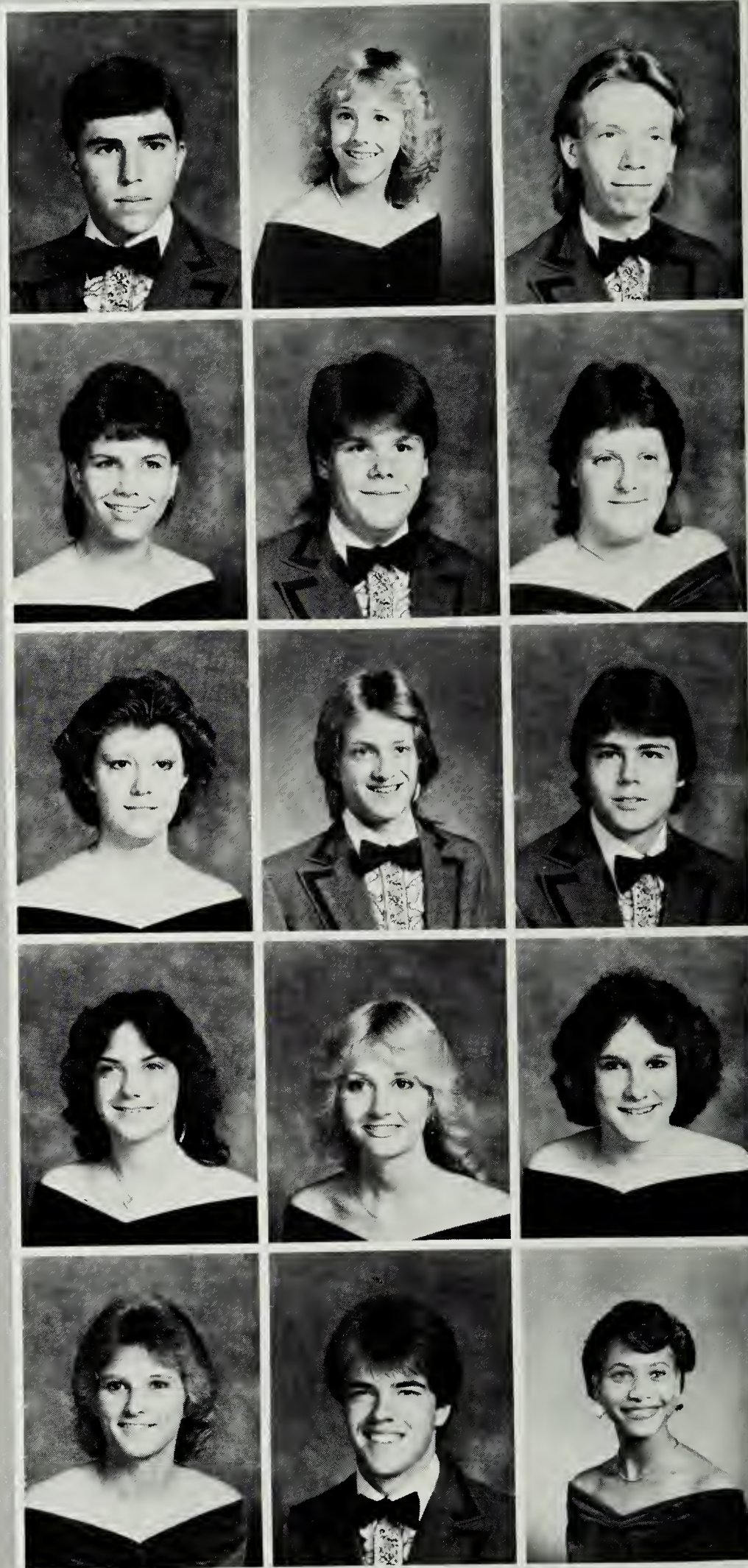
**Kenneth Yaeger** C.C 10-12, Track 9-12, J.c. 12, H.C. 11, SADD 12, P.C.; Football and Basketball games with the guys Germany-Hi Frau! and all the great times with Cross Country and track gang-especially you Lani. Burnt toast to Chris!

**Greta Yentson** F.B.L.A 10, 12; to C.T. remember G for the group therapy, the strawberry shores, the institutional, constitutional revolution of the "Earth-" and the one long weekend trip to your house. To A.R.-sorry we turned you off. We still love you. Karen-it.

**Patrick Yoder** F.L. 9, V.I.C.A. 12, I.C.T. 12, A.C. 9-11, Newspser 9-10; This is my first year at Potomac so I have no memories yet. I'm sure that this will be a fulfilling year and by the end I will have some memories I will never forget.

**John Young** P.P. 11-12, F.L. 11, G.C. 12; I'll never forget Mr. Kites, Joey, the New Yorker. My buddies and all the Keen new words I learned in German. Jennifer, where are you this year. No one can say Ich Auch better then you in a German skit.

**Brent Steighner** Crew 10-12, SADD 10-12 (Pres.) Thanks guys: Magnum, Fish, Kasey, Robin Hood, Cookie, Sherwood, Scott, Steve, Andrew, Joe, Rabbi, Finkus, 5-0, and all the rest. Ho Jo's the baddest! Can't forget bad max! Watch out for moved, VW's, Camaro's and Rabbits. Edward Van-Halen is God, at least when Kasey drives.





# The Final Leg

Robert Tyler  
Denise Uber  
Bryant Vause  
David Valesquez  
Susan Volk

Susan Vowell  
William Waldman  
Melina Wallace  
Brian Wallich  
Todd Walsh

Cherish Wangner  
Frank Ward  
Richard Ward  
Carol Watkins  
Jennifer Weaver

Wendy Weaver  
Lisa West  
Lisa White  
Annette Widner  
Marianne Wilburn

Beverly Williams  
Sean Wright  
Toni Wright  
Kenneth Yaeger  
Greta Yentsch

John Young  
Paul Ricks-In Memoriam  
1968 - 1985

As the summer came to an end students were getting ready for another year. Not many of them were looking forward to school and the same old routine day after day. But for a certain number of the student body, this would be the year they had waited for. These students, of course, were the Senior class of '86.

This year, like any other year, the class of '86 was the most spirited class. During all pep rallies, sporting events, and especially Homecoming Week, the Senior class portrayed their determined spirit.

After Homecoming had passed, many obligations were upon the Seniors, and they soon realized the importance of their studies after all. Those college applications, SAT and achievement tests faced the Senior class.

During the Spring the somewhat fatal

disease struck-SENIORITIS!! Many thoughts entered the Seniors' minds, and school was definitely the last on the list. Hard decisions on who to take to their last prom, the Senior trip, graduation, and of course-VA. Beach were on top! "I think that going to beach after graduation is the best part about being a Senior," commented Donna Dorton.

As these long months suddenly came to an end; the final week was here! The Seniors began practicing for graduation and excitement filled the air. After the final exams were taken, many of the Seniors realized that they would never attend another class at Potomac. For some, this thought was a sad moment, but the Seniors soon realized that the final day and their exciting future was just around the corner . . . . .



**SENIORS RULE!** The Senior class shows off their determined spirit at the first pep rally. The Seniors usually had no problem winning the class competitions at all the pep rallies.



# Seniors

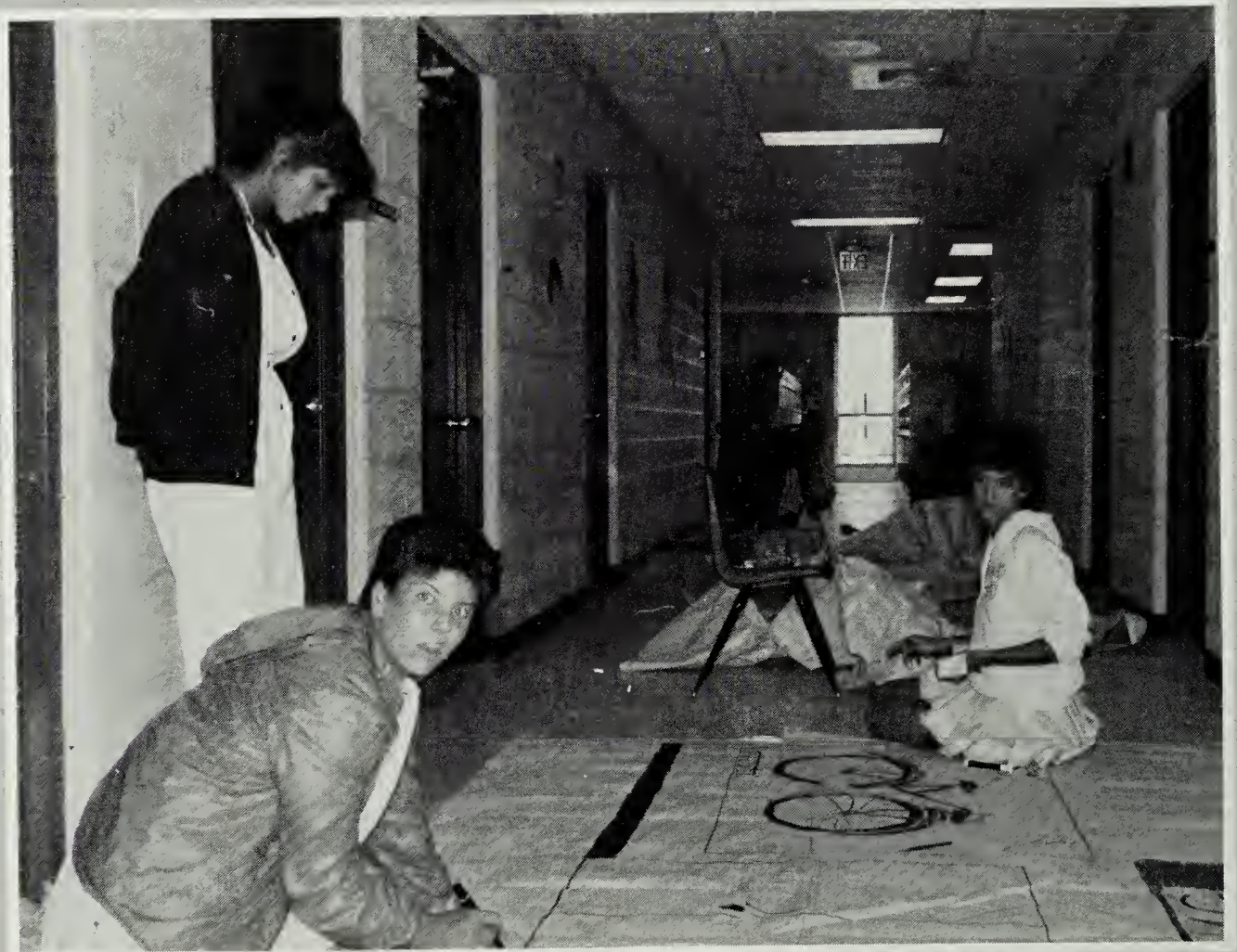
In Just one  
Senior Year  
(Ya WE Are  
Seniors) millions and millions  
(and millions) of Seniors  
can have the experience of  
a lifetime.  
Never again will we see  
so many college Applications  
(Please type or use black ink.)  
and scholar-  
ships upon scholarships (upon scholarships . . . )  
and never again  
will we attempt  
to write the  
Ultimate College Essay:  
(What is *your* philosophy of life?)  
and never again  
will we pray for  
decent SAT scores (Brian Singstock, please  
step foward)  
because This is It—we Seniors are  
so  
Psyched about this year  
we even forgo sleep (except for  
occasional naps in class)  
so we won't miss  
One  
Precious  
Moment that could be spent  
leaving trays on lunch tables or  
harassing our favorite teachers  
(two well-known Senior  
Privileges)

There are those  
who  
will miss this place (serious biz)  
but save your tears for  
GRADUATION  
(you are not gonna cry?  
wrong reindeer breath!) and  
Can we talk about Va. Beach?  
and those Groovy Parties (and  
sand in your shoes—Don't you *hate* it  
when that happens?

Then, each  
individual Senior will have to face  
Life, alone

Until the day when we meet again  
and say,  
"Oh hi! What's up?"  
by: Lisa Lazar

**Tim Thompson takes a nap** break during summer school '85. A large number of students entered summer school to make up lost or failed classes or to pull ahead of some graduation requirements.



**Susan Pisanchin inspects** Susan Vowell's and Ann Beamer's artwork for the Senior Hall. Although they finished second to the Juniors in hall competition, the Class of '86 once again won Spirit Week for the third consecutive year.

**Randy Huggin gets measured** for his cap as William Waldman ponders the intricacies of the cap and gown order forms. Throughout the year, the Seniors seemed bombarded with order forms for every imaginable need but all were necessary for a successful graduation.







to do on weeknights.

The years that flew by quickly were filled with football games, nights out with friends, movies, shopping sprees, and other memorable experiences. Even the dreaded times like trying to start the car in zero degree weather at 7:30 am, giving oral reports or waking up at 5:30 am after having stayed up late the night before to complete the mounds of homework you were given was exciting and made us what we are.

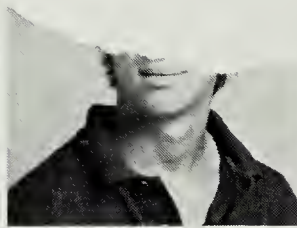
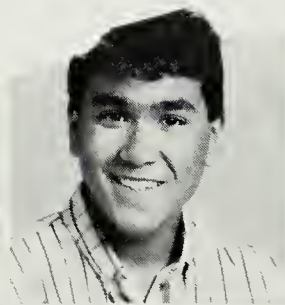
Senior year had to be more serious than any other year. Our future educations depended on it. Last minute college applications were sent, scholarship forms were filled in, essays were quickly typed, and graduation paraphernalia was bought all because that long awaited year was here. We realized the significance of the date June 6, 1986. With that, four years were tied together and we entered the beginning of adulthood.

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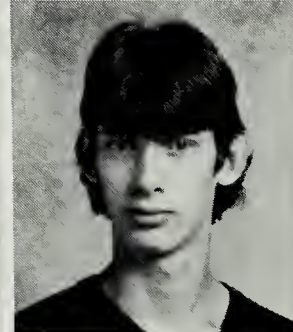
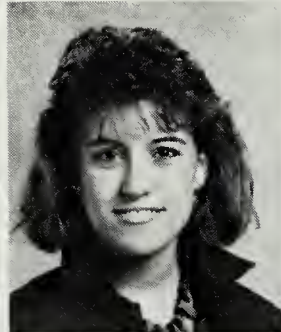
**Danielle Fortis works** as a check out clerk for the Woodbridge Dart Drug. Many Seniors entered the job market to earn extra money in order to live like a Senior.



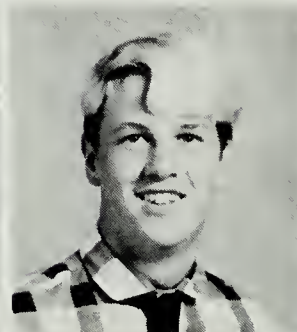
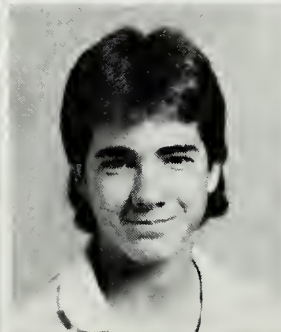
Ann Brown  
Dennis Brown  
Stephani Browning  
Rick Bruinsma



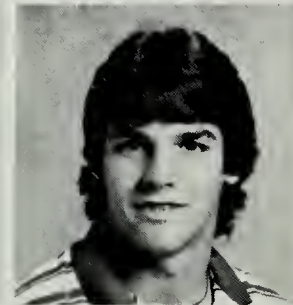
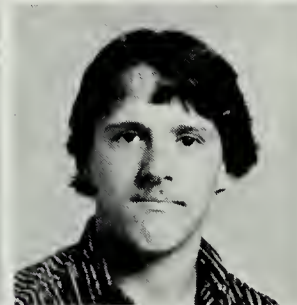
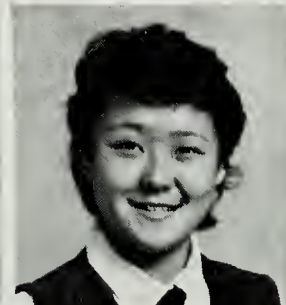
Becky Buckler  
Philip Bugge  
Kelly Burke  
Arley Burnett  
Amanda Burnham  
Michael Burrill  
Jeanne Callahan  
Scott Callantine



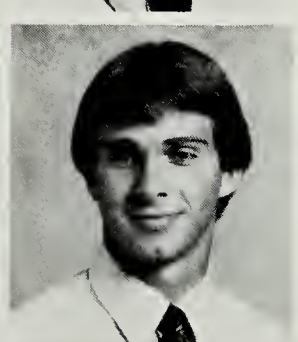
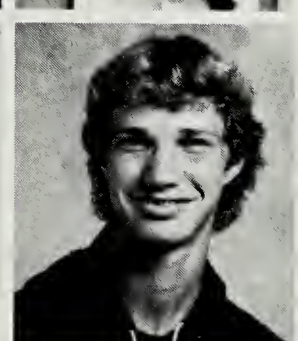
John Camm  
Lisa Camm  
Lee Canipe  
Mike Canup  
Darlene Carney  
Warren Carter  
Lloyd Celis  
David Chapman



William Chapman  
Carol Chase  
Charles Clancy  
Kevin Clark  
Bev Clements  
Noel Cleveland  
Vanessa Colletti  
Danny Collins

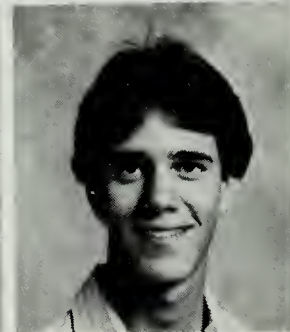




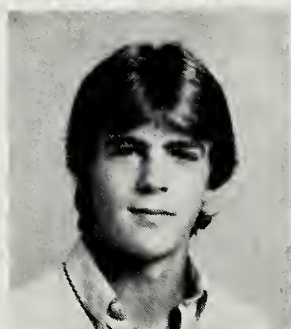
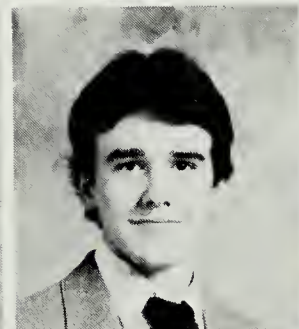


**L-R:** Mary Lavelle, Secretary; Wendy Alachnowicz, Vice-President; Gina Gombar, President; Shalane Willis, Treasurer.

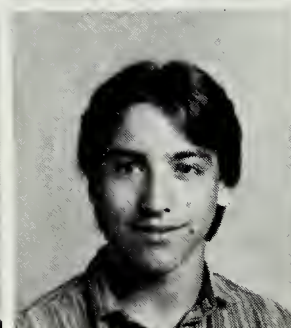




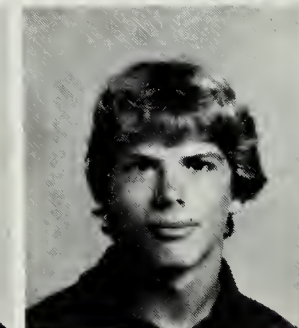
John Creswell  
Tim Cristian  
Ann Marie Critchley  
Russell Critchley



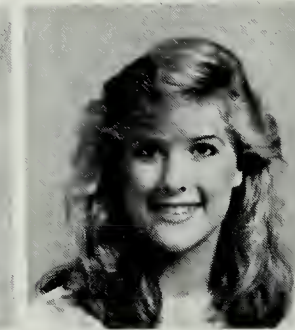
Cristina Crossley  
Jimmy Curd  
Scott Currier  
Shannon Dadson  
Brad Daniel  
Jennifer Danner  
Deanna Davis  
William Davis



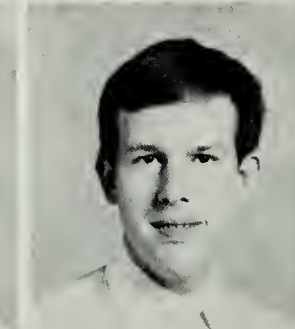
Derek Dayton  
Michael Dean  
Danielle Decint  
Steve De Harde  
Regina Delaney  
Julie Delfox  
Chris Dempster  
Robert Dennison



Mary Lou Dimarzio  
Michael Dohse  
Eric Doiron  
Kelly Doss  
Wendy Douglas  
Tabitha Dove  
Susan Dowling  
Cathy Draper



Lloyd Draper  
Dan Du Breuil  
Amanda Dudley  
Leslie Duncan  
Shannon Eadie  
Rachel Eccleston  
Kim Edwards  
Melanie Eller



Vicky Ellis  
Brian Embrey  
Bryan Ervin  
Michael Estes  
Jackie Ewing  
Sam Faz  
Kim Ferguson  
Gladys Fernandez





# Pop Art

Green, pink, blue, white, and other vivid colors in round shapes were occasionally seen coming from student's mouths. This elastic and chewable material, known as gum, was a common sight. A typical greeting was . . . "Hi! Do you have any gum?"

Although gum was popular with students, it was public enemy number one to some teachers. Mrs. Ramer, a Spanish teacher, didn't allow gum because it might fly out of someone's mouth

while pronouncing double r's onto someone else's hair. Despite the teachers' disapproval, kids still managed to hide it in their mouths. If they got caught, the guilty had to make a drastic decision whether to jeopardize their grades by revealing the gum or to deny its existence. Suddenly, KAPOOF! The gum vanished somewhere in the realm of the culprits' mouths . . . maybe to their stomachs.



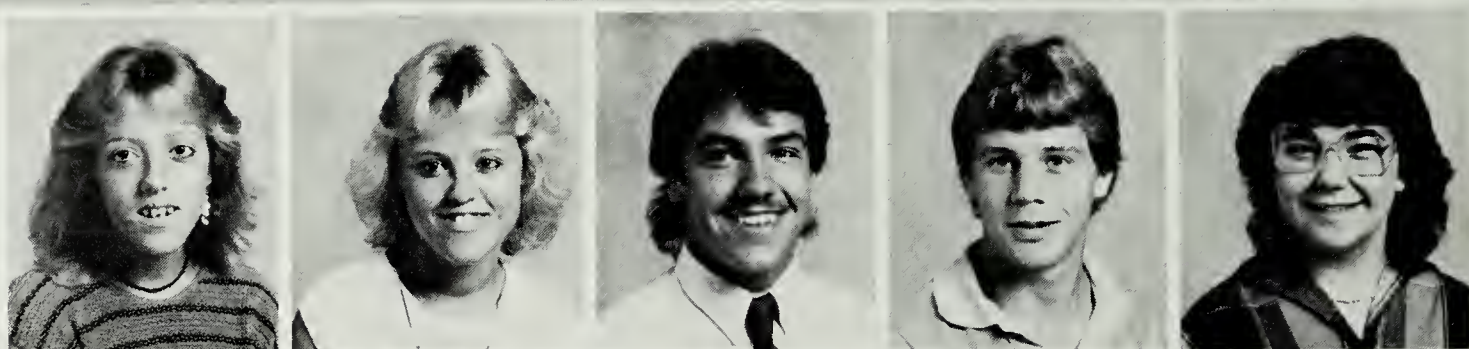
**Kim Crabtree nonchalantly** pops and blows her gum as she strolls through the library's new security system.

**Bubble gum relieves** boredom and provides an opportunity to create unusual shapes. Perhaps, Chris Bachman is only seeking inspiration for his next art assignment by practicing the art of blowing bubbles.





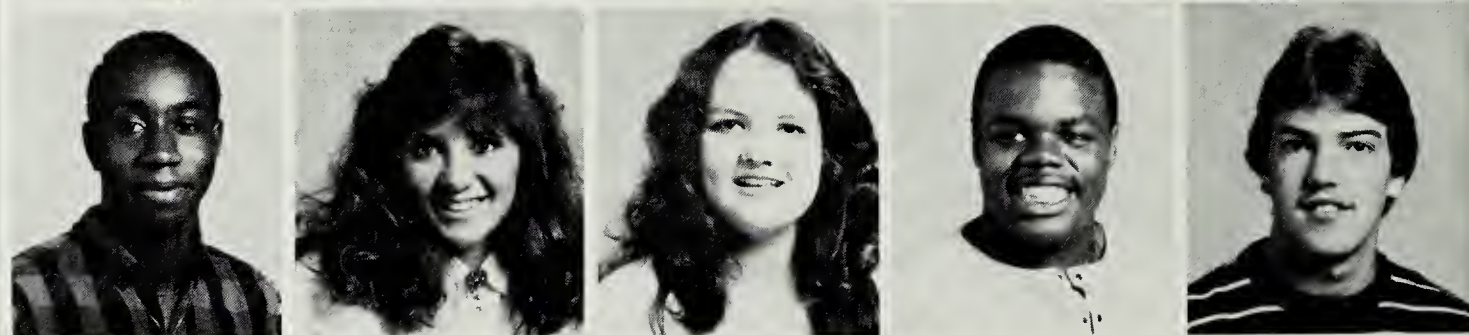
Laurie Fetherolf  
 Leslie Fetherolf  
 Rich Field  
 Robby Finks  
 Amy Fisher  
 Erin Fitzgerald  
 Ben Folsom  
 Cag Foregand



Peter Fox  
 Britt Frank  
 Rick Friend  
 Christina Fritsche  
 Bryan Gardner  
 Kim Gardziel  
 Chris Gates  
 James Gerace



Charles Gilliam  
 Gina Gombar  
 Alison Goodrich  
 Adrian Gore  
 William Graham  
 Lisa Grant  
 Joanne Green  
 Eric Grundeman



Cathy Hadley  
 Eric Hager  
 Leigh Haizlip  
 Millicent Hale  
 Craig Halliday  
 Bradford Hall  
 Kathie Hall  
 Ken Hargrave



Trone Hargrove  
 Tom Harmon  
 Michele Harris  
 Rob Harris  
 Adina Harrison  
 Herbie Harrison  
 Sean Harrison  
 James Hattnett



Dion Hartt  
 Jennifer Harvey  
 Sherry Hecker  
 Chris Hendrickson  
 Katy Hernandez  
 Mark Hitchcock  
 Deborah Hogan  
 Kathryn Holderman



Wendy Holtzman  
 Paula Hollar  
 Tracy Holloway  
 Jennifer Hoopes  
 Chris Horne  
 Christy Hoyt  
 Steve Hudak  
 Jon Hurst







# Decisions, Decisions...

Where should I apply for college, or maybe should I apply for a job? What should I wear for my interview? It's finally here. The most important year of high school, the Junior year. For most students this was a time for questions concerning their futures. Decisions, decisions, decisions! Every junior must face them. For some, the answers were simple. They were sure of what they wanted, and were ready to reach for it. But for others, thinking about the future caused headaches and frustrations. The Junior year was a time for self-evaluation. A time to decide if college was the best answer,

possibly a business school, or maybe settling into a career after graduation. Although everyone has different plans after high school, it was agreed by most that the Junior year was a time for working hard, and thinking seriously about the years ahead.

And now, with their Junior year behind them, the graduates of 1987 look forward to their Senior year, ready to make it their best year ever. Good luck Seniors of '87!

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**Looking over the information** available to them, Juniors Rob Willis and Shalane Willis discuss college and career opportunities that are of interest to them.

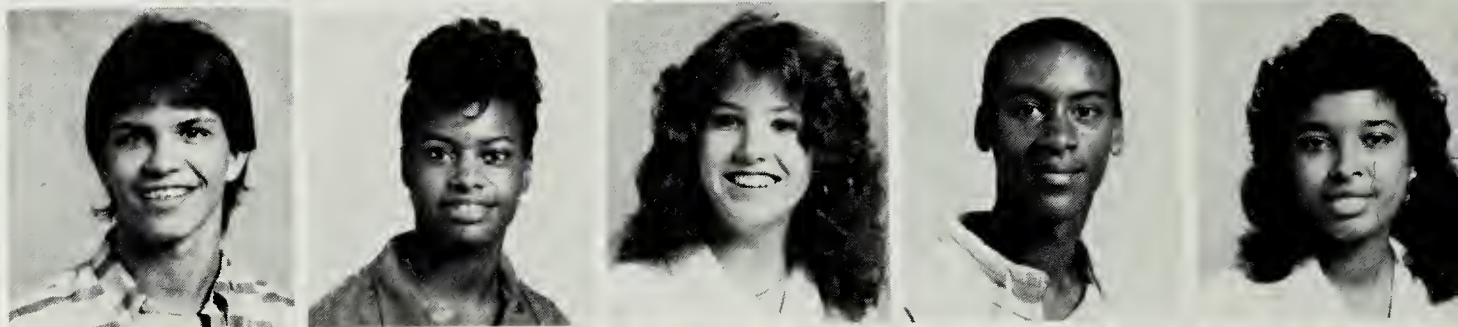




James Ingle  
 Todd Iverson  
 Kyle Jackson  
 Michael Jackson  
 Robin James  
 Julie John  
 Biff Johnson  
 Charles Johnson



Jason Johnson  
 Kim Johnson  
 Kristin Johnson  
 Tyrone Johnson  
 Yvette Johnson  
 Celeste Jones  
 Jamie Jones  
 Regina Jones



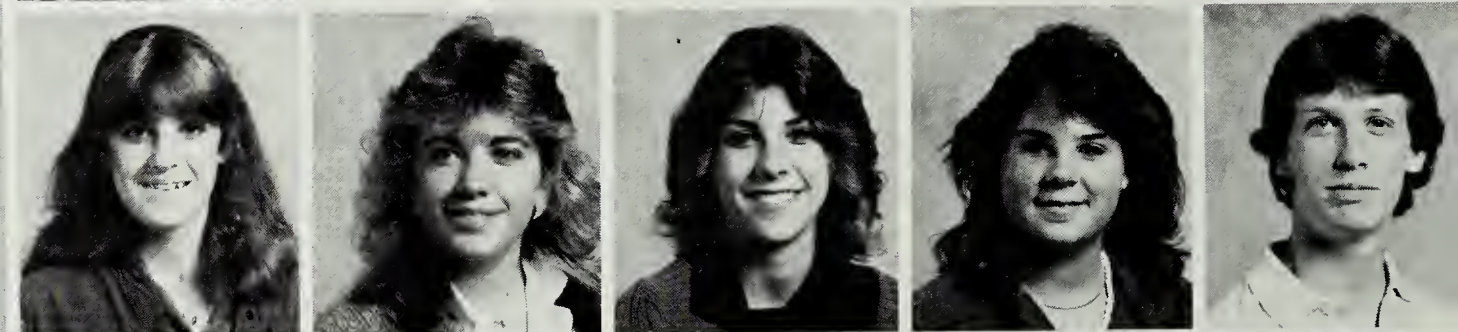
Terri Jones  
 Tom Jones  
 Mary K. Kabza  
 Alice Kalaskas  
 Myung Kang  
 Anitti Karhumaki  
 Patrick Keady  
 Kirston Kelly



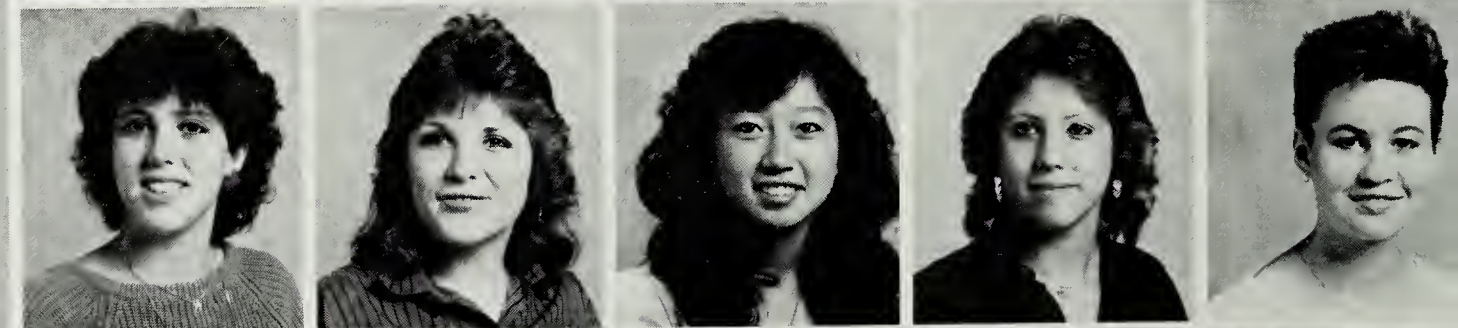
Butch Kenney  
 Tony Khanna  
 Cheryl Kidwell  
 Ken Kile  
 Ted King  
 Cheryl Kirkpatrick  
 Steve Kiser  
 Joe Komisar



Darcy Lamb  
 Lori Lambert  
 Dawn Lang  
 Melissa Lanier  
 Bobby Larkin  
 Diane LaRock  
 Mike Larrabee  
 Jim Lascody



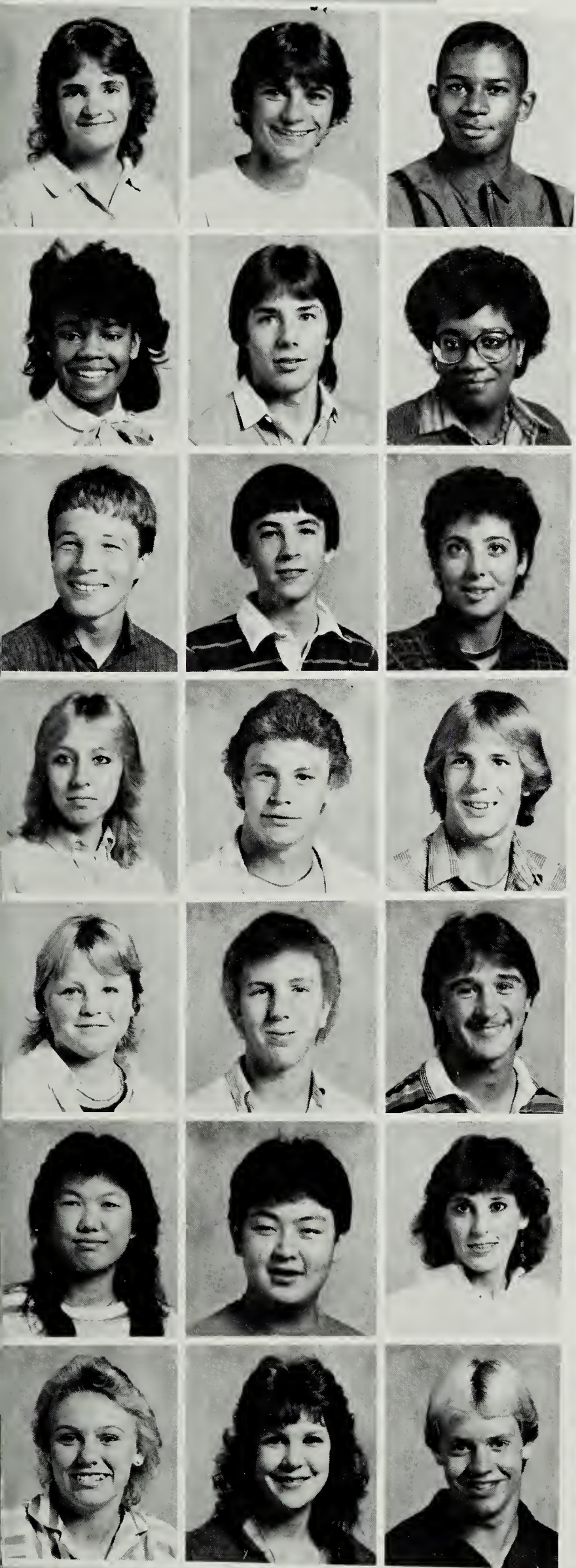
M.J. Lavelle  
 Deanna Law  
 Hyunmee Lee  
 Wyndy Ledford  
 Linda Lee  
 Mary Lee  
 Mike Lee  
 Shannon Liming



Kim Little  
 Kim Litton  
 Brian Loefstedt  
 Marguerite Loy  
 Parick Lowery  
 Aimee Longwitz  
 Lisa Lucas  
 Dirk Lueders







# Homecoming

## Brought Us Together

Junior spirit was definitely evident during Homecoming week when they won second place all around for their participation in spirit link sales, hall and float decoration, and dress up days. Perhaps the most glamorous representatives of their spirit were the shining smiles of Gina Gomber and Lisa Bolk, the Junior class princesses. As princesses, the girls reigned over the Homecoming

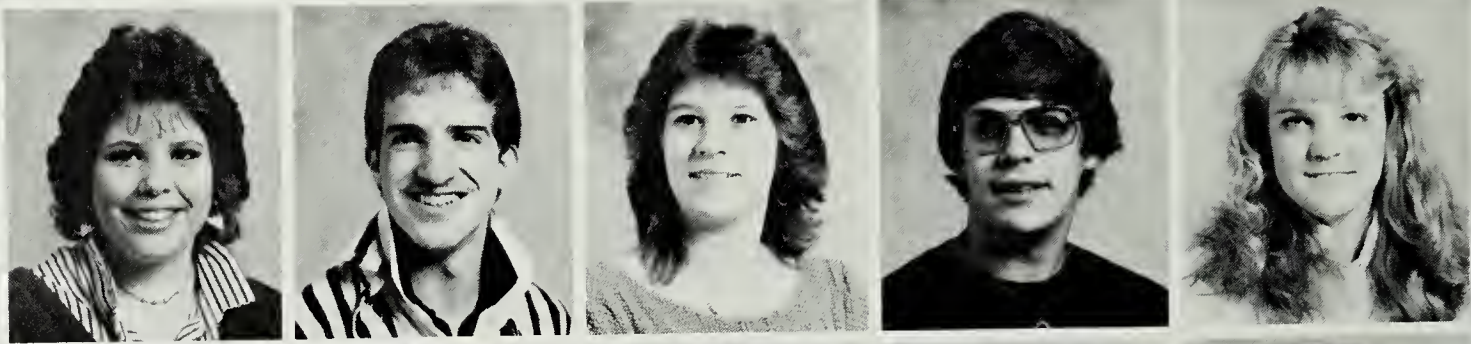
Dance and participated in the Homecoming Parade. For Gina Gomber the climax of Homecoming was the awards ceremony at half time of the game. "While I was out on the field, I kept thinking about how Homecoming had brought us together as a class. We worked very hard all week. I was proud of our class and honored to represent it!"



While enjoying a sunny December day, Gina Gomber and Lisa Bolk take time to pose for a portrait.



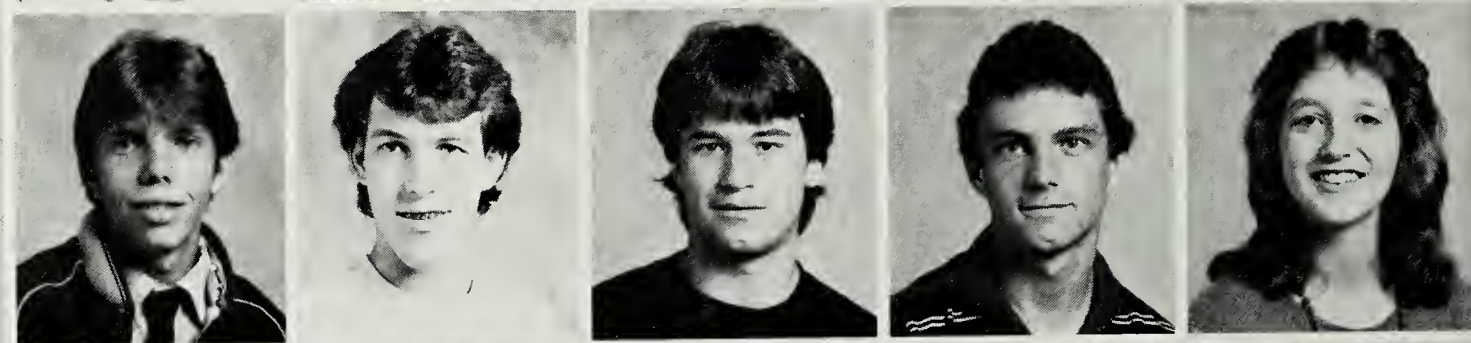
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Chris Lund  
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Jeff Marbaker  
Kelli March  
Ken Marek  
Brian Martin  
David Martin



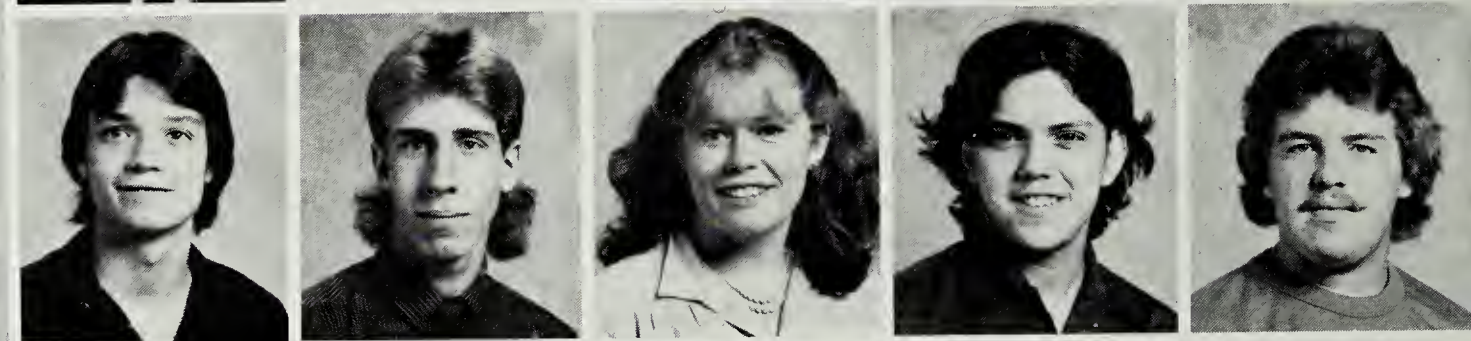
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Robert Martin  
Sean Martin  
John McElwain  
Geraldyn McLernon  
Don McMillen  
Sean McNelis



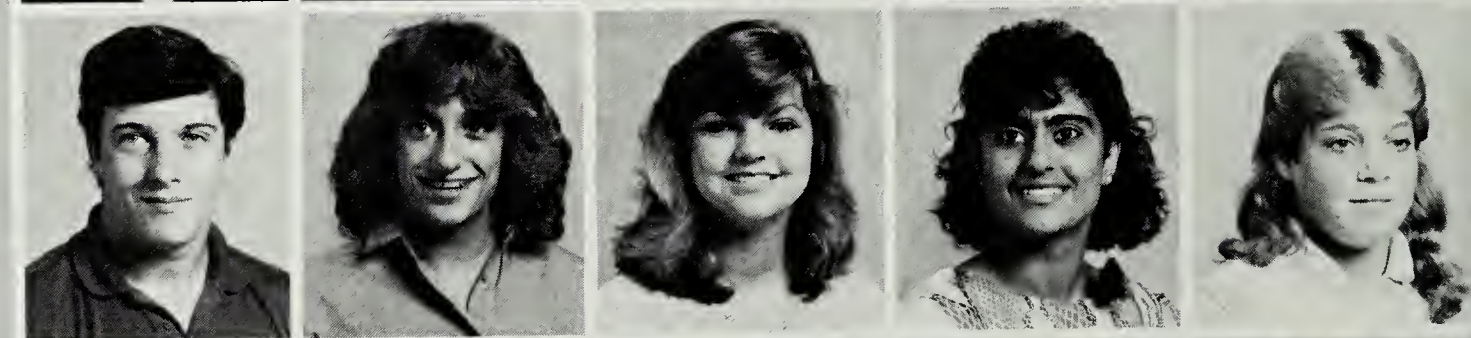
Shawn Meade  
Mark Mensing  
John Merritt  
Mark Milam  
Lisa Miller  
Kent Millsaps  
Jeffrey Misenko  
Glen Montgomery



Jimmy Montgomery  
Courtlan Mooney  
Wendy Moraski  
Donald Morgan  
Michael Murphy  
Dave Murray  
Debbie Mussomele  
Jennifer Myers



Michael Naifeh  
Maria Natale  
Kathe Neary  
Shadon Nejati  
Kelly Newman  
Aaron Newman  
Joe Nickerson  
Nick Nicolosi



Matt Nolte  
Brian Notvest  
Matt Galliot  
Wayne O'Brien  
Brendan O'Donnoghue  
Jeffrey O'Hara  
David Olivo  
Mike Orr



Carrie Palm  
Peter Palmadesso  
Peggy Pasek  
Sherri Patton  
Michelle Pearce  
Tim Pease  
Michele Pegler  
Mike Peverill







# Money, Money,

Potomac Juniors work at a wide variety of jobs from Brad-lee's to McDonald's. Why do they work? Lisa Camm and Carolyn Adams both agree that it is for the money, and that they both like it. Ask any working Junior why they work and most will say for

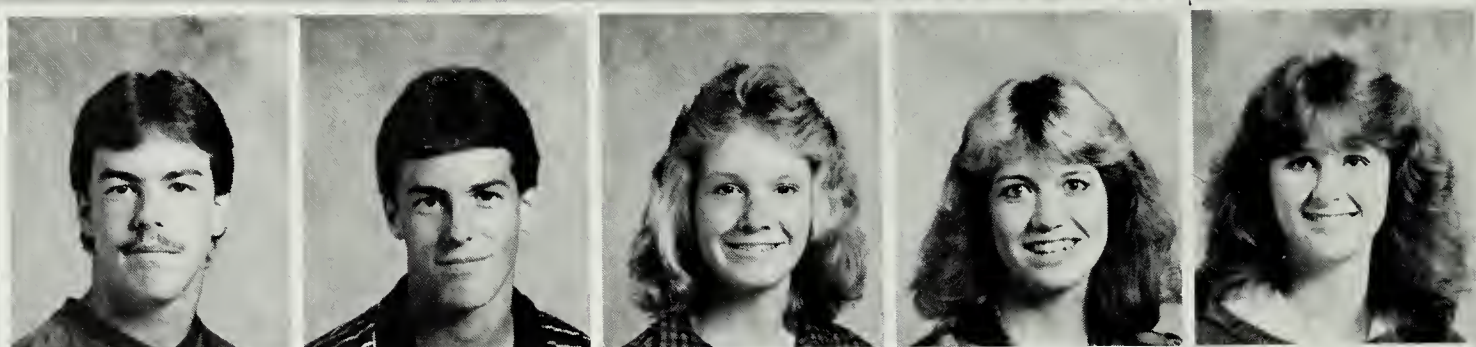
the money. Some use the money they earn for little things they want: clothes, gifts, etc. Others save up for cars and for a college education. For whatever reason they work, most Juniors agree that it's mostly the money that keeps them working.



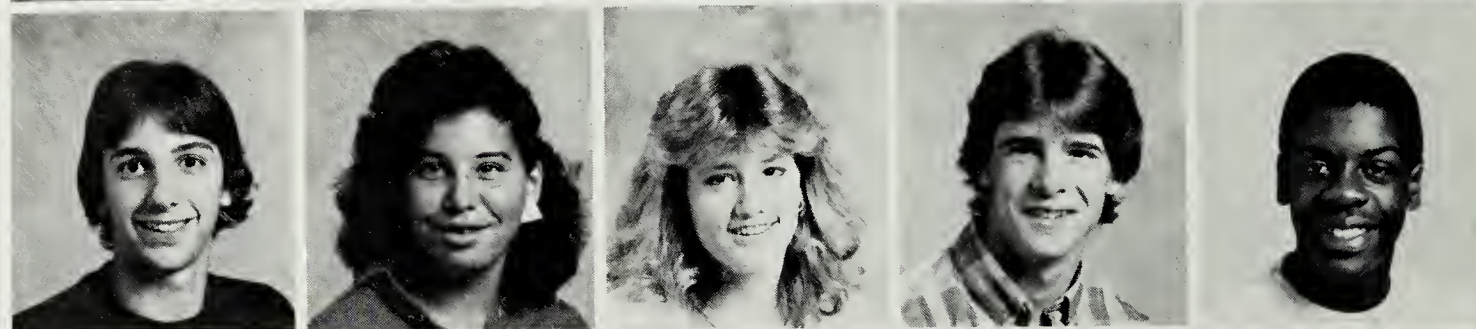
**While Steve DeHarde and Chris Beckman** do their respective jobs, Mrs. Beckman looks through the merchandise at the Potomac Sports Factory. Many Potomac students are employed by stores at Potomac Mills.



Brent Phillips  
Derek Phillips  
Kelly Phoenix  
Chrissy Pilkinton  
Kristen Pinckard  
Lisa Pittman  
Samantha Plaisted  
Annick Pontious



Eddy Porto  
Karmon Primas  
Trish Prudot  
Eric Prymak  
Tyrone Qualls  
Kim Radar  
Michele Raley  
Angie Reed



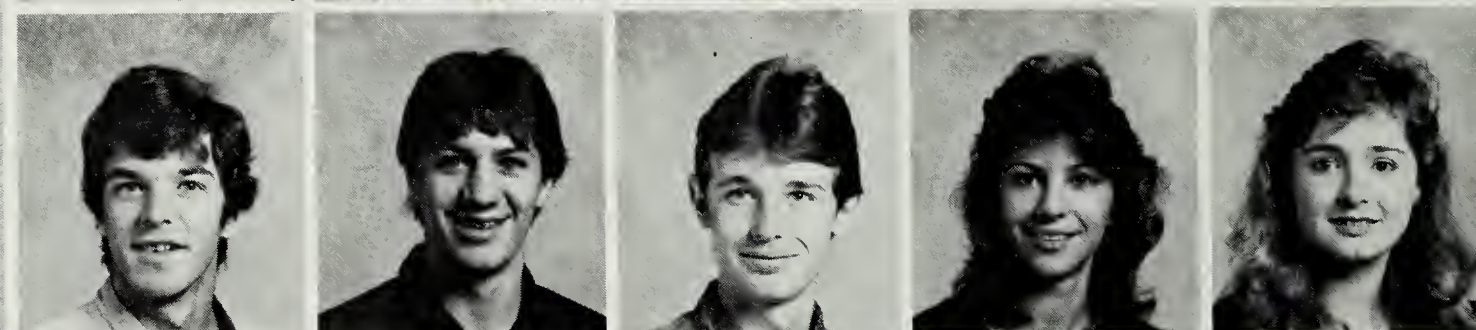
Lori Reed  
Anna Reid  
Stacy Reid  
Wesley Reynolds  
Steve Reza  
Amelia Robinette  
Sabrina Roche  
Randy Rogerson



James Rowen  
Todd Sampson  
Michelle Saupp  
Jeff Sauntry  
Mark Scarpinto  
Elise Scott  
Reggie Scott  
Stephen Secord



John Setunsky  
Troy Shane  
Steven Sheffield  
Anne Shelton  
Wendy Silverstrand  
Barbara Simmons  
Chris Simpleman  
Valla Dee Simpson



Glenna Sixkiller  
Patty Smith  
Sandi Beth Smith  
Greg Solt  
Roger Sommers  
Jack Snyder  
Christina Spitler  
Christine Sowala



Peter Stapor  
Cindy Stebbins  
Linda Strawderman  
Mark Strawn  
Sheri Studer  
Tina Summa  
Erika Suski  
Dawn Swecker







**Getting rings** is one of the most exciting times of Junior year as shown by Stephen Kiser, Paula Williams and Kim Johnson



## Rings . . . Turning Up Everywhere!

One of a Junior's biggest dilemmas—who will turn my ring? Some Juniors have no problem whatsoever. "I had all my turns done the day I got my ring," commented Darlene Bond. Still others have a few more problems. "I've had my ring since December, and it's now January, and I still don't have quite all of my turns!" exclaimed

Stephanie Bamberger.

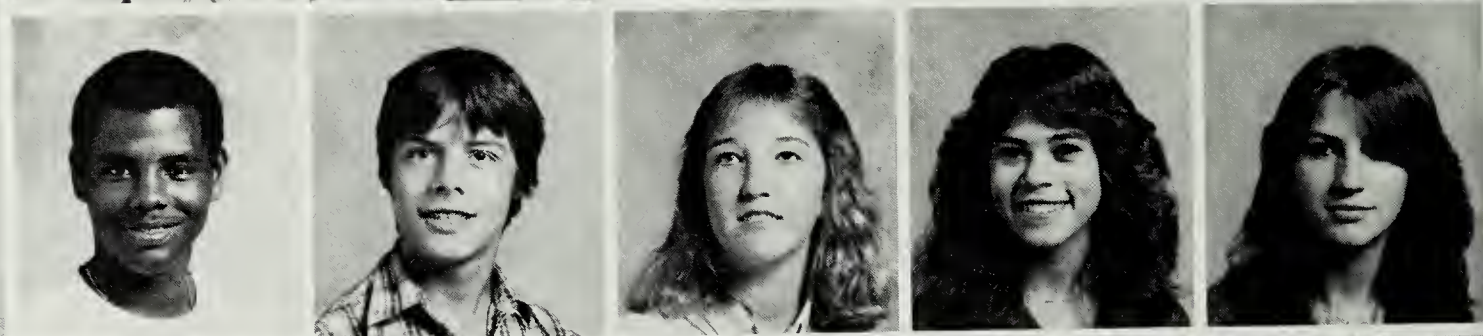
Turning rings was not as simple a process as it sounded. A Junior had it turned towards the thumb if going to college, towards the pinkie if not. Sounds complicated? Well, it is in a way. However, most Juniors found the tradition of ring-turning was a fairly simple one to carry on.



Melissa Switzer  
 Jeff Taber  
 Joe Taylor  
 Patrick Taylor  
 David Thomas  
 Kelli Thomas  
 Kristin Thomas  
 Alyssa Thompson



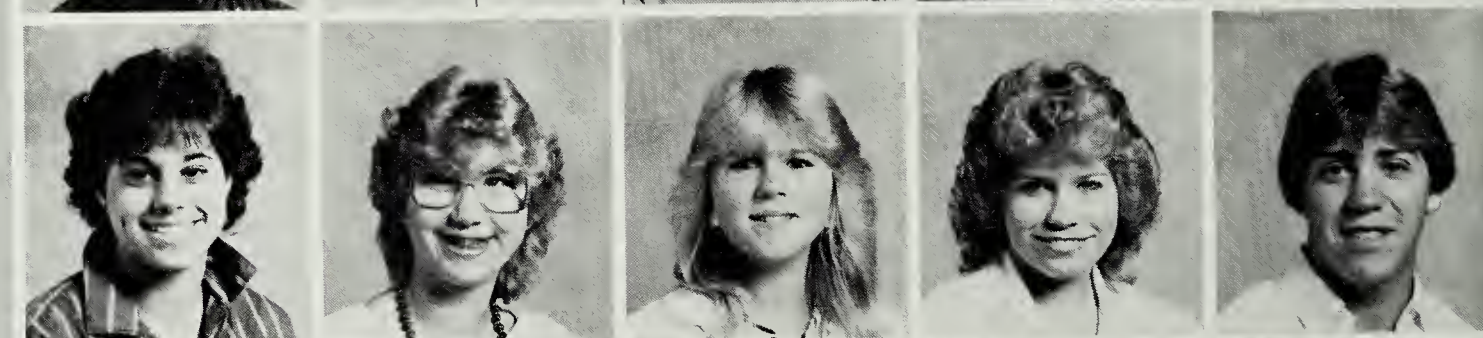
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 Chris Toney  
 Alexandra Touloumes  
 Tina Townsend  
 Katrena Treakle  
 Anne Triano  
 Jeff Tribe



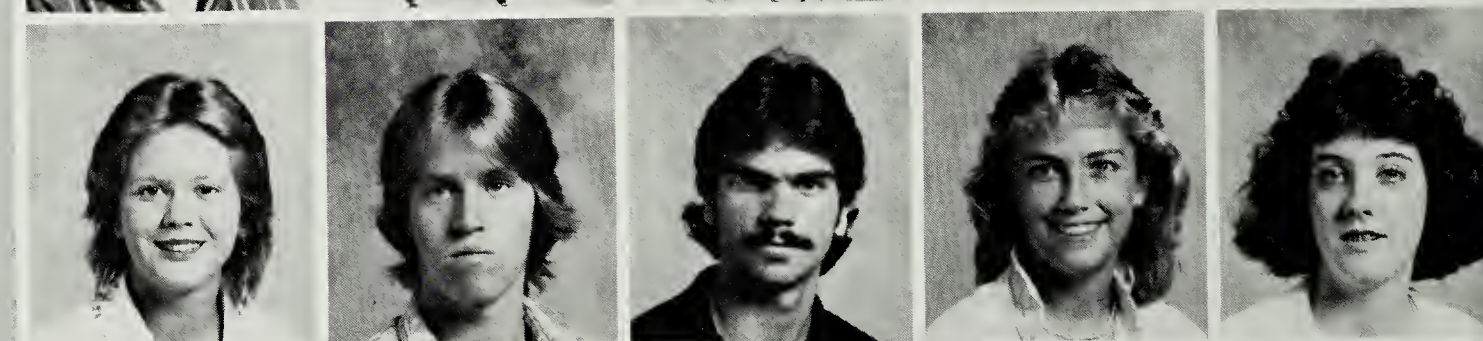
Michael Tull  
 Derrick Turner  
 Marsha Turner  
 Robert Underwood  
 Kenneth Unrine  
 Eleanor Updike  
 Michael Urbanek  
 Robbie Viehmeyer



Connie Vitek  
 Mary Voegtly  
 Lisa Wagner  
 Robin Wagner  
 Andy Walker  
 Trica Walton  
 Angelique Wangner  
 Frances Ward



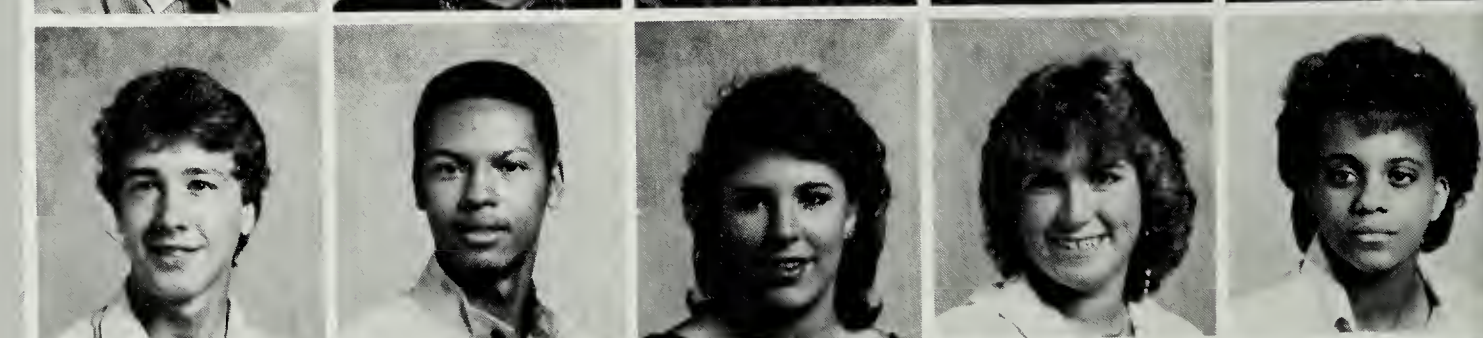
Jackie Watson  
 John Wayne  
 Jeff Weaver  
 Christine Weston  
 Kristy Wharton  
 Pat Wickline  
 Leslie Wilfong  
 Leonard Williams



Marc Williams  
 Paula Williams  
 Evelyn Willingham  
 Ben Willis  
 Rob Willis  
 Shalane Willis  
 Jeff Wise  
 Karen Wolson



Jeff Wolter  
 David Wood  
 Denise Woods  
 Lori Woolls  
 Nicole Worthy  
 Mike Wright  
 Kim Ylisela  
 Steve Zacharias



Christine Zagars  
 Sharon Zeets  
 Jeff Zovak







# Car Troubles . . . Again!

"Oh no, I'm locked out of my car!" "Gawd, I left the lights on all day and my battery's dead!" "I'm almost out of gas, and I'm broke!" "I hate my car, it's a piece of garbage!"

How many times have we heard these and other frustrated cries from students talking about their cars? Why do the upper-classmen continue to deal with the hassles of cars, the price of gas, and expensive car repairs?

"I prefer driving because it give just a few extra minutes in the morning when I don't have to wait for the bus," explained Wendy Holtzman. Extra time, ease of driving, and carpooling to save gas were several reasons given by juniors as reasons for driving. What it all boils down to is that Juniors like driving, and most intend to continue driving despite all the car troubles.



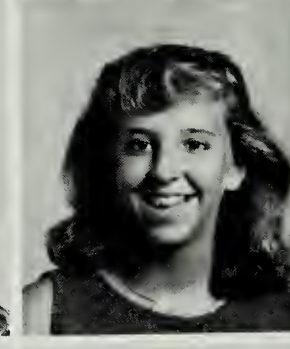
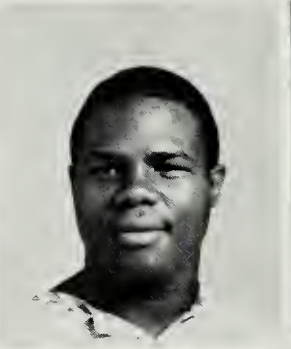
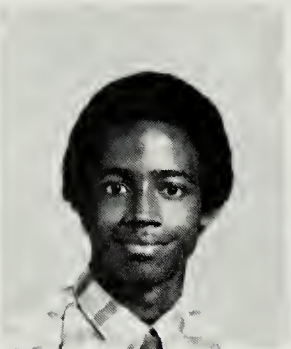
**A group of juniors and seniors** team up to help push a stalled car in hopes of getting it started again. Since most students have old cars, troubles abound.



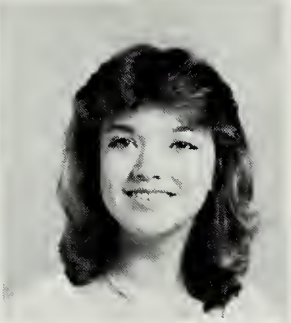
**Even Juniors have trouble** with their cars. Here, Sophomore Dana Van Metre tries to unlock the car door of an absent-minded upperclassman who locked their keys inside.



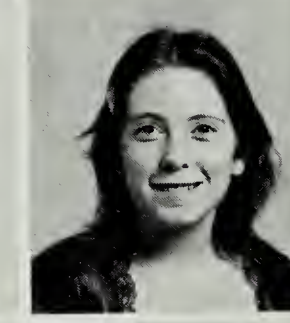
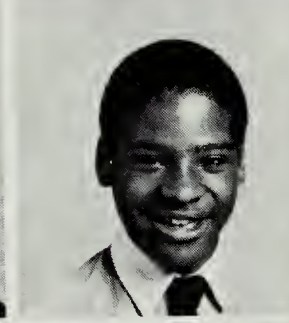
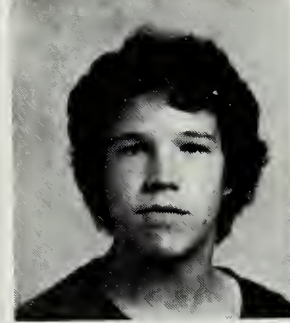
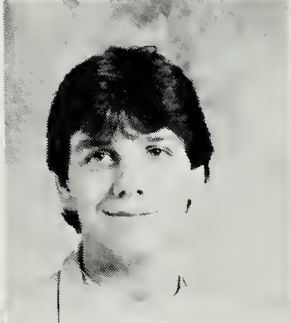
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Ignacio Alleyne  
Mia Altizer  
Mariano Amezcua  
Kristine Anderson  
Lisa Anderson  
Mike Anderson



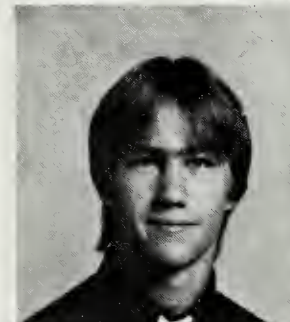
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Mike Arnold  
Tammy Arington  
Tammy Ashley  
Frank Austin  
Steven Baggott



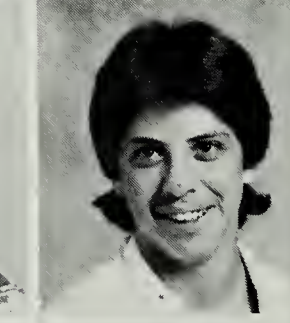
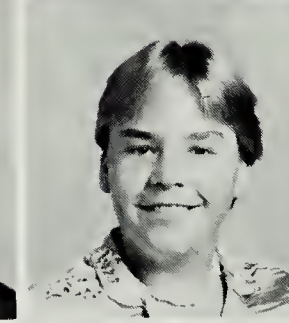
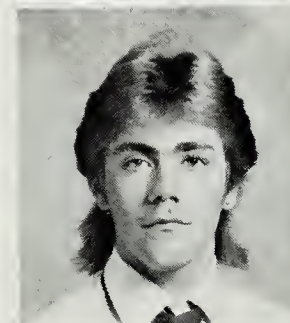
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B.J. Bain  
Chris Baker  
Tina Baker  
Nicole Baldwin  
Kim Ball



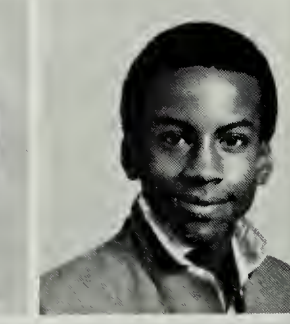
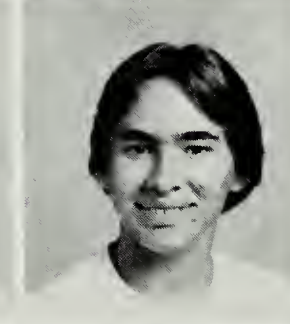
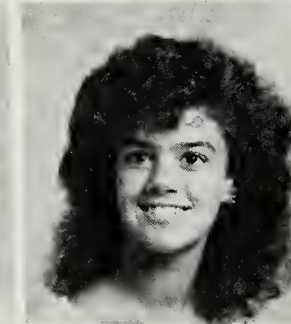
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Tami Barker  
Mike Barko  
Veronica Barr  
Jeff Barrows  
Craig Basham  
Chris Basinger



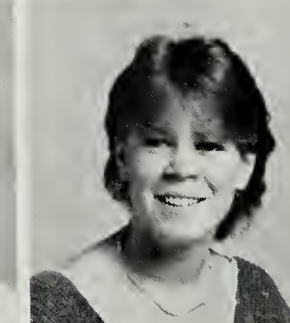
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Chrissy Beaman  
Mike Beckman  
Jeff Bell  
Dave Bellinger  
Tracy Berryman  
Andrew Best



Jenny Beyer  
Ricki Biehl  
Stacey Bishop  
David Blackwell  
Tricia Blair  
David Blake  
David Blankenship  
Carol Blanton



Stephen Bonner  
Steve Booker  
Candice Bouslough  
Krista Bouslough  
Michelle Boyd  
Tracey Bradley  
David Brawner  
Diana Breeding





# Sophomore Status



"A bigger Freshman that has learned the ropes but doesn't quite have it altogether yet," said Patrica Droves, guidance counselor, "it's an in between age." How have Sophomores emerged from their freshman status? Were they more mature? Maturity existed in the individual, not the class, but certain benefits were inherited by the Sophomores. They experienced the privilege of driving as a first. Sophomores also felt the pain of tardy marks when they arrived in class late from the driving range. In the end though, nothing equaled the driver's license.

Self-assurance grew in the hearts of sophomores as they memorized the layout of the school along with the routines. "You know the layout of the school better. You start calling it 'homeroom' instead of 'homebase'," stated Kathy Marshall.

Did Sophomores gain any social-sta-

tus? According to Sandi Lupo, "If you play your cards right, no one knows you're a Sophomore. You get more respect but not as much as an upperclassman."

The summation of the differences between Sophomores and the rest of the classes was made by Patrica Droves when she said, "Sophomores want to do everything and get frustrated because they can't. Juniors can do things more independently and seniors mellow out after awhile in their independence."

Kathy Marshall's memories of the tenth grade were eloquently expressed when she said, "The workload's still small!"

So, the Sophomore year had its balance of benefits and drawbacks, but Sophomores had plenty of time to grow into their status. After all, aren't their best two years to come?



Everyone knows a place in society is earned with communication. Amy Koontz, Nicole Baldwin, and Freshman Anthony Caliendo busily engage themselves in a social situation.



# A Royal Pair

Representing the Sophomore class in the Homecoming Parade were Pennie Lohman and Kim Ball. At the dance, Pennie with her escort Cage Forehand, and Kim with her escort David Thomas were also part of the Homecoming court.

In preparation for the festivities, both girls had to buy a dress suit for the parade and an evening dress for the dance. Kim said that she shopped for two days and went to every mall

around to find the dresses. They both felt that it was exciting, fun and unexpected being Homecoming princess. "It was one of the most nervous times of my life," said Pennie.

**The Sophomore princesses** for Homecoming are, on the left, Kim Ball and, on the right, Pennie Lohman. Both were very active in school, with friends and Pantherettes.







Renee Bridgett  
Denise Briggs  
James Brown  
Renee Brown  
Amy Brueggen  
Eddie Brunner  
Travis Burks  
Deanna Byerly

Maria Cabading  
Kim Cabral  
John Caliando  
Doug Cameron  
Susie Camou  
Eric Campbell  
Wendy Carder  
James Carl

Matt Cervarich  
Angela Chaffin  
Aqua Chapman  
Jack Chiang  
Frank Chimento  
Jonathan Chireix  
Karen Christensen  
Alissa Cinque

Mike Clark  
Danny Clarkson  
Jean Cleary  
Darrel Close  
Billy Coker  
Susan Coleman  
Charles Coles  
Chris Colletti

Stephanie Collier  
John Collins  
Sue Combs  
Mike Comerford  
Cindy Condrey  
Teri Connolly  
Cheri Conrad  
Mike Cook

Charles Coonradt  
James Cottingham  
John Covey  
Lisa Cox  
Eric Coyle  
Mike Coyne  
Kim Creighton  
Kim Cunningham

Kelly Curley  
Leon Davis  
Stephen Davis  
Chris Dechene  
Ralph De Leon  
Tina De los Santos  
Brenda Dennison  
Cheryl Dent



Cynthia De Sena  
 Bill Dodson  
 Clifford Dodson  
 Mark Dodson  
 Ian Doiron  
 Anne Doss  
 Michael Drennan  
 John Driscoll

Alan Dudley  
 Chris Dyson  
 Rick Edgington  
 Andrew Edwards  
 James Emmons  
 Jeff Endicott  
 Rachel Farris  
 Christopher  
 Ferenschak

Chrissie Fields  
 Jeremy Finley  
 Tiffany Fonte  
 Jennifer Foos  
 Laurie Fournier  
 Michael Fox  
 Sandy Fox  
 Kelly Freeman

John Friend  
 Mark Fulton  
 Michelle Gandy  
 Laura Garza  
 Raquel George  
 Claudia Gibb  
 Marie Gibbs  
 Franklin Gifford

Ann Gillette  
 Christine Glynn  
 Laura Goad  
 Susan Goble  
 Byron Gooley  
 Tamilla Gore  
 Jennifer Gorin  
 Dawn Graham

Ricky Graham  
 Craig Grant  
 Jim Gregory  
 Jimmy Greubel  
 Butch Griffin  
 Ralph Griggers  
 Christina Grove  
 Todd Grover

April Guthrie  
 Denise Haggart  
 Tony Hale  
 John Hambrick  
 Tammy Hamn  
 Ashlie Hampton  
 John Hansohn  
 Jenifer Harris





# The Peoples's Choice

Every activity period and most Tuesdays, the Sophomore class officers met. Christy Lavelle, the President started the meeting. It was usually informal, so Alana Jacobson the Vice President, Tina Miles the Treasurer and Carol Blanton the Secretary, all added their input on what should be done. The sponsor, Mrs. Eaton, a history teacher worked with them to organize several activities. Gotten together were several fund raisers and they actively participated in the homecoming activities. The two major fun raisers this year were the selling of items called a Gallery of Gifts, and a spaghetti

dinner.

Meetings were always open to others for suggestions. More ideas also came from the Board of Directors. These members were Pennie Lohman, Tracy Roy, Steve Pagan, Nikki Peters, Heather Hynson, Lan Mai, Chrissy Beaman, Debbie Jarvis, Eric Coyle and John Callendo.

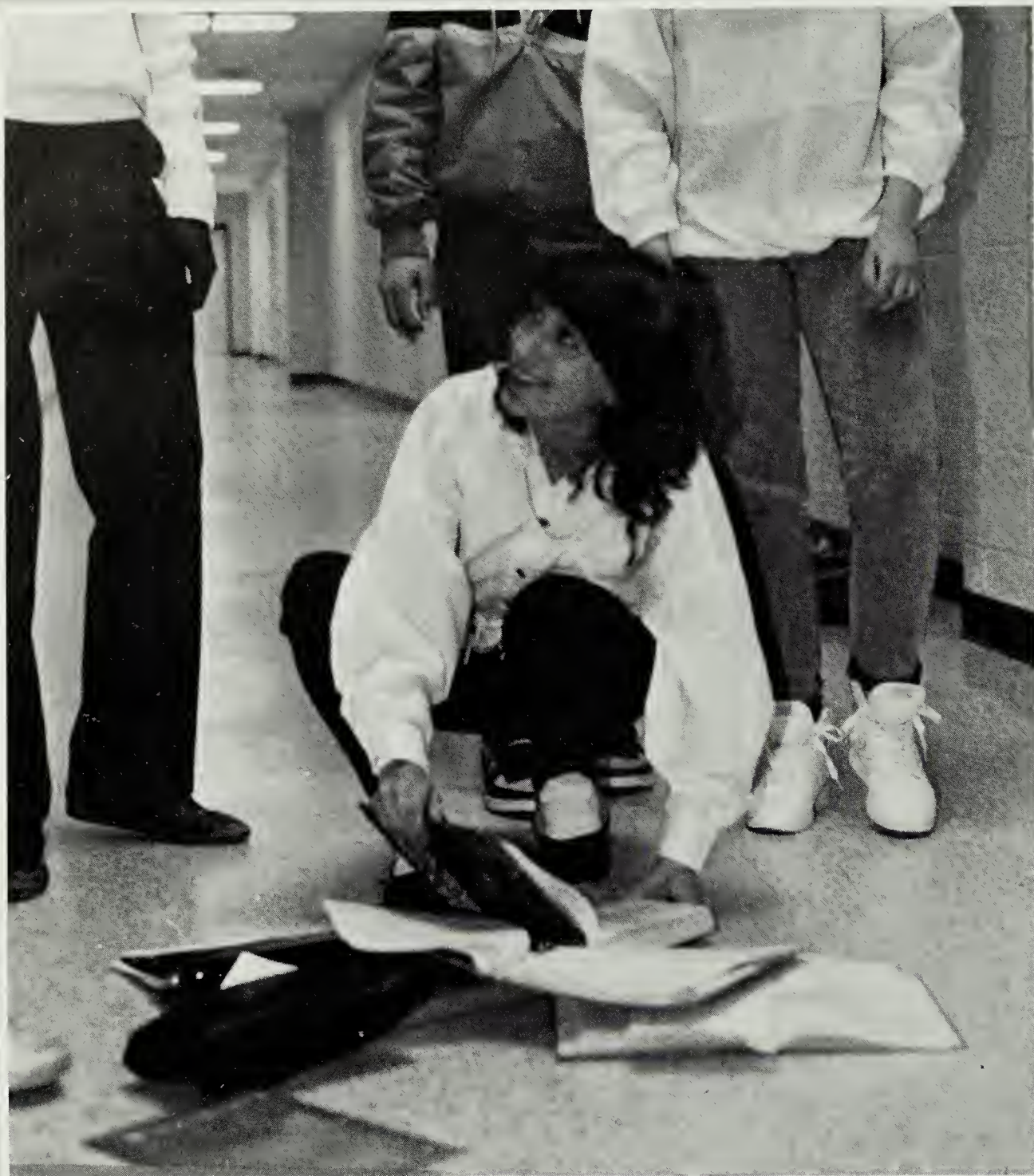
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**Class officers** are Christy Lavelle the President, Carol Blanton the Secretary, (back row) Alana Jacobson the Vice President and Tina Miles the Treasurer





Looking to a passer-by for help, Kay Schultz stoops to retrieve her books. She's experiencing one of those days when nothing seems to go right.

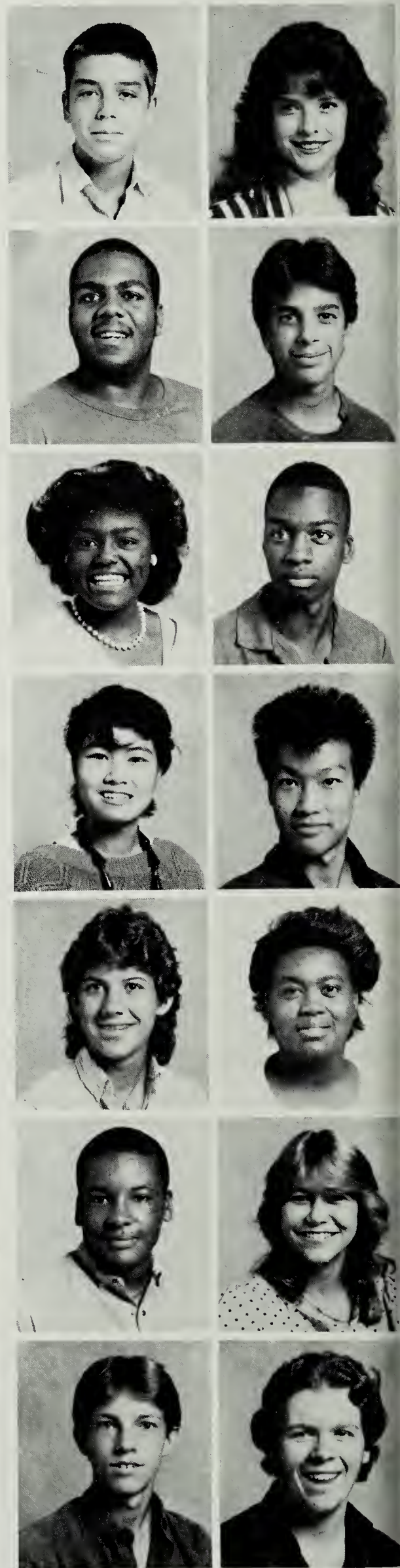


## Just One Of Those Days

Everybody, no matter what, has a day when everything that can go wrong, will. This is called a bad day and is ususally accompanied by a bad mood. Such a day can be like Kari Zehner's, which starts off when she arrives to school and finds her locker won't open. Then she trips up the stairs, fails a couple of quizzes and at the end of the day has to run a long, hard workout in the cold rain. It may also be when one feels ignored, loses everything, misses the bus, gets homework in every subject, receives their sixth tardy, is ill and feels everyone in the world seems to be bothering them.

As Mike Beckman put it, "A bad day is when the flow don't go your way."

People usually try to avoid bad days. They will talk themselves into having a good attitude about them, but they always happen, whether it is any day that the alarm doesn't go off, you have no milk in the fridge, or bread for toast and you're out of coffee. Alan Dudley put it best when he said, "It is just one of those days where you die, find radio-active waste in your Cheerios and have your planet destroyed by the Vogons."







Jimmy Harris  
 Monica Harrison  
 Thomas Harrison  
 Chelsea Hart  
 Grant Hartnet  
 Shelly Hatley  
 Craig Hauschildt  
 Joely Hebert

Dewayne Heck  
 Jeff Hernandez  
 Stacy Henbra  
 Asthon Hildreth  
 Marlo Hills  
 Hans Hinkamp  
 Cassie Hodson  
 Jennifer Holderman

Nicole Holly  
 Leonard Holmes  
 Greg Hudson  
 Andrea Hughes  
 Brian Hughes  
 Rodney Hughes  
 Heather Hynson  
 Kim Hyre

Sirima Insiengmay  
 Thirasi Insiengmay  
 Robin Jack  
 Jamal Jackson  
 Kim Jacobson  
 Mike Jagoda  
 Chris Janke  
 Tom Jarman

Debbie Jarvis  
 Joyce Jefferson  
 Jamie Jewett  
 Brad Johnson  
 David Johnson  
 Dee Dee Johnson  
 John Johnson  
 Shawn Johnson

Stacy Johnson  
 Casey Jones  
 Danny Jones  
 Eric Jones  
 Louise Jones  
 Andy Jumbercotta  
 Jin Kang  
 Kelly Kasper

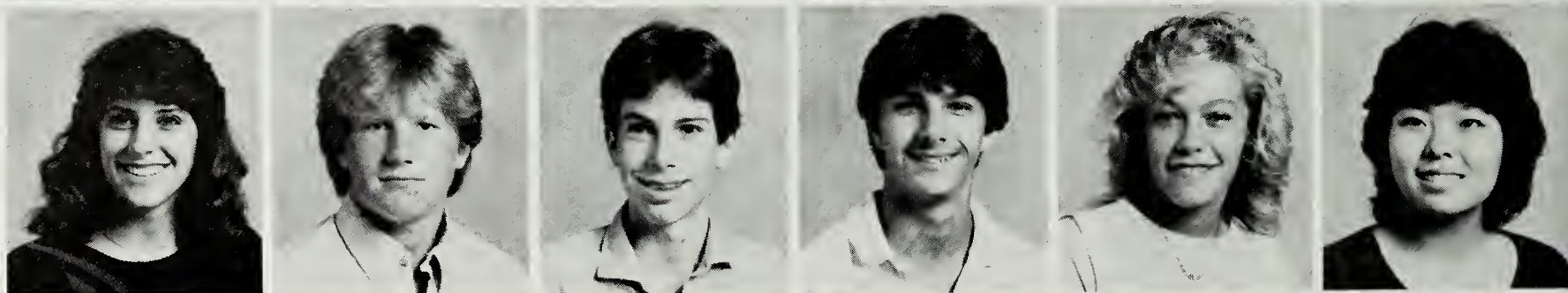
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 Walter Kendall  
 Tami Kersey  
 Paul Kersse  
 Mark Kingston  
 Ron Kinley  
 Paula Kirkpatrick



David Kline  
Kevin Kline  
Michelle Klopp  
Lisa Knecht  
Chi Kong  
Amy Koontz  
Mike Lacey  
Mary Larock



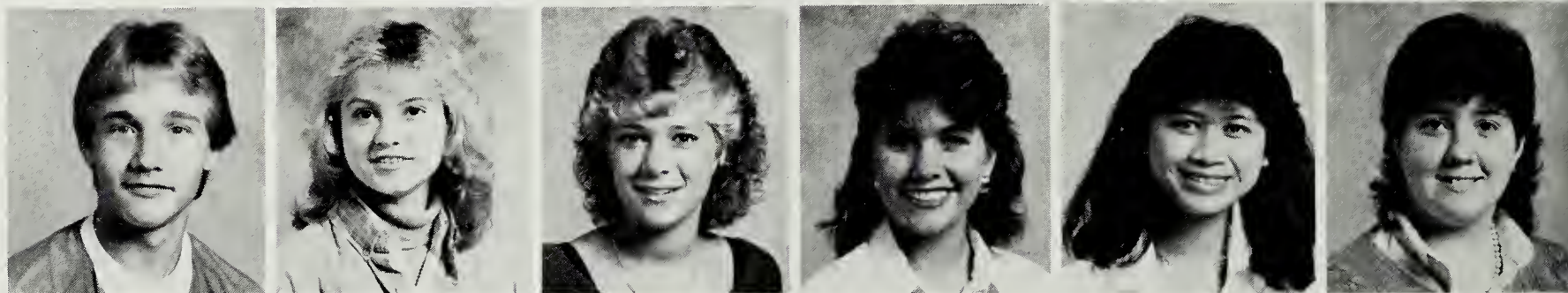
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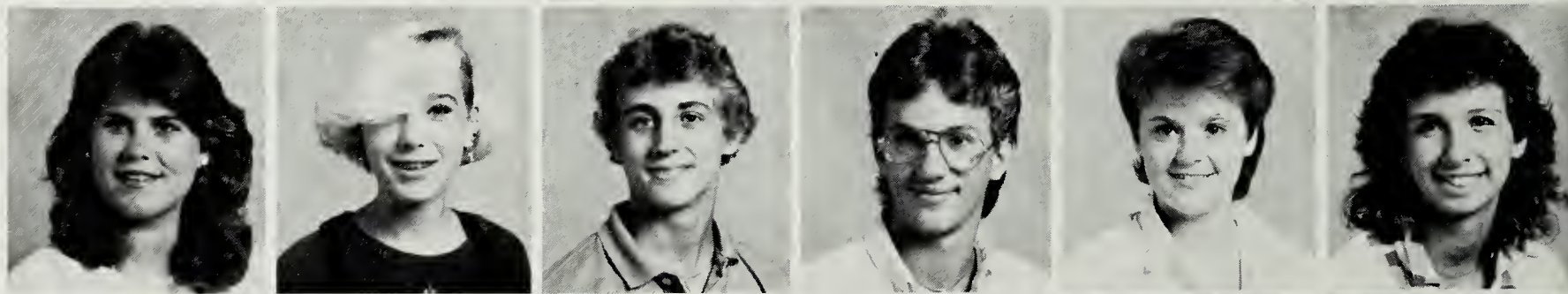
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Jon Lerner  
Michelle Leverstein  
David Lewis  
Patrick Lewis  
Stacy Lichtentels  
Kerri Little  
Penny Lohman



Larry Lookabill  
Sandi Lupo  
Corrine Lutkoski  
Lisa Madris  
Lan Mai  
Shannon Malone  
Sandy Marbaker  
Traci Marrandette



Kim Marsh  
Robin Marsteller  
James Martin  
John Martin  
Katie Martin  
Kris Martin  
Brenda Matrippolito  
Matt Matsuoka



Stephanie Mattijetz  
Lynne Mavracic  
Robyn McBride  
Brant McClanahan  
Mike McCloskey  
Wayne McCown  
Melissa McCreary  
Robert McCrory



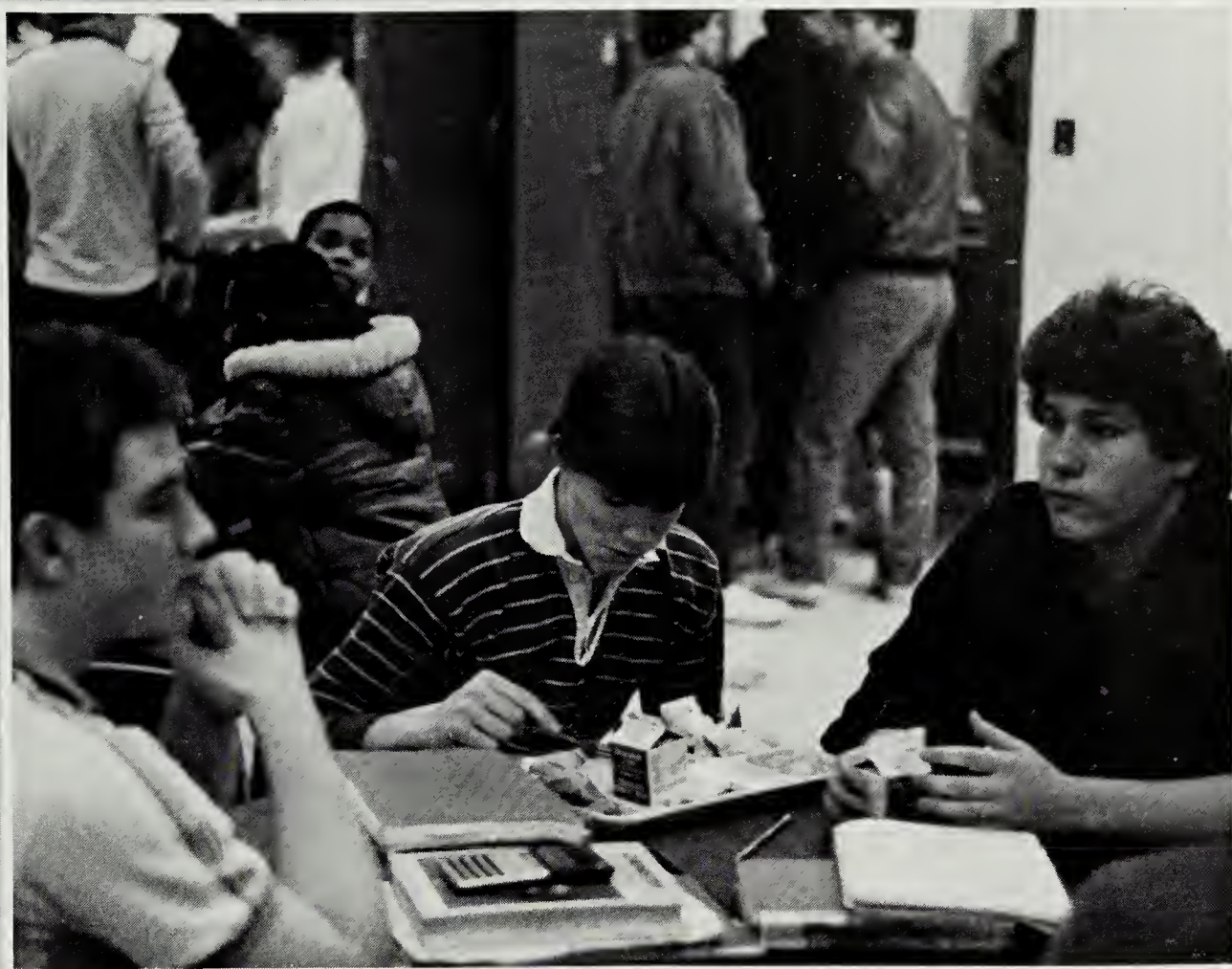
Jay McDonald  
Dawn McGahey  
Shirley McGann  
Kelli McGee  
John McHugh  
Kristel McLaughlin  
Jeff Meadows  
Margaret Medeiros







**Reserving a table for** four every day and catching up with all the latest news fills a short twenty minutes in a Sophomore's crowded schedule. A person must also learn the fine art of talking between quick bites.



## Cafeteria Talk

"Cafeteria? Where's that?" asked Stephanie Mattijetz. Some of our student body used it as an eating establishment, gossip center, and/ or a stage. What do you mean a *stage*? The cafeteria, after all the students have consumed a nutritious fare, become a spotlight for attention-grabbers. "I joke, sing, and get people's attention," said Kelly Freeman.

"Talk! Talk! Talk!" constituted Nichole Holley's lunch hour time.

How about the food? "In the cafeteria I talk about current events and how bad the school lunch is, although

the majority of the school does too, we all eat it," said Robert Thomas. However, people don't *always* eat it.

"We have eating contests, and see who can eat/drink ice cream bars/milk," said John Lawson. "I don't eat school food ever since my mashed potatoes crawled across my tray," said Stephen Bonar.

The cafeteria was a needed break from all the stress of the day. Some students, however, were reluctant to admit what they used it for. "I plead the 5th amendment!" said Tony Peer.



Insignias, manuals, uniforms, and Tuesday night meetings are only a part of the disciplined routine in an Eagle Scout's life. Jimmy Thrall prepares himself for participation in his weekly meeting at Dumfries Methodist Church. It's an activity that is both "interesting and enjoyable."



## Scout About

Last summer 32,000 Boy Scouts, the Beach Boys, the Oak Ridge Boys, and none other than Mrs. Nancy Reagan congregated in Fredricksburg, Virginia. It was the sight the Boy Scouts chose for their National Jamboree and for Jimmy Thrall it was only one of the experiences he's had in his climb to the rank of Eagle Scout.

The rank Jimmy received represented work from Cub Scouts, Webelos, and Boy Scouts. He also completed 16 hours of volunteer work as well as a large project which, in his case, meant running a voter registration drive. All of

his work had to be approved by his scout masters or other members of his troop like Kevin West and Steve Dunlap, two of last year's seniors.

"The Jamboree lasted a week, and it was great. I met a large variety of people," said Jimmy.

Scouting involved activities other than work such as hiking and camping. According to Jimmy, scouting supplements his life by giving him an interest outside of school.

Was there anything a scout did not enjoy? "Not getting fed on camp outs!" said Jimmy.







Will Mercado  
Tami Mercer  
Tina Miles  
Turner Miles  
Kim Milne  
Karl Mohle  
Scott Monaco  
Glenn Moore

Heather Moore  
Pennie Morris  
Sarah Morrison  
Alex Morse  
Lee Mountjoy  
Jim Myers  
Deana Natale  
Sonia Naylor

Wendee Neugebauer  
Jennifer Newey  
Phung Nguye  
Thuy Nguyen  
Arthur Nichols  
Chris Nichols  
John Nix  
Brian Norton

Melissa Nutton  
David O'Connor  
Chris O'Connor  
Kenny Odom  
John O'Farrell  
Patrick O'Leary  
Chris Olio  
David Oliver

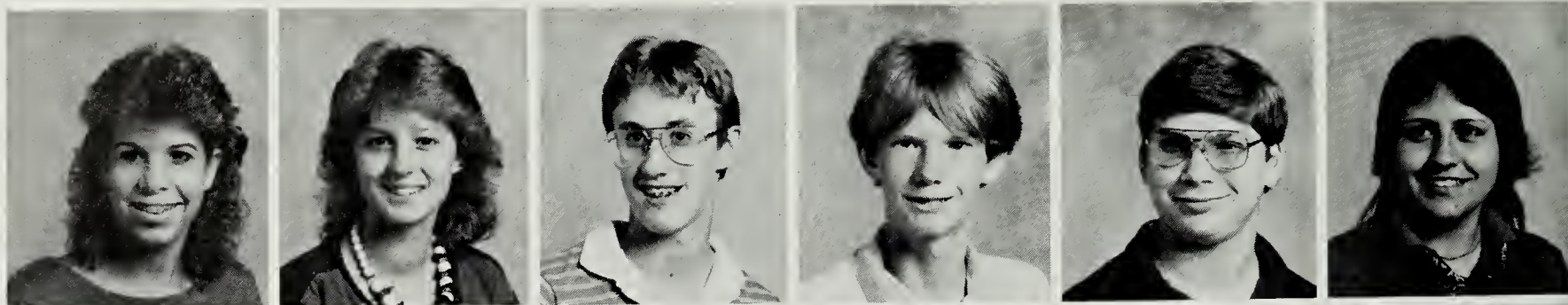
William Orr  
Steve Pagan  
Tim Palmer  
Judy Parish  
Darrell Parker  
Ronald Patrick  
David Patterson  
James Pemberton

Jennifer Pennington  
Nikki Peters  
Timothy Phillips  
Rob Piccoli  
Kevin Pigott  
Von Pilkinton  
Michele Pitt  
Ruthi Pollack

David Pope  
Mike Porter  
Joseph Porto  
Billy Powell  
J.B. Price  
Scott Priestly  
Devon Purcell  
Jeff Purdy



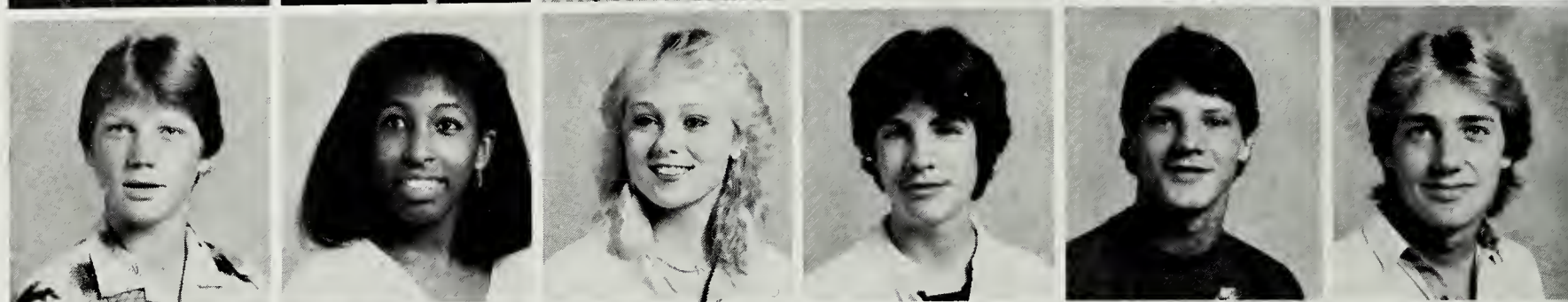
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 Lisa Ramey  
 Kevin Rankine  
 Billy Ray  
 Brent Redder  
 Sandra Regalado  
 Jamie Reid  
 Jim Reid



Ralph Rice  
 Tedsan Ridgley  
 Sean Riordan  
 Rita Robinson  
 Donna Roessing  
 Todd Rogers  
 Callie Rohrabacher  
 Carrie Rohrabacher



Carter Romagna  
 Tracy Roye  
 Tracy Ruff  
 Shayne Ruffing  
 Scott Ruhren  
 David Ruppel  
 Pat Rutkoskie  
 Jennifer Rydstrom



David Sawler  
 Stan Schlegel  
 Kay Schultz  
 Tina Scites  
 Angie Scott  
 Jennifer Seger  
 Todd Sentz  
 Asif Shah



Wayne Shahan  
 Michelle Shank  
 Debbie Shepard  
 Michelle Sheppard  
 Carol Shirley  
 Chad Sisneros  
 Todd Skillman  
 Chris Smeiser



Laura Smith  
 James Smith  
 Reggie Smith  
 Joseph Snyder  
 Steve Snyder  
 Casey Solum  
 Aaron Specia  
 Lori Sprouse



Krista Staley  
 Aimee Steelberg  
 Ginger Steen  
 Jolie Stepnowsky  
 Michelle Stone  
 Lisa Storey  
 Kevin Stotler  
 Brad Strawn







At 5:30 a.m. everyday or earlier, depending on weather, Tom Nix delivers papers for the Washington Post in Newport. Inheriting the route from his brother two years ago, Tom uses the money to pay for his first car.

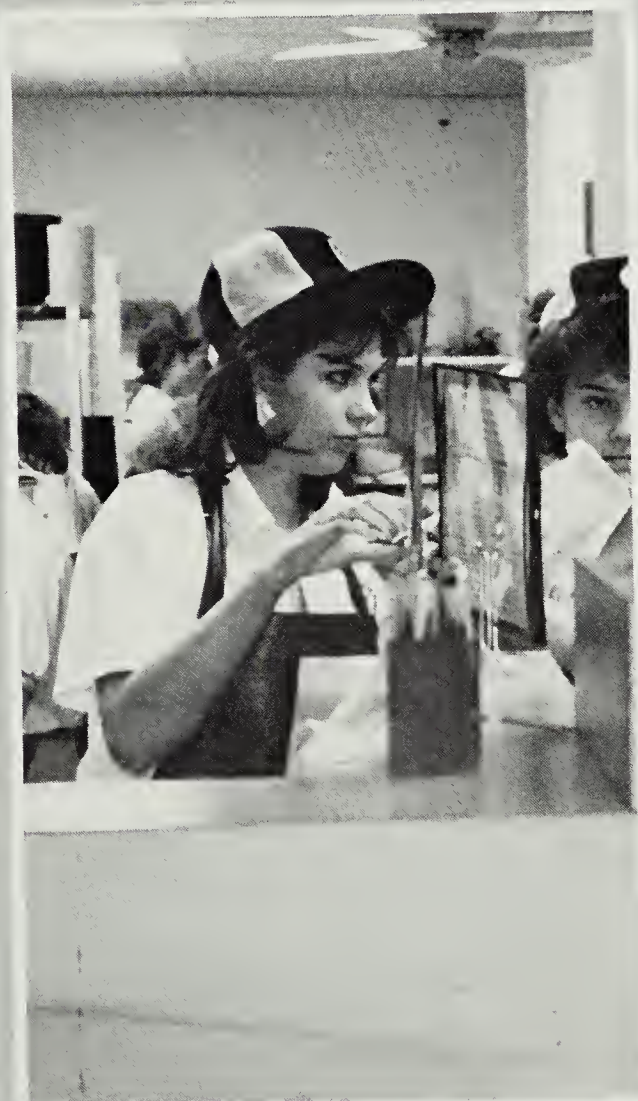


## Time For Everything

Happy Birthday dear Sophomores, happy birthday to you. Sixteen, the age many Sophomores became this year is also the legal working age. Venturing out, finding jobs and working is what some students did. It filled pockets and piggy banks for special purchases.

McDonald's, Little Ceasars and most fast food places were main employers. The opening of Potomac Mills Mall brought many new job opportunities too. When asked, students said working gave them a chance to make friends and be with old ones. That it was fun, convenient and most importantly it gave experience and responsibility. But others felt that working took up too much free time and was detrimental to school work.

Many Sophomores had odd jobs, such as babysitting, paper routes, lawn mowing etc. that are not official jobs. Considered more as self employed jobs are ones which a pay check was not always recieved or cars were not required. Rachel Farris was asked if she had a job, she responded, "Yes, well its not a real job, but I babysit sometimes after school."



Since August 1985, Michelle Underwood has worked at Little Ceasars Take-out in Woodbridge. She and Chris Fritshe, on left, prepare pizzas and answer phones.



# Lockers: Contents Unlimited

At the start of each academic year, students across America were instructed on proper use of lockers. But was neatness really associated with our yellow and orange friends? Are you kidding? "My locker looks like a glove compartment," said Robert Thomas.

Books, unknown papers, wool coats, etc. were items that a locker should've held, but did they? "It looks like every

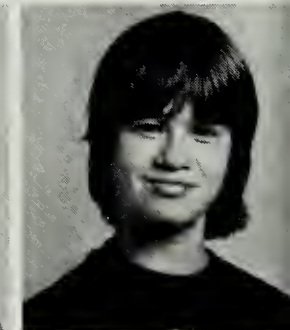
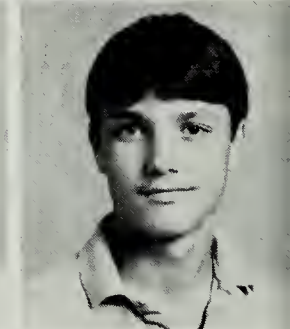
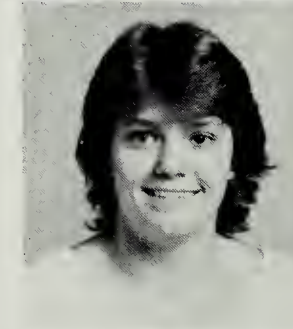
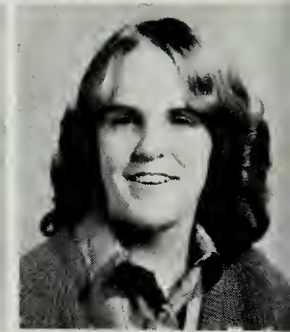
possible school supply was crammed in and then glued in place so I wouldn't collapse," stated Andy Jumbercotta.

What did an unusual locker house? An open locker exposed "A billboard of good-looking guys," said Cindy Condrey.

Whatever else happened you always saw the unedited truth when the locker opened and it all fell out!



**Locker reorganization** became essential at least once a day. Visiting your locker usually meant picking up all of the debris it threw at you. Tina Miles charts with Alana Jacobsen as she leisurely straightens her locker after school.







Richard Strohl  
Susan Stross  
Mike Sullivan  
Richard Sullivan  
Tina Summerfield  
Michelle Sutter  
Chris Sztanko  
Brad Teague

Sharon Teeler  
Jean Tennant  
Mike Tesdahl  
Pam Tharp  
Jennifer Theroux  
Laura Thieling  
Michael Thomas  
Robert Thomas

Milton Thornhill  
Jim Thrall  
David Tong  
Tammy Treschuk  
Lisa Tuck  
Carla Turner  
Debra Turner  
Mike Tyrrell

Michelle Underwood  
Mike Underwood  
Ken Unrine  
Sherri Valastek  
Dana Van Metre  
Kevin Viau  
Charmaine Vredenbug  
Chris Wade

Bill Wakefield  
Bill Walker  
Jon Walraven  
Heather Walters  
Sherrie Ward  
Andy Warren  
Troy Washington  
Brian Watkins

Willette West  
Kimberly Whitehurst  
Shantel Williams  
Traci Willie  
Wendy Winneberger  
Frankie Wonpat  
Mike Yauss  
Andy Yentsch

Patti Yow  
Kari Zehner  
Natalee Zepp  
Susan Zovak



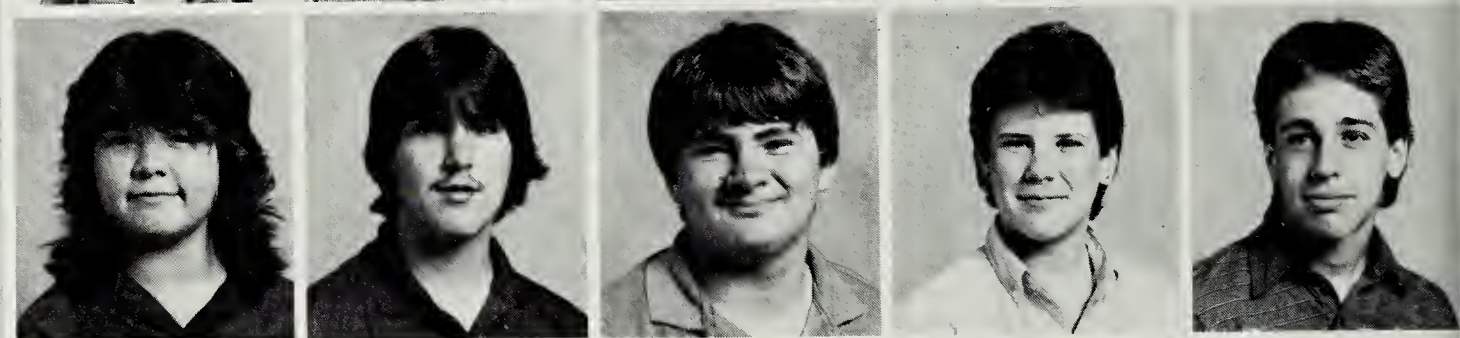
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Elizabeth Adams  
Victoria Allen  
Caria Altizer  
Patricia Amezcuita



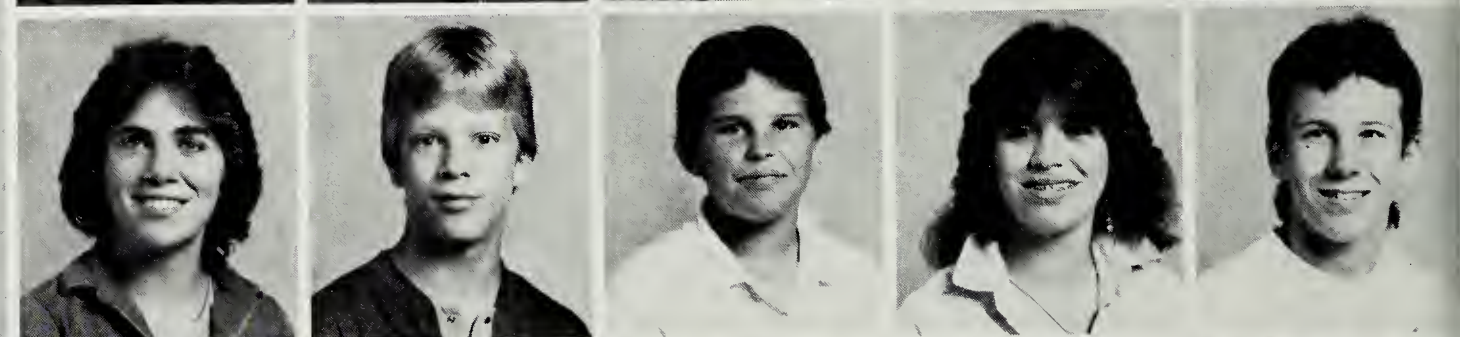
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Jason Andelman  
Becky Anderson  
Christine Anderson  
Jerry Andrews



Stephanie Andrews  
Tim Angelo  
James Applegate  
Jenny Aubin  
Jason Ausley



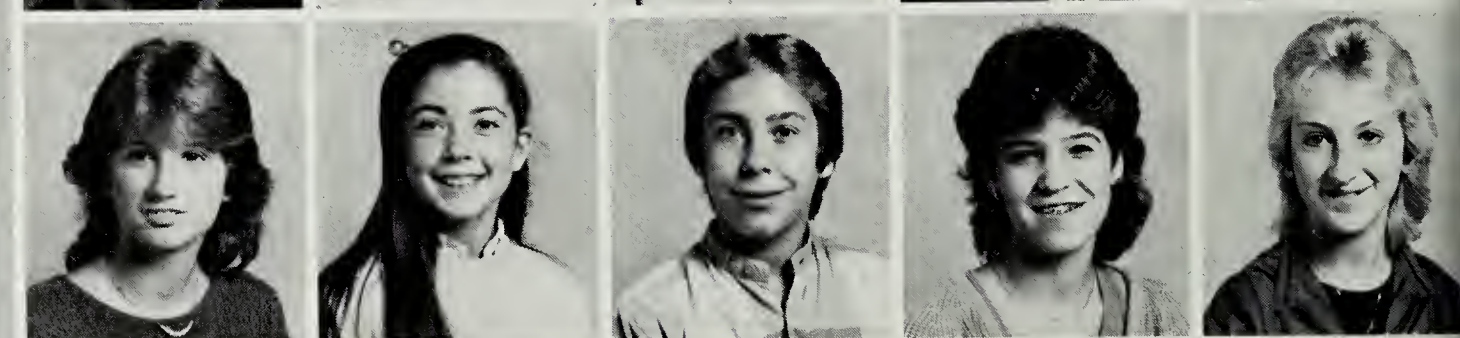
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Jason Bachman  
Todd Baker  
Julie Baldwin  
Scott Banks



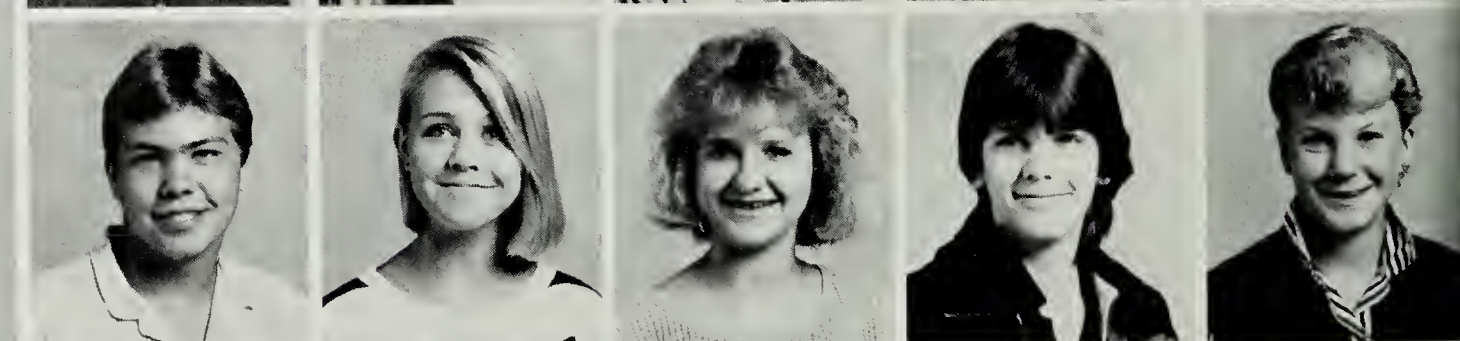
Erika Browich  
Carl Beahm  
Tina Beamer  
Jason Beasley  
B.J. Beavers



Laura Beavers  
Stephanie Bell  
Barry Benczkowski  
Tracy Bennett  
Stacey Bering



Marcus Berry  
Cathy Beyer  
Karen Beyer  
Lawrence Blair  
Julie Blanchfield







Brian Blatt  
Andy Blenkle  
Wendy Bowles

Corinna Boyd  
Tina Boyle  
Robyn Brammer

Brittany Brenner  
Lynn Brockman  
Stacia Brooks

Caryn Brown  
Allen Browning  
David Broyhill

Tammy Bruffey  
Kelly Buchanan  
Garnett Bumbrey

September Bumbrey  
Kim Bumgardner  
Erika Burgess

Kim Burgess  
Dennis Burke  
Sharon Burkey

## Startin' Off . . .

As always, the new Freshmen came into Potomac not knowing what to expect. They started the year with a brief confrontation with the school on Orientation Day. The National Honor Society, along with the Varsity and Junior Varsity Cheerleaders, gave the new kids on the block the Grand Tour of the school. They started in the auditorium and travelled in a so called circle. Most didn't ask questions, they just stared in awe.

Then the Freshmen Class Officers were elected. Mary West became President, with Gretchen Moss a V-P. Along with her duties as Vice-President, Gretchen played tennis and was a cheerleader. Lisa Burrige held down the important job of Class Secretary, and Soongil Dunker became Treasurer.

Homecoming was the best story. "I was so nervous before Homecoming" said Mary West in reference to dealing with the float committee. Even with nerves, they pulled through with a lot to be proud of. The Frosh took third place in halls and float. Most of the Freshmen were very helpful and supportive of their class, and they proved that they were actually a part of Potomac, not just the "Freshmen Class."



**Walking through the halls** Mary West, Lisa Burrige, Gretchen Moss, and Soongil Dunker. The Freshmen Officers helped their class greatly.



Overloaded with homework and a touch of fatigue, Ericka Burgess is a prime candidate (victim) for the Confusion Zone.



## Confusion Zone

What an incredibly awkward age! Being a ninth grade person (alias Freshmen) was quite difficult because it meant existing in the Confusion Zone. What's a Confusion Zone? If you asked a kid in Freshmen year, he or she might have said that it was a time when one walked the border between too young and to old.

On one side of the border, a Freshmen found he or she was too mature to . . . play with dolls, wrestle with the cub scouts, and be seen with younger siblings in public places.

The flip side of the Zone's border was youth. A Freshmen learned he or she was too young to . . . date a person more than once, maintain employment (a job), and drive a car with the ignition switched on.

A message transmitted from the Zone . . . take heart! Next year, a Freshmen will have crossed the border to the Sophomore Zone!

Lisa Burrige  
Jason Bush  
Michelle Bushey

Samantha Butler  
Anthony Caliendo  
Julie Callantine

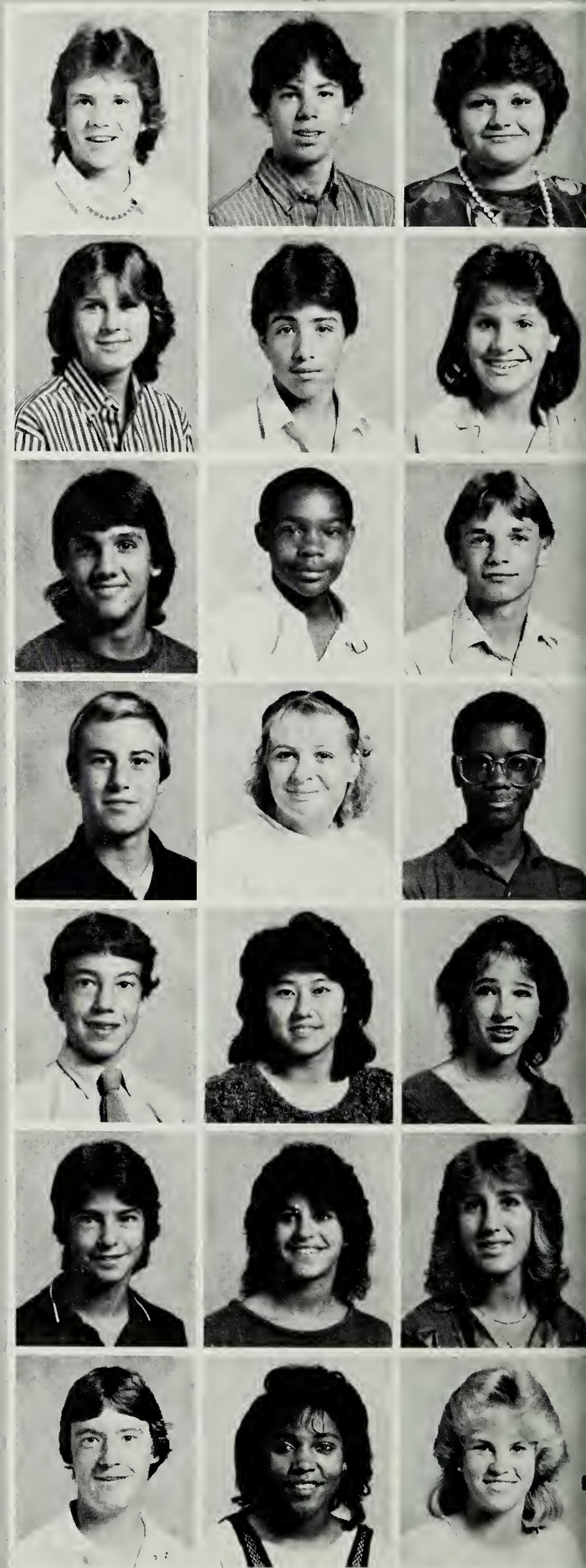
Robby Cameron  
Raymond Campbell  
Chris Carriere

Mike Catlett  
Tammy Chaffin  
Darnell Chapman

Matthew Charleston  
Bunkye Chi  
Cathy Chumley

Nick Cimmento  
Toni Cimmento  
Karen Clark

Kevin Clark  
Burnadette Coates  
Laura Collins







Ted Confair  
Gene Conner  
Daniel Conrad  
Eric Consla  
John Cooper

William Cooper  
Robert Cope  
Linda Cordell  
Barbara Corman  
Chris Cornwell

Suzanne Corsa  
Owen Coulman  
Barney Cox  
Marshal Coxtan  
Kelly Craig

James Crowley  
Sandra Cruz  
Sean Dadson  
David Darling  
Gregg Darr

Richard Darr  
Terry Davis  
Tiffany Dayton  
Tony Dearing  
Dane Decatur

Bobbi DeLoach  
Kristi DePersia  
Billy Devericks  
Bryan Dietze  
Kelly Dillinger

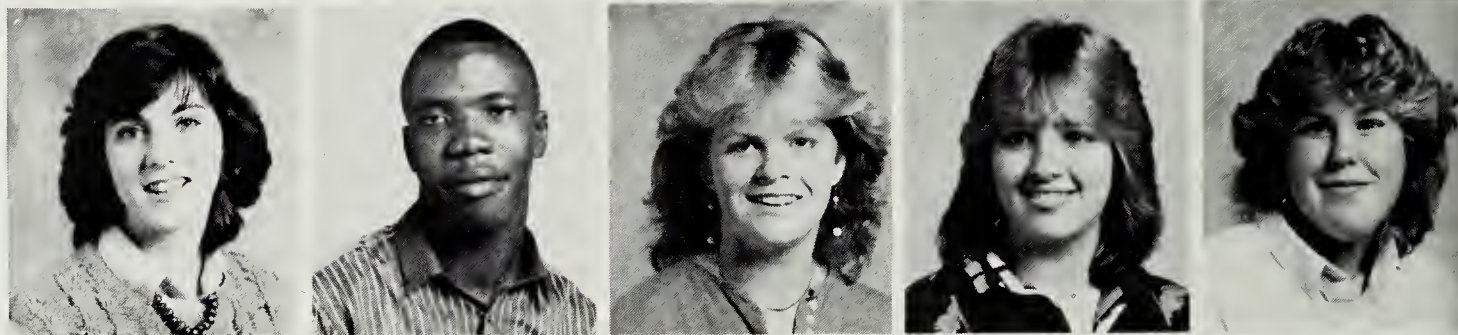
Jason Dix  
Debbie Dockendorff  
Chris Dodson  
Chanegua Dorsett  
Rhonda Dove



Brian Dowling  
Karen Drolet  
Thierry Duff  
Soon-Gill Dunker  
Matt Dunlap



Stephanie Dunn  
Joe During  
Caroline Dutton  
Lissa Duvall  
Jeanie Edgington



Joseph Edwards  
Brian Eley  
Susan Emmons  
Russell Enocott  
Heather Erie



Dawn Ernestine  
David Eskridge  
William Eubanks  
Jerry Ewing  
David Farney



Robin Ferguson  
Saundra Figueroa  
Joan Fischer  
Nancy Fitts  
Angela Fitzgerald



Vincent Fleming  
Michael Joley  
Troy Foster  
Jason Fox  
Sonja Fox



Le Franco  
Michael Fridley  
Nicky Friend  
Tim Friend  
Travis Fristoe







Cynthia Fritsche  
Robert Frye  
Amy Fuller

Monet Funn  
Derek Gallion  
David Gardziel

Gretchen Garrison  
Stephen Giordano  
John Goodwin

Patricia Gordon  
Tony Gould  
Mike Grace

Christopher Graham  
Dianna Griffith  
Marsha Griggers

Kim Grooms  
Erik Grotz  
Frank Grubb

Tim Hadley  
Amy Haines  
Angela Hall

# A New Shock!

Neither of the girls were expecting it, when their names were announced as homecoming princesses of the Freshmen class. Karen Clark said "I had no idea that I was going to get it." Marcia Huggin exclaimed, "I was shocked!" Throughout that week, the excitement built as they both participated in Spirit Week. Then, before they knew it, the week had ended with the Homecoming dance. Marcia was escorted by Senior, Andy Dearing and Karen by Freshmen, Kevin Lynott. After the wonderful night of fun and dreams fulfilled, they both said that they were looking forward to next year.

---

**Marcia Huggin and Karen Clark** were chosen by the Freshmen to represent the ninth grade class at the Homecoming festivities.





# A Touch Of Art

Heather Erie started taking art lessons when she first moved into the area, because as she put it, "there was nothing else to do". Despite her doubtful reasons for starting lessons, Heather stuck with it, and has seen much success come out of her art. She's won awards since 1982, when she started her winning streak with a 2nd place in the Montclair Art Show. Since then, Heather has won eight 1st place awards, six 2nd places, and two 3rd places plus a \$100 scholarship from the Monclair Arts and Crafts Club.

Heather prefers working with pencil because of the details she can capture in her drawings, and she really likes realism drawing that uses lots of lights and darks. However, Heather realizes that she has a lot left to learn, and, as a result, she is learning to work in different medias and styles. She is also trying a style of drawing that uses the right side of the brain, which means she draws without looking at the paper.

In the future, Heather hopes to continue her art studies, and someday use them in her job field, doing something like interior decorating or commercial design.

Cindy Hall  
Jesse Hamm  
Deloris Hamn

Robert Hardy  
Glenn Harris  
Jenifer Harris

Robert Harris  
Travis Harris  
Kim Harrison

Christi Hart  
Jeff Hawkins  
Chris Hedrick

Tammy Hensley  
Bruce Herdt  
Claudia Hernandez

Forest Hetland  
Lisa Hicks  
Allen Hill

Dannielle Hilliker  
Kesha Hinson  
Niki Hoffman



**Heather Erie explains** the importance of every line in capturing detail to her friend, Cathy Beyer. This particular drawing took 2nd place in a local contest.





Patricia Hogan  
Mike Holebrook  
Michele Holtzman  
Alice Homan  
Adina Horowitz

Stacey Horowitz  
John Howard  
Mike Huber  
James Hudson  
Paula Hudson

Marcia Huggin  
Eliot Hull  
Ted Hupka  
Jessica Hurtle  
Chris Impink

Marby Ingle  
Ann Ingran  
Melanie Jackson  
Tina Jackson  
Debbie Jammerson

Steve Janke  
Tabitha Janko  
Robert Jeffries  
Shawn Jenkins  
Holly Jenrette

Isaac Johnson  
Michelle Johnson  
Patricia Johnson  
Derek Jones  
Sean Jordan

Albert Kalaskas  
Nicole Keeley  
Sammy Keen  
Fawn Keith  
Karen Kenney



Matt Kern  
Clifton Kessinger  
Ron Keyes  
Bryan Kile  
Melvin Kile

Andrea Kimber  
Kevin King  
Mike Kitts  
Mike Kondash  
Cory Kopaniasz

Chris Kreiler  
Robert Kulik  
John Labrier  
Chad LeBran  
Stephen Lacey

Kristine Lang  
Robert Lanham  
Lisa Lansing  
Matt Larkin  
Tina LaRock

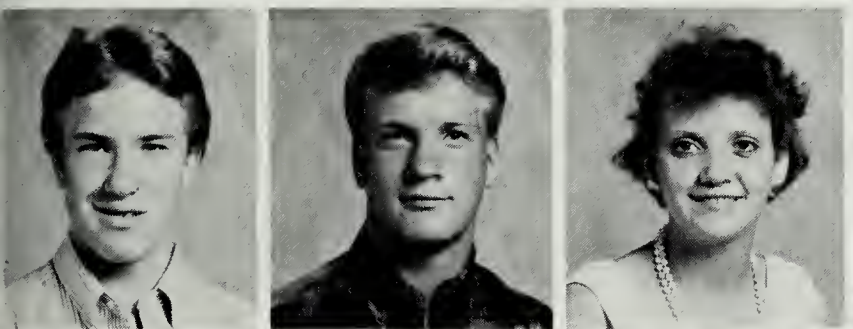
Lisa Layman  
Ginny Lazar  
Joo Young Lee  
Yung Ju Lee  
David Leister

Chris Leviner  
Loyd Lewis  
April Lipscomb  
Belinda Littlepage  
Suzie Lochner

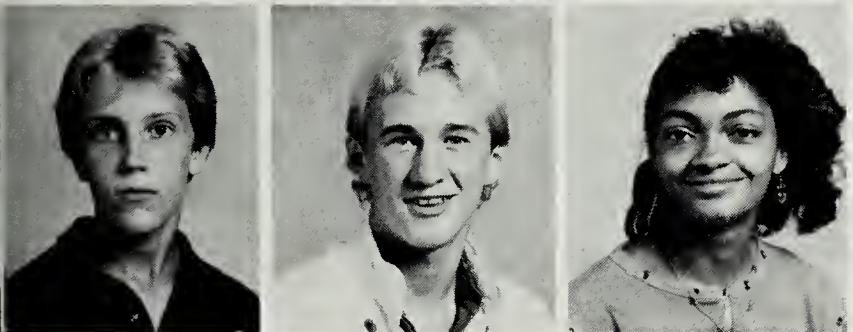
Christine Loefstedt  
Jason Loos  
Brett Lowe  
Niki Lowe  
Lenton Lucas



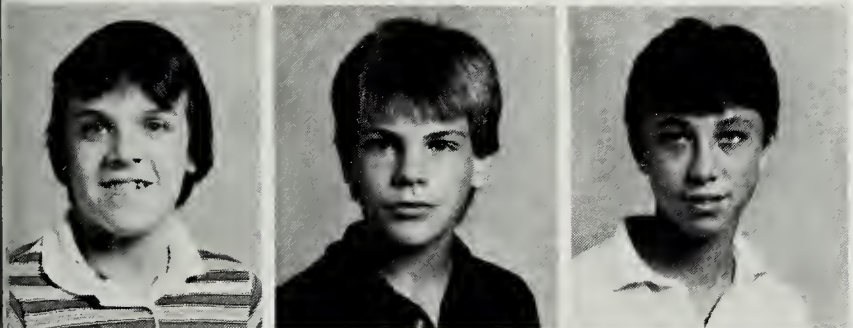




Kevin Lynott  
Brooks Madden  
Jennifer Maes



Todd Mallet  
David Malone  
Tawya Mangin



John Manning  
Mike Marek  
Chris Marrantette



Jeff Martin  
Billy Masters  
Joe Mathern



Kelly Mathis  
Doug Maxfield  
Chrissy McAllister



Charlie McDonald  
Kristina McDonough  
Debbie McElveen



Lyn McElwain  
Joe McGovern  
Maureen McGovern

# Olympic Bound

Waking up at 4:00 a.m. three days a week for a hard and exhilarating swim practice is old hat for Kim Stair and Kirsten Walsh. After school they go back for practice, and training eventually pays off. Kim is the number three girl for her age group in Virginia. She has been swimming for eight years and Kirsten for six.

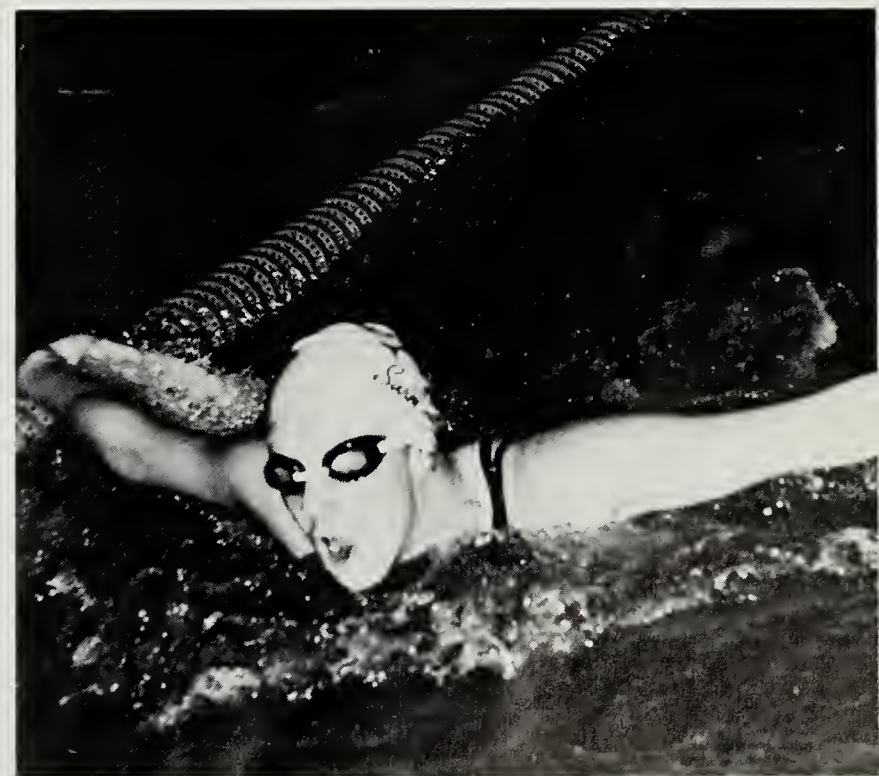
Kim is hoping to make Junior Nationals in Orlando Florida. If she makes that, then she has only three more steps to the Olympics: Senior Nationals, Olympic trials, Olympics.

Kim and Kirsten are best friends but on opposing teams. They however agree that one of the most important factors in their sport is that their parents are behind them 100%. They have to put out a lot of money for swimsuits, swimcaps, and other equipment along the way. Also much time is spent on carpooling back and forth to practices and meets.

Sure it's a lot of long hours and hard work but when they reach their goal it's worth it.

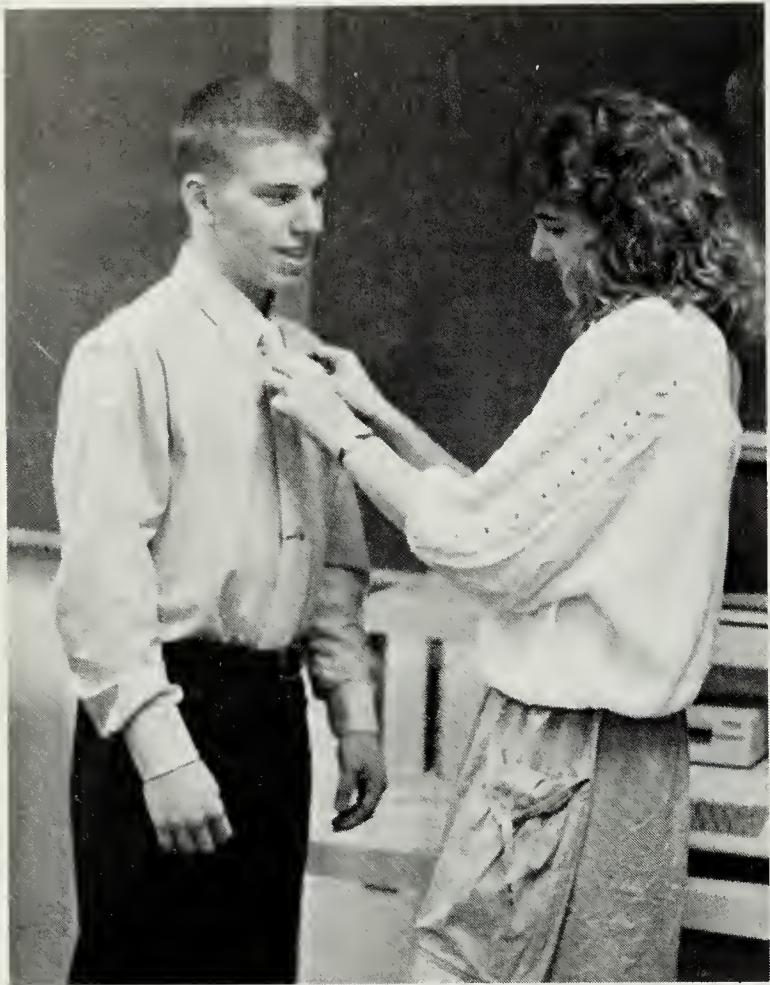
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**Swimming a hard practice** after school is Kim Stair. Practices such as this one can make a day even longer.





Cindy Hall makes an adjustment to David Darling's tie so that he will look his best for the wrestling match against Stafford.



## New You!

Teenagers are very fascinating people. All of the wonderful changes we go through and some stages drive our parents insane!

Take for instance girls, one day they're in jeans, T shirts and sneakers, the next, Esprit and other awesome clothes. Middle school days are over the pale face has to go, so here comes "Cover Girl." The little pump shoes are too babyish, so on go those heels.

Now for the guys! Sometime during their teen years they will finally learn how to dress. They'll finally realize they need a haircut. Now that they're so sharp the time comes when they take Dad's car keys and say "I'll be home at 12:00." They finally learn how to treat girls with class. They're real man now, especially when they splash on the cologne and wear dress shoes. - definite signs of "manhood".

Lookin past all of those major changes in our lives, we are still little kids. Bubble gum for instance, will we ever grow out of that?

Yes, teenagers are very unique! We're always going on fad diets and love our music loud. We have our hearts broken many times over and think life is over until we meet another person who catches our eye. We're the T.V. addicts and junk food junkies. When will all these changes end . . . who'knows?

Jeanie McIntyre  
Debbie McMillen  
Sean McNair

Joe Meador  
April Mellott  
Tricia Mellott

Kim Merggs  
Matt Milam  
Russell Miller

Samuel Milton  
Brian Minchin  
Eric Moberley

Brian Moore  
Corey Moore  
Kelly Moore

Selma Morgan  
Gretchen Moss  
John Muller

Susan Mullinax  
Paul Mullins  
Jean Mundy







Michelle Mussomelle  
Steven Neese  
Rick Nevarez  
Jimmy Newman  
Lan Nguyen

Kay Nigcharoem  
Craig Novitsky  
Heather O'Brien  
Shannon O'Connor  
Helen Ohler

Robin Osler  
Mark Overholt  
Lisa Owens  
Carl Palm  
Mark Pancereva

Troy Papajohn  
Tina Papas  
Melissa Parsons  
Phil Paschal  
Felicia Patsch

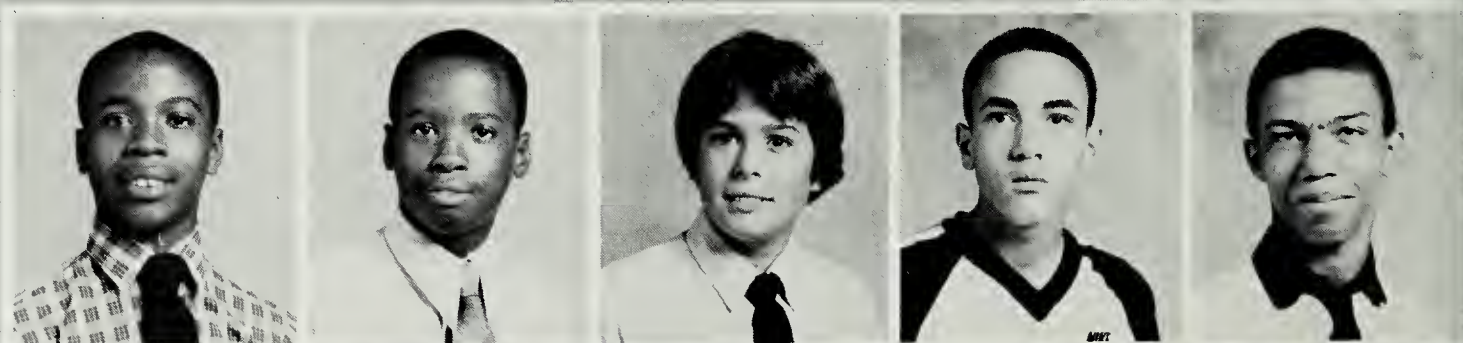
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Brian Plotwer

Thomas Poole  
Cheryl Potts  
Jeff Powell  
Carl Pregonzer  
Tim Presti



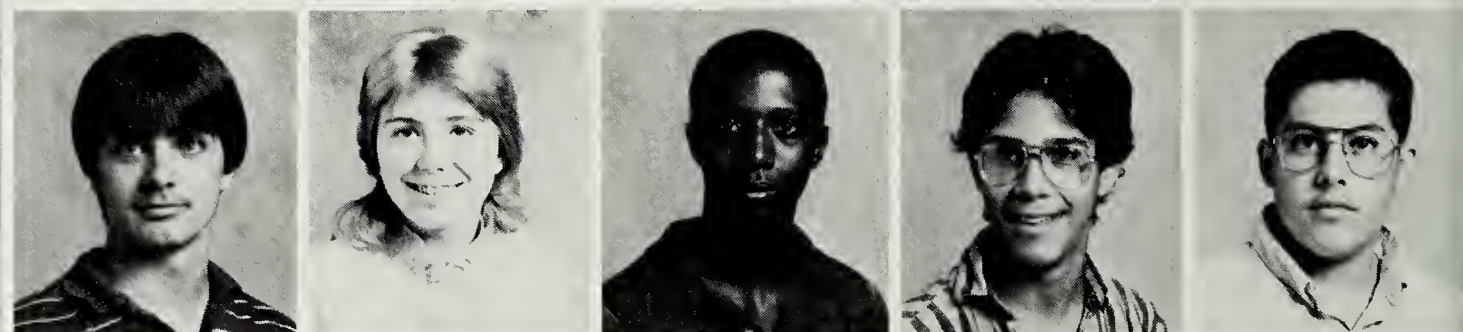
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Tony Queen



Mike Ragon  
Kenny Randall  
Erica Reid  
Quinton Reid  
Andy Rendell



Jason Renfore  
Elizabeth Reniere  
Jonathan Renolds  
Jim Richardson  
David Rickard



Kim Ridgley  
Heather Rinker  
Bonnie Roberts  
Steve Robertson  
Antonio Rodriguez



Jennifer Ronren  
John Roy  
Paula Runion  
Jeff Saldana  
Kim Sanders



Michele Sanford  
Annie Santmyer  
Stephanie Scarpinato  
Mike Scherck  
Donya Schofield



April Schun  
Karl Schwanda  
Heather Schwetje  
Stephany Seay  
Eddie Seeley







Wendy Seidel  
Cher Selner  
Will Sessoms

Travis Shane  
Haider Shaw  
Phillip Sheperd

Patty Shephard  
Tina Sherman  
Alice Simonelli

Zandra Sixkiller  
Benjamin Smith  
Cecil Smith

Chip Smith  
Darlene Smith  
Darren Smith

Ramon Smith  
Scott Smith  
Wayne Smith

Scott Sonnenberg  
David Spetrino  
Tracey Spooner

# Looking Up

Everybody knew what upperclassmen thought of Freshmen. Ninety-nine percent of the time, Frosh were cut down. This time, we asked around to find out what Freshmen thought of upperclassmen. These are some examples . . . .

"Too Proud." Jerry Andrews

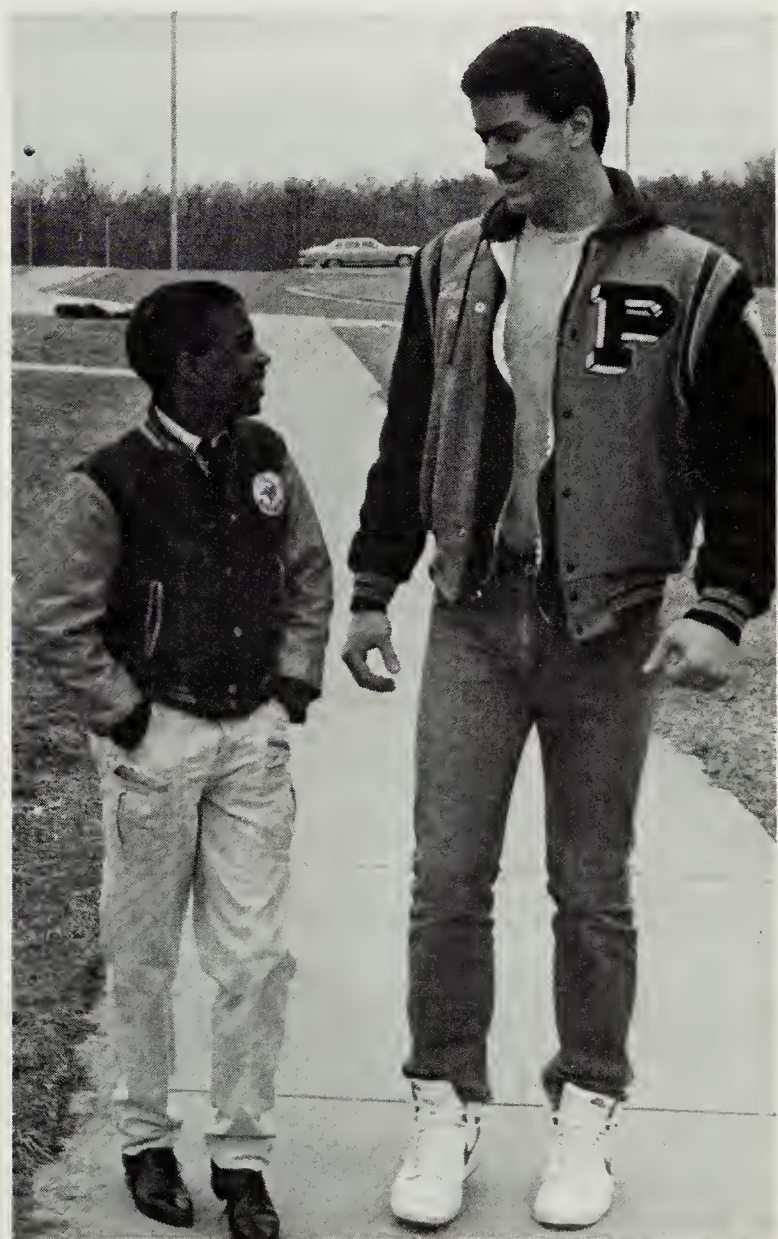
"Some are nice, but some treat you like a piece of trash!" Cindy Hall

"I guess they're alright." Debbie Dockendorff

"Too conceited, but they can be nice if they want to be." Julie Callantine

"Well, since I'm tall they haven't noticed I'm a Freshmen and haven't acted differently towards me." Ted Hupka

Just as upperclassman opinion of Freshmen varied, so did Frosh opinion of their elders.



**Walking together,** Senior Larry Lynott and Freshman Robert "Peanut" Harris talk about the differences between Freshmen and Seniors.



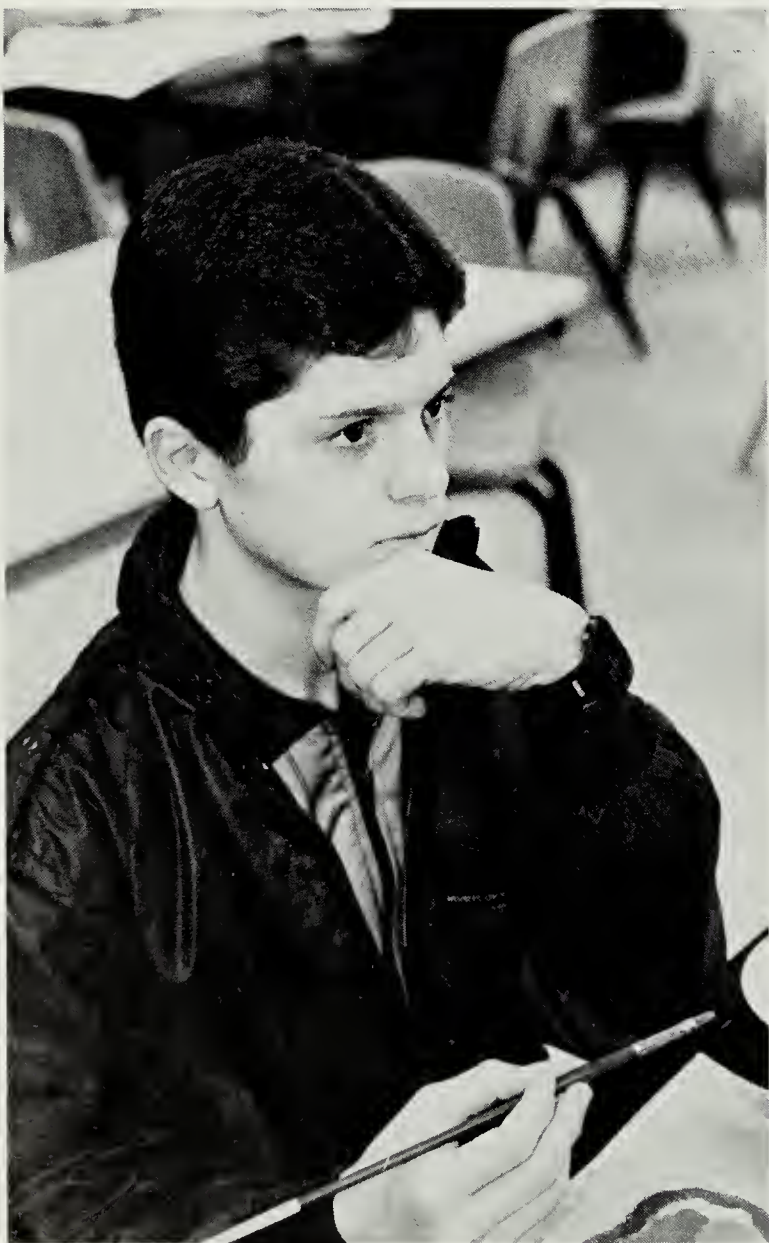
# A Dreamy State

It's Monday and the weekend is over. The teacher is giving the usual lecture, showing a boring filmstrip, or assigning work to the class.

This kind of pressure pushes you to rest your chin in your palm and think about that special someone you wish you had, what you're going to eat when you get home, or when the bell will ring.

Yes, we are all guilty of this, the sin called daydreaming. "I daydream about my boyfriend Brian," said Pam Talerico. For Pam, English is her time to reflect her thoughts on her special guy.

Some of us daydream more than we should and test grades prove it. Monday you daydream about the weekend. Tuesday you daydream about getting through the week. Wednesday you daydream about Friday coming soon. Friday you're just glad the weekend is here and pray Monday never comes.



**Travis Harris sits** and daydreamers instead of working on his art project. Daydreams are commonly found in all classes.

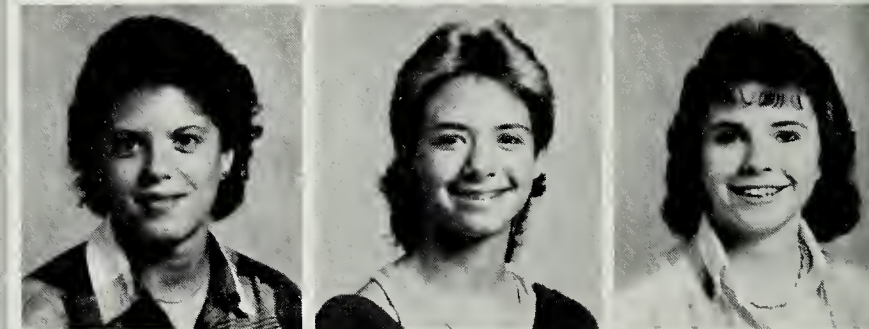
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Maria Staggers  
Kim Stair



Wes Stearns  
Mark Staggs  
Stacie Sterbutzel



Ali Sterling  
Theresa Stitts  
Angela Stone



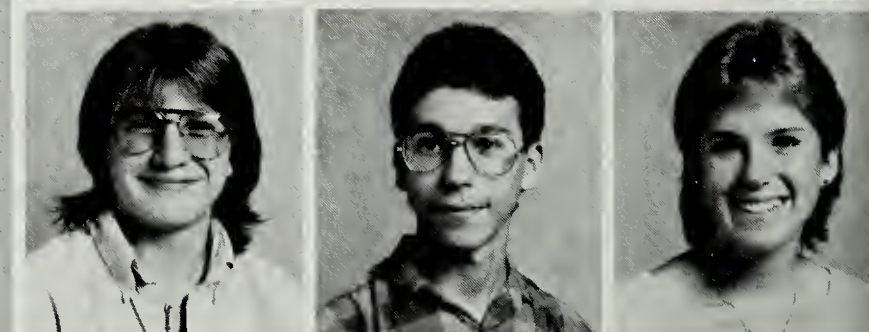
Daniel Stone  
Ruth Stone  
Mitch Strassner



Cecio Sturgello  
Sherry Sweeney  
Aaron Swenson



Richard Swiontek  
Greg Swistak  
Tiffany Tadlock



Allison Tague  
Pamela Talerico  
Jeff Taylor







Samantha Teagus  
Rosie Testa  
Heather Thieling  
James Thomas  
William Thomas

Katy Tierney  
Russell Tilgner  
Tony Todd  
Coletta Treakle  
Eric Treschuk

Karen Treusch  
Andre Tuell  
Lewis Turner  
Todd Turner  
Alex Tyler

Donna Uber  
Aaron Vande Linde  
Pat Vande Linde  
Billy Vanstaden  
Michelle Velasquez

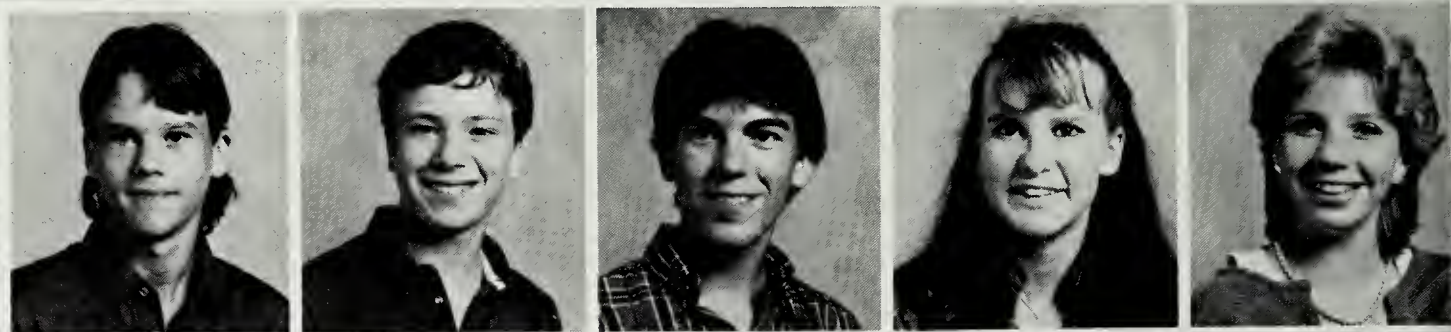
Matt Viau  
Richard Vines  
Richard Vogel  
Mike Waggoner  
Cassie Walts

Cynthia Wallace  
Kirstin Walsh  
Becky Waple  
Aaron Watts  
Laura Weamer

Terri Weaver  
Kenny Webb  
Mary A. West  
Jeffrey Westerhoff  
Brian Westhoff



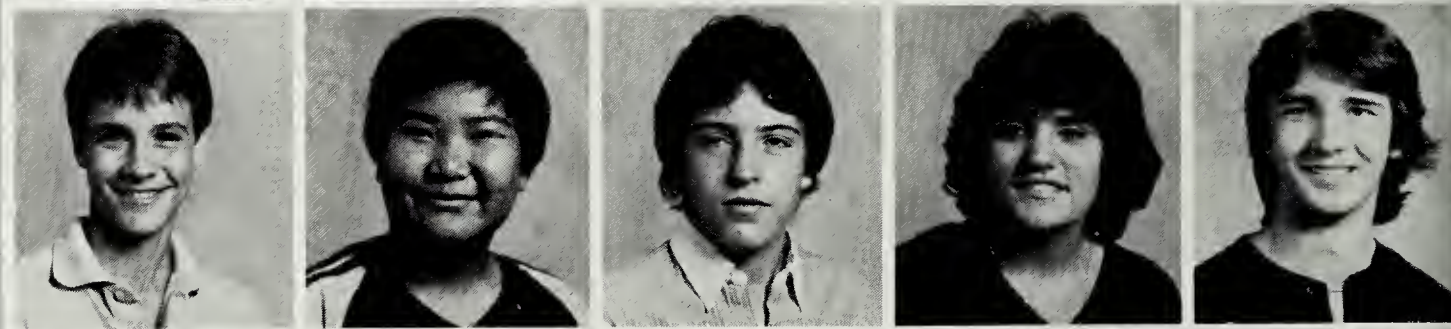
Chad Weyant  
Richard Wheatley  
Greg White  
Tammy White  
Shari Whitmer



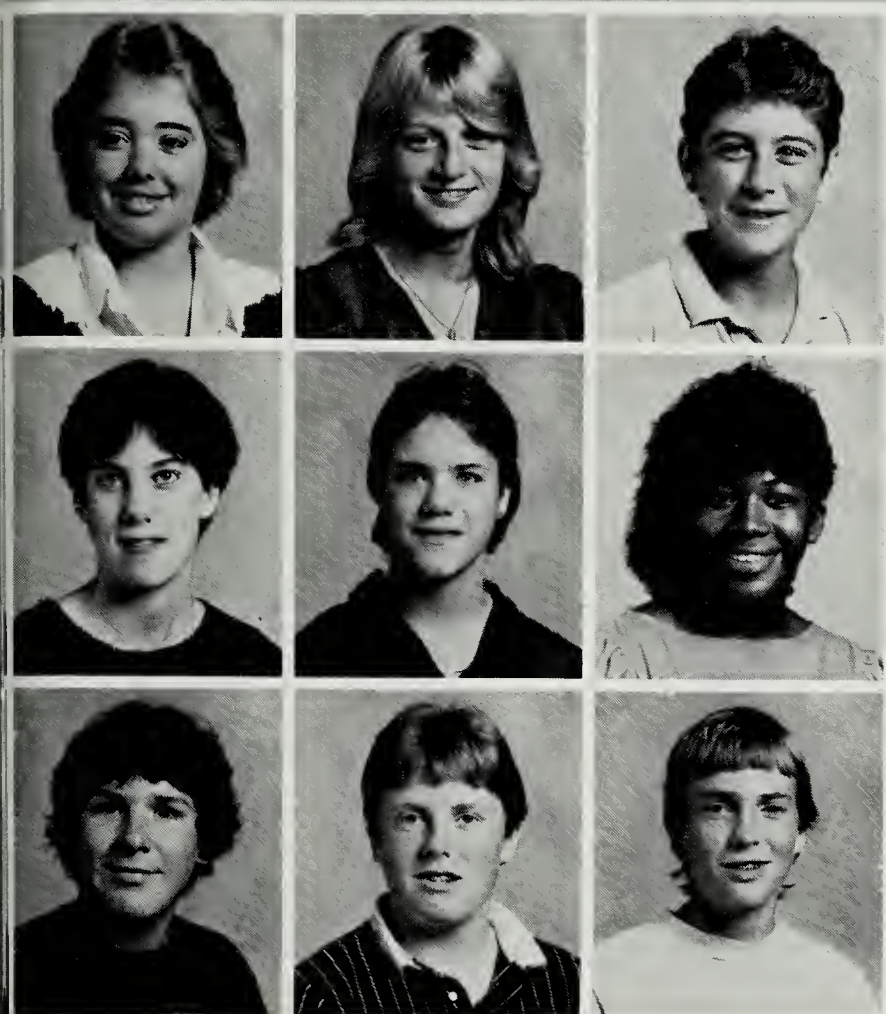
Chris Wickline  
Richard Williams  
Tabitha Williams  
Nathan Wilson  
Tim Wilson



David Wolter  
Danny Wong  
D.J. Woods  
Michelle Woolard  
James Woolfrey







Tina Woolfrey  
Hilda Workman  
Mark Wright

Sarah Wright  
Susan Wright  
Charold Youmans

Danny Younce  
David Youngclaus  
Erik Younglof

## At The End Of The Line

"Hey!"

"What?"

"You cut in front of me!"

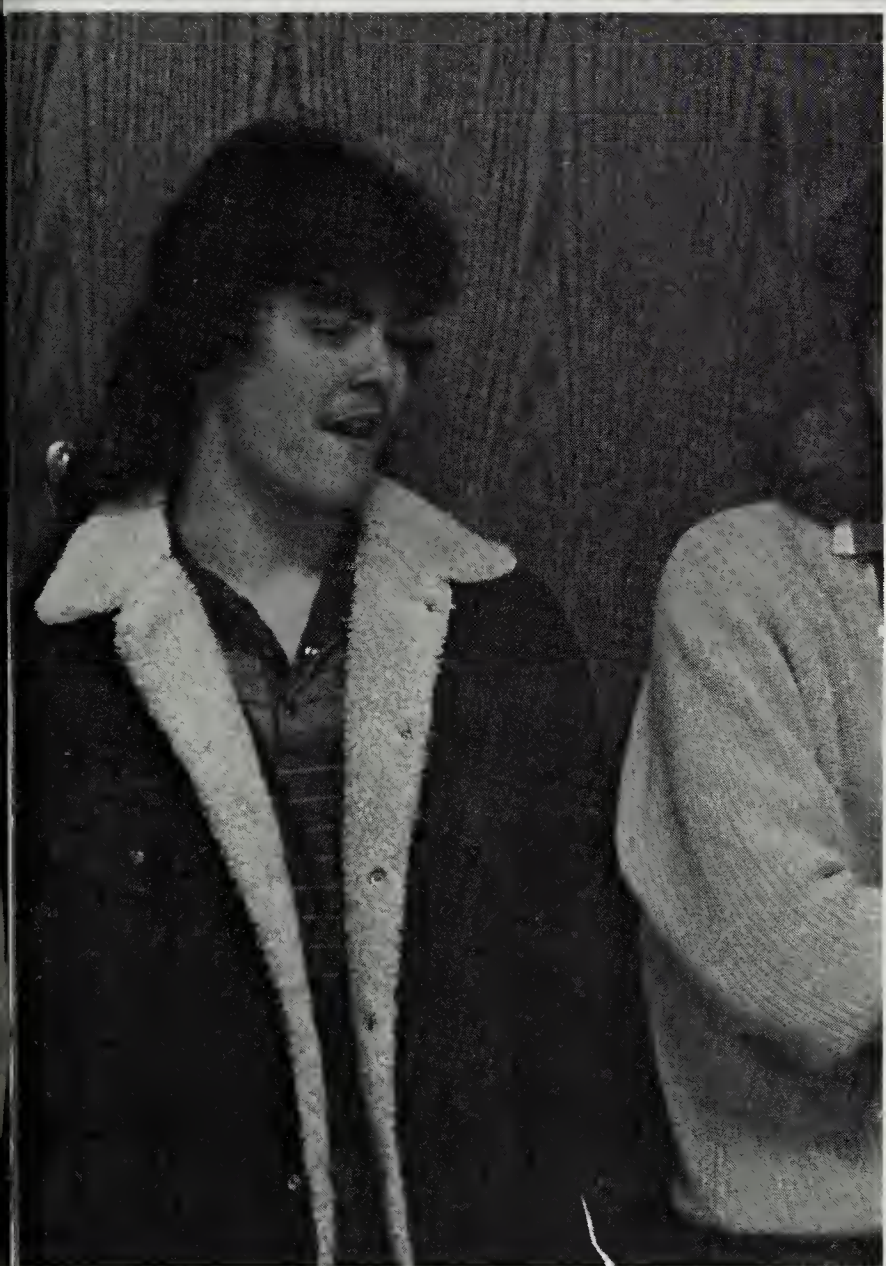
"So, what about it? You're a freshman aren't you?"

"Yea, so?"

"Well, I'm an upperclassman, so if I want to, I'll cut in front of you!"

(Aside to a friend) "Jeez, I hate upperclassmen!"

Sound familiar? I'm sure it does. The Juniors and Seniors worm their way into line with their friends and somehow (although they started at the front), the Freshmen are at the end of the line. What can be done to solve this problem? Probably nothing. But the freshmen can look forward to one thing. Next year, as Sophomores, they can cut in front of the new Freshmen.



**Waiting in the lunch line** are Andy Blenkle, D.J. Woods, Jeff Taylor, Andy Rendall, and David Cook. After what seems like an hour, they finally get closer to the serving area.



# Teacher Or Parent?

Was it helpful having an inside connection at school? "Not really," said Senior Morgan Smith, daughter of Spanish teacher Mrs. Susan Smith. Although there were a few benefits that went along with being a teacher's child, they didn't get as many "perks" as people thought they did. For instance, children of teachers couldn't hide their report cards because their parents always knew when they were coming out. The students also couldn't skip school without their parents knowing immediately, and the teachers usually got the same days off as the students.

Sounds awful, hu? Well, being a child of a teacher had its advantages. They didn't have to ride the bus, they could get lunch money easily, and sometimes

even a pass to class. For a teacher, being near their child had its good points too. "It was easier to make or change plans than if we weren't so close throughout the day," commented Mrs. Susan Smith. It was easier to write a forgotten excuse, or remind each other that they were staying after or needed a ride home.

"On the other hand, teaching your child and treating them like just another student was difficult," said Mrs. Smith.

Still, all advantages and disadvantages aside, the students and their teacher/parents managed to make the best of the situation.

**By admiring her son** Jeff's most recent drawing, Mrs. Eden shows her support of his artistic abilities.



**Mrs. Bridget Abler** English  
**Mr. Michael Babuschak** Art; Art Club and Yearbook  
**Mrs. Carolyn O. Baker** Guidance Counselor  
**Ms. Gloria A. Barrett** Algebra I; Physics  
**Mr. Tim Bass** Chemistry; Freshmen Girls Basketball, J.V. Girls Softball  
**Mr. Joe Bengler** Consumer Math; J.V. Football  
**Mrs. Jessie Blalock** ISS Teachers aide

**Mr. Russell Bowling** Auto Body; Co-sponsor V.I.C.A.  
**Mr. Bill Brown** Drivers Education; Head Football Coach  
**Ms. Jean M. Cahall** Marketing; Fashion Merchandising  
**Ms. Pamela Roach Cakora** German; German Club  
**Mr. Ed Campbell** Physical Education; J.V. Football J.V. Wrestling  
**Mr. David L. Carr** Marketing DECA, Freshman Football, Wrestling  
**Mrs. Pat Carter** Bookkeeper

**Mr. Larry M. Casey** Symphony Orchestra, Guitar Class, Orchestra  
**Miss Gloria Cash** French; Key Club  
**Mr. Ron Clarke** Physical Education  
**Mr. David D. Colcombe** American Studies, Freshmen Football  
**Miss Claudia Cunningham** Algebra  
**Mrs. Brenda Dall** Typewriting, Accounting

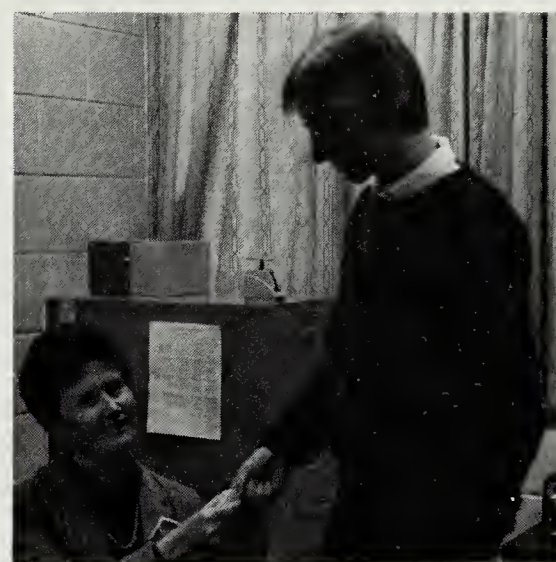






Although Cara Polk forgot her lunch money, she doesn't worry about it because she has easy access to her mothers' wallet.

**Teachers aren't that underpaid!** Nevertheless Carol Rice loans her sister Bridget Rice money for lunch.



A typical scene in the guidance office, Greg Margheim often forgets his lunch money and must borrow from his mother.

Staying for help after class, Morgan Smith asks her mother to help translate a new vocabulary term. Because Mrs. Smith was the only Spanish III teacher, Morgan got to experience having her mother as a teacher.



**Mr. Richard Dill** Theory, Concert Band, Symphonic Band, Marching Band

**Miss Patricia Droles** Guidance Counselor; Pantherettes, Teen Counseling

**Mrs. Janet Dunivin** Lib. Sec.

**Mr. Michael D. Dyre** Earth Science

**Mr. Alfred Eaton** Communication Manufacturing; Varsity Softball, J.V. Volleyball

**Miss Lisa Eaton** World Studies; Gymnastics

**Mrs. Harryette Eden** English Drama Club, Forensic/Debate Club

**Mr. W. Dwight Edmonds** Electronics

**Mrs. Patricia Emmons** A.P. American Studies, World Studies; Department Chairperson, National Honor Society

**Mrs. Jane E. Feret** Algebra Geometry, Math Analysis

**Mr. Robert Ferree** Principal

**Ms. Diane Ferree** Biology, Advanced Biology; Varsity Cheerleading

**Mrs. Evelyn Fleming** Home Economics; Future Homemakers of America

**Miss Diane Fontana** Latin

**Mrs. Jenny Forgas** L.D. Resource; Band Front

**Mr. Floyd L. Freeze, Jr.** Typewriting

**Mrs. Marion Frizzle** Intra ta Bussiness; Co-sponsor FBLA

**Mr. Bill Fulp** Applied Biology, Bialagy II

**Mr. Jerry Gardziel** Drivers Education; Head Baseball Coach

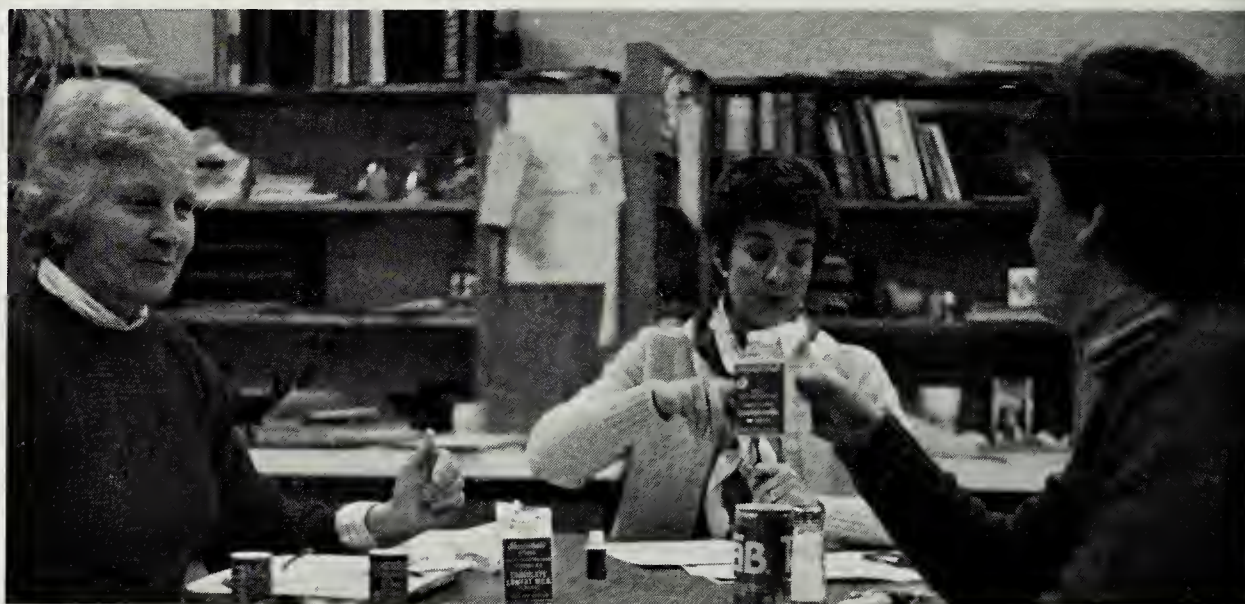
**Miss Sarah Garrigues** English, Class of '87 Co-sponsor



**Mr. Jenkins happily adds** up his Girls Varsity Basketball team scores while chatting with Ms. Palumbo as she expresses her disapproval in the day's test grades

**After catching up** on new developments and daily occurrences, Ms. Jones, Mrs. Eden, and Mrs. McFadden enjoy their lunch break in the English planning area.

**Sharing a discussion** during lunch, Ms. Petersen and Mrs. Munnell both enjoy each other's company in the teachers' lounge.



**Miss Jean A. Gaudet** Head Librarian, Media Specialist, School Pictures

**Mrs. Patricia Ghiloni** General and Applied Biology; Department Chairperson, Science Fair

**Mr. Tom Gill** Assistant Principal

**Mr. Melvin Goodwyn** Treble Choir, Comarata Singers, Concert Choir, Piano, Barbershop Quartet

**Mrs. Nora Hall** Adv. Algebra Trigonometry, Algebra II; Department Chairperson

**Mr. Kendall Hayes** Physical Education; Varsity Basketball, Soccer

**Mrs. Higgins** English

**Mrs. Falth Holcombe** English, J.V. Cheerleading

**Mr. Robert E. Holley** Earth Science, Applied Earth Science

**Mrs. Yvonne E. Holsclaw** Physical Education

**Mrs. Vivian Ivey** Librarian

**Ms. Anita Jackson** L.D. Resource Teacher; Band Frant

**Mr. John Jenkins** World Studies

**Ms. P. Jones** English, American Literature

**Mr. Aaron Jordan** Assistant Principal

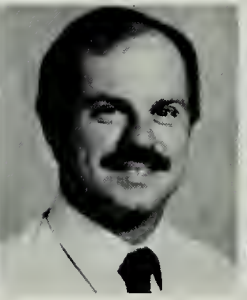
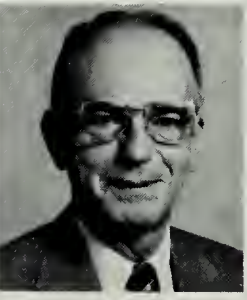
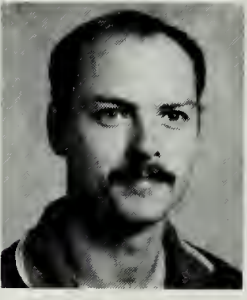
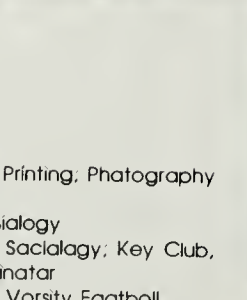
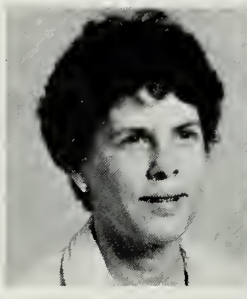
**Mr. Christopher Kadis** Graphic Arts, Printing, Photography Club, Volleyball Coach

**Ms. Kathy Keese** Biology, Applied Biology

**Mr. David P. Kite** American Studies, Sociology; Key Club, Sports Announcer, Graduation Coordinator

**Mr. John H. Kittel** Special Education; Varsity Football

**Mrs. Irma Kline** Resource Teacher





# A Quiet Place

"Sometimes I need to find someplace quiet where I can just collect my thoughts. Other times I need a professional "sounding board" for my ideas concerning the curriculum. So I'm really thankful for the department planning office", said Mrs. Carolyn Leggett, Art teacher.

Many teachers used their cubicle of space for preparing lesson plans, correcting papers or catching up on administrative paper work. Some added a personal touch with family photos, remembrance gifts, or articles that said "This is what I'm all about".

The teacher dining area served as an information center, as well as a place to eat in a relaxed atmosphere, and catch up on the daily happenings.

At other times teachers and administrators were found on various duties around the building. Monitoring the parking lot, checking hall passes and bathrooms were tops on the lists of duties.

During his sixth period hall duty, Mr. John Kittell takes time out to discuss possible schools to apply to for Michelle Hanson's continuing education.



**Mrs. Holly Kopli** Algebra  
**Mrs. Kathleen Kunze** Career Counselor  
**Mrs. Penny B. Lake** English Journalism, Advisor- The PHS Class  
**Ms. Nancy Lanza** Algebra  
**Mrs. Rose LaTulpe** Administrative Secretary  
**Mrs. Carolyn Leggett** Art; Yearbook Advisor  
**Mr. Clarence Leggett** Industrial Arts

**Miss Leslie Levy** Geometry, Computer Math, AP Computer Science; Computer Club  
**Mrs. Ann Lockett** Assistant Principal  
**Mr. Barry H. Maguire** English; SADD  
**Mr. Marc Maloney** American Studies; Social Studies Club  
**Mrs. Nancy P. Maloney** English  
**Mrs. Jane Manderville** Bus Computer Applications, Data Processing, Computer Concepts  
**Mrs. Mary Ann Margheim** Guidance Aide

**Ms. Martha McFadden** English; J.V. Basketball Coach, Track  
**Mrs. Charma L. McKnight** L.D. Resource  
**Mrs. Sandy Mercer** Geometry General Math; Freshmen Class Co-sponsor  
**Ms. Mary Sandra Moller** AP English, English; Literary Magazine  
**Mr. Robert Moore** Guidance Director  
**Mr. Mickey Mulgrew**



# Junque

The bric-a-brac that was seen on teacher's desks and classroom walls worked beyond the use as teacher's aids to reveal the the personality of the teacher occupying that space and to offer visual relief from the institutional cream colored cinder block walls.

The most obvious reason to have such bric-a-brac on the walls was to use them as teaching aids. From the large periodic table in Chemistry class to the color wheel and safety rules in Art, posters were used for reference and instruction. Those of Washington DC in Mrs. Polk's government class and those of foreign countries in the language department made it easier to understand what was being taught when you could see where it all occurred.

The posters and plaques also served to reveal the personality of the teachers. The poster of Twisted Sister in Mr. Jenkin's room was indicative of his flamboyant personality. In Mrs. Smith's room bumper stickers and posters saying "I love tortillas" and "speak English at your own risk", all in Spanish of course, attested to her attitude about the language that she taught.



**Using her poster** on "Rules for Politeness", Ms. Cash demonstrates that her second period of French IV students respond better to visual aids.

**Mrs. Sandy Munnell** English  
**Mrs. Christine Murch** Guidance Secretary

**Mrs. Diane Nellis** Geometry General Math; Math Club

**Mrs. Zelda Oelrich** Gen. Math, Algebra

**Miss Lorraine Palumbo** World Studies, American Studies; Varsity Girls Basketball, Co-sponsor Senior Class

**Mrs. Toni Payne** Vocational Resource; Junior Class Co-Sponsor

**Mrs. Pearsall** Eng. Literature American Literature; Dept. Chairperson

**Miss Wanda Peterson** American Studies; SCA

**Mr. Roger Plumskey** Chemistry

**Mrs. Jan Polk** American Studies; National Honor Society

**Mrs. Liz Harley-Potente** Health and Physical Education

**Mr. Greg Prifti**

**Mr. Jim Qualls** Activities Director

**Mrs. Louvenia A. Quash** EMR Resource; Pep Club

**Mrs. Diane Ramer** Spanish

**Miss Bridget Rice** French; Foreign Language Club

**Mrs. Patti Riviere** English; Freshmen Cheerleaders

**Mrs. Anne Rude** Spanish

**Mrs. Margaret J. Scoleri** Office Specialist; Shorthand

**Mrs. Kathryn B. Scott** Algebra Calculus, Math Analysis







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Probably the most appreciated use of these decorations was to tone down the stark look of the school interior. Chris Gates said that what he disliked about the school was that it looked too much like an institution. But teachers' personal items like plants on the windowsill, posters, plaques and photos brought a touch of home to the otherwise sterile atmosphere.

So those bright, colorful posters splattered on classroom walls served a multitude of purposes—as teaching aids, as indications of a teacher's personality and as a cheerful touch to soften the look of an otherwise dull classroom.

**Along with his corny jokes,** Mr. Bass adds a bit of humor to his classroom with his cardboard cut-out of Fozzy Bear, given to him by his sixth period class.

**While caring for her plants,** Home Economics teacher, Mrs. Fleming beautifies her room. These plants make her room homier for her students.



**Mrs. Melonie Shipman** Earth Science, Biology; Science Club  
**Mrs. Carol Secord** English, Reading Competency  
**Mrs. Marilyn G. Selvitelle** Algebra I, Consumer Math  
**Mrs. Susan Smith** Spanish; Foreign Language Club  
**Mrs. Millie Sokol** Switchboard Operator  
**Mr. William Stephens III** Health and Physical Education; Varsity Football, Boys Track  
**Mrs. Diane Farria Stevens** Office Specialist, Office Technology, Shorthand, Cooperative Office Education  
**Mrs. Dorothy Stevens** Guidance Secretary  
**Ms. Charlotte Stultz** Government  
**Mr. David Sullivan** ISS; J.V. Basketball, Varsity Football  
**Mr. Paul Szymonski** World Studies; Cross Country, Outdoor Track  
**Mrs. Frances A. Thompson** Guidance Secretary  
**Mrs. BJ Vesta** General Math, Competency  
**Mrs. Evelyn Viatas** Spanish, French

**Mr. Grover Wade, Jr.** Industrial Cooperative Training; VICA  
**Mrs. Carol Wakefield** Guidance Counselor, Financial Aid And Local Scholarships  
**Mr. Brian Wetzel** Earth Science  
**Mrs. Joanne R. Willis** Guidance Counselor  
**Mrs. Jewel Winebarger** Administrative Secretary  
**Mrs. Jean Zimmerman** Law, Business Administration, Typewriting



# Helping Hands

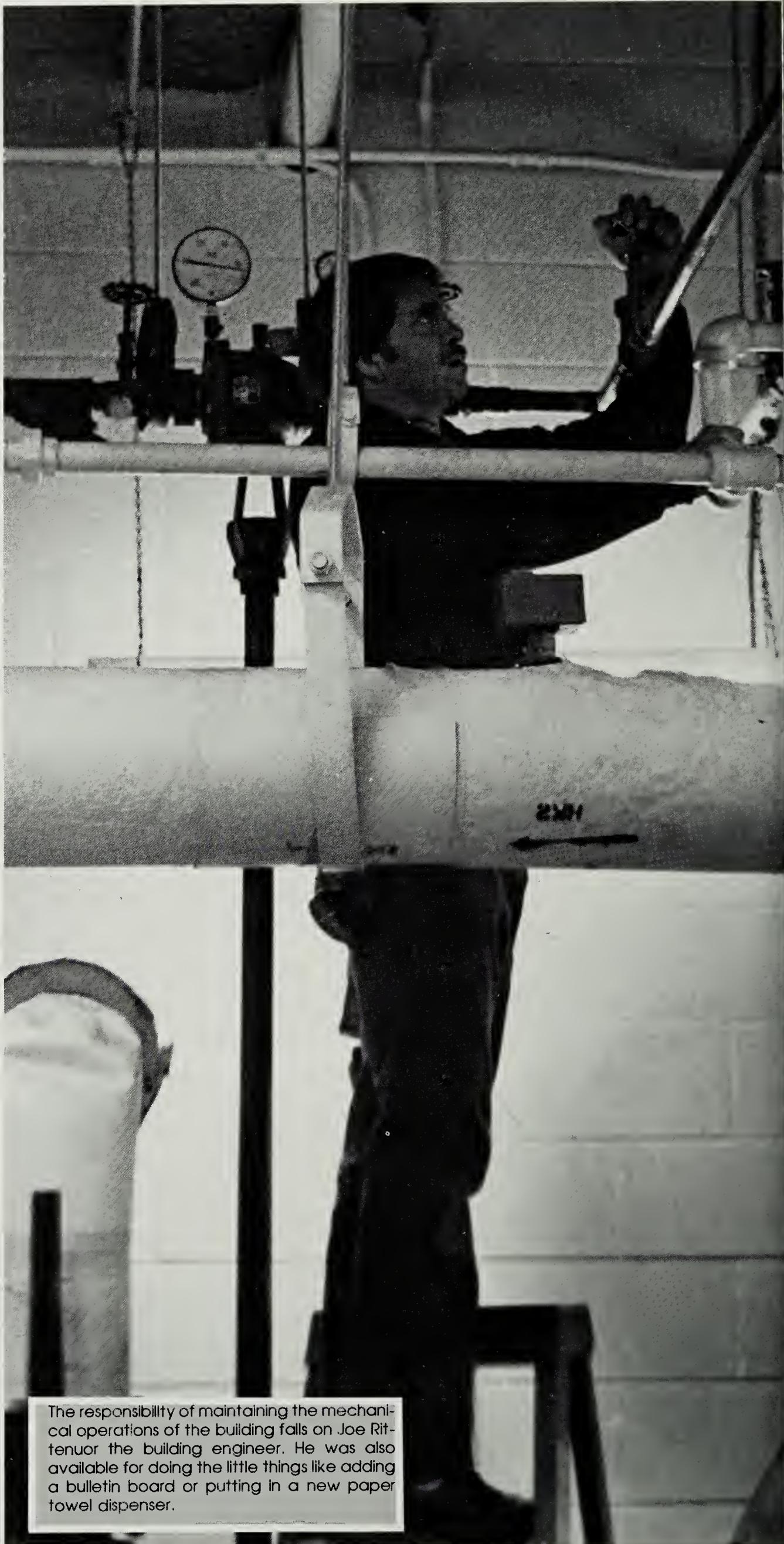
Like the stage crew behind a Broadway play, the support groups are a factor of the success or failure of almost everything that goes on in the school. Just as the play depends on the stagecrew, we depend on the support groups to keep everything clean and in working order. They are the ones who replace the lightbulbs, clean and wax the floor, answer the phones, prepare breakfast and lunch, issue early dismissals, help with schedule changes, assist in opening stubborn lockers, help parents in finding their children, deliver the mail to teachers mailboxes, and get students to school on time in the morning. All the groups, which include cafeteria workers, custodians, secretaries, and bus drivers, arrive early and stay late every day, five days a week.

The cafeteria workers arrive early, sometimes as early as 6am, to prepare breakfast and lunch for as many as 2,000 students and teachers. Catering to the students during all four lunch shifts is a very trying job. Issuing lunch tickets, counting money and dealing with students who have comments as to what the food resembles are among the many tasks the workers must complete each day.

Custodians also have an abundance of work to do. They clean everything from the bathrooms to the gym floor and every classroom. In addition to this, they are the first ones to arrive every morning and the last to leave at night. After checking to see that the doors are properly closed and locked, everyone is out of the building, and the building is secure, they leave. Early the next morning, when they arrive to open up the school, their daily routine begins once more.

The secretaries in the front office and guidance area are also a vital link to the schoolday. The secretaries deal with everything from the morning announcements to sick students. They help with schedules, paperwork, behavior problems, distraught students, parents searching for their child who is late for his orthodontist appointment, not to mention typing and assisting the administrators.

The support groups are all vital to the success of each school day. "We should tip our hats to them!" said Tina Miles.



The responsibility of maintaining the mechanical operations of the building falls on Joe Rittenour the building engineer. He was also available for doing the little things like adding a bulletin board or putting in a new paper towel dispenser.





**Working part time** to help keep the building in top shape, William Armstrong cleans a health room.

**Cafeteria staff:** **Front row:** Mary Steelberg, Polly Carney, Sandra Coulhoun, **Middle row:** Anne Christian, Lee Bowles, Leona Knicely, Carolyn Wyatt, Phyllis Butts, Eleanor Bickford **Back row:** Christine McManus, Mary Sweeney, Drucilla Turner, Patricia Soholski, Opal Kirby



**Custodial staff:** **Front row:** Craig Gilbert, Barbara Greenwald, Gerta Green, Mary Williams, **Back row:** Alvin Howard, Liz Gibson, Marvin Smith, Jimmy Sullivan, Madaline Brown, Marcus Aries

**When bad weather** forced school to close early, Bronson King was the man on the job to clear the sidewalks for a safe departure.

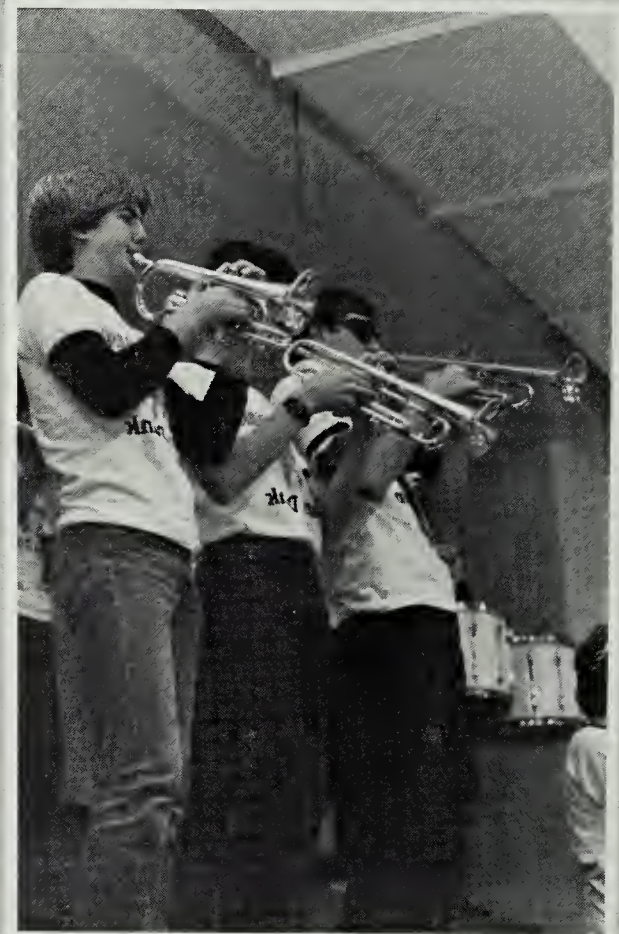


# Clubs and Activities

The twenty-five odd number of clubs and activities offered to students opened up a world of responsibility, friendships and fun. These are just a few of the benefits of the clubs whose themes ranged from community service to academics, with a little bit of everything else in between.

Planning and participation in club sponsored projects taught responsibility, leadership skills and dedication by sticking to a job long enough to carry it through to the end. Clubs also offered vital social contact and a chance to build friendships with people who shared common interests. They offered a chance to develop interests outside the home and school, thus widening the scope of experience.

Guidance counselor, Miss Patricia Dro Doves, who sponsors Pantherettes and Teen Counselors stated, "If students only realized how beneficial the leadership and organizational experiences of being in these clubs can be later on in life, more would participate."



**Volunteer members** of the Marching Band, Jamie Reid, Butch Kenney and John Driscoll also comprise part of the Pep Band, which shows up to play at basketball games.

**At a four-day summer** publishing workshop at JMU, Jill Parish cuts and pastes a mockup for a layout of a yearbook page.



**For 25¢, Eddie Brunner** can get taxi service to his home. Using the payphone was often necessary to obtain transportation when you stayed after school for club meetings.



*If You Only Knew...*





**Scott Millsap:** Treasurer  
 "This year the **Math Honor Society** hasn't done as much as I would like, basically we've done the Math League Test and have gotten a newsletter containing math problems."



**Leslie Duncan:** Secretary  
 "I joined the **History club** for the fun of it, I stayed with it because it was interesting."



**Becky Hale:** President  
 "In the **Science club** we've run into the problem of not being allowed to do much because we are not a 'major' club, we have ideas of things to do but there are rules and regulations we can't get past."



Searching the sky for Halley's Comet which appears every 75 years, Chris Barko takes a venturesome peek at the first appearance of the comet through the science telescope set up near the football field.

Members of the **History club** take time on their excursion to Washington D.C. to pose with a Triceratops. Besides visiting dinosaurs, they toured the Smithsonian Institute, viewing show business and movie relics.





"It took about a half hour," said Mike Belforte about the Virginia Math League test. His effort of struggling through algebra, geometry, and endless scraps of paper was rewarded with a perfect score.

**Computer skills** are learned with practice, patience, and these technological toys. Chris Marrandette discovers his knack for technology on an Apple IIe model computer.



## A Scientific Journey

"Because I'm interested in computers," said Chris Marrandette, Vice-President of the **Computer Club**. Chris's comment brings to mind a typical reason for becoming a member of the **Computer Club**. Liking those technological toys was the first reason for joining the club, but most importantly, members didn't have to be enrolled in a computer course. A student might have just wanted an opportunity to expand his/her horizons. The club "helps orient people who are computer illiterate . . . a time for trial and error learning," said Brian Singstock. Knowledge concerning computer skills also enriched a person's academic profile.

Along with the calculations needed for computer languages came skills that could be used by the members of the **Math Club**. Members had a chance to congregate and mull over complex problems. "Our sponsor was new and left after Christmas," said Scott Millsap. Despite the absence of a club sponsor, the **Math Club** carried on and managed to run the Math League tests. The test was taken by club members as well as any students interested in competing with students from other schools in Virginia.

Algebra, computer technology, and logical thought processes when combined helped an individual in the academic area known as science. "The **Science Club** gives students access to areas of science that aren't covered by science courses," said Mrs. Melonie Shipman. The club wasn't all about stuffy lectures on textbook materials. Thirty to forty guest speakers were invited by the sponsor and members to stop by after school to chat with members about specific topics.

"There is lots of freedom to explore on trips," said David Sawler, the club's Vice-President. The **Science Club** certainly presented ample opportunities for field trips. Trips to Mason Neck and Chincoteague wild life refuges gave members a chance to go canoeing, take samples, and make observations on wild life, like the majestic bald eagles.

Members also visited the Naval Observatory in D.C.. It is the residence of the Vice-President as well as the site of the largest telescopes in the Washington area. The Naval Observatory housed the atomic clock, and members discovered that the clock is the one by which most timepieces in the

Washington area are calibrated.

"Where's the bus?" could be heard by confused students, chaperones, and Mrs. Melonie Shipman. A trip to the National Aquarium in Baltimore concluded with a forty-five minute delayed ride home. Their bus driver, unaccustomed to the streets of Baltimore, parked the vehicle and succeeded in losing it.

Mathematics, science, and technology couldn't be preserved or discussed without the **History Club**. Mr. Mark Maloney's sponsorship of the club, along with his history classes, hooked students into becoming members. "We toured the Smithsonian museums and saw the monuments," said the club treasurer, Chrissy Pilkinton. Members enjoyed socializing and recalling moments in history.

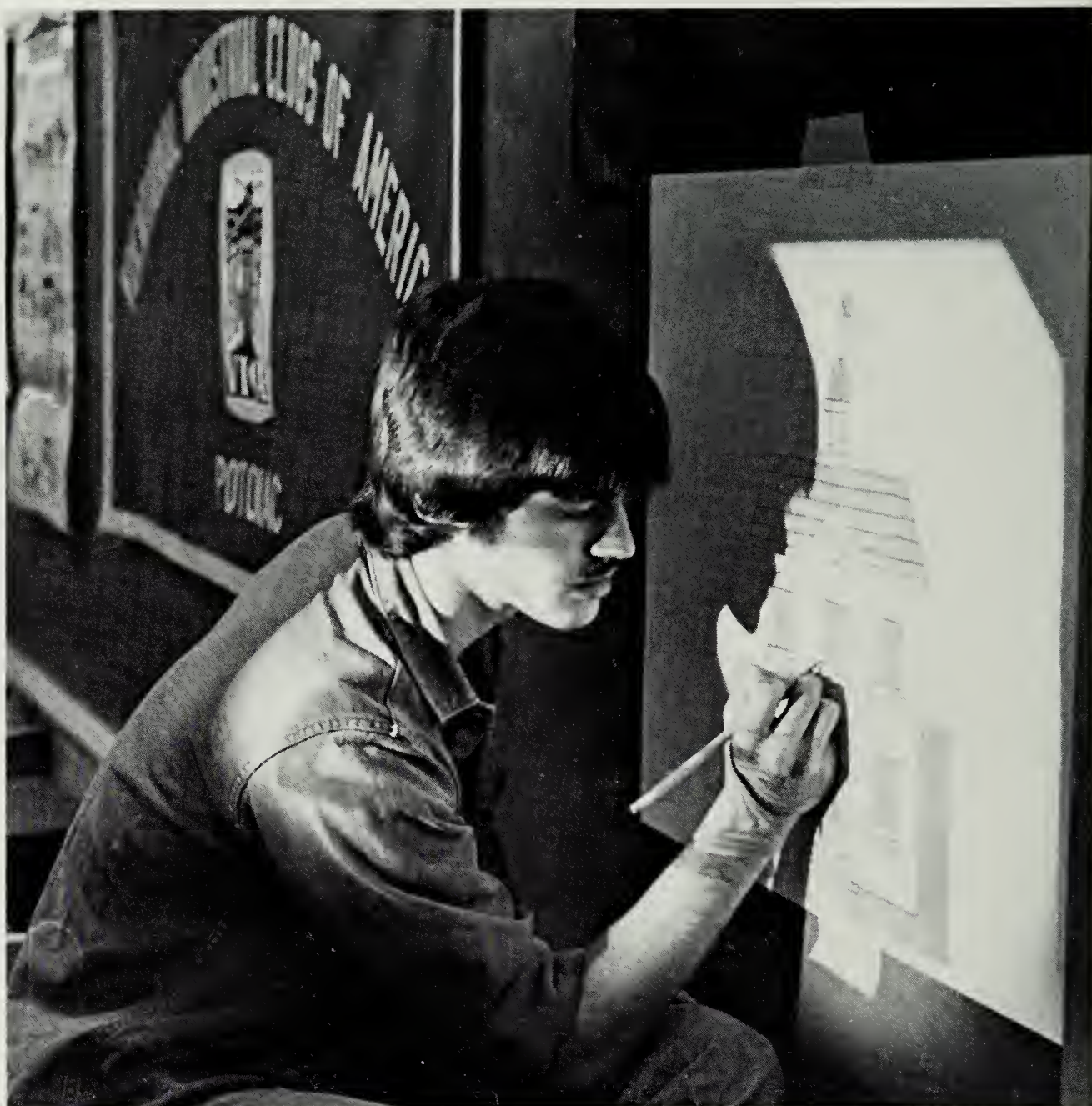
"I like hearing about the 1600's just because it's fascinating," said Anne Triano, the club's President.

Whether an individual sought excellence in all or some of the sciences, he or she could become involved in club activities and talk over common interests with other students during activity periods or after school.



**Chip Consla** works meticulously on his poster for the **VICA** District Poster Contest. It is one of 48 contests in the District Competition.

**Frank Ward** cheers on DECA's mascot "Peppy". Ever smiling, Peppy is ever changing as different people put him on each time he's brought out for special **DECA** events.



## A Journey To The World Of Work

Up the stairs and down the hall was the business and vocational department. After school and during activity period one could see **VICA**, **DECA** and **FBLA** members meeting to organize trips, practice for competitions and prepare fund raisers, along with many other activities.

Down the hall on the left was **VICA**. Pronounced like victory, it was the club for autobody and trade industrial students. Through district competitions called Skill Olympics, this year's was in Chantilly, these students received recognition for their work. The club has done other activities too. They went on a field trip to the GM plant in Baltimore, have had several guest speakers, and they attended a fall rally in November. Pamphlets that the sponsors, Mr. Wade and Mr. Bowling distributed to recruit new members described the purpose of the club in one sentence: "In **VICA**, we're preparing

for leadership in the world of work."

Directly across the hall, the room for **DECA** was located. Like **VICA**, it was a co-curricular organization for students enrolled in the Marketing and the Distributive Education program. Through their activities, **DECA** its goals which were designed to develop vocational understanding, social intelligence and leadership in its members.

**DECA's** officers went through a couple of events before the installation lunch at Rocco's. First, at Locust Shade Park, the candidates gave speeches along with 'real' hamburgers before the election. Newly elected officers then roughed it in sleeping bags and cabins at the training camp in West Virginia before they were installed. Community activities were also in the agenda for all members. An ACT's field day, which provided a picnic lunch and a mini olympics for young kids, was held and they adopted ten grandpar-

ents at Woodbridge Nursing Home. In the fall **DECA** went to the District Competition. They came home with five first place overall winners.

Tracking back up the hall, **FBLA** met. Members usually discussed the decorating of the **FBLA** bulletin board, how their fundraisers went, which were M & M candy and candle sales, or how they could, by helping others, earn points to win the Honor Chapter Award for the second year. The club has done several charitable services like a secretarial service for teachers, in which members typed up tests, dittos etc. for two days. They've donated money to ASK, a childhood cancer society, and donated their services to the Salvation Army. Sometimes during lunch several members passed out candy with messages to recruit new members. All that was required to join, was to take a business class.





During the **VICA** initiation ceremony, Tim Norman lights the ceremonial candle with the assistance of a Woodbridge High **VICA** officer.

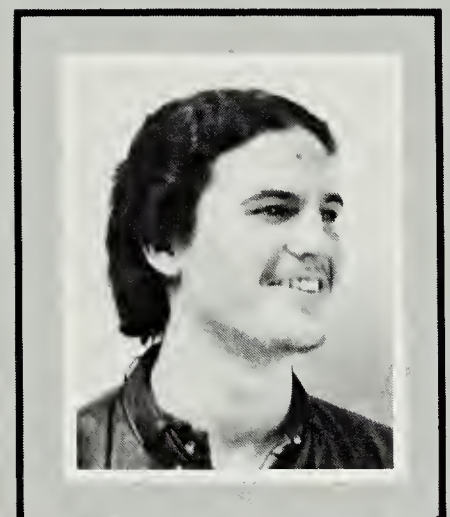
**Angela Chaffin** listens intently to a customer's order in the school store. Operated every morning from 7:20 to 7:40, the store helped students get last minute supplies, candy or gum to get them through the day.



**Anne Bartosch**, President of the **FBLA**, and helps Erica Martin, Diana Rubenstein, and Tonya Smith work on the annual **FBLA** booklet.



**Tim Thompson:** President  
"Being in **DECA** has been well worth everything I have put into it. I enjoy the time I spend with the members and administrators, planning activities and also learning."



**Joey Pemberton:** President  
"Being an officer of **VICA**, I have run into problems like trying to find people to give lectures or demonstrations and getting people to help work and cooperate."



**Erika Martin:** Secretary  
"**FBLA** has given me a rewarding feeling from the activities we've done like ringing the bell for the salvation army. It has also helped me learn more about business operations and communication with others."





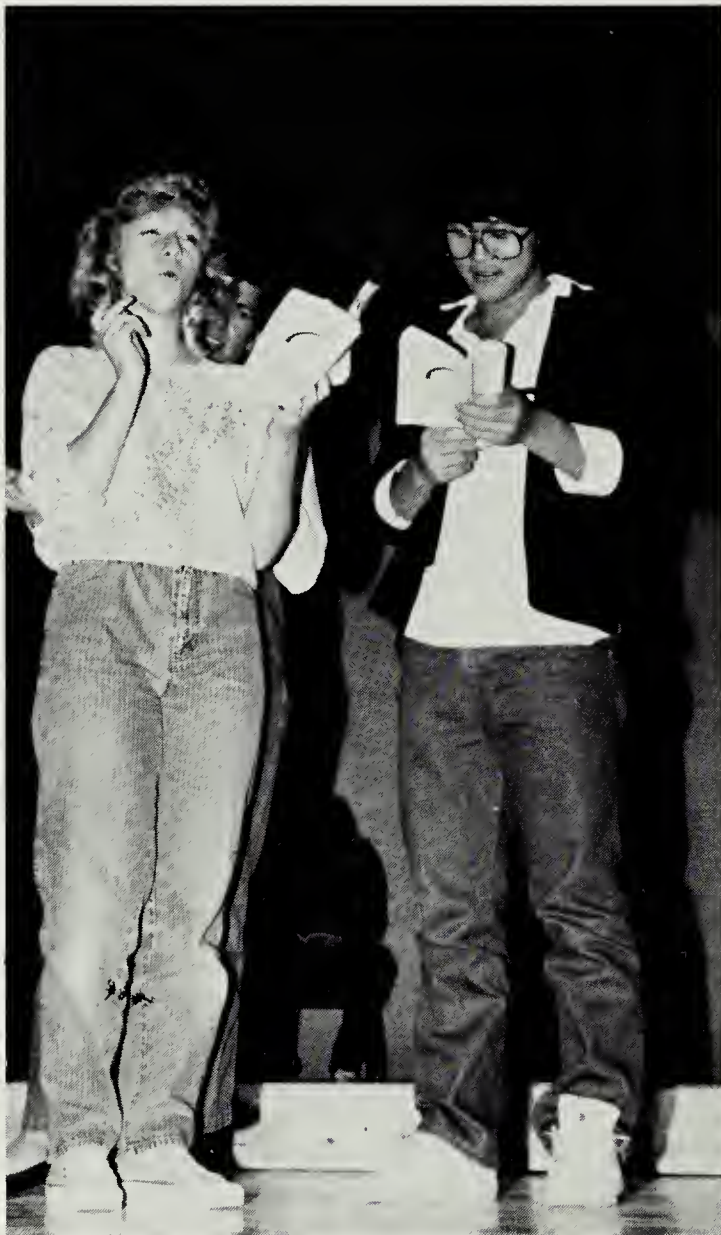
**Mark Riley:** President  
 "I got involved with the **Debate club** because I enjoy talking about politics. It gives members a chance to express themselves clearly and to get their point across orally."



**Nancy Bagato**  
 "We've had a lot of fun with our productions, all of the activity is mainly when we are dedicated to the hard work. But **Drama** is one of the most laid back of the clubs."

**Rehashing a dramatic scene** is necessary to achieve the perfect balance before opening night. Dean Ratt and Kim Sivells rehearse their parts as leads during a scene in the production.

**Forgetting lines** or even parts of them can be extremely frustrating as Dorey Searle finds out. Mrs. Harryette Eden prompts her and helps the scene evolve between Dorey and Chol Kong.



**Sound adjustments** and memorizing lines becomes easier with a partner. Cynthia DeSena and Katie Martin play with the controls and project their lines for the production.



**Practice makes perfect.** Research, concentration, and speech writing are only three steps in the road to district competitions for debate and forensics. Wendy Moraski managed to win a place as a finalist.



**Dressed as a Judge** in the play, Todd Sampson discovers a new way to soar to the heights during a break in rehearsals held routinely every week for "Get Will Shakespeare off the Stage".



## Face The Nation

"They just called five minutes til curtain!!"

"Five minutes?"

"Oh, I'm so nervous, what's my first line?"

"Can you believe she really made us guys wear blush too? How am I supposed to keep up my image!"

"I can't find the sweater I wear for scene two!"

These were just a few of the words uttered from panic stricken voices that night. It was opening night, and a night that sixteen aspiring young actors would never forget. It was the night the **Drama club** was to "Get Bill Shakespeare Off the Stage".

The fall production was made possible by the hard work of the cast, crews, and sponsor, Mrs. Harryette Eden. "... plus a lot of long rehearsals,

tears, good laughs, candy bars, hoarse voices, lemon juice and lots of support from dear friends and family," added Kim Sivells, who held the leading role. "We also could never have made it without Shannon and Corine." Shannon Malone and Corinne Bakker were the Stage Manager and Student Director respectively.

In addition to its fall play, the **Drama club** sponsored the annual Talent Show. The finest singers, dancers, and comedians that were in the school displayed their talents.

This club has shown its ability to make things happen in spite of a history of cancellations and sponsor changes. Devoted members were awarded through the club's letter system that had just recently begun.

Mrs. Eden was also the sponsor for another club that shows potential. This was the **Debate and Forensics club**. By the definition in the dictionary, debating is a formal contest in argumentation conducted between persons taking opposite sides of a question. The topics of the questions ranged from politics to science to literature etc.

The club was based on the individual. Students competed at their own levels of ability. They were given the chance at meets, which were held quite often throughout the state, to debate and give speeches. A member, Wendy Moraski, competed in the District Meet one weekend in February. She did a speech on the poor and homeless.



# Creative Variety

There are clubs open to students that are designed more towards a student's interests and hobbies. They help to broaden one's knowledge in a certain field. Some of these clubs are the **Art club**, **Photography club** and **FHA**. Usually members are enrolled in classes related to these clubs.

"Remember Wednesday after school we are having a calligraphy class," Mr. Babuschak, known as "Mr. B", would say at the end of the **Art club** meetings held during activity period. Calligraphy was taught weekly to whomever wanted to come and learn. The funds for the supplies came from a car wash held last spring and an M & M candy sale held early last fall.

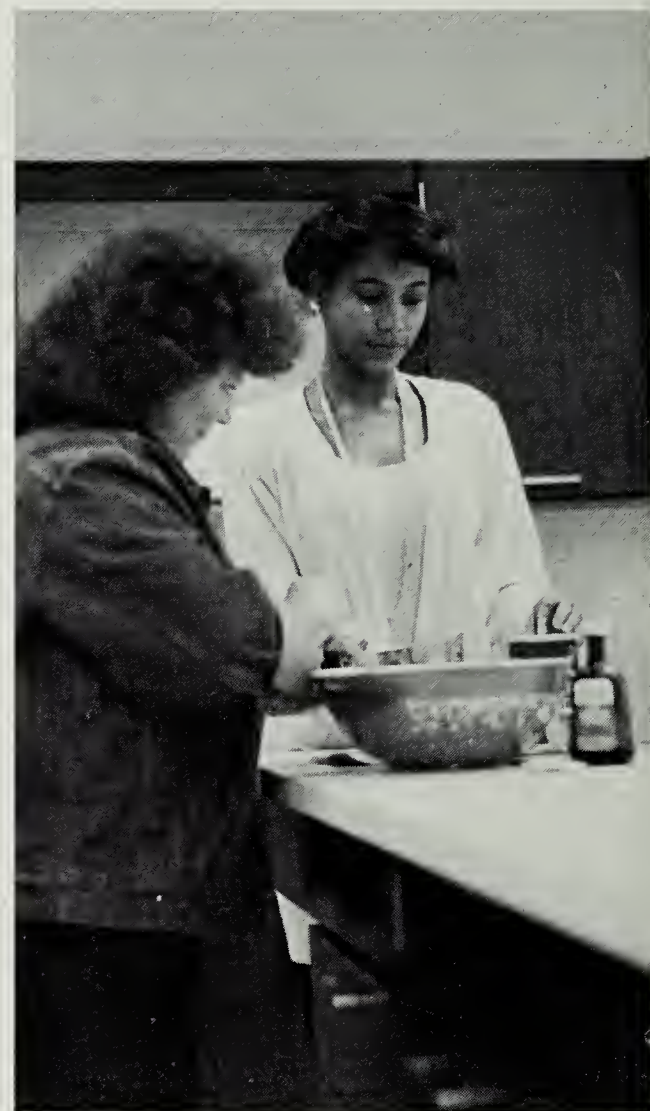
The **Art club** was responsible for the stage designs in the yearly Miss Potomac Pageant. The designs for the theme 'Moonlight and Roses' consisted of a moon and stars decorating the stage. Some members also helped in the All County Art Festival held in the spring and have produced drawings for the Literay Magazine. The **Art club** has helped introduce its members to various art shows and contests to dis-

play their talents.

After one has paid their five dollar membership dues and received their film, they are free to pursue their interest in the **Photography club**. The club gave students a chance to work with the darkroom, the cameras, the film and the different types of chemicals used to develop photos, something not everyone has in their own home.

"Don't forget to watch the cookies so they don't burn, we want to have something to sell at the Christmas bake sale," this is something the members of **FHA** probably heard quite often by Mrs. Fleming. **FHA**, which stands for **Future Homemakers of America**, was a club that focused its activities mainly on cooking, baking and the world of home economics. It offered its members chances to listen to speakers that demonstrated make-up techniques, fashion tips and that spoke about the different jobs related to the club. Baking for bake sales, for a Christmas open house for faculty and ninth graders and in recognition of Vocational Education Week gave its members experience in cooking.

**Kelli Thomas and Toni Wright** use their combined culinary skills in making baked goods for a fundraiser for the **Future Homemakers of America**.



**President of the Art club**, Denise Uber informs club members of new activities and goals for the coming month.

"I already knew how to do calligraphy. I stayed after because it was a chance to practice," said Dannielle Hilliker in reference to the after school classes offered in calligraphy by the **Art club**.

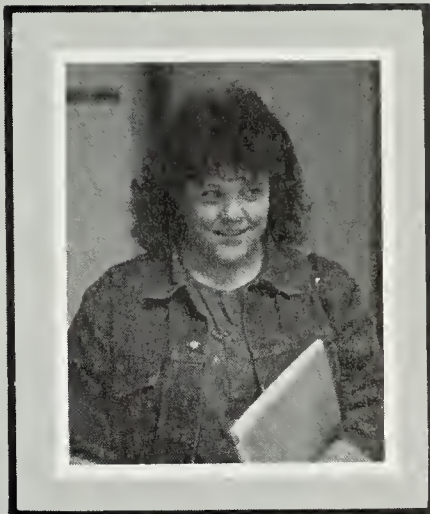






**During an Art club** meeting, Tammy Treschuh, Julie Callantine, and Cathy Beyer lay back and reflect on ideas for the Miss Potomac theme.

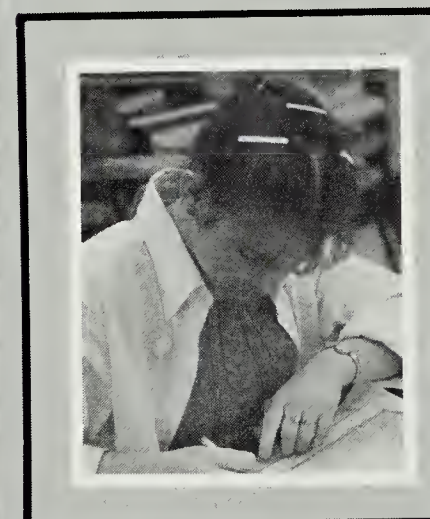
**Tracy Maruschak** and Anne Shelton check out negatives on the light table for the **Photography club**.



**Kelli Thomas:** Vice President  
"Being an officer of **FHA** has been a lot of work, often it is just us that stay after school to work, but I enjoy it because it is fun."

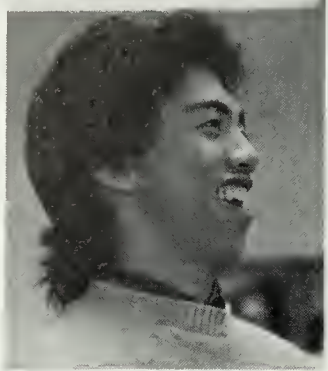


**Michelle Hanson:** Treasurer  
"Joining the **Photography club** has been worth my time and effort, it is something I enjoy and has taught me more about photography and helps me in my printing class."



**Katrina Madagan:** Vice President  
"I joined the **Art club** the first year because I didn't have art as a class and I wanted to be in some sort of art atmosphere. I continued because I became involved; it is a part of me."





**Lito Cabading:** Vice President  
**"Foreign Language club** is a lot of fun and also informing. But since we are one of the biggest clubs we have had a problem with communicating to all the members."



**Yolanda Herd:** Vice President  
 "In the **German club**, members have a chance to research German history and to look back on its culture, they also are able to get with other people who enjoy German too."



**President, Dean Furman,** and Vice-President, Lito Cabading, hold up part of the Homecoming float for inspection. Although it took much work, the satisfaction of a job well done was more than worth it.



**Narve Blendhelm** and Grete Godtlibsen from Norway, Corinne Bakker from the Neatherlands and Antti Karhumaki from Finland graced us with their foreign culture as our exchange students. They all agreed that this country has been a memborable experience, they enjoyed the variety of courses and will be sad to leave.



**Club participants**, Natilie Pitt and Maria Cabading, take some time off from making flowers for the **Foreign Language club** float by throwing a box of tissues at one of the officers. It took the members three weeks to complete the project, sometimes working until ten o'clock at night. The design for the "Potomac Wave" was a football player on a jet ski being pulled by a boat from a Kawasaki dealer.

**Mike Jacoda**, of the **German club**, waits in anticipation for his dinner. The club went out to the Zum Rheingarten restaurant in late February.



# Festive Foreign Languages

The **Foreign Language Club** started off the new year with two different sponsors and the largest membership in its history. Ms. Bridgette Rice, French teacher, and Mrs. Susan Smith, Spanish teacher, took over the club this year with hopes of making the active club even more active. After enlisting around 300 members at the activities fair, the club started towards its goals.

"The bottom line is fun, all clubs should promote this idea as the basis for doing any activity, no matter what other ideals can be gained from it. Besides that, we want to share the concepts of foreign culture and showing no matter what race or what language one speaks, we are all basically the same around the world," explains two time club president Dean Furman

on the club's goals.

In reaching those goals the club planned for a Homecoming Float, a Christmas Banquet, a Foreign Language Festival, an excursion to D.C. to see a foreign film and eat at an exotic restaurant, a T-shirt sale, and a trip to Busch Gardens. The most important of those activities was the Foreign Language Festival. "It's our showcase, our chance to impress the whole school," added Dean Furman.

The last few years they have done just that during the Festival. It's a festivity held in the main hall crowded with exhibits and foods from many countries. Entertainment included skits and sing-a-longs. Estimated attendance came close to a thousand or more.

The reason so many people went to

these events and signed up for the club? Vice-President, Lito Cabading, said it best, "It's fun. You get to go to all sorts of functions and meet a variety of interesting and new people."

A branch of the **Foreign Language club** is the **German club**. It is smaller in the size of student participation and the projects are related just to the German culture. "Its purpose," described by President, Dean Raat, "was to better acquaint students with German traditions, ways of life and the language, as well as having fun." The club annually goes to Busch Gardens for the 'big' meeting with other members throughout the state. They also went to the Zum Rheingarten Restaurant to give their taste buds exposure to German cuisine.



# A Heart For Community Service

Students Against Drunk Driving (SADD), sponsored by Mr. Barry Maguire, continued its informative services to students with guest speakers, club meetings, and events such as their conference held October 25 in Washington D.C. Members were concerned and dedicated individuals that joined together to present the message "Don't Drive While Under the Influence". It was a far better idea for a student to call home for a ride rather than drive when he/she had consumed an alcoholic substance. In other words, SADD meant "informing people about the dangers of driving drunk and helping more people communicate with their parents about it," said Vicki Ellis, Secretary of SADD.

Delivering phone books, tutoring kids at Dumfries Elementary, and organizing the Miss Potomac Pageant since 1983, were only a portion of the services the Key Club provided. The Key Club is a school and community oriented club with high standards. A member needed a 3.0 average and teacher recommendations to achieve Key Club status.

Ringling bells for the Salvation Army in front of the Belle and Bon Food stores

at Christmas and selling cookies and key chains at school allowed members an opportunity to encounter a wide variety of people as well as to aid the school and community.

If meeting people proved to be a problem, a student could have always joined the Teen Counselors. Teen Counselor Program was developed to help kids with peer pressure, assist in the development of positive self image, and most importantly, explain to the elementary and middle school kids about the dangers of tobacco, drugs, and alcohol. On alternating weeks, members of a team visited fifth and sixth graders in thirty minute sessions to advise them about growing up.

Traveling to Virginia from North Carolina, Mrs. Brenda Dail arrived in time to sponsor the Juniors Civitans. After a seven year sponsorship of cheerleaders and a five year one with her previous school's FBLA, she took over, for the first time, the Junior Civitans. "I love being involved in clubs! It's just a natural extension (from her commitments outside of school) to get involved with clubs at school," said Mrs. Dail.

Junior Civitans is a state as well as national organization that pledges

"Whatsoever ye would that men should do to you, do ye even so to them." Organizing and completing two service projects for the community and school were the set goals for the Civitans.

Carrying pumpkin cookies adorned with chewing gum to the football team on Halloween along with the slogan "Jr. Civitans is a treat not a trick," made for a creative activity for members. Donating funds to the needy and handicapped were two of the more serious projects. Even though the students pledged some serious commitments, their activities caused some amusement.

"Christmas was great! Students dressed as reindeers and sang carols at a greenhouse called Meadow Farms to raise money for the needy. People were buying their trees all around us," said Mrs. Dail. Sounds like an interesting way to spend time, but did Mrs. Dail have anything critical to say about the club's activities? "Oh, no! Our annual service convention/competition in Ocean City, Maryland is on Prom day (April 25)!"

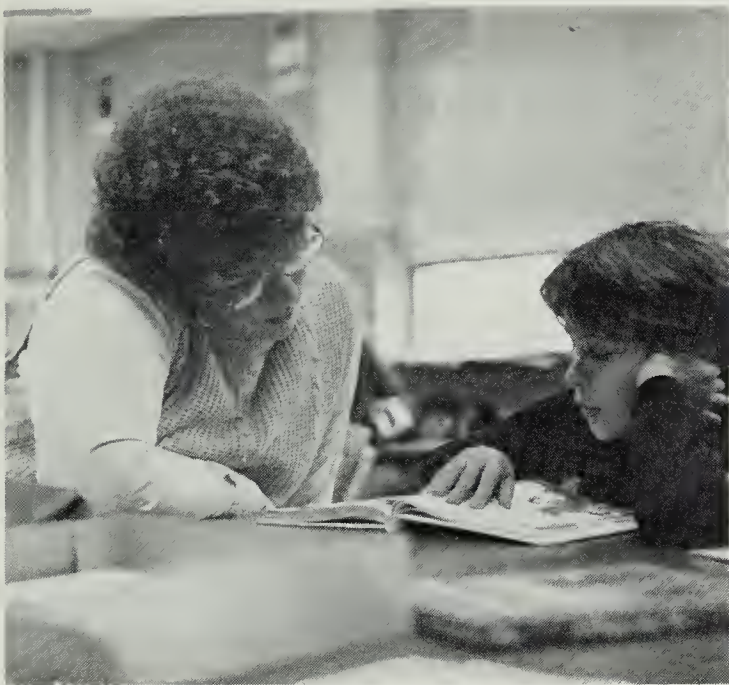


Visiting and advising sixth grade students at Graham Park Middle, Brian Singstock and Wendy Moraski entertain and teach them with the help of stories about high school.



Before the 1985 prom, SADD sponsored Operation Graduation, a speech and presentation given by Ford Motor Company to inform Juniors and Seniors about the horrors of drunk driving.



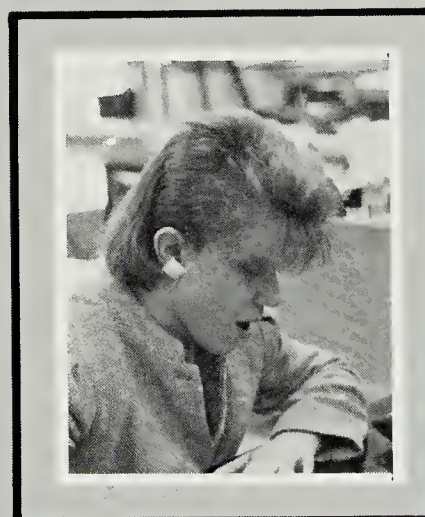


With the suggestion of Mrs. Doves for a project, seven to eight **Key club** members on Monday and Wednesday devote their time after school to tutoring students at Dumfries elementary school. Kim Gardziel was able to help tutor the entire year.

**Nicole Romano**, President of the **Junior Civitans**, pins a yellow and white ribbon on Mr. Ferrebee. The pin was worn in honor of the downed space shuttle Challenger and the seven astronauts aboard, including Christa McAuliffe, the first teacher and civilian in space.



**Cheryl Beyer**: President  
"There are many benefits of the **Key club**, it's a chance to meet different people, it helps one become more active and aware of community activities, gives leadership abilities and is a chance to help others."



**Vicki Ellis**: Secretary/Treasurer  
"I enjoy **SADD**, it is informative and important, it makes students aware of how dangerous drunk driving really is."



**Dawn Newman**: Secretary  
"Being in **Junior Civitans** all four years of high school proves that it has been worth all the time and effort I have put into it. We have done a lot with the club."





**Carolyn Holtzhauer:** President "National Honor Society gives members an opportunity to help students through the tutoring program. This gives an outlet to use our ability in academics. It also recognizes students who have worked hard through the years in high school."

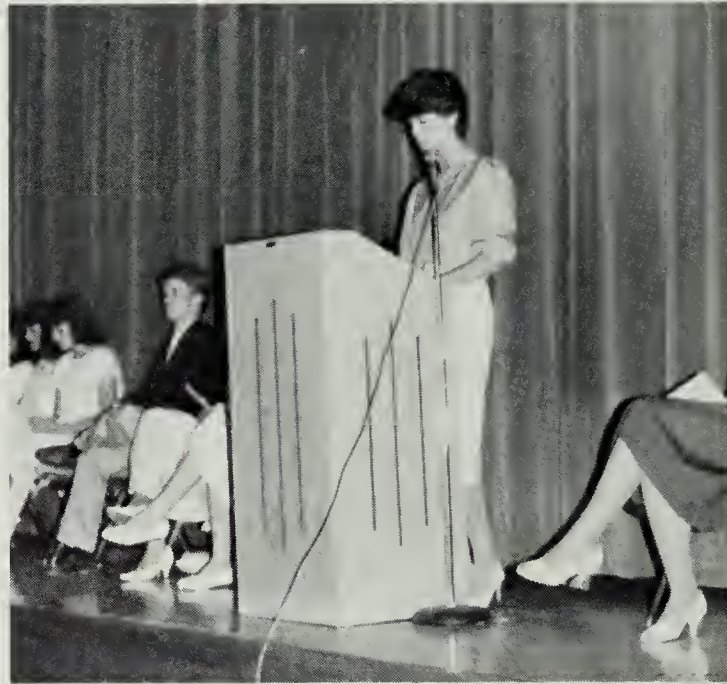


**Andy Dearing:** President "SCA has helped by giving me a sense of leadership and drive to succeed in the world today. The club lets one know a little on how a government works and proper procedures for getting things accomplished."

For the third year in a row, the senior class won the Homecoming spirit award. **SCA** and Senior class presidents, Andy Dearing and Missy Caddigan, stroll off the field after the awards presentation.



Speeches are always a nervous occasion in life, but if you are campaigning for **SCA** office, they become essential. Vice-president, Ann Beamer, impresses her audience with her campaign presentation.



The tension ends after all of the new members are inducted into **NHS**. Morgan Smith and Ms. Jean Gaudet serve refreshments at the party held for new as well as old members after the induction ceremony.



After all is said and done (speeches, campaigns, etc.), the voting for SCA finally arrives. Courtland Mooney exits a booth after all of his selections have been made.

# Steps In The Right Direction

Scholarship, service, leadership, and character, last December sixty-nine Juniors and Seniors who displayed these qualities were recognized and inducted into the National Honor Society (NHS) to make a total of 110 members. These students not only worked hard to become a member, but worked even harder to remain in the organization.

The qualities that helped members become part of **NHS** were used for the betterment of the school and community. Their academic achievements were put to use in a tutoring program for other students. This was their most successful project and was available throughout the school year for those students who needed help in any subject. Another of their continuing projects was the Teacher and Staff Appreciation Program. Each week, food was brought in by the members to be given to different faculty and staff departments in appreciation of their hard work and dedication. This was also done as a special project in remembrance of the crew on the space shuttle Challenger.

The **National Honor Society** was sponsored by Ms. Emmons and Mrs. Polk. "Without them this year would not have been such a success. Their time and effort has made being a member a very special experience," said Carolyn Holtzhauer, President, on behalf of all the members.

After numerous debates, SCA managed to get shorts to be permissible items for school wear. Debbie Kondash takes advantage of the dress code with her own style.

Homecoming, the blood drive, changing policies and more were on the agenda for the student government. The most important issue the President, Andy Dearing, the Vice President, Ann Beamer, the Treasurer, Kimo Buckon, and the Secretary, Gloriana Malloy, faced was the dress code. This came about because students were complaining that they were too hot in school and wanted to be able to wear shorts. As a result, the Senior class officers and **SCA** met with Mr. Ferrebee to propose and discuss a new dress code allowing shorts. Mr. Ferrebee permitted a trial period after a couple of long meetings with the **SCA**, teachers, parent advisory committee and other administrators. After three weeks, the proposal was accepted and the dress code was modified.

Sponsoring homecoming and holding blood drives have been traditions of the **SCA**. Homecoming proved to be very profitable, with over \$1,000 collected from spirit link sales. It happened just as Andy Dearing had predicted, "This year will prove to be the best Homecoming in Potomac's history." One day during spring, students volunteered throughout the day to donate a little less than a pint of their own blood. It gave students a chance to help others. Other than donating an organ, giving blood is the most human thing a person can do.

Robin Moser and Katie Ross are inducted with the presentation of red roses, symbols for the determination, effort, and leadership qualities that are required for membership in **NHS**.



At the Inducting ceremony for **NHS**, Jodie Agatone and Manuel Alfonso are recognized for their academic achievements with a pin by Mrs. Pattie Emmons.





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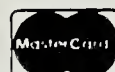


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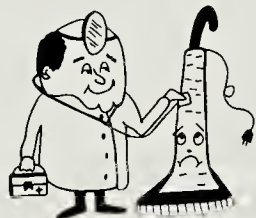
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ter Kendall, Butch Kenney, Sarah Kern, Lisa Knecht, Jennifer Knill, Amy Koontz, Cory Kopaniasz, Chris Kreier, Rob Kulik, Rachael Kvenberg, Stephen Lacey, Chrissy Lang, Lori Lambert, Lisa Lansing, Lisa Lascody, Lisa Layman, Ginny Lazar, Lisa League, Cindy Lee, Hank Lee, Hunmee Lee, Mary Lee, Yung Ju Lee, David Leisten, Shannon Lemon, David Lewis, Stacey Lichtenfels, Christine Loefstedt, Corinne Lutkoski, Lan Mai, Maria Mairena, Traci Marandette, Kelli March, Robin Marsteller, William Masters, Brenda Mastrippolito, Catherine Mattijetz, Lynne Mauracic, Melissa McCreary, Jay McDonald, Dawn McGahey, Shirley McGann, Kelli McGee, Joe McGovern, Maureen McGovern, Kristen McLaughlin, Debbie McMillen, Margaret Medeiros, Will Mercado, John Merrit, Lisa Miller, Wendy Moraski, Sarah Morrison, Gretchen Moss, Rick Nevarez, Sarah Nevarez, Vandella Newson, Lan Nguyen, Raymond Nguyen, Jean Ngingharoen, Kay Ngingharoen, Bryan Nunes, Missy Nutton, David O'Connor, Shannon O'Connor, Kenny Odom, Patrick O'Leary, Chris Olio, William Orr, Robin Osler, Suzy Paszly, Marian Paulachak, Erica Pearce, Brent Pedder, Kim Peguese, Jennifer Pennington, Rob Piccoli, Kevin Pigott, Chrissy Pilkinton, Scott Pirarly, Natalie Pitt, Tania Plaisted, Nicky Pontieris, David Pope, Mike Porter, Steve Pozew, James Pretlow, Sandy Proffitt, Dean Ratt, Erica Reid, Jamie Reid, Carole Rice, Tedsan Ridgley, Sean Riordan, Amelia Robinette, Ricky Rodriguez, Donna Roessing, Shayne Ruffing, Ron Sagudan, Kim Sanders, Jeff Sauntry, Michelle Saupp, Stephanie Scarpinato, Mike Scherck, Stan Schlegel, Donya Schofield, Kay Schultz, Heather Schwetje, Tina Scites, Dorey Searle, Shawn Sebrén, Jennifer Seger, Travis Shane, Mike Shaw, Sandra Siligato, Alice Simonelli, Chad Sisneros, Zandra Sixkiller, Sandi Smith, Steve Snyder, Krista Staley, Mike Stan, Jolie Stepnowski, Sandra Sterbutzel, Michelle Stone, Mitch Strassner, Brad Strawn, Angela Stuber, Erika Suski, Chris Sztanko, Samantha Teague, Sharon Teeler, Mike Tesdahl, Shannon Tetreault, Laura Thieling, Frank Thompson, Russ Tilgner, Eric Treschuk, Mari Voegtly, Billy Wakefield, Cynthia Wallace, Todd Walsh, Cherish Wangner, Jackie Watson, Lisa West, Mary West, Willette West, Brian Westhoff, Richard Wheatly, Patrick Wickline, Jo Wiggins, Leslie Wilfong, Lori Wooles, Charles Wright, Sara Wright, David Youngclaus

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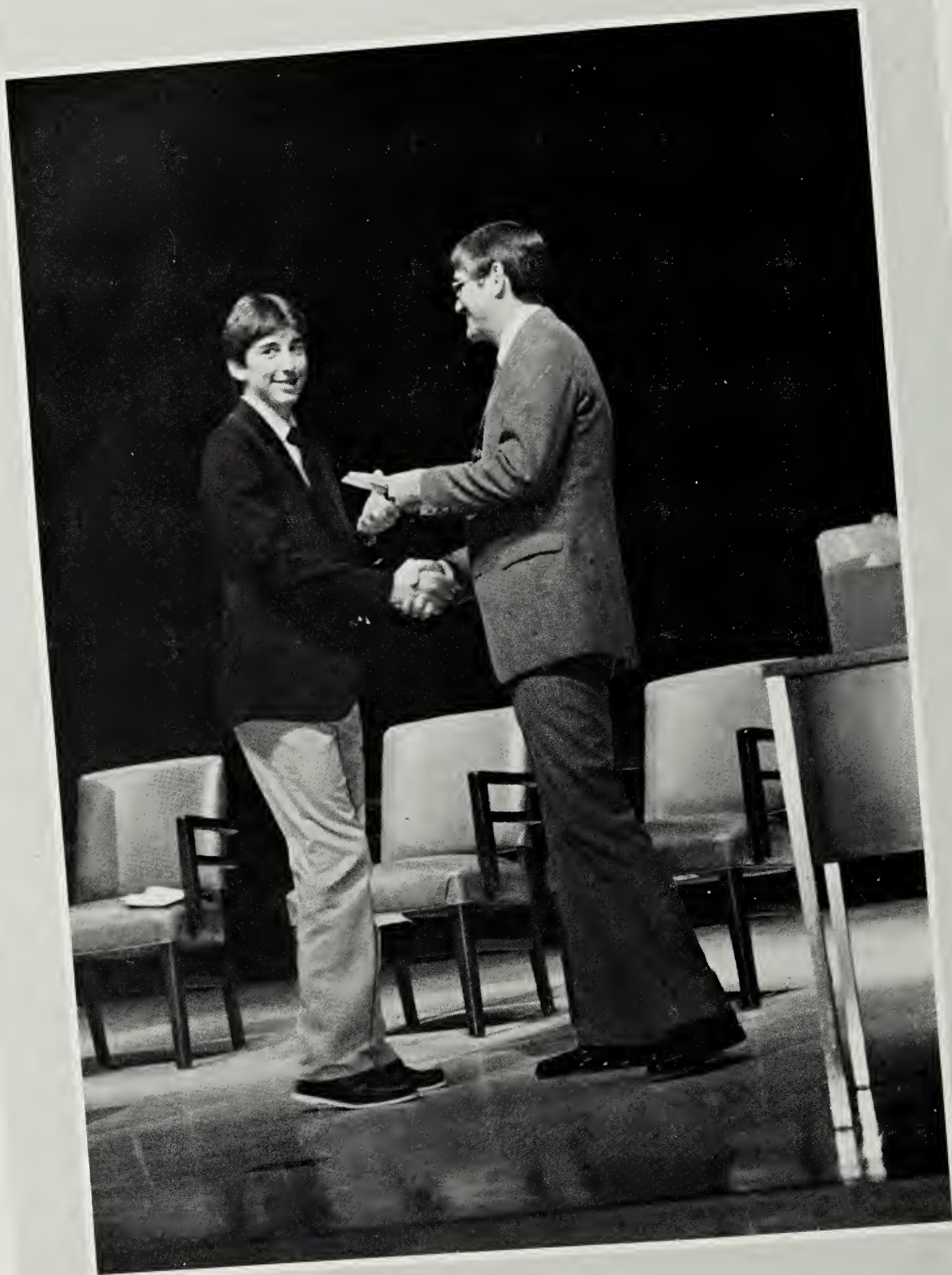
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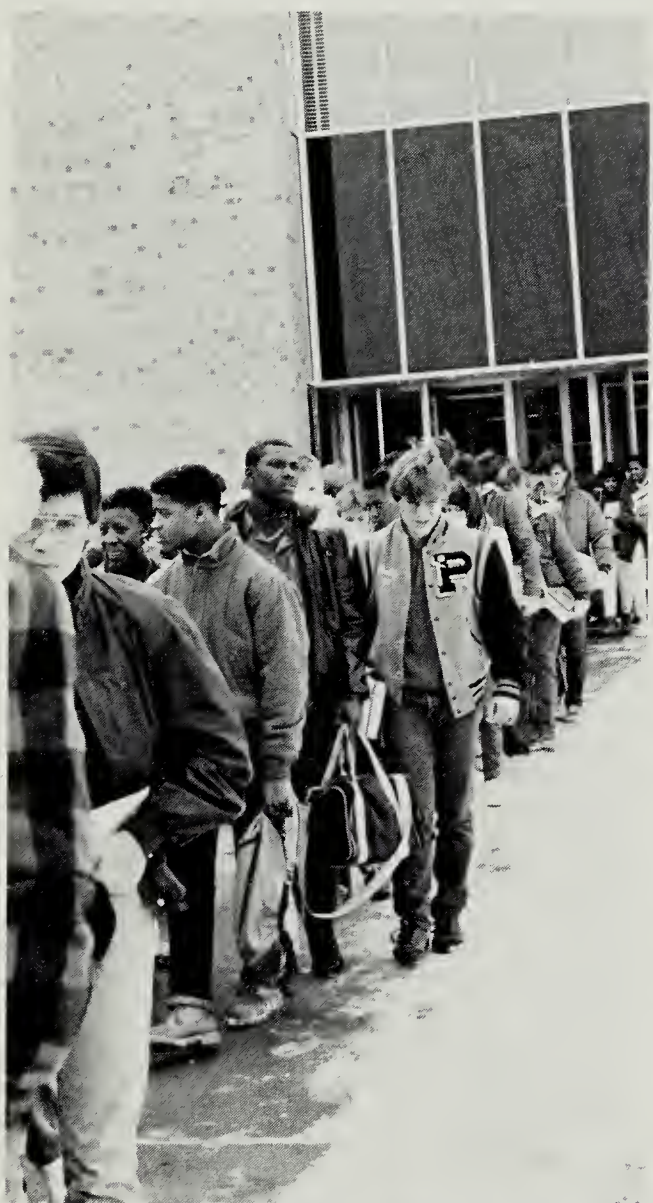
**Academic letters** were awarded for the first time on March 3, to all of those individuals who made the grades. Billy Wakefield smiles proudly at the audience as he receives a letter from Mr. Ferrebee.



*If You Only Knew...*



**Along with lunch,** Leaving school after a strenuous day is probably one of the most relaxing activities for students.



## Beneath The Surface

Scratching the surface means starting to but not fully understanding what you've uncovered. Students constantly felt the pressure of a long day, but did they realize the implications of the proposed seven-period day? They suffered long hours and late nights to excel in classes and continually worried if it was all worth it in the end. It was. Academic letters were awarded to those people who exerted that extra bit of effort.

It's common knowledge that thousands of teachers applied for a position on the fated space shuttle, Challenger. However, not many students knew that Miss Wanda Petersen was also one of the applicants.

Students didn't stop to consider long range effects of the

millions of facts, procedures, formulas, and ways of thinking that they learned during their high school years.

A knowledge of English, especially diagramming sentences, may have seemed pointless during those four years, but how else could you handle delivering a speech or writing a thesis in college? Mathematics frustrated and caused tears of confusion in all the classes, but when most students leave the realm of high school, they, by some mathematical miracle, will balance their checkbooks.

As students exited through the doors of Potomac, some were secure in their knowledge while others didn't realize the extent of skills they had learned.

If they only knew . . .



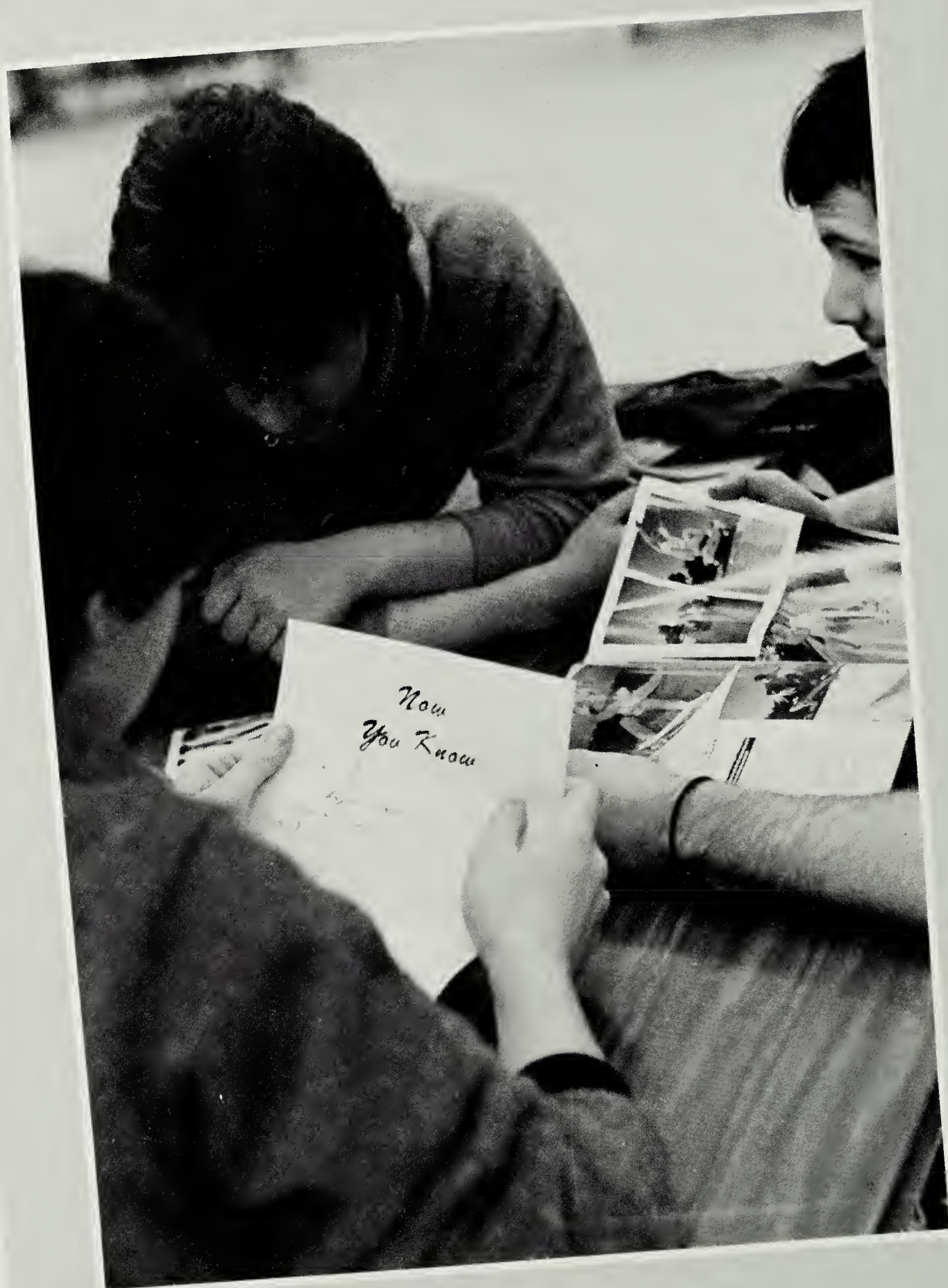
**Snow days meant** snowball fights, hot chocolate, and a hockey scrimmage. Six friends battle for the puck in freezing temperatures.

**Indexing Information** for the yearbook staff sometimes proved to be a hectic and confusing endeavor Mary Davis held up under the pressure.





**A note is unfolded and smoothed out,** a message is revealed, and the reader gets a pleasant diversion in his or her daily routine. Mike Cook, Shane Ruffing, and John O'Farrell discover the words they wondered about printed within the paper's folds. If you want to know what a note contains, you have to open it and solve the mystery (end the suspense).





















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